



# Daffodil International University

Department of Computer Science and Engineering

Faculty of Science and Information Technology

Final Examination Semester: Summer 2018

Course Title – Art of Living

Course Code- GED 321

Section: ALL

Course Facilitators: EUR, SB, SS, MP, MRI, ACC,

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**Exam Duration: 2 Hours**

**Total Marks: 30**

## Section A – 15 Marks

**Read the story and answer the questions 1 – 3**

The first day of college our professor introduced himself and challenged us to get to know someone we didn't already know. I stood up to look around when a gentle hand touched my shoulder. I turned around to find a wrinkled, little old lady cheerful up at me with a smile that lit up her entire being.

She said, "Hi handsome. My name is Sajon. I'm eighty-seven years old. Can I give you a smile?" I laughed and enthusiastically responded, "Of course you may!" and she gave me a giant pleasant smile.

"Why are you in college at such a young, innocent age?" I asked. She jokingly replied, "I'm here to meet a rich husband, get married, and have a couple of kids..." "No seriously," I asked. I was curious what may have motivated her to be taking on this challenge at her age. "I always dreamed of having a college education and now I'm getting one!" she told me.

After class we walked to the student union building and shared a chocolate milkshake. We became instant friends. Every day for the next three months, we would leave class together and talk nonstop. I was always mesmerized listening to this "time machine" as she shared her wisdom and experience with me.

Over the course of the year, Sajon became a campus icon and she easily made friends wherever she went. She loved to dress up and she reveled in the attention gave upon her from the other students. She was living it up. At the end of the year we invited Sajon to speak at our football feast. I'll never forget what she taught us. She was introduced and stepped up to the podium.

She began to deliver her prepared speech. Frustrated and a little embarrassed she leaned into the microphone and simply said, "I'm sorry I'm so nervous. I'll never get my speech back in order so let me just tell you what I know." As we laughed she cleared her throat and began, "We do not stop playing because we are old; we grow old because we stop playing. There are only four secrets to staying young, being happy, and achieving success. You have to laugh and find humor every day.

You've got to have a dream. When you lose your dreams, you die. We have so many people walking around who are dead and don't even know it! There is a huge difference between growing older and growing up. If you are nineteen years old and lie in bed for one full year and don't do one productive thing, you will turn twenty years old. If I am eighty-seven years old and stay in bed for a year and never do anything I will turn eighty-eight. Anybody can grow older. That doesn't take any talent or ability. The idea is to grow up by always finding opportunity in change. Have no regrets. The elderly usually don't have regrets for what we did, but rather for things we did not do."

At the year's end Sajon finished the college degree she had begun all those years ago. One week after graduation Sajon died peacefully in her sleep. Over two thousand college students attended her funeral in tribute to the wonderful woman who taught by example that it's never too late to be all you can possibly be. These words have been passed along in loving memory of SAJON. REMEMBER, GROWING OLDER IS MANDATORY. GROWING UP IS VOLUNTARY.

We make a Living by what we get, we make a Life by what we give.

1. According to Ms. Sajon, there are how many secrets to stay young? How will you achieve these in your personal life? Please explain with appropriate examples. 5
2. What are the differences between growing older and growing up? Please clarify the statement, **Growing older is mandatory. Growing up is voluntary**, with appropriate examples. 5
3. What is the Style of Living of Ms. Sajon? Please provide a living style of yours with reasons that you want to lead in your future life. 5

### Section B - 15 marks

**Answer from the following questions: (Any two including Q. No. 4)**

4. On the way to be a human being, draw a mind map on 'Your Career Plan' or 'Impression Management'. 7.5
5. Evaluate the course 'Art of Living' in 10 sentences. Does it have any impact in shifting your attitude towards life? If so, share 2 of your changes. If no, share the reason in 10 sentences. 7.5
6. Ogni is a student of Daffodil International University. She is very lively in her activities. But nowadays she has been a bit more quiet and keeping to herself lately. This is not typical of her. She has also been coming in late to her classes. Her friend, Anika, is becoming concerned about the changes she sees.
  - a. What is psychosocial support? How does it help our surroundings? Please explain with example. As a friend how Anika can help Ogni to find out her problem and overcome this? 7.5