**Cooking** or **cookery** is the [art](https://en.wikipedia.org/wiki/Art), [science](https://en.wikipedia.org/wiki/Science), and [craft](https://en.wikipedia.org/wiki/Craft) of using heat to [prepare food](https://en.wikipedia.org/wiki/Outline_of_food_preparation) for consumption

Types of cooking also depend on the skill levels and training of cooks..