

# PHD CANDIDATE - MOTIVATIONAL PSYCHOLOGY OF VIDEO GAMES

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# **Education**

# Queen Mary, University of London CDT in Intelligent Games and Game Intelligence (IGGI)

London, UK

PhD in Video Game Psychology

Sep. 2019-present

- **Topic**: When does frustration in games motivate and support well-being, and when not?
- Themes: self-determination theory, dysregulated gaming (aka gaming disorder), player experience
- **Supervisors**: Prof Sebastian Deterding (University of York), Dr Laurissa Tokarchuk (Queen Mary), and Dr David Zendle (University of York)

### **University of Cambridge**

Cambridge, UK

2017-2018

MPHIL with distinction in Theoretical and Applied Linguistics

• Research areas: phonetics, second language acquisition, computer-assisted language learning

• Supervisor: Dr Calbert Graham

**Tulane University**New Orleans, LA, USA

BS magna cum laude in Linguistics and Environmental Studies

2012-2016

# Skills

**Programming** R(Markdown), LaTeX, Python (Basic), SQL (Basic)

**Research Methods** Inferential Statistics, Structural Equation Modeling, Multi-level models

**Open Science** Data Sharing/Management, Preregistration, Questionable Research/Measurement Practices

**Languages** German (C1), Dutch (B2), French (B1)

**Games** Game Design, Game Development (Unity/C#), User Research

# **Publications**.

### **JOURNAL ARTICLES**

**Ballou**, N. & Van Rooij, A. J., (2021). The Relationship between Mental Well-Being and Dysregulated Gaming: A Specification Curve Analysis of Core and Peripheral Criteria in Five Gaming Disorder Scales.

Royal Society Open Science, 8(5), pp. 1–28, 2021, DOI: 10.1098/rsos.201385

**Ballou**, N. & Zendle, D., (2021). "Clinically Significant Distress" in Internet Gaming Disorder: An Individual Participant Meta-Analysis.

Computers in Human Behavior, p. 107140, 2021, DOI: 10.1016/j.chb.2021.107140

Vuorre, M., Zendle, D., Petrovskaya, E., **Ballou**, **N.** & Przybylski, A. K., (2021). A Large-Scale Study of Changes to the Quantity, Quality, and Distribution of Video Game Play during a Global Health Pandemic.

Technology, Mind, and Behavior, 2(4), 2021, DOI: 10.1037/tmb0000048

Zendle, D., Meyer, R. & **Ballou**, **N.**, (2020). "The Changing Face of Desktop Video Game Monetisation: An Exploration of Trends in Loot Boxes, Pay to Win, and Cosmetic Microtransactions in the Most-Played Steam Games of 2010-2019".

PLOS ONE, 2020, DOI: 10.1371/journal.pone.0232780

Zendle, D., Meyer, R., Cairns, P., Waters, S. & **Ballou**, **N.**, (2020). "The Prevalence of Loot Boxes in Mobile and Desktop Games".

Addiction, 2020, DOI: 10.1111/add.14973

### CONFERENCE PAPERS

**Ballou**, **N.**, Breitsohl, H., Kao, D., Gerling, K. & Deterding, S. (2021) Not Very Effective: Validity Issues of the Effectance in Games Scale

CHI PLAY '21 Extended Abstracts, 2021, DOI: 10.1145/3450337.3483492

**Ballou**, **N.**, Warriar, V. R. & Deterding, S. (2021) "Are You Open? A Content Analysis of Transparency and Openness Guidelines in HCL Journals"

CHI '21 Conference on Human Factors in Computing Systems, 2021, Yokohama, DOI: 10.1145/3411764.3445584

Ratcliffe, J., **Ballou**, **N.** & Tokarchuk, L. (2021) Actions, Not Gestures: Contextualising Embodied Controller Interactions in Immersive Virtual Reality

Proceedings of the 27th ACM Symposium on Virtual Reality Software and Technology, 2021, Osaka Japan, DOI: 10. 1145/3489849.3489892

#### PRE-PRINTS

**Ballou**, N., Gbadamosi, C. & Zendle, D., (2020). "The Hidden Intricacy of Loot Box Design: A Granular Description of Random Monetized Reward Features".

Under review. Preprint available on PsyArXiv, 2020, DOI: 10.31234/osf.io/xeckb

#### WRITTEN EVIDENCE

Petrovskaya, E., **Ballou**, **N.** & Zendle, D. (2021) ASA Consultation on In-Game Purchasing. *Advertising Standards Authority (UK)*, 2021

Zendle, D., **Ballou**, **N.** & Petrovskaya, E. (2020) Loot Boxes in Video Games: Call for Evidence. *Department for Digital, Culture, Media and Sport (UK)*, 2020

## Grants

2021	£2k, CFH award for research on objectively logged gaming behavior on Xbox (lead grantwriter)	Centre for Future Health
2015	<b>\$1k</b> , Devlin Internship Grant	Tulane University

# **Scholarships**\_

2019-23	<b>£69k</b> , EPSRC PhD Funding - CDT in Intelligent Games and Games Intelligence (IGGI)	QMUL
2018	€7k (declined), AIPHES Pre-doctoral Training Grant	Universität Heidelberg
2012-16	<b>\$108k</b> , Presidential Merit Scholarship	Tulane University

## Other Academic Work

### ReproducibiliTea, QMUL Chapter

Organiser Sep. 2020–present

- Founder and organizer of local journal club chapter for monthly discussions of science reform
- Grew attendance to 15+ across disciplines and career stages
- · Initiated collaborations with faculty members at QMUL, the library, and ReproTea organisers at other institutions

### **UK Reproducibility Network**

Local Network Lead March 2021–present

- Responsible for coordinating open science-related groups at QMUL
- Active efforts to reform which metrics are used to evaluate faculty

# Work Experience \_\_

### **Rainbow Primary School**

Hong Kong

PRIMARY ENGLISH TEACHER

Aug. 2018-Jul. 2019

- Designed and delivered up to 20 English lessons per week for grades 2 and 6
- Evaluated and introduced e-learning resources for grammar and phonics acquisition

### **University of Cambridge**

Cambridge, UK

PHONETICS RESEARCH ASSISTANT

Jul. 2018-Aug. 2018

• Conducted comprehensive literature review and paper annotation for the summary article of a *Phonetica* special issue, spanning topics in phonetics, phonology, and psycholinguistics