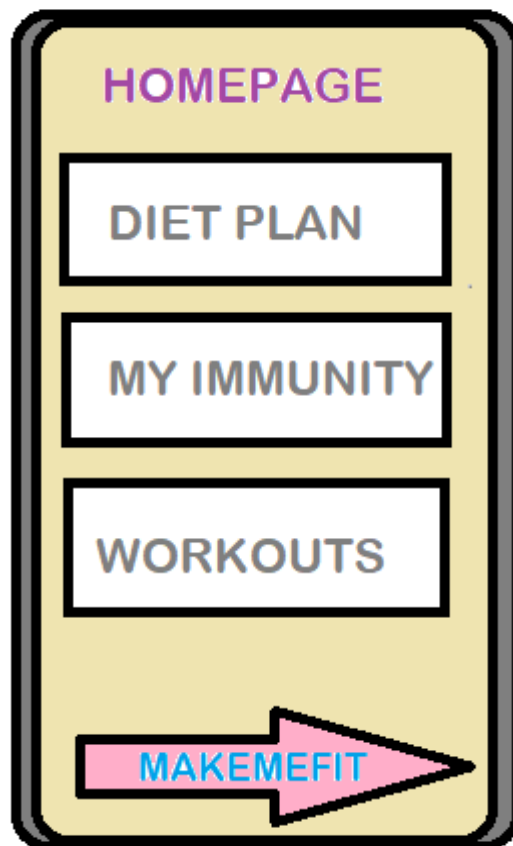# Design Sketch

## MAKEMEFIT - APPLICATION
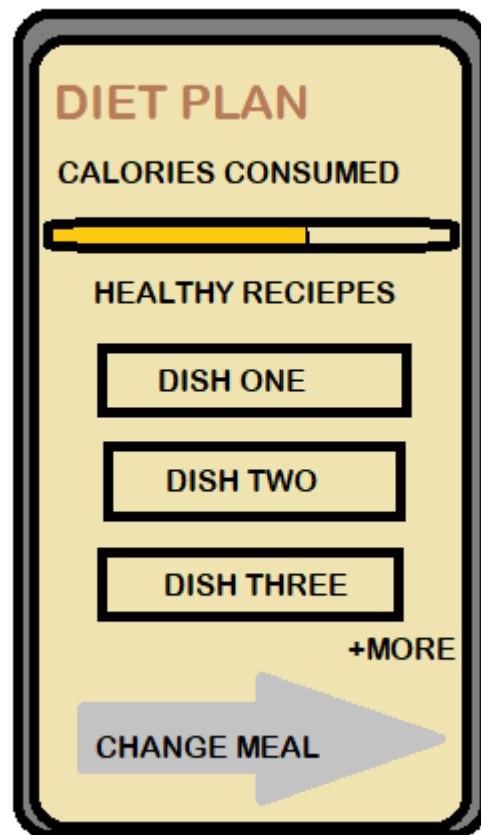
NAVYA R,JUNE 10th 2020

## HOME PAGE



## What is it about?

Here is the homepage of MAKEMEFIT application . IN this screen you can see three options.

- **DIET PLAN**
- **MY IMMUNITY**
- **WORKOUTS**

You can click in each button which will redirect you to respective pages . If you click on the MAKEMEFIT arrow you can go back.



## What is it about?

DIET PLAN-Here is the second page for diet plan where you can select your own diet plan Where you can see your daily calorie records . You can select the dishes from healthy recipes by clicking on the buttons you can use more button to see more dishes. The change meal Arrow is used to change the meals and your diet plan.

## Design Principles applied

• motivate user (emotional design)

## What it is about?

MY IMMUNITY PAGE – Here you can track your all records by clicking on what you want to get know . There are Three levels :

- RED-BEGINNER

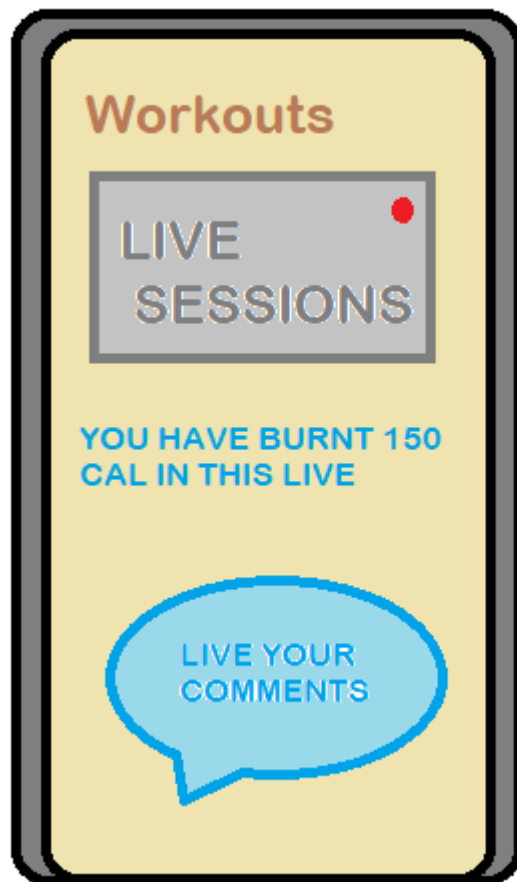- YELLOW-INTERMEDIATE

- GREEN-ADVANCED

This levels keeps people more motivated by challenging themselves .

## What else?

• Uploading a picture will check all sub   tasks, store the picture and the meta data in the system, updates the levels

## Design Principles applied

 • motivate user (emotional design)



## What it is about?

WORKOUTS PAGE -Here you can find the live sessions on daily workouts even the recordings . Even your results will be displayed. The users can give their feedback on the sessions you have completed Which will be useful to give better live sessions.

**Design Principles applied**

- motivate user (emotional design)

- **Key Findings applied**

- • maintaining health is difficult -> the task is divided into sub-tasks which usually motivates more and gives the user the choice to spread the task over time