

# Quickstart

- 1) Prepare overlays from your adapter (e.g., audio, retrieval, superperm).
- 2) Choose policy (strict geometry or exploratory).
- 3) Run MORSR pulse confined to shell; expand shells on diminishing return; log all reasons.
- 4) Inspect region.json and handshakes.jsonl; replay accepted overlays from overlay\_store.

# Practices

- Keep geometry strict in early shells to preserve safety; widen shells when strict\_gain flattens.
- Make Midpoint the 'legalizer': parity must strictly improve on acceptance.
- Use sector gating for directional balance; track  $\text{sector\_min} / \text{sector\_max} \geq 0.3$  as a health metric.