Problem:	Solution:
Bag is too heavy	Take things out
Spend too much money	Financial app to track spendings
Don't know what to eat	App that gives you food recipes
Spends too much time on screen	App that manages screen time
Won't wake up in the morning	Alarm that doesn't stop ringing until you do an exercise
When you constantly lose something	Put a tracker on it
When device files are very unorganized	App that cleans up phone