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CKS Simulator Kubernetes 1.22

https://killer.sh

Pre Setup

Once you've gained access to your terminal it might be wise to spend ~1 minute to setup your environment. You could set these:

```
alias k=kubectl  # will already be pre-configured

export do="--dry-run=client -o yaml"  # k get pod x $do

export now="--force --grace-period 0"  # k delete pod x $now
```

Vim

To make vim use 2 spaces for a tab edit ~/.vimrc to contain:

```
set tabstop=2
set expandtab
set shiftwidth=2
```

More setup suggestions are in the tips section.

Question 1 | Contexts

Task weight: 1%

You have access to multiple clusters from your main terminal through kubectl contexts. Write all context names into /opt/course /1/contexts, one per line.

From the kubeconfig extract the certificate of user restricted@infra-prod and write it decoded to /opt/course/1/cert.

Answer:

Maybe the fastest way is just to run:

```
k config get-contexts # copy by hand
k config get-contexts -o name > /opt/course/1/contexts
```

Or using jsonpath:

```
k config view -o jsonpath="{.contexts[*].name}"
k config view -o jsonpath="{.contexts[*].name}" | tr " " "\n" # new lines
k config view -o jsonpath="{.contexts[*].name}" | tr " " "\n" > /opt/course/1/contexts
```

The content could then look like:

```
# /opt/course/1/contexts
gianna@infra-prod
infra-prod
restricted@infra-prod
workload-prod
workload-stage
```

For the certificate we could just run

```
k config view --raw
```

And copy it manually. Or we do:

```
k config view --raw -ojsonpath="{.users[2].user.client-certificate-data}" | base64 -d > /opt/course/1/cert
```

Or even:

faq

k config view --raw -ojsonpath="{.users[?(.name == 'restricted@infra-prod')].user.client-certificate-data}" | base64 -d
> /opt/course/1/cert

/opt/course/1/cert ----BEGIN CERTIFICATE----MIIDHzCCAgegAwIBAgIQN5Qe/Rj/PhaqckEI23LPnjANBgkqhkiG9w0BAQsFADAV ${\tt MRMwEQYDVQQDEwprdWJlcm5ldGVzMB4XDTIwMDkyNjIwNTUwNFoXDTIxMDkyNjIw}$ NTUwNFowKjETMBEGA1UEChMKcmVzdHJpY3R1ZDETMBEGA1UEAxMKcmVzdHJpY3R1 ZDCCASIwDQYJKoZIhvcNAQEBBQADggEPADCCAQoCggEBAL/Jaf/QQdijyJTWIDij qa5p4oAh+xDBX3jR9R0G5DkmPU/FgXjxej3rTwHJbuxg7qjTuqQbf9Fb2AHcVtwH gUjC120DUDE+nVtap+hCe80LHZwH7BGFWWscgInZOZW2IATK/YdqyQL50KpQpFkx iAknVZmPa2DTZ8FoyRESboFSTZj6y+JVA7ot0pM09jnxswstal9GZLeqioqfFGY6 YBO/Dg4DDsbKhqfUwJVT6Ur3ELsktZIMTRS5By4Xz18798eBiFAHvgJGq1TTwuPM EhBfwYwgYbalL8DSHeFrelLBKgciwUKjr1lolnnuc1vhkX1peV1J3xrf6o2KkyMc ${\tt 1YOCAWEAAaNWMFQwDgYDVR0PAQH/BAQDAgWgMBMGA1UdJQQMMAoGCCsGAQUFBwMC}$ MAwGA1UdEwEB/wQCMAAwHwYDVR0jBBgwFoAUPrspZIWR7YMN8vT5DF3s/LvpxPQw DQYJKoZIhvcNAQELBQADggEBAIDq0Zt77gXI1s+uW46zBw4mIWgAlBL12QqCuwmV kd86eH5bD0FCtWlb6vGdcKPdFccHh8Z6z2LjjLu6UoiGUdIJaALhbYNJiXXi/7cf M7sqNOxpxQ5X5hyvOBYD1W7d/EzPHV/lcbXPUDYFHNqBYs842LWSTlPQioDpupXp FFUQPxsenNXDa4TbmaRvnK2jka0yXcqdiXuIteZZovp/IgNkfmx2Ld4/Q+Xlnscf CFtWbjRa/0W/3EW/ghQ7xtC7bgcOHJesoiTZPCZ+dfKuUfH6d1qxgj6Jwt0HtyEf QTQSc66BdMLnw5DMObs41XDo2YE6LvMrySdXm/S7img5YzU= ----END CERTIFICATE----

store

legal / privacy

Question 2 | Runtime Security with Falco

Task weight: 4%

Use context: kubectl config use-context workload-prod

Falco is installed with default configuration on node cluster1-worker1. Connect using ssh cluster1-worker1. Use it to:

- 1. Find a *Pod* running image nginx which creates unwanted package management processes inside its container.
- 2. Find a Pod running image [httpd] which modifies [/etc/passwd].

Save the Falco logs for case 1 under /opt/course/2/falco.log in format time,container-id,container-name,user-name. No other information should be in any line. Collect the logs for at least 30 seconds.

 $Afterwards\ remove\ the\ threads\ (both\ 1\ and\ 2)\ by\ scaling\ the\ replicas\ of\ the\ \textit{Deployments}\ that\ control\ the\ offending\ \textit{Pods}\ down\ to\ 0.$

Answer:

Falco, the open-source cloud-native runtime security project, is the de facto Kubernetes threat detection engine.

NOTE: Other tools you might have to be familar with are <u>sysdig</u> or <u>tracee</u>

Use Falco as service

First we can investigate Falco config a little:

```
→ ssh cluster1-worker1:~# service falco status
● falco.service - LSB: Falco syscall activity monitoring agent
   Loaded: loaded (/etc/init.d/falco; generated)
   Active: active (running) since Sat 2020-10-10 06:36:15 UTC; 2h 1min ago
...
→ root@cluster1-worker1:~# cd /etc/falco

→ root@cluster1-worker1:/etc/falco# ls
falco.yaml falco_rules.local.yaml falco_rules.yaml k8s_audit_rules.yaml rules.available rules.d
```

This is the default configuration, if we look into falco.yaml we can see:

```
# /etc/falco/falco.yaml
...
# Where security notifications should go.
# Multiple outputs can be enabled.
syslog_output:
   enabled: true
...
```

This means that Falco is writing into syslog, hence we can do:

```
→ root@clusterl-workerl:-# cat /var/log/syslog | grep falco
Sep 15 08:44:04 ubuntu2004 falco: Falco version 0.29.1 (driver version 17f5df52a7d9ed6bb12d3b1768460def8439936d)
Sep 15 08:44:04 ubuntu2004 falco: Falco initialized with configuration file /etc/falco/falco.yaml
Sep 15 08:44:04 ubuntu2004 falco: Loading rules from file /etc/falco/falco_rules.yaml:
...
```

Yep, quite some action going on in there. Let's investigate the first offending Pod:

```
→ root@cluster1-worker1:~# cat /var/log/syslog | grep falco | grep nginx | grep process

Sep 16 06:23:47 ubuntu2004 falco: 06:23:47.376241377: Error Package management process launched in container (user=root user_loginuid=-1 command=apk container_id=7a5ea6a080d1 container_name=nginx image=docker.io/library/nginx:1.19.2-alpine)

...

→ root@cluster1-worker1:~# crictl ps -id 7a5ea6a080d1

CONTAINER ID IMAGE NAME ... POD ID

7a5ea6a080d1b 6f715d38cfe0e nginx ... 7a864406b9794

root@cluster1-worker1:~# crictl pods -id 7a864406b9794

POD ID ... NAME NAMESPACE ...

7a864406b9794 ... webapi-6cfddcd6f4-ftxg4 team-blue ...
```

First Pod is webapi-6cfddcd6f4-ftxg4 in Namespace team-blue.

```
→ root@cluster1-worker1:~# cat /var/log/syslog | grep falco | grep httpd | grep passwd

Sep 16 06:23:48 ubuntu2004 falco: 06:23:48.830962378: Error File below /etc opened for writing (user=root

user_loginuid=-1 command=sed -i $d /etc/passwd parent=sh pcmdline=sh -c echo hacker >> /etc/passwd; sed -i '$d'

/etc/passwd; true file=/etc/passwdngFmAl program=sed gparent=<NA> ggparent=<NA> gggparent=<NA>

container_id=b1339d5cc2de image=docker.io/library/httpd)

→ root@cluster1-worker1:-# crictl ps -id b1339d5cc2de

CONTAINER ID IMAGE NAME ... POD ID

b1339d5cc2dee f6b40f9f8ad71 httpd ... 595af943c3245

root@cluster1-worker1:-# crictl pods -id 595af943c3245

POD ID ... NAME NAMESPACE ...

595af943c3245 ... rating-service-68cbdf7b7-v2p6g team-purple ...
```

Second Pod is rating-service-68cbdf7b7-v2p6g in Namespace team-purple.

Eliminate offending Pods

The logs from before should allow us to find and "eliminate" the offending ${\it Pods}$:

Use Falco from command line

We can also use Falco directly from command line, but only if the service is disabled:

```
→ root@cluster1-worker1:-# service falco stop

→ root@cluster1-worker1:-# falco

Thu Sep 16 06:33:11 2021: Falco version 0.29.1 (driver version 17f5df52a7d9ed6bb12d3b1768460def8439936d)

Thu Sep 16 06:33:11 2021: Falco initialized with configuration file /etc/falco/falco.yaml

Thu Sep 16 06:33:11 2021: Loading rules from file /etc/falco/falco_rules.yaml:

Thu Sep 16 06:33:11 2021: Loading rules from file /etc/falco/falco_rules.local.yaml:

Thu Sep 16 06:33:11 2021: Loading rules from file /etc/falco/k8s_audit_rules.yaml:

Thu Sep 16 06:33:12 2021: Starting internal webserver, listening on port 8765

06:33:17.382603204: Error Package management process launched in container (user=root user_loginuid=-1 command=apk container_id=7a5ea6a080d1 container_name=nginx image=docker.io/library/nginx:1.19.2-alpine)
...
```

We can see that rule files are loaded and logs printed afterwards.

The task requires us to store logs for "unwanted package management processes" in format time,container-id,container-name,user-name. The output from falco shows entries for "Error Package management process launched" in a default format. Let's find the proper file that contains the rule and change it:

```
→ root@cluster1-worker1:~# cd /etc/falco/
→ root@cluster1-worker1:/etc/falco# grep -r "Package management process launched" .
./falco_rules.yaml: Package management process launched in container (user=%user.name user_loginuid=%user.loginuid
→ root@cluster1-worker1:/etc/falco# cp falco_rules.yaml falco_rules.yaml_ori
→ root@cluster1-worker1:/etc/falco# vim falco_rules.yaml
```

Find the rule which looks like this:

```
# Container is supposed to be immutable. Package management should be done in building the image.
- rule: Launch Package Management Process in Container
 desc: Package management process ran inside container
 condition: >
   spawned_process
   and container
   and user.name != " apt"
   and package_mgmt_procs
   and not package mgmt ancestor procs
   and not user_known_package_manager_in_container
 output: >
   Package management process launched in container (user=%user.name user_loginuid=%user.loginuid
   command=%proc.cmdline container_id=%container.id container_name=%container.name
image=%container.image.repository:%container.image.tag)
 priority: ERROR
 tags: [process, mitre_persistence]
```

Should be changed into the required format:

```
# Container is supposed to be immutable. Package management should be done in building the image.
- rule: Launch Package Management Process in Container
desc: Package management process ran inside container
condition: >
    spawned_process
    and container
    and user.name != "_apt"
    and package_mgmt_procs
    and not package_mgmt_ancestor_procs
    and not user_known_package_manager_in_container
output: >
    Package management process launched in container %evt.time, %container.id, %container.name, %user.name
priority: ERROR
tags: [process, mitre_persistence]
```

For all available fields we can check https://falco.org/docs/rules/supported-fields, which should be allowed to open during the exam.

Next we check the logs in our adjusted format:

```
→ root@cluster1-worker1:/etc/falco# falco | grep "Package management"

06:38:28.077150666: Error Package management process launched in container 06:38:28.077150666,090aad374a0a,nginx,root 06:38:33.058263010: Error Package management process launched in container 06:38:33.058263010,090aad374a0a,nginx,root 06:38:38.068693625: Error Package management process launched in container 06:38:38.068693625,090aad374a0a,nginx,root 06:38:43.066159360: Error Package management process launched in container 06:38:43.066159360,090aad374a0a,nginx,root 06:38:48.059792139: Error Package management process launched in container 06:38:48.059792139,090aad374a0a,nginx,root 06:38:53.063328933: Error Package management process launched in container 06:38:53.063328933,090aad374a0a,nginx,root
```

This looks much better. Copy&paste the output into file /opt/course/2/falco.log on your main terminal. The content should be cleaned like this:

```
# /opt/course/2/falco.log
06:38:28.077150666,090aad374a0a,nginx,root
06:38:33.058263010,090aad374a0a,nginx,root
06:38:38.068693625,090aad374a0a,nginx,root
06:38:43.066159360,090aad374a0a,nginx,root
06:38:48.059792139,090aad374a0a,nginx,root
06:38:53.063328933,090aad374a0a,nginx,root
06:38:58.070912841,090aad374a0a,nginx,root
06:39:03.069592140,090aad374a0a,nginx,root
06:39:03.064805371,090aad374a0a,nginx,root
06:39:13.078109098,090aad374a0a,nginx,root
06:39:18.065077287,090aad374a0a,nginx,root
06:39:23.061012151,090aad374a0a,nginx,root
```

For a few entries it should be fast to just clean it up manually. If there are larger amounts of entries we could do:

```
cat /opt/course/2/falco.log.dirty | cut -d" " -f 9 > /opt/course/2/falco.log
```

The tool cut will split input into fields using space as the delimiter (-d""). We then only select the 9th field using -f 9.

Local falco rules

There is also a file /etc/falco/falco_rules.local.yaml in which we can override existing default rules. This is a much cleaner solution for production. Choose the faster way for you in the exam if nothing is specified in the task.

Question 3 | Apiserver Security

Task weight: 3%

Use context: kubectl config use-context workload-prod

You received a list from the DevSecOps team which performed a security investigation of the k8s cluster1 (workload-prod). The list states the following about the apiserver setup:

• Accessible through a NodePort Service

Change the apiserver setup so that:

• Only accessible through a ClusterIP Service

Answer:

In order to modify the parameters for the apiserver, we first ssh into the master node and check which parameters the apiserver process is running with:

```
→ root@cluster1-master1:-# ps aux | grep kube-apiserver
root 13534 8.6 18.1 1099208 370684 ? Ssl 19:55 8:40 kube-apiserver --advertise-address=192.168.100.11
--allow-privileged=true --anonymous-auth=true --authorization-mode=Node,RBAC --client-ca-file=/etc/kubernetes
/pki/ca.crt --enable-admission-plugins=NodeRestriction --enable-bootstrap-token-auth=true --etcd-cafile=/etc/kubernetes
/pki/etcd/ca.crt --etcd-certfile=/etc/kubernetes/pki/apiserver-etcd-client.crt --etcd-keyfile=/etc/kubernetes
/pki/apiserver-etcd-client.key --etcd-servers=https://127.0.0.1:2379 --insecure-port=0 --kubelet-client-
certificate=/etc/kubernetes/pki/apiserver-kubelet-client.crt --kubelet-client-key=/etc/kubernetes/pki/apiserver-
kubelet-client.key --kubelet-preferred-address-types=InternalIP,ExternalIP,Hostname --kubernetes-service-node-
port=31000 --proxy-client-cert-file=/etc/kubernetes/pki/front-proxy-client.crt --proxy-client-key-
...
```

We may notice the following argument:

```
--kubernetes-service-node-port=31000
```

We can also check the $\it Service$ and see its of type NodePort:

```
→ root@cluster1-master1:~# kubectl get svc

NAME TYPE CLUSTER-IP EXTERNAL-IP PORT(S) AGE

kubernetes NodePort 10.96.0.1 <none> 443:31000/TCP 5d2h
```

The apiserver runs as a static Pod, so we can edit the manifest. But before we do this we also create a copy in case we mess things up:

```
→ root@cluster1-master1:~# cp /etc/kubernetes/manifests/kube-apiserver.yaml ~/3_kube-apiserver.yaml

→ root@cluster1-master1:~# vim /etc/kubernetes/manifests/kube-apiserver.yaml
```

We should remove the unsecure settings:

```
# /etc/kubernetes/manifests/kube-apiserver.yaml
apiVersion: v1
kind: Pod
metadata:
 annotations:
   kubeadm.kubernetes.io/kube-apiserver.advertise-address.endpoint: 192.168.100.11:6443
 creationTimestamp: null
   component: kube-apiserver
   tier: control-plane
 name: kube-apiserver
 namespace: kube-system
 containers:
 - command:
   - kube-apiserver
   - --advertise-address=192.168.100.11
   - --allow-privileged=true
    - --authorization-mode=Node,RBAC
    - --client-ca-file=/etc/kubernetes/pki/ca.crt
```

```
- --enable-admission-plugins=NodeRestriction
- --enable-bootstrap-token-auth=true
- --etcd-cafile=/etc/kubernetes/pki/etcd/ca.crt
- --etcd-certfile=/etc/kubernetes/pki/apiserver-etcd-client.crt
- --etcd-keyfile=/etc/kubernetes/pki/apiserver-etcd-client.key
- --etcd-servers=https://127.0.0.1:2379
- --kubelet-client-certificate=/etc/kubernetes/pki/apiserver-kubelet-client.crt
- --kubelet-client-key=/etc/kubernetes/pki/apiserver-kubelet-client.key
- --kubelet-preferred-address-types=InternalIP,ExternalIP,Hostname
# ---kubernetes-service-node-port=31000 # delete or set to 0
- --proxy-client-cert-file=/etc/kubernetes/pki/front-proxy-client.crt
- --proxy-client-key-file=/etc/kubernetes/pki/front-proxy-client.key
```

Once the changes are made, give the apiserver some time to start up again. Check the apiserver's Pod status and the process parameters:

The apiserver got restarted without the unsecure settings. However, the Service kubernetes will still be of type NodePort:

```
→ root@cluster1-master1:~# kubectl get svc

NAME TYPE CLUSTER-IP EXTERNAL-IP PORT(S) AGE

kubernetes NodePort 10.96.0.1 <none> 443:31000/TCP 5d3h
```

We need to delete the Service for the changes to take effect:

```
→ root@cluster1-master1:~# kubectl delete svc kubernetes
service "kubernetes" deleted
```

After a few seconds:

```
→ root@cluster1-master1:~# kubectl get svc

NAME TYPE CLUSTER-IP EXTERNAL-IP PORT(S) AGE

kubernetes ClusterIP 10.96.0.1 <none> 443/TCP 6s
```

This should satisfy the DevSecOps team.

Question 4 | Pod Security Policies

Task weight: 8%

Use context: kubectl config use-context workload-prod

There is Deployment container-host-hacker in Namespace team-red which mounts [/run/containerd as a hostPath volume on the Node where its running. This means that the Pod can access various data about other containers running on the same Node.

You're asked to forbid this behavior by:

- 1. Enabling Admission Plugin PodSecurityPolicy in the apiserver
- 2. Creating a PodSecurityPolicy named psp-mount which allows hostPath volumes only for directory /tmp
- 3. Creating a ${\it ClusterRole}$ named ${\it psp-mount}$ which allows to use the new ${\it PSP}$
- 4. Creating a RoleBinding named psp-mount in Namespace team-red which binds the new ClusterRole to all ServiceAccounts in the Namespace team-red

 $Restart\ the\ \textit{Pod}\ of\ \textit{Deployment}\ \texttt{container-host-hacker}\ afterwards\ to\ verify\ new\ creation\ is\ prevented.$

NOTE: PSPs can affect the whole cluster. Should you encounter issues you can always disable the Admission Plugin again.

Answer:

Investigate

First of all, let's inspect what a *Pod* of *Deployment* [container-host-hacker] is capable of:

```
→ k -n team-red get pod | grep hacker
container-host-hacker-69b6db5f5d-ldbdh 1/1 Running 0 8m

→ k -n team-red describe pod container-host-hacker-69b6db5f5d-ldbdh
Name: container-host-hacker-69b6db5f5d-ldbdh
Namespace: team-red
Priority: 0
Node: cluster1-worker2/192.168.100.13
...
```

```
Mounts:
//containerdata from containerdata (rw)
/var/run/secrets/kubernetes.io/serviceaccount from kube-api-access-5ms9d (ro)
...
Volumes:
containerdata:
Type: HostPath (bare host directory volume)
Path: /run/containerd
...
```

We see it mounts \(\textit{frun/containerd} \) from the \(Node \) where it's running on, what does this mean?

```
→ k -n team-red exec -it container-host-hacker-69b6db5f5d-ldbdh -- sh

→ # find /containerdata
...

→ # find /containerdata grep passwd
...
```

We can see that this *Pod* can access sensitive data from all containers running on the same *Node*. Something that should be prevented unless necessary.

Enable Admission Plugin for PodSecurityPolicy

We enable the Admission Plugin and create a config backup in case we misconfigure something:

```
→ ssh cluster1-master1
→ root@cluster1-master1:-# cp /etc/kubernetes/manifests/kube-apiserver.yaml ~/4_kube-apiserver.yaml
→ root@cluster1-master1:-# vim /etc/kubernetes/manifests/kube-apiserver.yaml
```

```
# /etc/kubernetes/manifests/kube-apiserver.yaml
kind: Pod
metadata:
 annotations:
   kubeadm.kubernetes.io/kube-apiserver.advertise-address.endpoint: 192.168.100.11:6443
   component: kube-apiserver
   tier: control-plane
 name: kube-apiserver
 namespace: kube-system
 containers:
   - command:
       - kube-apiserver
       - --advertise-address=192.168.100.11
       - --allow-privileged=true
       - --anonymous-auth=true
       - --authorization-mode=Node,RBAC
       - --client-ca-file=/etc/kubernetes/pki/ca.crt
       - -- enable-admission-plugins=NodeRestriction, PodSecurityPolicy
                                                                            # change
       - --enable-bootstrap-token-auth=true
        - --etcd-cafile=/etc/kubernetes/pki/etcd/ca.crt
```

Existing PodSecurityPolicy

Enabling the PSP admission plugin without authorizing any policies would prevent any Pods from being created in the cluster. That's why there is already an existing PSP default-allow-all which allows everything and all Namespaces except team-red use it via a RoleBinding:

```
→ k get psp

NAME PRIV CAPS SELINUX RUNASUSER ...

default-allow-all true * RunAsAny RunAsAny ...

→ k get rolebinding -A | grep psp-access

default psp-access ... ClusterRole/psp-access
ngress-nginx psp-access ... ClusterRole/psp-access
kube-public psp-access ... ClusterRole/psp-access
kube-system psp-access ... ClusterRole/psp-access
kubernetes-dashboard psp-access ... ClusterRole/psp-access
team-blue psp-access ... ClusterRole/psp-access
team-green psp-access ... ClusterRole/psp-access
team-purple psp-access ... ClusterRole/psp-access
team-yellow psp-access ... ClusterRole/psp-access

ClusterRole/psp-access
team-yellow psp-access ... ClusterRole/psp-access
```

Next we create the new PSP with the task requirements by copying an example from the k8s docs and altering it:

```
vim 4_psp.yaml
# 4_psp.yaml
apiVersion: policy/v1beta1
kind: PodSecurityPolicy
metadata:
 name: psp-mount
spec:
 privileged: true
 seLinux:
   rule: RunAsAny
 supplementalGroups:
   rule: RunAsAny
 runAsUser:
  rule: RunAsAny
 fsGroup:
   rule: RunAsAny
 volumes:
   - pathPrefix: "/tmp" # task requirement
 allowedHostPaths:
```

```
k -f 4_psp.yaml create
```

So far the PSP has no effect because we gave no RBAC permission for any Pods-ServiceAccounts to use it yet. So we do:

```
k -n team-red create clusterrole psp-mount --verb=use \
--resource=podsecuritypolicies --resource-name=psp-mount
```

Which will create a ClusterRole like:

```
# kubectl -n team-red create clusterrole psp-mount --verb=use --resource=podsecuritypolicies --resource-name=psp-mount
apiVersion: rbac.authorization.k8s.io/v1
kind: ClusterRole
metadata:
    creationTimestamp: null
    name: psp-mount
rules:
    - apiGroups:
    - policy
    resourceNames:
    - psp-mount
resources:
    - podsecuritypolicies
verbs:
    - use
```

And for the RoleBinding:

```
k -n team-red create rolebinding psp-mount --clusterrole=psp-mount --group system:serviceaccounts
```

Which will create:

```
# kubectl -n team-red create rolebinding psp-mount --clusterrole=psp-mount --group system:serviceaccounts
apiVersion: rbac.authorization.k8s.io/v1
kind: RoleBinding
metadata:
    creationTimestamp: null
    name: psp-mount
    namespace: team-red
roleRef:
    apiGroup: rbac.authorization.k8s.io
    kind: ClusterRole
    name: psp-mount
subjects:
    - apiGroup: rbac.authorization.k8s.io
    kind: Group
    name: system:serviceaccounts
```

Test new PSP

We restart the *Deployment* and check the status:

```
→ k -n team-red rollout restart deploy container-host-hacker
deployment.apps/container-host-hacker restarted

→ k -n team-red describe deploy container-host-hacker

Name: container-host-hacker

Namespace: team-red
...

Replicas: 1 desired | 0 updated | 1 total | 1 available | 1 unavailable
...
```

We see FailedCreate and checking for *Events* shows more information about why:

```
→ k -n team-red get events --sort-by='{.metadata.creationTimestamp}'
6s Warning FailedCreate replicaset/container-host-hacker-7b4695b5f4 Error creating: pods
"container-host-hacker-7b4695b5f4-" is forbidden: PodSecurityPolicy: unable to admit pod:
[spec.volumes[0].hostPath.pathPrefix: Invalid value: "/run/containerd": is not allowed to be used]
```

Beautiful, the PSP seems to work. To verify further we can change the Deployment:

```
k -n team-red edit deploy container-host-hacker
# kubectl -n team-red edit deploy container-host-hacker
apiVersion: apps/v1
kind: Deployment
metadata:
spec:
 template:
  spec:
     containers:
     - command:
       - sh
       - -c
       - while true; do sleep 1d; done
       image: bash
       volumeMounts:
       - mountPath: /containerlogs
        name: containerlogs
     volumes:
     - hostPath:
        path: /tmp
                                           # change
```

And we should see it running:

type: ""

```
→ k -n team-red get pod -l app=container-host-hacker

NAME READY STATUS RESTARTS AGE

container-host-hacker-5674dbccc9-5lc6q 1/1 Running 0 20s
```

When a Pod has been allowed to be created by a PSP, then this is shown via an annotation:

```
→ k -n team-red describe pod -l app=container-host-hacker
...
Annotations: kubernetes.io/psp: psp-mount
...
```

PodSecurityPolicies can be really hard to come around at first, but once done they're a powerful part in the security tool box. Though they'll be replaced with something else in future K8s releases.

Question 5 | CIS Benchmark

Task weight: 3%

Use context: kubectl config use-context infra-prod

You're ask to evaluate specific settings of cluster 2 against the CIS Benchmark recommendations. Use the tool kube-bench which is already installed on the nodes.

Connect using ssh cluster2-master1 and ssh cluster2-worker1.

On the master node ensure (correct if necessary) that the CIS recommendations are set for:

- 1. The [--profiling] argument of the kube-controller-manager
- 2. The ownership of directory $\lceil \text{var/lib/etcd} \rceil$

On the worker node ensure (correct if necessary) that the CIS recommendations are set for:

3. The permissions of the kubelet configuration /var/lib/kubelet/config.yaml

4. The --client-ca-file argument of the kubelet

Answer:

Number 1

First we ssh into the master node run kube-bench against the master components:

```
→ ssh cluster2-master1

→ root@cluster2-master1:-# kube-bench master
...

== Summary ==
41 checks PASS
13 checks FAIL
11 checks WARN
0 checks INFO
```

We see some passes, fails and warnings. Let's check the required task (1) of the controller manager:

```
→ root@cluster2-master1:-# kube-bench master | grep kube-controller -A 3

1.3.1 Edit the Controller Manager pod specification file /etc/kubernetes/manifests/kube-controller-manager.yaml
on the master node and set the --terminated-pod-gc-threshold to an appropriate threshold,
for example:
--terminated-pod-gc-threshold=10
--

1.3.2 Edit the Controller Manager pod specification file /etc/kubernetes/manifests/kube-controller-manager.yaml
on the master node and set the below parameter.
--profiling=false

1.3.6 Edit the Controller Manager pod specification file /etc/kubernetes/manifests/kube-controller-manager.yaml
on the master node and set the --feature-gates parameter to include RotateKubeletServerCertificate=true.
--feature-gates=RotateKubeletServerCertificate=true
```

There we see 1.3.2 which suggests to set --profiling=false, so we obey:

```
→ root@cluster2-master1:~# vim /etc/kubernetes/manifests/kube-controller-manager.yaml
```

Edit the corresponding line:

```
# /etc/kubernetes/manifests/kube-controller-manager.yaml
apiVersion: v1
kind: Pod
metadata:
 creationTimestamp: null
 labels:
   component: kube-controller-manager
   tier: control-plane
 name: kube-controller-manager
 namespace: kube-system
spec:
 containers:
 - command:
   - kube-controller-manager
   - --allocate-node-cidrs=true
   - --authentication-kubeconfig=/etc/kubernetes/controller-manager.conf
   - --authorization-kubeconfig=/etc/kubernetes/controller-manager.conf
   - --bind-address=127.0.0.1
   - --client-ca-file=/etc/kubernetes/pki/ca.crt
   - --cluster-cidr=10.244.0.0/16
    - --cluster-name=kubernetes
    - --cluster-signing-cert-file=/etc/kubernetes/pki/ca.crt
   - --cluster-signing-key-file=/etc/kubernetes/pki/ca.key
    - --controllers=*, bootstrapsigner, tokencleaner
   - --kubeconfig=/etc/kubernetes/controller-manager.conf
    - --leader-elect=true
    - --node-cidr-mask-size=24
   - --port=0
   - --requestheader-client-ca-file=/etc/kubernetes/pki/front-proxy-ca.crt
   - --root-ca-file=/etc/kubernetes/pki/ca.crt
   - --service-account-private-key-file=/etc/kubernetes/pki/sa.key
    - --service-cluster-ip-range=10.96.0.0/12
    - --use-service-account-credentials=true
    - --profiling=false
```

We wait for the Pod to restart, then run kube-bench again to check if the problem was solved:

```
→ root@cluster2-master1:~# kube-bench master | grep kube-controller -A 3

1.3.1 Edit the Controller Manager pod specification file /etc/kubernetes/manifests/kube-controller-manager.yaml on the master node and set the --terminated-pod-gc-threshold to an appropriate threshold, for example:
--terminated-pod-gc-threshold=10
--

1.3.6 Edit the Controller Manager pod specification file /etc/kubernetes/manifests/kube-controller-manager.yaml on the master node and set the --feature-gates parameter to include RotateKubeletServerCertificate=true.
--feature-gates=RotateKubeletServerCertificate=true
```

Problem solved and 1.3.2 is passing:

```
root@cluster2-master1:~# kube-bench master | grep 1.3.2
[PASS] 1.3.2 Ensure that the --profiling argument is set to false (Scored)
```

Number 2

Next task (2) is to check the ownership of directory /var/lib/etcd, so we first have a look:

```
→ root@cluster2-master1:~# ls -lh /var/lib | grep etcd drwx----- 3 root root 4.0K Sep 11 20:08 etcd
```

Looks like user root and group root. Also possible to check using:

```
→ root@cluster2-master1:~# stat -c %U:%G /var/lib/etcd root:root
```

But what has kube-bench to say about this?

```
→ root@cluster2-master1:~# kube-bench master | grep "/var/lib/etcd" -B5

1.1.12 On the etcd server node, get the etcd data directory, passed as an argument --data-dir, from the below command:

ps -ef | grep etcd

Run the below command (based on the etcd data directory found above).

For example, chown etcd:etcd /var/lib/etcd
```

To comply we run the following:

```
→ root@cluster2-master1:~# chown etcd:etcd /var/lib/etcd

→ root@cluster2-master1:~# ls -lh /var/lib | grep etcd
drwx----- 3 etcd etcd 4.0K Sep 11 20:08 etcd
```

This looks better. We run kube-bench again, and make sure test 1.1.12. is passing.

```
→ root@cluster2-master1:~# kube-bench master | grep 1.1.12

[PASS] 1.1.12 Ensure that the etcd data directory ownership is set to etcd:etcd (Scored)
```

Done.

Number 3

To continue with number (3), we'll head to the worker node and ensure that the kubelet configuration file has the minimum necessary permissions as recommended:

```
→ ssh cluster2-worker1

→ root@cluster2-worker1:~# kube-bench node
...

== Summary ==
13 checks PASS
10 checks FAIL
2 checks WARN
0 checks INFO
```

Also here some passes, fails and warnings. We check the permission level of the kubelet config file:

```
→ root@cluster2-worker1:~# stat -c %a /var/lib/kubelet/config.yaml
777
```

777 is highly permissive access level and not recommended by the kube-bench guidelines:

```
→ root@cluster2-worker1:~# kube-bench node | grep /var/lib/kubelet/config.yaml -B2

2.2.10 Run the following command (using the config file location identified in the Audit step) chmod 644 /var/lib/kubelet/config.yaml
```

We obey and set the recommended permissions:

```
→ root@cluster2-worker1:~# chmod 644 /var/lib/kubelet/config.yaml
→ root@cluster2-worker1:~# stat -c %a /var/lib/kubelet/config.yaml
```

And check if test 2.2.10 is passing:

```
→ root@cluster2-worker1:~# kube-bench node | grep 2.2.10

[PASS] 2.2.10 Ensure that the kubelet configuration file has permissions set to 644 or more restrictive (Scored)
```

Number 4

Finally for number (4), let's check whether --client-ca-file argument for the kubelet is set properly according to kube-bench recommendations:

```
→ root@cluster2-worker1:-# kube-bench node | grep client-ca-file

[PASS] 2.1.4 Ensure that the --client-ca-file argument is set as appropriate (Scored)

2.2.7 Run the following command to modify the file permissions of the --client-ca-file

2.2.8 Run the following command to modify the ownership of the --client-ca-file .
```

This looks passing with 2.1.4. The other ones are about the file that the parameter points to and can be ignored here.

To further investigate we run the following command to locate the kubelet config file, and open it:

```
→ root@cluster2-worker1:~# ps -ef | grep kubelet
root 5157 1 2 20:28 ? 00:03:22 /usr/bin/kubelet --bootstrap-kubeconfig=/etc/kubernetes/bootstrap-kubelet.conf --kubeconfig=/etc/kubernetes/kubelet.conf --config=/var/lib/kubelet/config.yaml --network-plugin=cni
--pod-infra-container-image=k8s.gcr.io/pause:3.2
root 19940 11901 0 22:38 pts/0 00:00:00 grep --color=auto kubelet

→ root@croot@cluster2-worker1:~# vim /var/lib/kubelet/config.yaml
```

```
# /var/lib/kubelet/config.yaml
apiVersion: kubelet.config.k8s.io/vlbeta1
authentication:
   anonymous:
    enabled: false
   webhook:
    cacheTTL: 0s
   enabled: true
   x509:
    clientCAFile: /etc/kubernetes/pki/ca.crt
...
```

The clientCAFile points to the location of the certificate, which is correct.

Question 6 | Verify Platform Binaries

Task weight: 2%

(can be solved in any kubectl context)

There are four Kubernetes server binaries located at /opt/course/6/binaries. You're provided with the following verified sha512 values for these:

kube-apiserver

f417c0555bc0167355589dd1afe23be9bf909bf98312b1025f12015d1b58a1c62c9908c0067a7764fa35efdac7016a9efa8711a44425dd6692906a7c2

kube-controller-manager

60100cc725e91fe1a949e1b2d0474237844b5862556e25c2c655a33boa8225855ec5ee22fa4927e6c46a60d43a7c4403a27268f96fbb726307d1608b44f38a60

kube-proxy

52f9d8ad045f8eee1d689619ef8ceef2d86d50c75a6a332653240d7ba5b2a114aca056d9e513984ade24358c9662714973c1960c62a5cb37dd375631c

kubelet

4be40f2440619e990897cf956c32800dc96c2c983bf64519854a3309fa5aa21827991559f9c44595098e27e6f2ee4d64a3fdec6baba8a177881f20e3ec6le26c

Delete those binaries that don't match with the sha512 values above.

Answer:

We check the directory:

- → cd /opt/course/6/binaries
- → ls

kube-apiserver kube-controller-manager kube-proxy kubelet

To generate the sha512 sum of a binary we do:

→ sha512sum kube-apiserver

 $\texttt{f417c0555bc016735589dd1afe23be9bf909bf98312b1025f12015d1b58a1c62c9908c0067a7764fa35efdac7016a9efa8711a44425dd6692906a7c283f032c kube-apiserver$

Looking good, next:

 \rightarrow sha512sum kube-controller-manager

 $60100 cc 725 e91 fe 1a 949 e1 b 2 d0 474 23784 4b 5862556 e25 c2 c655 a 33 b 0 a 8225855 ec5 ee 22 fa 4927 e6 c 46 a 60 d 43 a 7 c 4403 a 27268 f 96 f b b 726307 d 1608 b 44 f 38 a 60 \\ kube-controller-manager$

Okay, next:

→ sha512sum kube-proxy

 $52f9d8ad045f8eee1d689619ef8ceef2d86d50c75a6a332653240d7ba5b2a114aca056d9e513984ade24358c9662714973c1960c62a5cb37dd37563\\ 1c8a614c6 \quad kube-proxy$

Also good, and finally:

→ sha512sum kubelet

7b720598e6a3483b45c537b57d759e3e82bc5c53b3274f681792f62e941019cde3d51a7f9b55158abf3810d506146bc0aa7cf97b36f27f341028a54 431b335be kubelet

Catch! Binary kubelet has a different hash!

But did we actually compare everything properly before? Let's have a closer look at kube-controller-manager again:

- \rightarrow sha512sum kube-controller-manager > compare
- → vim compare

Edit to only have the provided hash and the generated one in one line each:

./compare

60100cc725e91fe1a949e1b2d0474237844b5862556e25c2c655a33b0a8225855ec5ee22fa4927e6c46a60d43a7c4403a27268f96fbb726307d1608b44f38a60

60100 cc 725 e91 fe1a 949 e1b 2d0 474 237844 b5862556 e25 c26655 a33 boa8225855 ec5 ee22 fa4927 e6c46 a60 d43 a7c4403 a27268 f96 fbb726307 d1608b44 f38a60

Looks right at a first glance, but if we do:

→ cat compare | uniq

60100cc725e91fe1a949e1b2d0474237844b5862556e25c2c655a33b0a8225855ec5ee22fa4927e6c46a60d43a7c4403a27268f96fbb726307d1608b44f38a60

60100cc725e91fe1a949e1b2d0474237844b5862556e25c2c655a33boa8225855ec5ee22fa4927e6c46a60d43a7c4403a27268f96fbb726307d1608

This shows they are different, by just one character actually.

To complete the task we do:

rm kubelet kube-controller-manager

Question 7 | Open Policy Agent

Use context: kubectl config use-context infra-prod

The Open Policy Agent and Gatekeeper have been installed to, among other things, enforce blacklisting of certain image registries. Alter the existing constraint and/or template to also blacklist images from very-bad-registry.com.

Test it by creating a single Pod using image very-bad-registry.com/image in Namespace default, it shouldn't work.

You can also verify your changes by looking at the existing *Deployment untrusted* in *Namespace default*, it uses an image from the new untrusted source. The OPA contraint should throw violation messages for this one.

Answer:

We look at existing OPA constraints, these are implemeted using CRDs by Gatekeeper:

```
** k get crd

NAME

CREATED AT

blacklistimages.constraints.gatekeeper.sh

configs.config.gatekeeper.sh

constraintpodstatuses.status.gatekeeper.sh

constrainttemplatepodstatuses.status.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

2020-09-14T19:29:05Z

requiredlabels.constraints.gatekeeper.sh

2020-09-14T19:29:31Z
```

So we can do:

```
→ k get constraint

NAME AGE

blacklistimages.constraints.gatekeeper.sh/pod-trusted-images 10m

NAME

requiredlabels.constraints.gatekeeper.sh/namespace-mandatory-labels 10m
```

and then look at the one that is probably about blacklisting images:

```
k edit blacklistimages pod-trusted-images

# kubectl edit blacklistimages pod-trusted-images
apiVersion: constraints.gatekeeper.sh/vlbetal
kind: BlacklistImages
metadata:
...
spec:
match:
kinds:
    - apiGroups:
    - ""
    kinds:
    - Pod
```

It looks like this constraint simply applies the template to all *Pods*, no arguments passed. So we edit the template:

k edit constrainttemplates blacklistimages

```
# kubectl edit constrainttemplates blacklistimages
apiVersion: templates.gatekeeper.sh/v1beta1
kind: ConstraintTemplate
metadata:
spec:
 crd:
   spec:
     names:
       kind: BlacklistImages
 targets:
  - rego:
     package k8strustedimages
     images {
       image := input.review.object.spec.containers[_].image
       not startswith(image, "docker-fake.io/")
       not startswith(image, "google-gcr-fake.com/")
       not startswith(image, "very-bad-registry.com/") # ADD THIS LINE
     }
     violation[{"msg": msg}] {
       msg := "not trusted image!"
    target: admission.k8s.gatekeeper.sh
```

We simply have to add another line. After editing we try to create a *Pod* of the bad image:

```
→ k run opa-test --image=very-bad-registry.com/image

Error from server ([denied by pod-trusted-images] not trusted image!): admission webhook "validation.gatekeeper.sh"

denied the request: [denied by pod-trusted-images] not trusted image!
```

Nice! After some time we can also see that *Pods* of the existing *Deployment* "untrusted" will be listed as violators:

```
→ k describe blacklistimages pod-trusted-images
 Total Violations: 2
 Violations:
   Enforcement Action: deny
                Namespace
                you must provide labels: {"security-level"}
sidecar-injector
   Message:
   Name:
   Enforcement Action: deny
   Kind:
                Pod
   Message:
                        not trusted image!
   Message: not trusted image!
Name: untrusted-68c4944d48-tfsnb
Namespace: default
Events:
                        <none>
```

Great, OPA fights bad registries!

Question 8 | Secure Kubernetes Dashboard

Task weight: 3%

Use context: kubectl config use-context workload-prod

The Kubernetes Dashboard is installed in Namespace kubernetes-dashboard and is configured to:

- 1. Allow users to "skip login"
- 2. Allow insecure access (HTTP without authentication)
- 3. Allow basic authentication
- 4. Allow access from outside the cluster

You are asked to make it more secure by:

- 1. Deny users to "skip login"
- 2. Deny insecure access, enforce HTTPS (self signed certificates are ok for now)
- 3. Add the --auto-generate-certificates argument
- 4. Enforce authentication using a token (with possibility to use RBAC) $\,$
- 5. Allow only cluster internal access

Answer:

Head to https://github.com/kubernetes/dashboard/tree/master/docs to find documentation about the dashboard.

```
* k -n kubernetes-dashboard get pod,svc

NAME

READY STATUS RESTARTS AGE

pod/dashboard-metrics-scraper-7b59f7d4df-fbpd9 1/1 Running 0 24m

pod/kubernetes-dashboard-6d8cd5dd84-w7wr2 1/1 Running 0 24m

NAME

TYPE

PORT(S)

AGE

service/dashboard-metrics-scraper ClusterIP

service/kubernetes-dashboard

NodePort

Node
```

We can see one running Pod and a NodePort Service exposing it. Let's try to connect to it via a NodePort, we can use IP of any Node:

(your port might be a different)

```
→ k get node -o wide

NAME STATUS ROLES AGE VERSION INTERNAL-IP ...

cluster1-master1 Ready master 37m v1.22.1 192.168.100.11 ...

cluster1-worker1 Ready <none> 36m v1.22.1 192.168.100.12 ...

cluster1-worker2 Ready <none> 34m v1.22.1 192.168.100.13 ...

→ curl http://192.168.100.11:32520

<!--

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You may obtain a copy of the License at
```

```
http://www.apache.org/licenses/LICENSE-2.0
```

The dashboard is not secured because it allows unsecure HTTP access without authentication and is exposed externally. It's is loaded with a few parameter making it insecure, let's fix this.

First we create a backup in case we need to undo something:

```
k -n kubernetes-dashboard get deploy kubernetes-dashboard -oyaml > 8_deploy_kubernetes-dashboard.yaml
```

Then:

```
k -n kubernetes-dashboard edit deploy kubernetes-dashboard
```

The changes to make are:

Next, we'll have to deal with the NodePort Service:

```
k -n kubernetes-dashboard get svc kubernetes-dashboard -o yaml > 8_svc_kubernetes-dashboard.yaml # backup
k -n kubernetes-dashboard edit svc kubernetes-dashboard
```

And make the following changes:

```
clusterIP: 10.107.176.19
externalTrafficPolicy: Cluster
ports:
- name: http
  nodePort: 32513 # delete
 port: 9090
  protocol: TCP
  targetPort: 9090
- name: https
  nodePort: 32441 # delete
 port: 443
  protocol: TCP
  targetPort: 8443
selector:
  k8s-app: kubernetes-dashboard
sessionAffinity: None
                        # change or delete
type: ClusterIP
loadBalancer: {}
```

Let's confirm the changes, we can do that even without having a browser:

```
→ k run tmp --image=nginx:1.19.2 --restart=Never --rm -it -- bash

If you don't see a command prompt, try pressing enter.

root@tmp:/# curl http://kubernetes-dashboard.kubernetes-dashboard:9090

curl: (7) Failed to connect to kubernetes-dashboard.kubernetes-dashboard port 9090: Connection refused

→ root@tmp:/# curl https://kubernetes-dashboard.kubernetes-dashboard

curl: (60) SSL certificate problem: self signed certificate

More details here: https://curl.haxx.se/docs/sslcerts.html

curl failed to verify the legitimacy of the server and therefore could not
 establish a secure connection to it. To learn more about this situation and
 how to fix it, please visit the web page mentioned above.

→ root@tmp:/# curl https://kubernetes-dashboard.kubernetes-dashboard -k

<!--
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```

We see that insecure access is disabled and HTTPS works (using a self signed certificate for now). Let's also check the remote access:

```
→ curl http://192.168.100.11:32520
curl: (7) Failed to connect to 192.168.100.11 port 32520: Connection refused

→ k -n kubernetes-dashboard get svc

NAME TYPE CLUSTER-IP ... PORT(S)
dashboard-metrics-scraper ClusterIP 10.111.171.247 ... 8000/TCP
kubernetes-dashboard ClusterIP 10.100.118.128 ... 9090/TCP,443/TCP
```

Much better.

Question 9 | AppArmor Profile

Task weight: 3%

Use context: kubectl config use-context workload-prod

Some containers need to run more secure and restricted. There is an existing AppArmor profile located at /opt/course/9/profile for this.

- $1. \ In stall \ the \ AppArmor \ profile \ on \ \textit{Node} \ \ \texttt{cluster1-worker1}. \ Connect \ using \ \ \texttt{ssh} \ \ \texttt{cluster1-worker1}.$
- 2. Add label [security=apparmor] to the Node
- 3. Create a *Deployment* named apparmor in *Namespace* default with:
 - o One replica of image nginx:1.19.2
 - $\circ \ \ \mathsf{NodeSelector} \ \mathsf{for} \ \ \mathsf{security} \texttt{=} \mathsf{apparmor}$
 - o Single container named [c1] with the AppArmor profile enabled

The *Pod* might not run properly with the profile enabled. Write the logs of the *Pod* into <code>/opt/course/9/logs</code> so another team can work on getting the application running.

Answer:

https://kubernetes.io/docs/tutorials/clusters/apparmor

Part 1

First we have a look at the provided profile:

```
vim /opt/course/9/profile
```

```
# /opt/course/9/profile

#include <tunables/global>

profile very-secure flags=(attach_disconnected) {
    #include <abstractions/base>

file,

# Deny all file writes.
deny /** w,
}
```

Very simple profile named very-secure which denies all file writes. Next we copy it onto the *Node*:

```
→ scp /opt/course/9/profile cluster1-worker1:~/

Warning: Permanently added the ECDSA host key for IP address '192.168.100.12' to the list of known hosts.

profile 100% 161 329.9KB/s 00:00

→ ssh cluster1-worker1

→ root@cluster1-worker1:~# ls

profile
```

And install it:

```
→ root@clusterl-workerl:~# apparmor_parser -q ./profile
```

Verify it has been installed:

```
→ root@cluster1-worker1:~# apparmor_status
apparmor module is loaded.
17 profiles are loaded.
```

```
17 profiles are in enforce mode.
/sbin/dhclient
...
man_filter
man_groff
very-secure
0 profiles are in complain mode.
56 processes have profiles defined.
56 processes are in enforce mode.
...
0 processes are in complain mode.
0 processes are unconfined but have a profile defined.
```

There we see among many others the very-secure one, which is the name of the profile specified in /opt/course/9/profile.

Part 2

We label the Node:

```
k label -h # show examples
k label node cluster1-worker1 security=apparmor
```

Part 3

Now we can go ahead and create the *Deployment* which uses the profile.

```
k create deploy apparmor --image=nginx:1.19.2 $do > 9_deploy.yaml

vim 9_deploy.yaml
```

```
# 9_deploy.yaml
apiVersion: apps/v1
kind: Deployment
metadata:
 creationTimestamp: null
 labels:
   app: apparmor
 name: apparmor
 namespace: default
spec:
 replicas: 1
 selector:
   matchLabels:
     app: apparmor
 strategy: {}
 template:
   metadata:
     creationTimestamp: null
     labels:
      app: apparmor
                                                                                 # add
     annotations:
       container.apparmor.security.beta.kubernetes.io/cl: localhost/very-secure
   spec:
                                     # add
     nodeSelector:
       security: apparmor
                                     # add
     - image: nginx:1.19.2
                                     # change
       name: c1
       resources: {}
```

```
k -f 9_deploy.yaml create
```

What the damage?

```
→ k get pod -owide | grep apparmor
apparmor-85c65645dc-jbch8 0/1 CrashLoopBackOff ... clusterl-workerl

→ k logs apparmor-85c65645dc-w852p
/docker-entrypoint.sh: 13: /docker-entrypoint.sh: cannot create /dev/null: Permission denied
/docker-entrypoint.sh: No files found in /docker-entrypoint.d/, skipping configuration
2021/09/15 11:51:57 [emerg] l#1: mkdir() "/var/cache/nginx/client_temp" failed (13: Permission denied)
nginx: [emerg] mkdir() "/var/cache/nginx/client_temp" failed (13: Permission denied)
```

This looks alright, the *Pod* is running on clusterl-worker1 because of the nodeSelector. The AppArmor profile simply denies all filesystem writes, but Nginx needs to write into some locations to run, hence the errors.

It looks like our profile is running but we can confirm this as well by inspecting the container:

First we find the *Pod* by it's name and get the pod-id. Next we use crictl ps -a to also show stopped containers. Then crictl inspect shows that the container is using our AppArmor profile. Notice to be fast between ps and inspect as K8s will restart the *Pod* periodically when in error state.

To complete the task we write the logs into the required location:

```
k logs apparmor-85c65645dc-jbch8 > /opt/course/9/logs
```

Fixing the errors is the job of another team, lucky us.

Question 10 | Container Runtime Sandbox gVisor

Task weight: 4%

Use context: kubectl config use-context workload-prod

Team purple wants to run some of their workloads more secure. Worker node <code>clusterl-worker2</code> has container engine containerd already installed and its configured to support the runsc/gvisor runtime.

Create a RuntimeClass named gvisor with handler runsc.

Create a Pod that uses the RuntimeClass. The Pod should be in Namespace team-purple, named gvisor-test and of image nginx:1.19.2.

Make sure the Pod runs on cluster1-worker2.

Write the ${\tt dmesg}$ output of the successfully started ${\tt Pod}$ into ${\tt /opt/course/10/gvisor-test-dmesg}$.

Answer:

We check the nodes and we can see that all are using containerd:

```
→ k get node -o wide

NAME STATUS ROLES ... CONTAINER-RUNTIME

cluster1-master1 Ready control-plane,master ... containerd://1.5.2

cluster1-worker1 Ready <none> ... containerd://1.5.2

cluster1-worker2 Ready <none> ... containerd://1.5.2
```

But just one has containerd configured to work with runsc/gvisor runtime which is ${\tt container1-worker2}$.

(Optionally) we ssh into the worker node and check if containerd+runsc is configured:

```
→ ssh cluster1-worker2: -# runsc --version
runsc version release-20201130.0
spec: 1.0.1-dev

→ root@cluster1-worker2: -# cat /etc/containerd/config.toml | grep runsc
[plugins."io.containerd.grpc.vl.cri".containerd.runtimes.runsc]
runtime_type = "io.containerd.runsc.vl"
```

Now we best head to the k8s docs for *RuntimeClasses* https://kubernetes.io/docs/concepts/containers/runtime-class, steal an example and create the gvisor one:

```
vim 10_rtc.yaml

# 10_rtc.yaml
apiVersion: node.k8s.io/v1
kind: RuntimeClass
metadata:
   name: gvisor
handler: runsc
```

```
k -f 10_rtc.yaml create
```

And the required Pod:

```
k -n team-purple run gvisor-test --image=nginx:1.19.2 $do > 10_pod.yaml
vim 10_pod.yaml
```

```
# 10_pod.yaml
apiVersion: v1
kind: Pod
metadata:
 creationTimestamp: null
 labels:
   run: gvisor-test
 name: gvisor-test
 namespace: team-purple
 nodeName: cluster1-worker2 # add
 runtimeClassName: gvisor # add
 containers:
 - image: nginx:1.19.2
   name: gvisor-test
   resources: {}
 dnsPolicy: ClusterFirst
 restartPolicy: Always
status: {}
```

```
k -f 10_pod.yaml create
```

After creating the pod we should check if its running and if it uses the gvisor sandbox:

```
\rightarrow k -n team-purple get pod gvisor-test
NAME READY STATUS RESTARTS AGE
gvisor-test 1/1 Running 0
→ k -n team-purple exec gvisor-test -- dmesg
[ 0.000000] Starting gVisor...
   0.417740] Checking naughty and nice process list...
  0.623721] Waiting for children...
  0.902192] Gathering forks...
1.258087] Committing treasure map to memory...
1
  1.653149] Generating random numbers by fair dice roll...
ſ
   1.918386] Creating cloned children...
   2.137450] Digging up root...
ſ
    2.369841] Forking spaghetti code...
   2.840216] Rewriting operating system in Javascript...
[
   2.956226] Creating bureaucratic processes...
   3.329981] Ready!
[
```

Looking good. And as required we finally write the ${\tt \ dmesg \ }$ output into the file:

```
k -n team-purple exec gvisor-test > /opt/course/10/gvisor-test-dmesg -- dmesg
```

Question 11 | Secrets in ETCD

Task weight: 7%

Use context: kubectl config use-context workload-prod

There is an existing Secret called database-access in Namespace team-green.

Read the complete Secret content directly from ETCD (using etcdctl) and store it into /opt/course/11/etcd-secret-content. Write the plain and decoded Secret's value of key "pass" into /opt/course/11/database-password.

Answer:

Let's try to get the Secret value directly from ETCD, which will work since it isn't encrypted.

First, we ssh into the master node where ETCD is running in this setup and check if etcdctl is installed and list its options:

```
→ ssh cluster1-master1

→ root@cluster1-master1:-# etcdct1

NAME:
```

```
etcdctl - A simple command line client for etcd.

WARNING:
Environment variable ETCDCTL_API is not set; defaults to etcdctl v2.
Set environment variable ETCDCTL_API=3 to use v3 API or ETCDCTL_API=2 to use v2 API.

USAGE:
etcdctl [global options] command [command options] [arguments...]
...
--cert-file value identify HTTPS client using this SSL certificate file
--key-file value identify HTTPS client using this SSL key file
--ca-file value verify certificates of HTTPS-enabled servers using this CA bundle
...
```

Among others we see arguments to identify ourselves. The apiserver connects to ETCD, so we can run the following command to get the path of the necessary .crt and .key files:

```
cat /etc/kubernetes/manifests/kube-apiserver.yaml | grep etcd
```

The output is as follows:

```
- --etcd-cafile=/etc/kubernetes/pki/etcd/ca.crt
- --etcd-certfile=/etc/kubernetes/pki/apiserver-etcd-client.crt
- --etcd-keyfile=/etc/kubernetes/pki/apiserver-etcd-client.key
- --etcd-servers=https://127.0.0.1:2379 # optional since we're on same node
```

With this information we query ETCD for the secret value:

```
→ root@cluster1-master1:~# ETCDCTL_API=3 etcdctl \
--cert /etc/kubernetes/pki/apiserver-etcd-client.crt \
--key /etc/kubernetes/pki/apiserver-etcd-client.key \
--cacert /etc/kubernetes/pki/etcd/ca.crt get /registry/secrets/team-green/database-access
```

ETCD in Kubernetes stores data under /registry/{type}/{namespace}/{name}. This is how we came to look for /registry/secrets/team-green/database-access. There is also an example on a page in the k8s documentation which you could save as a bookmark to access fast during the exam.

The tasks requires us to store the output on our terminal. For this we can simply copy&paste the content into a new file on our terminal:

We're also required to store the plain and "decrypted" database password. For this we can copy the base64-encoded value from the ETCD output and run on our terminal:

```
→ echo Y29uZmlkZW50aWFs | base64 -d > /opt/course/11/database-password

→ cat /opt/course/11/database-password
confidential
```

Question 12 | Hack Secrets

Task weight: 8%

Use context: kubectl config use-context restricted@infra-prod

You're asked to investigate a possible permission escape in *Namespace* restricted. The context authenticates as user restricted which has only limited permissions and shouldn't be able to read *Secret* values.

Try to find the password-key values of the Secrets secret1, secret2 and secret3 in Namespace restricted. Write the decoded plaintext values into files /opt/course/12/secret1, /opt/course/12/secret2 and /opt/course/12/secret3.

Answer:

First we should explore the boundaries, we can try:

```
* k -n restricted get role,rolebinding,clusterrole,clusterrolebinding

Error from server (Forbidden): roles.rbac.authorization.k8s.io is forbidden: User "restricted" cannot list resource

"roles" in API group "rbac.authorization.k8s.io" in the namespace "restricted"

Error from server (Forbidden): rolebindings.rbac.authorization.k8s.io is forbidden: User "restricted" cannot list

resource "rolebindings" in API group "rbac.authorization.k8s.io" in the namespace "restricted"

Error from server (Forbidden): clusterroles.rbac.authorization.k8s.io is forbidden: User "restricted" cannot list

resource "clusterroles" in API group "rbac.authorization.k8s.io" at the cluster scope

Error from server (Forbidden): clusterrolebindings.rbac.authorization.k8s.io is forbidden: User "restricted" cannot

list resource "clusterrolebindings" in API group "rbac.authorization.k8s.io" at the cluster scope
```

But no permissions to view RBAC resources. So we try the obvious:

```
→ k -n restricted get secret
Error from server (Forbidden): secrets is forbidden: User "restricted" cannot list resource "secrets" in API group ""
in the namespace "restricted"

→ k -n restricted get secret -o yaml
apiVersion: v1
items: []
kind: List
metadata:
resourceVersion: ""
selfLink: ""
Error from server (Forbidden): secrets is forbidden: User "restricted" cannot list resource "secrets" in API group ""
in the namespace "restricted"
```

We're not allowed to get or list any Secrets. What can we see though?

```
→ k -n restricted get all

NAME READY STATUS RESTARTS AGE

podl-fd5d64b9c-pcx6q 1/1 Running 0 37s

pod2-6494f7699b-4hks5 1/1 Running 0 37s

pod3-748b48594-24s76 1/1 Running 0 37s

Error from server (Forbidden): replicationcontrollers is forbidden: User "restricted" cannot list resource

"replicationcontrollers" in API group "" in the namespace "restricted"

Error from server (Forbidden): services is forbidden: User "restricted" cannot list resource "services" in API group ""

in the namespace "restricted"

...
```

There are some *Pods*, lets check these out regarding *Secret* access:

```
k -n restricted get pod -o yaml | grep -i secret
```

This output provides us with enough information to do:

```
→ k -n restricted exec pod1-fd5d64b9c-pcx6q -- cat /etc/secret-volume/password
you-are
→ echo you-are > /opt/course/12/secret1
```

And for the second Secret:

```
→ k -n restricted exec pod2-6494f7699b-4hks5 -- env | grep PASS

PASSWORD=an-amazing

→ echo an-amazing > /opt/course/12/secret2
```

None of the *Pods* seem to mount secret3 though. Can we create or edit existing *Pods* to mount secret3?

```
    → k -n restricted run test --image=nginx
    Error from server (Forbidden): pods is forbidden: User "restricted" cannot create resource "pods" in API group "" in the namespace "restricted"
    → k -n restricted delete pod pod1
    Error from server (Forbidden): pods "pod1" is forbidden: User "restricted" cannot delete resource "pods" in API group "" in the namespace "restricted"
```

Doesn't look like it.

But the *Pods* seem to be able to access the *Secrets*, we can try to use a *Pod's ServiceAccount* to access the third *Secret*. We can actually see (like using k -n restricted get pod -o yaml | grep automountServiceAccountToken) that only *Pod* pod3-* has the *ServiceAccount* token mounted:

```
→ k -n restricted exec -it pod3-748b48594-24s76 -- sh

/ # mount | grep serviceaccount

tmpfs on /run/secrets/kubernetes.io/serviceaccount type tmpfs (ro,relatime)

/ # ls /run/secrets/kubernetes.io/serviceaccount

ca.crt namespace token
```

NOTE: You should have knowledge about ServiceAccounts and how they work with Pods like described in the docs

We can see all necessary information to contact the apiserver manually:

Let's encode it and write it into the requested location:

```
→ echo cEVuRXRSYVRpT24tdEVzVGVSCg== | base64 -d
pEnEtRaTiOn-tEsTeR

→ echo cEVuRXRSYVRpT24tdEVzVGVSCg== | base64 -d > /opt/course/12/secret3
```

This will give us:

```
# /opt/course/12/secret1
you-are

# /opt/course/12/secret2
an-amazing

# /opt/course/12/secret3
pEnEtRaTiOn-tEsTER
```

We hacked all Secrets! It can be tricky to get RBAC right and secure.

NOTE: One thing to consider is that giving the permission to "list" *Secrets*, will also allow the user to read the *Secret* values like using kubectl get secrets -o yaml even without the "get" permission set.

Question 13 | Restrict access to Metadata Server

Task weight: 7%

Use context: kubectl config use-context infra-prod

There is a metadata service available at http://192.168.100.21:32000 on which *Nodes* can reach sensitive data, like cloud credentials for initialisation. By default, all *Pods* in the cluster also have access to this endpoint. The DevSecOps team has asked you to restrict access to this metadata server.

- Create a NetworkPolicy named metadata-deny which prevents egress to 192.168.100.21 for all Pods but still allows access to everything
- Create a NetworkPolicy named metadata-allow which allows Pods having label role: metadata-accessor to access endpoint 192.168.100.21

There are existing Pods in the target Namespace with which you can test your policies, but don't change their labels.

Answer:

There was a famous hack at Spotify which was based on revealed information via metadata for nodes.

Check the Pods in the Namespace metadata-access and their labels:

```
+ k -n metadata-access get pods --show-labels

NAME

... LABELS

podl-7d67b4ff9-xrcd7

... app=pod1,pod-template-hash=7d67b4ff9

pod2-7b6fc66944-2hc7n

pod3-7dc879bd59-hkgrr

... app=pod3,role=metadata-accessor,pod-template-hash=7dc879bd59
```

There are three *Pods* in the *Namespace* and one of them has the label role=metadata-accessor.

Check access to the metadata server from the *Pods*:

```
→ k exec -it -n metadata-access pod1-7d67b4ff9-xrcd7 -- curl http://192.168.100.21:32000
metadata server

→ k exec -it -n metadata-access pod2-7b6fc66944-2hc7n -- curl http://192.168.100.21:32000
metadata server

→ k exec -it -n metadata-access pod3-7dc879bd59-hkgrr -- curl http://192.168.100.21:32000
metadata server
```

All three are able to access the metadata server.

To restrict the access, we create a NetworkPolicy to deny access to the specific IP.

```
vim 13_metadata-deny.yaml
# 13 metadata-deny.yaml
apiVersion: networking.k8s.io/v1
kind: NetworkPolicy
metadata:
 name: metadata-deny
 namespace: metadata-access
spec:
 podSelector: {}
 policyTypes:
  - Egress
 egress:
 - to:
   - ipBlock:
       cidr: 0.0.0.0/0
       except:
        - 192.168.100.21/32
```

```
k -f 13_metadata-deny.yaml apply
```

NOTE: You should know about general <u>default-deny K8s NetworkPolcies</u>.

Verify that access to the metadata server has been blocked, but other endpoints are still accessible:

```
→ k exec -it -n metadata-access podl-7d67b4ff9-xrcd7 -- curl http://l92.168.100.21:32000 curl: (28) Failed to connect to 192.168.100.21 port 32000: Operation timed out command terminated with exit code 28

→ kubectl exec -it -n metadata-access podl-7d67b4ff9-xrcd7 -- curl -I https://kubernetes.io
HTTP/2 200
cache-control: public, max-age=0, must-revalidate
content-type: text/html; charset=UTF-8
date: Mon, 14 Sep 2020 15:39:39 GMT
etag: "b46e429397e5f1fecf48c10a533f5cd8-ss1"
strict-transport-security: max-age=31536000
age: 13
content-length: 22252
server: Netlify
x-nf-request-id: 1d94ald1-6bac-4a98-b065-346f661f1db1-393998290
```

Similarly, verify for the other two Pods.

 $Now\ create\ another\ \textit{NetworkPolicy}\ that\ allows\ access\ to\ the\ metadata\ server\ from\ \textit{Pods}\ with\ label\ \verb|role=metadata-accessor|.$

```
vim 13_metadata-allow.yaml
```

```
# 13_metadata-allow.yaml
apiVersion: networking.k8s.io/v1
kind: NetworkPolicy
metadata:
 name: metadata-allow
 namespace: metadata-access
spec:
 podSelector:
   matchLabels:
     role: metadata-accessor
 policyTypes:
  - Egress
 egress:
 - to:
   - ipBlock:
       cidr: 192.168.100.21/32
```

```
k -f 13_metadata-allow.yaml apply
```

Verify that required Pod has access to metadata endpoint and others do not:

```
→ k -n metadata-access exec pod3-7dc879bd59-hkgrr -- curl http://192.168.100.21:32000
metadata server

→ k -n metadata-access exec pod2-7b6fc66944-9ngzr -- curl http://192.168.100.21:32000

^Ccommand terminated with exit code 130
```

It only works for the Pod having the label. With this we implemented the required security restrictions.

If a Pod doesn't have a matching NetworkPolicy then all traffic is allowed from and to it. Once a Pod has a matching NP then the contained rules are additive. This means that for Pods having label metadata-accessor the rules will be combined to:

We can see that the merged NP contains two separate rules with one condition each. We could read it as:

```
Allow outgoing traffic if: (destination is 0.0.0.0/0 but not 192.168.100.21/32) OR (destination is 192.168.100.21/32)
```

Hence it allows Pods with label metadata-accessor to access everything.

Question 14 | Syscall Activity

Task weight: 4%

Use context: kubectl config use-context workload-prod

There are *Pods* in *Namespace* team-yellow. A security investigation noticed that some processes running in these *Pods* are using the Syscall kill, which is forbidden by a Team Yellow internal policy.

Find the offending Pod(s) and remove these by reducing the replicas of the parent Deployment to 0.

Answer:

Syscalls are used by processes running in Userspace to communicate with the Linux Kernel. There are many available syscalls: https://man7.org/linux/man-pages/man2/syscalls.2.html. It makes sense to restrict these for container processes and Docker/Containerd already restrict some by default, like the reboot Syscall. Restricting even more is possible for example using Seccomp or AppArmor.

But for this task we should simply find out which binary process executes a specific Syscall. Processes in containers are simply run on the same Linux operating system, but isolated. That's why we first check on which nodes the *Pods* are running:

```
→ k -n team-yellow get pod -owide

NAME

... NODE

NOMINATED NODE

... collector1-7585cc58cb-n5rtd 1/1 ... cluster1-worker1 <none>

collector2-8556679d96-27g7c 1/1 ... cluster1-worker1 <none>

collector3-8b58fdc88-pjg24 1/1 ... cluster1-worker1 <none>

collector3-8b58fdc88-s9ltc 1/1 ... cluster1-worker1 <none>

... collector3-8b58fdc88-s9ltc 1/1 ... cluster1-worker1 <none>

...
```

All on ${\tt cluster1-worker1}$, hence we ssh into it and find the processes for the first ${\tt Deployment}$ ${\tt collector1}$.

```
→ ssh cluster1-worker1:~# crictl pods --name collector1

POD ID CREATED STATE NAME ...

21aacb8f4ca8d 17 minutes ago Ready collector1-7585cc58cb-vd1p9 ...

186631e40104d 17 minutes ago Ready collector1-7585cc58cb-n5rtd ...

→ root@cluster1-worker1:~# crictl ps --pod 21aacb8f4ca8d

CONTAINER ID IMAGE CREATED ... POD ID

9ea02422f8660 5d867958e04e1 12 minutes ago ... 21aacb8f4ca8d

→ root@cluster1-worker1:~# crictl inspect 9ea02422f8660 | grep args -A1

"args": [
"./collector1-process"
```

- 1. Using crictl pods we first searched for the *Pods* of *Deployment* collector1, which has two replicas
- 2. We then took one pod-id to find it's containers using crictl ps
- 3. And finally we used crictl inspect to find the process name, which is collector1-process

We can find the process PIDs (two because there are two *Pods*):

```
→ root@cluster1-worker1:~# ps aux | grep collector1-process
root 35039 0.0 0.1 702208 1044 ? Ssl 13:37 0:00 ./collector1-process
root 35059 0.0 0.1 702208 1044 ? Ssl 13:37 0:00 ./collector1-process
```

Using the PIDs we can call strace to find Sycalls:

```
→ root@cluster1-worker1:~# strace -p 35039

strace: Process 35039 attached

futex(0x4d7e68, FUTEX_WAIT_PRIVATE, 0, NULL) = 0

kill(666, SIGTERM) = -1 ESRCH (No such process)

epoll_pwait(3, [], 128, 999, NULL, 1) = 0

kill(666, SIGTERM) = -1 ESRCH (No such process)

epoll_pwait(3, [], 128, 999, NULL, 1) = 0

kill(666, SIGTERM) = -1 ESRCH (No such process)

epoll_pwait(3, ^Cstrace: Process 35039 detached

<detached ...>
...
```

First try and already a catch! We see it uses the forbidden Syscall by calling kill(666, SIGTERM).

Next let's check the Deployment collector2 processes:

Looks alright. What about collector3:

```
→ root@cluster1-worker1:-# ps aux | grep collector3-process
root 35155 0.0 0.1 702472 1040 ? Ssl 13:37 0:00 ./collector3-process
root 35241 0.0 0.1 702472 1044 ? Ssl 13:37 0:00 ./collector3-process

→ root@cluster1-worker1:-# strace -p 35155
strace: Process 35155 attached
futex(0x4d9e68, FUTEX_WAIT_PRIVATE, 0, NULL) = 0
epoll_pwait(3, [], 128, 999, NULL, 1) = 0
epoll_pwait(3, [], 128, 999, NULL, 1) = 0
...
```

Also nothing about the forbidden Syscall. So we finalise the task:

```
k -n team-yellow scale deploy collector1 --replicas 0
```

And the world is a bit safer again.

Question 15 | Configure TLS on Ingress

Task weight: 4%

Use context: kubectl config use-context workload-prod

In Namespace team-pink there is an existing Nginx Ingress resources named secure which accepts two paths /app and /api which point to different ClusterIP Services.

From your main terminal you can connect to it using for example:

- HTTP: curl -v http://secure-ingress.test:31080/app
- HTTPS: curl -kv https://secure-ingress.test:31443/app

Right now it uses a default generated TLS certificate by the Nginx Ingress Controller.

You're asked to instead use the key and certificate provided at /opt/course/15/tls.key and /opt/course/15/tls.crt. As it's a self-signed certificate you need to use |curl -k| when connecting to it.

Answer:

Investigate

We can get the IP address of the *Ingress* and we see it's the same one to which <code>secure-ingress.test</code> is pointing to:

```
→ k -n team-pink get ing secure

NAME CLASS HOSTS ADDRESS PORTS AGE

secure <none> secure-ingress.test 192.168.100.12 80 7m11s

→ ping secure-ingress.test

PING cluster1-worker1 (192.168.100.12) 56(84) bytes of data.

64 bytes from cluster1-worker1 (192.168.100.12): icmp_seq=1 ttl=64 time=0.316 ms
```

Now, let's try to access the paths /app and /api via HTTP:

```
→ curl http://secure-ingress.test:31080/app
This is the backend APP!

→ curl http://secure-ingress.test:31080/api
This is the API Server!
```

What about HTTPS?

```
→ curl https://secure-ingress.test:31443/api
curl: (60) SSL certificate problem: unable to get local issuer certificate
More details here: https://curl.haxx.se/docs/sslcerts.html

curl failed to verify the legitimacy of the server and therefore could not establish a secure connection to it. To learn more about this situation and how to fix it, please visit the web page mentioned above.

→ curl -k https://secure-ingress.test:31443/api
This is the API Server!
```

HTTPS seems to be already working if we accept self-signed certificated using 🗔 . But what kind of certificate is used by the server?

```
→ curl -kv https://secure-ingress.test:31443/api
...

* Server certificate:

* subject: 0=Acme Co; CN=Kubernetes Ingress Controller Fake Certificate

* start date: Sep 28 12:28:35 2020 GMT

* expire date: Sep 28 12:28:35 2021 GMT

* issuer: 0=Acme Co; CN=Kubernetes Ingress Controller Fake Certificate

* SSL certificate verify result: unable to get local issuer certificate (20), continuing anyway.
...
```

It seems to be "Kubernetes Ingress Controller Fake Certificate".

First, let us generate a Secret using the provided key and certificate:

```
→ cd /opt/course/15
→ :/opt/course/15$ ls
tls.crt tls.key

→ :/opt/course/15$ k -n team-pink create secret tls tls-secret --key tls.key --cert tls.crt
secret/tls-secret created
```

Now, we configure the *Ingress* to make use of this *Secret*:

```
→ k -n team-pink get ing secure -oyaml > 15_ing_bak.yaml
→ k -n team-pink edit ing secure
```

```
# kubectl -n team-pink edit ing secure
apiVersion: networking.k8s.io/v1
kind: Ingress
metadata:
 annotations:
 generation: 1
 name: secure
 namespace: team-pink
spec:
                                # add
 tls:
   - hosts:
                               # add
     - secure-ingress.test
                              # add
     secretName: tls-secret
 rules:
  - host: secure-ingress.test
   http:
     paths:
        service:
          name: secure-app
          port: 80
      path: /app
       pathType: ImplementationSpecific
         service:
          name: secure-api
          port: 80
       path: /api
       pathType: ImplementationSpecific
```

After adding the changes we check the *Ingress* resource again:

```
→ k -n team-pink get ing

NAME CLASS HOSTS ADDRESS PORTS AGE

secure <none> secure-ingress.test 192.168.100.12 80, 443 25m
```

It now actually lists port 443 for HTTPS. To verify:

```
→ curl -k https://secure-ingress.test:31443/api
This is the API Server!

→ curl -kv https://secure-ingress.test:31443/api
...

* Server certificate:

* subject: CN=secure-ingress.test; O=secure-ingress.test

* start date: Sep 25 18:22:10 2020 GMT

* expire date: Sep 20 18:22:10 2040 GMT

* issuer: CN=secure-ingress.test; O=secure-ingress.test

* SSL certificate verify result: self signed certificate (18), continuing anyway.
...
```

We can see that the provided certificate is now being used by the *Ingress* for TLS termination.

Question 16 | Docker Image Attack Surface

Task weight: 7%

Use context: kubectl config use-context workload-prod

has asked you to improve this image by:

- 1. Changing the base image to [alpine:3.12]
- 2. Not installing curl
- 3. Updating nginx to use the version constraint >=1.18.0
- 4. Running the main process as user myuser

Do not add any new lines to the Dockerfile, just edit existing ones. The file is located at /opt/course/16/image/Dockerfile.

Tag your version as v2. You can build, tag and push using:

```
cd /opt/course/16/image
podman build -t registry.killer.sh:5000/image-verify:v2 .
podman run registry.killer.sh:5000/image-verify:v2 # to test your changes
podman push registry.killer.sh:5000/image-verify:v2
```

Make the *Deployment* use your updated image tag v2.

Answer:

We should have a look at the Docker Image at first:

```
cd /opt/course/16/image

cp Dockerfile Dockerfile.bak

vim Dockerfile
```

```
# /opt/course/16/image/Dockerfile
FROM alpine:3.4
RUN apk update && apk add vim curl nginx=1.10.3-r0
RUN addgroup -S myuser && adduser -S myuser -G myuser
COPY ./run.sh run.sh
RUN ["chmod", "+x", "./run.sh"]
USER root
ENTRYPOINT ["/bin/sh", "./run.sh"]
```

Very simple Dockerfile which seems to execute a script [run.sh]:

```
# /opt/course/16/image/run.sh
while true; do date; id; echo; sleep 1; done
```

So it only outputs current date and credential information in a loop. We can see that output in the existing Deployment image-verify:

```
→ k -n team-blue logs -f -l id=image-verify
Fri Sep 25 20:59:12 UTC 2020
uid=0(root) gid=0(root)
groups=0(root),1(bin),2(daemon),3(sys),4(adm),6(disk),10(wheel),11(floppy),20(dialout),26(tape),27(video)
```

We see its running as root.

Next we update the $[{\tt Dockerfile}]$ according to the requirements:

```
# /opt/course/16/image/Dockerfile

# change
FROM alpine:3.12

# change
RUN apk update && apk add vim nginx>=1.18.0

RUN addgroup -S myuser && adduser -S myuser -G myuser
COPY ./run.sh run.sh
RUN ["chmod", "+x", "./run.sh"]

# change
USER myuser

ENTRYPOINT ["/bin/sh", "./run.sh"]
```

Then we build the new image:

```
+:/opt/course/16/image$ podman build -t registry.killer.sh:5000/image-verify:v2 .
...
STEP 7/7: ENTRYPOINT ["/bin/sh", "./run.sh"]
COMMIT registry.killer.sh:5000/image-verify:v2
--> ceb8989101b
Successfully tagged registry.killer.sh:5000/image-verify:v2
ceb8989101bccd9f6b9c3b4c6c75f6c3561f19a5b784edd1f1a36fa0fb34a9df
```

We can then test our changes by running the container locally:

```
+ :/opt/course/16/image$ podman run registry.killer.sh:5000/image-verify:v2
Thu Sep 16 06:01:47 UTC 2021
uid=101(myuser) gid=102(myuser) groups=102(myuser)

Thu Sep 16 06:01:48 UTC 2021
uid=101(myuser) gid=102(myuser) groups=102(myuser)

Thu Sep 16 06:01:49 UTC 2021
uid=101(myuser) gid=102(myuser) groups=102(myuser)
```

Looking good, so we push:

```
→ :/opt/course/16/image$ podman push registry.killer.sh:5000/image-verify:v2

Getting image source signatures

Copying blob cd0853834d88 done

Copying blob 5298d0709c3e skipped: already exists

Copying blob e6688e911f15 done

Copying blob dbc406096645 skipped: already exists

Copying blob 98895ed393d9 done

Copying config ceb8989101 done

Writing manifest to image destination

Storing signatures
```

And we update the *Deployment* to use the new image:

```
k -n team-blue edit deploy image-verify
```

```
# kubectl -n team-blue edit deploy image-verify
apiVersion: apps/v1
kind: Deployment
metadata:
...
spec:
...
template:
...
spec:
containers:
- image: registry.killer.sh:5000/image-verify:v2 # change
```

And afterwards we can verify our changes by looking at the $\ensuremath{\textit{Pod}}$ logs:

```
→ k -n team-blue logs -f -l id=image-verify
Fri Sep 25 21:06:55 UTC 2020
uid=101(myuser) gid=102(myuser) groups=102(myuser)
```

Also to verify our changes even further:

```
→ k -n team-blue exec image-verify-55fbcd4c9b-x2flc -- curl

OCI runtime exec failed: exec failed: container_linux.go:349: starting container process caused "exec: \"curl\":
executable file not found in $PATH": unknown

command terminated with exit code 126

→ k -n team-blue exec image-verify-55fbcd4c9b-x2flc -- nginx -v

nginx version: nginx/1.18.0
```

Another task solved.

Question 17 | Audit Log Policy

Task weight: 7%

 ${\sf Use}\; {\sf context:} \; | {\sf kubectl}\;\; {\sf config}\;\; {\sf use-context}\;\; {\sf infra-prod}$

Audit Logging has been enabled in the cluster with an Audit Policy located at /etc/kubernetes/audit/policy.yaml On cluster2-master1.

Change the configuration so that only one backup of the logs is stored.

Alter the *Policy* in a way that it only stores logs:

- 1. From Secret resources, level Metadata
- 2. From "system:nodes" userGroups, level RequestResponse

After you altered the *Policy* make sure to empty the log file so it only contains entries according to your changes, like using truncate -s 0 /etc/kubernetes/audit/logs/audit.log.

Answer:

First we check the apiserver configuration and change as requested:

```
→ ssh cluster2-master1
→ root@cluster2-master1:~# cp /etc/kubernetes/manifests/kube-apiserver.yaml ~/17_kube-apiserver.yaml # backup
→ root@cluster2-master1:~# vim /etc/kubernetes/manifests/kube-apiserver.yaml
```

```
# /etc/kubernetes/manifests/kube-apiserver.yaml
apiVersion: v1
metadata:
 annotations:
   kubeadm.kubernetes.io/kube-apiserver.advertise-address.endpoint: 192.168.100.21:6443
 creationTimestamp: null
  component: kube-apiserver
   tier: control-plane
 name: kube-apiserver
 namespace: kube-system
 containers:
 - command:
   - kube-apiserver
   - --audit-policy-file=/etc/kubernetes/audit/policy.yaml
   - --audit-log-path=/etc/kubernetes/audit/logs/audit.log
   - --audit-log-maxsize=5
                                                                 # CHANGE
   - --audit-log-maxbackup=1
   - --advertise-address=192.168.100.21
   - --allow-privileged=true
```

NOTE: You should know how to enable Audit Logging completely yourself <u>as described in the docs</u>. Feel free to try this in another cluster in this environment.

Now we look at the existing *Policy*:

```
→ root@cluster2-master1:~# vim /etc/kubernetes/audit/policy.yaml
```

```
# /etc/kubernetes/audit/policy.yaml
apiVersion: audit.k8s.io/v1
kind: Policy
rules:
- level: Metadata
```

We can see that this simple *Policy* logs everything on Metadata level. So we change it to the requirements:

```
# /etc/kubernetes/audit/policy.yaml
apiVersion: audit.k8s.io/v1
kind: Policy
rules:

# log Secret resources audits, level Metadata
- level: Metadata
resources:
- group: ""
    resources: ["secrets"]

# log node related audits, level RequestResponse
- level: RequestResponse
    userGroups: ["system:nodes"]

# for everything else don't log anything
- level: None
```

After saving the changes we have to restart the apiserver:

```
→ root@cluster2-master1:~# cd /etc/kubernetes/manifests/

→ root@cluster2-master1:/etc/kubernetes/manifests# mv kube-apiserver.yaml ..

→ root@cluster2-master1:/etc/kubernetes/manifests# watch crictl ps # wait for apiserver gone

→ root@cluster2-master1:/etc/kubernetes/manifests# truncate -s 0 /etc/kubernetes/audit/logs/audit.log

→ root@cluster2-master1:/etc/kubernetes/manifests# mv ../kube-apiserver.yaml .
```

Once the apiserver is running again we can check the new logs and scroll through some entries:

```
cat audit.log | tail | jq

{
    "kind": "Event",
    "apiVersion": "audit.k8s.io/v1",
    "level": "Metadata",
    "auditID": "e598dc9e-fc8b-4213-aee3-0719499ab1bd",
    "stage": "RequestReceived",
```

```
"stage": "RequestReceived",
  "requestURI": "...",
  "verb": "watch",
  "user": {
    "username": "system:serviceaccount:gatekeeper-system:gatekeeper-admin",
    "uid": "79870838-75a8-479b-ad42-4b7b75bd17a3",
      "system:serviceaccounts",
     "system:serviceaccounts:gatekeeper-system",
      "system:authenticated"
   ]
 },
  "sourceIPs": [
    "192.168.102.21"
  1,
  "userAgent": "manager/v0.0.0 (linux/amd64) kubernetes/$Format",
  "objectRef": {
    "resource": "secrets",
    "apiVersion": "v1"
 "requestReceivedTimestamp": "2020-09-27T20:01:36.238911Z",
 "stageTimestamp": "2020-09-27T20:01:36.238911Z",
  "annotations": {
    "authentication.k8s.io/legacy-token": "..."
}
```

Above we logged a watch action by OPA Gatekeeper for Secrets, level Metadata.

```
"kind": "Event",
"apiVersion": "audit.k8s.io/v1",
"level": "RequestResponse",
"auditID": "c90e53ed-b0cf-4cc4-889a-f1204dd39267",
"stage": "ResponseComplete",
"requestURI": "...",
"verb": "list",
"user": {
  "username": "system:node:cluster2-master1",
  "groups": [
    "system:nodes",
    "system:authenticated"
 ]
},
"sourceIPs": [
 "192.168.100.21"
"userAgent": "kubelet/v1.19.1 (linux/amd64) kubernetes/206bcad",
"objectRef": {
 "resource": "configmaps",
 "namespace": "kube-system",
 "name": "kube-proxy",
  "apiVersion": "v1"
"responseStatus": {
  "metadata": {},
  "code": 200
"responseObject": {
  "kind": "ConfigMapList",
  "apiVersion": "v1",
  "metadata": {
    "selfLink": "/api/v1/namespaces/kube-system/configmaps",
```

```
"resourceVersion": "83409"
    "items": [
        "metadata": {
          "name": "kube-proxy",
         "namespace": "kube-system",
          "selfLink": "/api/v1/namespaces/kube-system/configmaps/kube-proxy",
          "uid": "0f1c3950-430a-4543-83e4-3f9c87a478b8",
          "resourceVersion": "232",
          "creationTimestamp": "2020-09-26T20:59:50Z",
          "labels": {
           "app": "kube-proxy"
          "annotations": {
           "kubeadm.kubernetes.io/component-config.hash": "..."
          "managedFields": [
       },
   ]
  "requestReceivedTimestamp": "2020-09-27T20:01:36.223781Z",
 "stageTimestamp": "2020-09-27T20:01:36.225470Z",
  "annotations": {
    "authorization.k8s.io/decision": "allow",
    "authorization.k8s.io/reason": ""
}
```

And in the one above we logged a list action by system:nodes for a ConfigMaps, level RequestResponse.

Because all JSON entries are written in a single line in the file we could also run some simple verifications on our Policy:

```
# shows Secret entries
cat audit.log | grep '"resource":"secrets"' | wc -1

# confirms Secret entries are only of level Metadata
cat audit.log | grep '"resource":"secrets"' | grep -v '"level":"Metadata"' | wc -1

# shows RequestResponse level entries
cat audit.log | grep -v '"level":"RequestResponse"' | wc -1

# shows RequestResponse level entries are only for system:nodes
cat audit.log | grep '"level":"RequestResponse"' | grep -v "system:nodes" | wc -1
```

Looks like our job is done.

Question 18 | Investigate Break-in via Audit Log

Task weight: 4%

Use context: kubectl config use-context infra-prod

Namespace security contains five Secrets of type Opaque which can be considered highly confidential. The latest Incident-Prevention-Investigation revealed that ServiceAccount p.auster had too broad access to the cluster for some time. This SA should've never had access to any Secrets in that Namespace.

Find out which Secrets in Namespace security this SA did access by looking at the Audit Logs under /opt/course/18/audit.log.

Change the password to any new string of only those Secrets that were accessed by this SA.

NOTE: You can use jq to render json more readable. cat data.json | jq

Answer:

First we look at the Secrets this is about:

```
→ k -n security get secret | grep Opaque
kubeadmin-token
                                                       1
                                                             37m
                  Opaque
                                                       1
                                                             37m
mvsgl-admin
                   Opaque
postgres001
                   Opaque
                                                       1
                                                             37m
postgres002
                  0paque
                                                      1
                                                             37m
vault-token
                  0paque
```

Next we investigate the Audit Log file:

```
→ cd /opt/course/18

→ :/opt/course/18$ ls -lh
total 7.1M
-rw-r--r-- 1 k8s k8s 7.5M Sep 24 21:31 audit.log

→ :/opt/course/18$ cat audit.log | wc -l
4451
```

Audit Logs can be huge and it's common to limit the amount by creating an Audit *Policy* and to transfer the data in systems like Elasticsearch. In this case we have a simple JSON export, but it already contains 4451 lines.

We should try to filter the file down to relevant information:

```
→ :/opt/course/18$ cat audit.log | grep "p.auster" | wc -l
28
```

Not too bad, only 28 logs for ServiceAccount p.auster.

```
→ :/opt/course/18$ cat audit.log | grep "p.auster" | grep Secret | wc -1 2
```

And only 2 logs related to Secrets...

```
→ :/opt/course/18$ cat audit.log | grep "p.auster" | grep Secret | grep list | wc -1
0

→ :/opt/course/18$ cat audit.log | grep "p.auster" | grep Secret | grep get | wc -1
2
```

No list actions, which is good, but 2 get actions, so we check these out:

```
cat audit.log | grep "p.auster" | grep Secret | grep get | jq
```

```
"kind": "Event",
  "apiVersion": "audit.k8s.io/v1",
 "level": "RequestResponse",
 "auditID": "74fd9e03-abea-4df1-b3d0-9cfeff9ad97a",
  "stage": "ResponseComplete",
  "requestURI": "/api/v1/namespaces/security/secrets/vault-token",
  "verb": "get",
  "user": {
    "username": "system:serviceaccount:security:p.auster",
    "uid": "29ecb107-c0e8-4f2d-816a-b16f4391999c",
    "groups": [
      "system:serviceaccounts",
      "system:serviceaccounts:security".
      "system:authenticated"
 },
  "userAgent": "curl/7.64.0",
  "objectRef": {
    "resource": "secrets",
   "namespace": "security",
    "name": "vault-token",
    "apiVersion": "v1"
 },
}
 "kind": "Event",
 "apiVersion": "audit.k8s.io/v1",
  "level": "RequestResponse",
  "auditID": "aed6caf9-5af0-4872-8f09-ad55974bb5e0",
  "stage": "ResponseComplete",
 "requestURI": "/api/v1/namespaces/security/secrets/mysql-admin",
  "verb": "get",
  "user": {
    "username": "system:serviceaccount:security:p.auster",
    "uid": "29ecb107-c0e8-4f2d-816a-b16f4391999c",
```

```
"groups": [
    "system:serviceaccounts:,
    "system:serviceaccounts:security",
    "system:authenticated"
    ]
},
...

"userAgent": "curl/7.64.0",
    "objectRef": {
    "resource": "secrets",
        "namespace": "security",
        "name": "mysql-admin",
        "apiVersion": "v1"
    },
...
}
```

 $There \ we see that \textit{Secrets} \ vault-token \ and \ mysql-admin \ were \ accessed \ by \ p.auster . Hence \ we change the passwords for those.$

```
→ echo new-vault-pass | base64
bmV3LXZhdWx0LXBhc3MK

→ k -n security edit secret vault-token

→ echo new-mysql-pass | base64
bmV3LW15c3FsLXBhc3MK

→ k -n security edit secret mysql-admin
```

Audit Logs ftw.

By running cat audit.log | grep "p.auster" | grep secret | grep password we can see that passwords are stored in the Audit Logs, because they store the complete content of *Secrets*. It's never a good idea to reveal passwords in logs. In this case it would probably be sufficient to only store Metadata level information of *Secrets* which can be controlled via a Audit *Policy*.

Question 19 | Immutable Root FileSystem

Task weight: 2%

Use context: kubectl config use-context workload-prod

The Deployment immutable-deployment in Namespace team-purple should run immutable, it's created from file /opt/course /19/immutable-deployment.yaml. Even after a successful break-in, it shouldn't be possible for an attacker to modify the filesystem of the running container.

Modify the *Deployment* in a way that no processes inside the container can modify the local filesystem, only /tmp directory should be writeable. Don't modify the Docker image.

Save the updated YAML under <code>/opt/course/19/immutable-deployment-new.yaml</code> and update the running <code>Deployment</code>.

Answer:

Processes in containers can write to the local filesystem by default. This increases the attack surface when a non-malicious process gets hijacked. Preventing applications to write to disk or only allowing to certain directories can mitigate the risk. If there is for example a bug in Nginx which allows an attacker to override any file inside the container, then this only works if the Nginx process itself can write to the filesystem in the first place.

Making the root filesystem readonly can be done in the Docker image itself or in a *Pod* declaration.

Let us first check the ${\it Deployment}$ ${\it immutable-deployment}$ in ${\it Namespace}$ ${\it team-purple}$:

```
→ k -n team-purple edit deploy -o yaml
```

```
# kubectl -n team-purple edit deploy -o yaml
apiVersion: apps/v1
kind: Deployment
metadata:
   namespace: team-purple
   name: immutable-deployment
labels:
   app: immutable-deployment
...
spec:
   replicas: 1
   selector:
    matchLabels:
    app: immutable-deployment
```

```
template:
    metadata:
    labels:
    app: immutable-deployment
spec:
    containers:
    - image: busybox:1.32.0
    command: ['sh', '-c', 'tail -f /dev/null']
    imagePullPolicy: IfNotPresent
    name: busybox
    restartPolicy: Always
...
```

The container has write access to the Root File System, as there are no restrictions defined for the *Pods* or containers by an existing SecurityContext. And based on the task we're not allowed to alter the Docker image.

So we modify the YAML manifest to include the required changes:

```
cp /opt/course/19/immutable-deployment.yaml /opt/course/19/immutable-deployment-new.yaml
vim /opt/course/19/immutable-deployment-new.yaml
```

```
# /opt/course/19/immutable-deployment-new.yaml
apiVersion: apps/v1
kind: Deployment
metadata:
 namespace: team-purple
 name: immutable-deployment
 labels:
   app: immutable-deployment
spec:
 replicas: 1
   matchLabels:
    app: immutable-deployment
 template:
   metadata:
      app: immutable-deployment
   spec:
     containers:
     - image: busybox:1.32.0
       command: ['sh', '-c', 'tail -f /dev/null']
      imagePullPolicy: IfNotPresent
      name: busybox
      securityContext:
                                      # add
        readOnlyRootFilesystem: true # add
      - mountPath: /tmp
                                      # add
                                      # add
        name: temp-vol
     volumes:
                                      # add
     - name: temp-vol
                                      # add
       emptyDir: {}
                                      # add
     restartPolicy: Always
```

SecurityContexts can be set on *Pod* or container level, here the latter was asked. Enforcing readonlyRootFilesystem: true will render the root filesystem readonly. We can then allow some directories to be writable by using an emptyDir volume.

Once the changes are made, let us update the Deployment:

```
    → k delete -f /opt/course/19/immutable-deployment-new.yaml deployment.apps "immutable-deployment" deleted
    → k create -f /opt/course/19/immutable-deployment-new.yaml deployment.apps/immutable-deployment created
```

We can verify if the required changes are propagated:

```
→ k -n team-purple exec immutable-deployment-5b7ff8d464-j2nrj -- touch /abc.txt
touch: /abc.txt: Read-only file system
command terminated with exit code 1

→ k -n team-purple exec immutable-deployment-5b7ff8d464-j2nrj -- touch /var/abc.txt
touch: /var/abc.txt: Read-only file system
command terminated with exit code 1

→ k -n team-purple exec immutable-deployment-5b7ff8d464-j2nrj -- touch /etc/abc.txt
touch: /etc/abc.txt: Read-only file system
command terminated with exit code 1

→ k -n team-purple exec immutable-deployment-5b7ff8d464-j2nrj -- touch /tmp/abc.txt

→ k -n team-purple exec immutable-deployment-5b7ff8d464-j2nrj -- touch /tmp/abc.txt
```

The Deployment has been updated so that the container's file system is read-only, and the updated YAML has been placed under the required location. Sweet!

Question 20 | Update Kubernetes

Task weight: 8%

Use context: kubectl config use-context workload-stage

The cluster is running Kubernetes 1.21.4. Update it to 1.22.1 available via apt package manager.

Use ssh cluster3-master1 and ssh cluster3-worker1 to connect to the instances.

Answer:

Let's have a look at the current versions:

```
→ k get node

NAME STATUS ROLES AGE VERSION

cluster3-master1 Ready control-plane,master 83m v1.21.4

cluster3-worker1 Ready <none> 78m v1.21.4
```

Control Plane Master Components

First we should update the control plane components running on the master node, so we drain it:

```
→ k drain cluster3-master1 --ignore-daemonsets
```

Next we ssh into it and check versions:

```
→ ssh cluster3-master1
→ root@cluster3-master1:~# kubeadm version
kubeadm version: &version.Info{Major:"1", Minor:"22", GitVersion:"v1.22.1",
GitCommit:"632ed300f2c34f6d6d15ca4cef3d3c7073412212", GitTreeState:"clean", BuildDate:"2021-08-19T15:44:222",
GoVersion:"go1.16.7", Compiler:"gc", Platform:"linux/amd64"}
→ root@cluster3-master1:~# kubelet --version
Kubernetes v1.21.4
```

We see kubeadm is already installed in the required version. Else we would need to install it:

```
apt-get install kubeadm=1.22.1-00
```

Check what kubeadm has available as an upgrade plan:

```
→ root@cluster3-masterl:~# kubeadm upgrade plan
[upgrade/config] Making sure the configuration is correct:
[upgrade/config] Reading configuration from the cluster...
[upgrade/config] FYI: You can look at this config file with 'kubectl -n kube-system get cm kubeadm-config -o yaml'
[preflight] Running pre-flight checks.
[upgrade] Running cluster health checks
[upgrade] Fetching available versions to upgrade to
[upgrade/versions] Cluster version: v1.21.4
[upgrade/versions] kubeadm version: v1.22.1
[upgrade/versions] Target version: v1.22.1
[upgrade/versions] Latest version in the v1.21 series: v1.21.4
...
```

And we apply to the required version:

```
→ root@cluster3-master1:-# kubeadm upgrade apply v1.22.1
[upgrade/config] Making sure the configuration is correct:
[upgrade/config] Reading configuration from the cluster...
[upgrade/config] FYI: You can look at this config file with 'kubectl -n kube-system get cm kubeadm-config -o yaml'
[preflight] Running pre-flight checks.
[upgrade] Running cluster health checks
[upgrade/version] You have chosen to change the cluster version to "v1.22.1"
[upgrade/versions] Cluster version: v1.21.4
[upgrade/versions] kubeadm version: v1.22.1
[upgrade/confirm] Are you sure you want to proceed with the upgrade? [y/N]: y
...
[upgrade/successful] SUCCESS! Your cluster was upgraded to "v1.22.1". Enjoy!
[upgrade/kubelet] Now that your control plane is upgraded, please proceed with upgrading your kubelets if you haven't already done so.
```

After this finished we verify we're up to date by showing upgrade plans again:

```
→ root@cluster3-master1:-# kubeadm upgrade plan
[upgrade/config] Making sure the configuration is correct:
[upgrade/config] Reading configuration from the cluster...
[upgrade/config] FYI: You can look at this config file with 'kubectl -n kube-system get cm kubeadm-config -o yaml'
[preflight] Running pre-flight checks.
[upgrade] Running cluster health checks
[upgrade] Fetching available versions to upgrade to
[upgrade/versions] Cluster version: v1.22.1
[upgrade/versions] kubeadm version: v1.22.1
[upgrade/versions] Target version: v1.22.1
[upgrade/versions] Latest version in the v1.22 series: v1.22.1
```

Control Plane kubelet and kubectl

```
→ root@cluster3-master1:~# apt-get update
Reading package lists... Done
→ root@cluster3-master1:~# apt-get install kubelet=1.22.1-00 kubectl=1.22.1-00
Unpacking kubelet (1.22.1-00) over (1.21.4-00) ...
Setting up kubectl (1.22.1-00) ...
Setting up containers-common (100:1-21) ...
Setting up kubelet (1.22.1-00) ...
Setting up podman (100:3.3.1-1) ...
→ root@cluster3-master1:~# systemctl daemon-reload && systemctl restart kubelet
→ root@cluster3-master1:~# kubectl get node
                                                                  AGE VERSION
                STATUS
                                            ROLES
cluster3-master1
                 Ready, Scheduling Disabled control-plane, master 89m
                                                                        v1.22.1
cluster3-worker1 Ready
                                                                  85m v1.21.4
                                            <none>
```

Done and uncordon:

```
→ k uncordon cluster3-master1
node/cluster3-master1 uncordoned
```

Data Plane

```
→ k get node

NAME STATUS ROLES AGE VERSION

cluster3-master1 Ready control-plane,master 90m v1.22.1

cluster3-worker1 Ready <none> 85m v1.21.4
```

Our data plane consist of one single worker node, so let's update it. First thing is we should drain it:

```
k drain cluster3-worker1 --ignore-daemonsets
```

Next we ssh into it and upgrade kubeadm to the wanted version, or check if already done:

```
→ ssh cluster3-worker1
→ root@cluster3-worker1:~# apt-get update
Reading package lists... Done
→ root@cluster3-worker1:~# apt-get install kubeadm=1.22.1-00
Reading package lists... Done
Building dependency tree
Reading state information... Done
→ root@cluster3-worker1:~# kubeadm upgrade node
[upgrade] Reading configuration from the cluster...
[upgrade] FYI: You can look at this config file with 'kubectl -n kube-system get cm kubeadm-config -o yaml'
[preflight] Running pre-flight checks
[preflight] Skipping prepull. Not a control plane node.
[upgrade] Skipping phase. Not a control plane node.
[kubelet-start] Writing kubelet configuration to file "/var/lib/kubelet/config.yaml"
[upgrade] The configuration for this node was successfully updated!
[upgrade] Now you should go ahead and upgrade the kubelet package using your package manager.
```

```
→ root@cluster3-worker1:-# apt-get install kubelet=1.22.1-00 kubect1=1.22.1-00
...

(Reading database ... 111894 files and directories currently installed.)

Preparing to unpack .../kubect1_1.22.1-00_amd64.deb ...

Unpacking kubect1 (1.22.1-00) over (1.21.4-00) ...

Preparing to unpack .../kubelet_1.22.1-00_amd64.deb ...

Unpacking kubelet (1.22.1-00) over (1.21.4-00) ...

Setting up kubect1 (1.22.1-00) ...

Setting up kubelet (1.22.1-00) ...

→ root@cluster3-worker1:-# systemct1 daemon-reload && systemct1 restart kubelet
```

Looking good, what does the node status say?

```
→ k get node

NAME STATUS ROLES AGE VERSION

cluster3-master1 Ready control-plane,master 97m v1.22.1

cluster3-worker1 Ready,SchedulingDisabled <none> 92m v1.22.1
```

Beautiful, let's make it schedulable again:

```
→ k uncordon cluster3-worker1

node/cluster3-worker1 uncordoned

→ k get node

NAME STATUS ROLES AGE VERSION

cluster3-master1 Ready control-plane, master 97m v1.22.1

cluster3-worker1 Ready <none> 92m v1.22.1
```

We're up to date.

Question 21 | Image Vulnerability Scanning

Task weight: 2%

(can be solved in any kubectl context)

The Vulnerability Scanner trivy is installed on your main terminal. Use it to scan the following images for known CVEs:

- nginx:1.16.1-alpine
- k8s.gcr.io/kube-apiserver:v1.18.0
- k8s.gcr.io/kube-controller-manager:v1.18.0
- docker.io/weaveworks/weave-kube:2.7.0

Write all images that don't contain the vulnerabilities CVE_2020_10878 or CVE_2020_1967 into /opt/course/21/good-images.

Answer:

The tool trivy is very simple to use, it compares images against public databases.

To solve the task we can run:

```
→ trivy nginx:1.16.1-alpine | grep -E 'CVE-2020-10878|CVE-2020-1967'
| libcryptol.1 | CVE-2020-1967 | MEDIUM
| libssll.1 | CVE-2020-1967 |

→ trivy k8s.gcr.io/kube-apiserver:vl.18.0 | grep -E 'CVE-2020-10878|CVE-2020-1967'
| perl-base | CVE-2020-10878 | HIGH

→ trivy k8s.gcr.io/kube-controller-manager:vl.18.0 | grep -E 'CVE-2020-10878|CVE-2020-1967'
| perl-base | CVE-2020-10878 | HIGH

→ trivy docker.io/weaveworks/weave-kube:2.7.0 | grep -E 'CVE-2020-10878|CVE-2020-1967'

→
```

The only image without the any of the two CVEs is docker.io/weaveworks/weave-kube:2.7.0, hence our answer will be:

```
# /opt/course/21/good-images
docker.io/weaveworks/weave-kube:2.7.0
```

Question 22 | Manual Static Security Analysis

Task weight: 3%

(can be solved in any kubectl context)

The Release Engineering Team has shared some YAML manifests and Dockerfiles with you to review. The files are located under /opt/course /22/files.

As a container security expert, you are asked to perform a manual static analysis and find out possible security issues with respect to unwanted credential exposure. Running processes as root is of no concern in this task.

Write the filenames which have issues into $\protect\operatorname{\mathsf{/opt/course/22/security-issues}}$.

NOTE: In the Dockerfile and YAML manifests, assume that the referred files, folders, secrets and volume mounts are present. Disregard syntax or logic errors.

Answer:

We check location /opt/course/22/files and list the files.

```
→ ls -la /opt/course/22/files

total 48

drwxr-xr-x 2 k8s k8s 4096 Sep 16 19:08 .

drwxr-xr-x 3 k8s k8s 4096 Sep 16 19:08 ..

-rw-r--r-- 1 k8s k8s 692 Sep 16 19:08 Dockerfile-go

-rw-r--r-- 1 k8s k8s 897 Sep 16 19:08 Dockerfile-mysql

-rw-r--r-- 1 k8s k8s 743 Sep 16 19:08 Dockerfile-py

-rw-r--r-- 1 k8s k8s 341 Sep 16 19:08 Dockerfile-py

-rw-r--r-- 1 k8s k8s 341 Sep 16 19:08 deployment-nginx.yaml

-rw-r--r-- 1 k8s k8s 392 Sep 16 19:08 deployment-redis.yaml

-rw-r--r-- 1 k8s k8s 392 Sep 16 19:08 pod-nginx.yaml

-rw-r--r-- 1 k8s k8s 392 Sep 16 19:08 pod-nginx.yaml

-rw-r--r-- 1 k8s k8s 18s Sep 16 19:08 pv-manual.yaml

-rw-r--r-- 1 k8s k8s 18s Sep 16 19:08 sc-local.yaml

-rw-r--r-- 1 k8s k8s 211 Sep 16 19:08 statefulset-nginx.yaml
```

We have 3 Dockerfiles and 7 Kubernetes Resource YAML manifests. Next we should go over each to find security issues with the way credentials have been used.

NOTE: You should be comfortable with Docker Best Practices and the Kubernetes Configuration Best Practices.

While navigating through the files we might notice:

Number 1

File <code>Dockerfile-mysql</code> might look innocent on first look. It copies a file <code>secret-token</code> over, uses it and deletes it afterwards. But because of the way Docker works, every <code>Run</code>, <code>copy</code> and <code>ADD</code> command creates a new layer and every layer is persisted in the image.

This means even if the file secret-token get's deleted in layer Z, it's still included with the image in layer X and Y. In this case it would be better to use for example variables passed to Docker.

```
# /opt/course/22/files/Dockerfile-mysql
FROM ubuntu
# Add MySQL configuration
COPY my.cnf /etc/mysql/conf.d/my.cnf
COPY mysqld_charset.cnf /etc/mysql/conf.d/mysqld_charset.cnf
RUN apt-get update && \
   apt-get -yq install mysql-server-5.6 &&
# Add MySQL scripts
COPY import_sql.sh /import_sql.sh
COPY run.sh /run.sh
# Configure credentials
COPY secret-token .
                                                          # LAYER X
RUN /etc/register.sh ./secret-token
                                                          # LAYER Y
RUN rm ./secret-token # delete secret token again
                                                         # LATER Z
EXPOSE 3306
CMD ["/run.sh"]
```

So we do:

```
echo Dockerfile-mysql >> /opt/course/22/security-issues
```

Number 2

The file deployment-redis.yaml is fetching credentials from a Secret named mysecret and writes these into environment variables. So far so good, but in the command of the container it's echoing these which can be directly read by any user having access to the logs.

```
# /opt/course/22/files/deployment-redis.yaml
apiVersion: apps/v1
kind: Deployment
metadata:
 name: nginx-deployment
 labels:
   app: nginx
 replicas: 3
 selector:
   matchLabels:
     app: nginx
 template:
   metadata:
     labels:
       app: nginx
   spec:
     containers:
     - name: mycontainer
       image: redis
       command: ["/bin/sh"]
       - "echo $SECRET_USERNAME && echo $SECRET_PASSWORD && docker-entrypoint.sh" # NOT GOOD
       - name: SECRET_USERNAME
         valueFrom:
           secretKeyRef:
             name: mysecret
             key: username
        - name: SECRET_PASSWORD
         valueFrom:
           secretKeyRef:
             name: mysecret
             key: password
```

Credentials in logs is never a good idea, hence we do:

```
echo deployment-redis.yaml >> /opt/course/22/security-issues
```

Number 3

In file statefulset-nginx.yaml, the password is directly exposed in the environment variable definition of the container.

```
# /opt/course/22/files/statefulset-nginx.yaml
...
apiVersion: apps/v1
kind: StatefulSet
metadata:
    name: web
spec:
    serviceName: "nginx"
    replicas: 2
    selector:
```

```
matchLabels:
   app: nginx
template:
 metadata:
   labels:
     app: nginx
 spec:
   containers:
   - name: nginx
     image: k8s.gcr.io/nginx-slim:0.8
     env:
     - name: Username
       value: Administrator
     - name: Password
       value: MyDiReCtP@sSw0rd
                                             # NOT GOOD
     - containerPort: 80
       name: web
```

This should better be injected via a Secret. So we do:

CKS Simulator Preview Kubernetes 1.22

https://killer.sh

This is a preview of the full CKS Simulator course content.

The full course contains 22 questions and scenarios which cover all the CKS areas. The course also provides a browser terminal which is a very close replica of the original one. This is great to get used and comfortable before the real exam. After the test session (120 minutes), or if you stop it early, you'll get access to all questions and their detailed solutions. You'll have 36 hours cluster access in total which means even after the session, once you have the solutions, you can still play around.

The following preview will give you an idea of what the full course will provide. These preview questions are not part of the 22 in the full course but in addition to it. But the preview questions are part of the same CKS simulation environment which we setup for you, so with access to the full course you can solve these too.

The answers provided here assume that you did run the initial terminal setup suggestions as provided in the tips section, but especially:

```
alias k=kubectl

export do="-o yaml --dry-run=client"
```

These questions can be solved in the test environment provided through the CKS Simulator

Preview Question 1

Use context: kubectl config use-context infra-prod

You have admin access to cluster2. There is also context gianna@infra-prod which authenticates as user gianna with the same cluster.

There are existing cluster-level RBAC resources in place to, among other things, ensure that user gianna can never read Secret contents cluster-wide. Confirm this is correct or restrict the existing RBAC resources to ensure this.

I addition, create more RBAC resources to allow user gianna to create Pods and Deployments in Namespaces security, restricted and internal. It's likely the user will receive these exact permissions as well for other Namespaces in the future.

Answer:

Part 1 - check existing RBAC rules

We should probably first have a look at the existing RBAC resources for user |gianna|. We don't know the resource names but we know these are cluster-level so we can search for a ClusterRoleBinding:

```
k get clusterrolebinding -oyaml | grep gianna -A10 -B20
```

From this we see the binding is also called gianna:

k edit clusterrolebinding gianna

```
# kubectl edit clusterrolebinding gianna
apiVersion: rbac.authorization.k8s.io/v1
kind: ClusterRoleBinding
metadata:
    creationTimestamp: "2020-09-26T13:57:582"
    name: gianna
    resourceVersion: "3049"
    selfLink: /apis/rbac.authorization.k8s.io/v1/clusterrolebindings/gianna
    uid: 72b64a3b-5958-4cf8-8078-e5be2c55b25d
roleRef:
    apiGroup: rbac.authorization.k8s.io
    kind: ClusterRole
    name: gianna
subjects:
    - apiGroup: rbac.authorization.k8s.io
    kind: User
    name: gianna
```

It links user gianna to same named ClusterRole:

```
k edit clusterrole gianna
```

```
apiVersion: rbac.authorization.k8s.io/v1
kind: ClusterRole
metadata:
 creationTimestamp: "2020-09-26T13:57:55Z"
 name: gianna
 resourceVersion: "3038"
 selfLink: /apis/rbac.authorization.k8s.io/v1/clusterroles/gianna
 uid: b713c1cf-87e5-4313-808e-1a51f392adc0
rules:
- apiGroups:
 resources:
 - secrets
 - configmaps
 - pods
 - namespaces
 verbs:
 - list
```

According to the task the user should never be able to read *Secrets* content. They verb list might indicate on first look that this is correct. We can also check using K8s User Impersonation:

```
    → k auth can-i list secrets --as gianna
    yes
    → k auth can-i get secrets --as gianna
    no
```

But let's have a closer look:

```
→ k config use-context gianna@infra-prod
Switched to context "gianna@infra-prod".
→ k -n security get secrets
NAME
                     TYPE
                                                           DATA AGE
                                                           3
default-token-gn455 kubernetes.io/service-account-token
                                                                 20m
kubeadmin-token Opaque
mysql-admin Opaque
                                                           1
                                                                  20m
mysql-admin
                                                           1
                                                                 20m
postgres001
postgres002
                                                           1
                                                                  20m
                   Opaque
                                                           1
                                                                  20m
                    Opaque
vault-token
                     0paque
                                                           1
                                                                  20m
\rightarrow k -n security get secret kubeadmin-token
Error from server (Forbidden): secrets "kubeadmin-token" is forbidden: User "gianna" cannot get resource "secrets" in
API group "" in the namespace "security"
```

Still all expected, but being able to list resources also allows to specify the format:

The user gianna is actually able to read Secret content. To prevent this we should remove the ability to list these:

```
k config use-context infra-prod # back to admin context
k edit clusterrole gianna
```

```
# kubectl edit clusterrole gianna
apiVersion: rbac.authorization.k8s.io/v1
kind: ClusterRole
 creationTimestamp: "2020-09-26T13:57:55Z"
 name: gianna
 resourceVersion: "4496"
 selfLink: /apis/rbac.authorization.k8s.io/v1/clusterroles/gianna
 uid: b713c1cf-87e5-4313-808e-1a51f392adc0
- apiGroups:
 resources:
# - secrets
                  # remove
 - configmaps
 - pods
 - namespaces
 verbs:
 - list
```

Part 2 - create additional RBAC rules

Let's talk a little about RBAC resources:

A ClusterRole | Role defines a set of permissions and where it is available, in the whole cluster or just a single Namespace.

A ClusterRoleBinding | RoleBinding connects a set of permissions with an account and defines **where it is applied**, in the whole cluster or just a single Namespace.

Because of this there are 4 different RBAC combinations and 3 valid ones:

- 1. Role + RoleBinding (available in single Namespace, applied in single Namespace)
- 2. ClusterRole + ClusterRoleBinding (available cluster-wide, applied cluster-wide)
- 3. ClusterRole + RoleBinding (available cluster-wide, applied in single Namespace)
- 4. Role + ClusterRoleBinding (NOT POSSIBLE: available in single Namespace, applied cluster-wide)

The user gianna should be able to create *Pods* and *Deployments* in three *Namespaces*. We can use number 1 or 3 from the list above. But because the task says: "The user might receive these exact permissions as well for other *Namespaces* in the future", we choose number 3 as it requires to only create one *ClusterRole* instead of three *Roles*.

```
k create clusterrole gianna-additional --verb=create --resource=pods --resource=deployments
```

This will create a ClusterRole like:

```
# kubectl create clusterrole gianna-additional --verb=create --resource=pods --resource=deployments
apiVersion: rbac.authorization.k8s.io/v1
kind: ClusterRole
metadata:
 creationTimestamp: null
 name: gianna-additional
rules:
- apiGroups:
 resources:
 - pods
 verbs:
- apiGroups:
  - apps
 resources:
 - deployments
 verbs:
  - create
```

Next the three bindings:

```
k -n security create rolebinding gianna-additional \
--clusterrole=gianna-additional --user=gianna

k -n restricted create rolebinding gianna-additional \
--clusterrole=gianna-additional --user=gianna

k -n internal create rolebinding gianna-additional \
--clusterrole=gianna-additional --user=gianna
```

Which will create RoleBindings like:

```
\# k -n security create rolebinding gianna-additional --clusterrole=gianna-additional --user=gianna apiVersion: rbac.authorization.k8s.io/v1
```

```
kind: RoleBinding
metadata:
    creationTimestamp: null
    name: gianna-additional
    namespace: security
roleRef:
    apiGroup: rbac.authorization.k8s.io
    kind: ClusterRole
    name: gianna-additional
subjects:
    apiGroup: rbac.authorization.k8s.io
kind: User
name: gianna
```

And we test:

```
    → k -n default auth can-i create pods --as gianna no
    → k -n security auth can-i create pods --as gianna yes
    → k -n restricted auth can-i create pods --as gianna yes
    → k -n internal auth can-i create pods --as gianna yes
```

Feel free to verify this as well by actually creating Pods and Deployments as user gianna through context gianna@infra-prod.

Preview Question 2

Use context: kubectl config use-context infra-prod

There is an existing Open Policy Agent + Gatekeeper policy to enforce that all *Namespaces* need to have label <code>security-level</code> set. Extend the policy constraint and template so that all *Namespaces* also need to set label <code>management-team</code>. Any new *Namespace* creation without these two labels should be prevented.

Write the names of all existing Namespaces which violate the updated policy into $\protect{\protect$

Answer:

We look at existing OPA constraints, these are implemeted using CRDs by Gatekeeper:

```
** k get crd

NAME

CREATED AT

blacklistimages.constraints.gatekeeper.sh

configs.config.gatekeeper.sh

constraintpodstatuses.status.gatekeeper.sh

constrainttemplatepodstatuses.status.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

constrainttemplates.templates.gatekeeper.sh

2020-09-14T19:29:05Z

requiredlabels.constraints.gatekeeper.sh

2020-09-14T19:29:31Z
```

So we can do:

```
→ k get constraint

NAME

AGE

blacklistimages.constraints.gatekeeper.sh/pod-trusted-images 10m

NAME

RAGE

requiredlabels.constraints.gatekeeper.sh/namespace-mandatory-labels 10m
```

And check violations for the namespace-mandatory-label one, which we can do in the resource status:

```
+ k describe requiredlabels namespace-mandatory-labels

Name: namespace-mandatory-labels

Namespace:

Labels: <none>
Annotations: <none>
API Version: constraints.gatekeeper.sh/vlbetal

Kind: RequiredLabels

...

Status:
...

Total Violations: 1

Violations:
Enforcement Action: deny
```

```
Kind:
               Namespace
   Message:
                    you must provide labels: {"security-level"}
   Name:
                    sidecar-injector
Events:
```

We see one violation for Namespace "sidecar-injector". Let's get an overview over all Namespaces:

```
→ k get ns --show-labels
                    STATUS AGE LABELS
                     Active 21m management-team=green,security-level=high
default
{\tt gatekeeper-system} \quad {\tt Active} \quad {\tt 14m} \quad {\tt admission.gatekeeper.sh/ignore=no-self-managing,control-plane=controller-system}
manager,gatekeeper.sh/system=yes,management-team=green,security-level=high
jeffs-playground Active 14m security-level=high kube-node-lease Active 21m management-team=green,security-level=high
                  Active 21m management-team=red,security-level=low
kube-public
kube-system
                   Active 21m management-team=green,security-level=high
restricted Active 14m management-team=blue,security-level=medium security Active 14m management-team=blue,security-level=medium
sidecar-injector Active 14m <none>
```

When we try to create a Namespace without the required label we get an OPA error:

```
→ k create ns test
Error from server ([denied by namespace-mandatory-labels] you must provide labels: {"security-level"}): error when
creating "ns.yaml": admission webhook "validation.gatekeeper.sh" denied the request: [denied by namespace-mandatory-
labels] you must provide labels: {"security-level"}
```

Next we edit the constraint to add another required label:

```
k edit requiredlabels namespace-mandatory-labels
# kubectl edit requiredlabels namespace-mandatory-labels
```

```
apiVersion: constraints.gatekeeper.sh/v1beta1
kind: RequiredLabels
metadata:
      annotations:
             kubectl.kubernetes.io/last-applied-configuration:
                      \{ \verb""apiVersion": "constraints.gatekeeper.sh/vlbetal", "kind": "RequiredLabels", "metadata": \{ "annotations": labels ", "metadata": \{ "annotations": labels ", "metadata": \{ "annotations": labels ", "metadata": \{ labels 
{}, "name": "namespace-mandatory-labels"}, "spec": { "match": { "kinds": [ { "apiGroups ": [ " "], "kinds ":
["Namespace"]}]}, "parameters":{"labels":["security-level"]}}}
     creationTimestamp: "2020-09-14T19:29:53Z"
      generation: 1
      name: namespace-mandatory-labels
     resourceVersion: "3081'
      selfLink: /apis/constraints.gatekeeper.sh/v1betal/requiredlabels/namespace-mandatory-labels
      uid: 2a51a291-e07f-4bab-b33c-9b8c90e5125b
spec:
       match:
            kinds:
              - apiGroups:
                    kinds:
                     - Namespace
             labels:
               - security-level
              - management-team # add
```

As we can see the constraint is using kind: RequiredLabels as template, which is a CRD created by Gatekeeper. Let's apply the change and see what happens (give OPA a minute to apply the changes internally):

```
→ k describe requiredlabels namespace-mandatory-labels
 Violations:
   Enforcement Action: deny
   Kind: Namespace
                    you must provide labels: {"management-team"}
   Message:
   Name:
                     jeffs-playground
```

After the changes we can see that now another Namespace jeffs-playground is in trouble. Because that one only specifies one required label. But what about the earlier violation of Namespace sidecar-injector?

```
→ k get ns --show-labels

NAME STATUS AGE LABELS

default Active 21m management-team=green, security-level=high

gatekeeper-system Active 17m admission.gatekeeper.sh/ignore=no-self-managing, control-plane=controller-

manager, gatekeeper.sh/system=yes, management-team=green, security-level=high

jeffs-playground Active 17m security-level=high

kube-node-lease Active 21m management-team=green, security-level=high

kube-public Active 21m management-team=red, security-level=low

kube-system Active 21m management-team=green, security-level=high

restricted Active 17m management-team=blue, security-level=medium

security Active 17m management-team=blue, security-level=medium

sidecar-injector Active 17m <a href="management-team=blue"><a h
```

Namespace sidecar-injector should also be in trouble, but it isn't any longer. This doesn't seem right, it means we could still create Namespaces without any labels just like using k create ns test.

So we check the template:

```
→ k get constrainttemplates

NAME AGE
blacklistimages 20m

requiredlabels 20m

→ k edit constrainttemplates requiredlabels
```

```
# kubectl edit constrainttemplates requiredlabels
apiVersion: templates.gatekeeper.sh/v1beta1
kind: ConstraintTemplate
spec:
 crd:
   spec:
     names:
       kind: RequiredLabels
     validation:
       openAPIV3Schema:
        properties:
          labels:
             items: string
             type: array
 targets:
 - rego: |
     package k8srequiredlabels
     violation[{"msg": msg, "details": {"missing_labels": missing}}] {
       provided := {label | input.review.object.metadata.labels[label]}
       required := {label | label := input.parameters.labels[_]}
       missing := required - provided
       # count(missing) == 1 # WRONG
       count(missing) > 0
       msg := sprintf("you must provide labels: %v", [missing])
    target: admission.k8s.gatekeeper.sh
```

In the rego script we need to change <code>count(missing) == 1</code> to <code>count(missing) > 0</code>. If we don't do this then the policy only complains if there is one missing label, but there can be multiple missing ones.

After waiting a bit we check the constraint again:

This looks better. Finally we write the *Namespace* names with violations into the required location:

```
# /opt/course/p2/fix-namespaces
sidecar-injector
jeffs-playground
```

Use context: kubectl config use-context workload-stage

A security scan result shows that there is an unknown miner process running on one of the *Nodes* in cluster3. The report states that the process is listening on port 6666. Kill the process and delete the binary.

Answer:

We have a look at existing Nodes:

```
→ k get node

NAME STATUS ROLES AGE VERSION

cluster3-master1 Ready control-plane,master 109m v1.21.4

cluster3-worker1 Ready <none> 105m v1.21.4
```

First we check the master:

```
→ ssh cluster3-master1

→ root@cluster3-master1:~# netstat -plnt | grep 6666

→ root@cluster3-master1:~#
```

Doesn't look like any process listening on this port. So we check the worker:

```
→ ssh cluster3-worker1

→ root@cluster3-worker1:~# netstat -plnt | grep 6666
tcp6 0 0 :::6666 :::* LISTEN 9591/system-atm
```

There we go! We could also use lsof:

```
→ root@cluster3-worker1:~# lsof -i :6666

COMMAND PID USER FD TYPE DEVICE SIZE/OFF NODE NAME

system-at 9591 root 3u IPv6 47760 0t0 TCP *:6666 (LISTEN)
```

Before we kill the process we can check the magic /proc directory for the full process path:

```
→ root@cluster3-worker1:~# ls -lh /proc/9591/exe
lrwxrwxrwx 1 root root 0 Sep 26 16:10 /proc/9591/exe -> /bin/system-atm
```

So we finish it:

```
→ root@cluster3-worker1:-# kill -9 9591
→ root@cluster3-worker1:-# rm /bin/system-atm
```

Done.

CKS Tips Kubernetes 1.22

In this section we'll provide some tips on how to handle the CKS exam and browser terminal.

Knowledge

Pre-Knowledge

You should have your CKA knowledge up to date and be fast with kubectl, so we suggest to do:

- The CKAD series with scenarios on Medium
- The CKA series with scenarios on Medium

Knowledge

- Study all topics as proposed in the curriculum till you feel comfortable with all.
- Check our <u>CKS Exam Series</u>
- Read the free Sysdig <u>Kubernetes Security Guide</u>
- Also a nice read (though based on outdated k8s version) is the <u>Kubernetes Security book</u> by Liz Rice
- Check out the <u>Cloud Native Security Whitepaper</u>
- Great repository with many tips and sources: walidshari

Approach

- Do 1 or 2 test session with this CKS Simulator. Understand the solutions and maybe try out other ways to achieve the same thing.
- Setup your aliases, be fast and breath kubect1

Content

- Be comfortable with changing the kube-apiserver in a kubeadm setup
- Be able to work with AdmissionControllers
- Know how to create and use the <u>ImagePolicyWebhook</u>
- Know how to use opensource tools Falco, Sysdig, Tracee, Trivy

CKS Exam Info

Read the Curriculum

https://github.com/cncf/curriculum

Read the Handbook

https://docs.linuxfoundation.org/tc-docs/certification/lf-candidate-handbook

Read the important tips

https://docs.linuxfoundation.org/tc-docs/certification/important-instructions-cks

Read the FAQ

https://docs.linuxfoundation.org/tc-docs/certification/faq-cka-ckad-cks

Kubernetes documentation

Get familiar with the Kubernetes documentation and be able to use the search. You can have one browser tab open with one of the allowed links (check the official docs for updated list):

- https://kubernetes.io/docs
- https://github.com/kubernetes
- https://kubernetes.io/blog
- https://aquasecurity.github.io/trivy
- https://docs.sysdig.com
- https://falco.org/docs
- https://gitlab.com/apparmor/apparmor/-/wikis/Documentation

NOTE: You can have the other tab open as a separate window, this is why a big screen is handy

Deprecated commands

Make sure to not depend on deprecated commands as they might stop working at any time. When you execute a deprecated kubectl command a message will be shown, so you know which ones to avoid.

The Test Environment / Browser Terminal

You'll be provided with a browser terminal which uses Ubuntu 20. The standard shells included with a minimal install of Ubuntu 20 will be available, including bash.

Laggin

There could be some lagging, definitely make sure you are using a good internet connection because your webcam and screen are uploading all the time.

Kubectl autocompletion and commands

Autocompletion is configured by default, as well as the $[{\bf k}]$ alias $\underline{\text{source}}$ and others:

kubect1 with k alias and Bash autocompletion

yq and jq for YAML/JSON processing

tmux for terminal multiplexing

curl and wget for testing web services

man and man pages for further documentation

Copy & Paste

There could be issues copying text (like pod names) from the left task information into the terminal. Some suggested to "hard" hit or long hold cmd/ctrl+c a few times to take action. Apart from that copy and paste should just work like in normal terminals.

Percentages and Score

There are 15-20 questions in the exam and 100% of total percentage to reach. Each questions shows the % it gives if you solve it. Your results will be automatically checked according to the handbook. If you don't agree with the results you can request a review by contacting the Linux Foundation support.

Notepad & Skipping Questions

You have access to a simple notepad in the browser which can be used for storing any kind of plain text. It makes sense to use this for saving

skipped question numbers and their percentages. This way it's possible to move some questions to the end. It might make sense to skip 2% or 3% questions and go directly to higher ones.

Contexts

You'll receive access to various different clusters and resources in each. They provide you the exact command you need to run to connect to another cluster/context. But you should be comfortable working in different namespaces with kubect1.

Your Desktop

You are allowed to have multiple monitors connected and have to share every monitor with the proctor. Having one large screen definitely helps as you're only allowed **one** application open (Chrome Browser) with two tabs, one terminal and one k8s docs.

NOTE: You can have the other tab open as a separate window, this is why a big screen is handy

The questions will be on the left (default maybe ~30% space), the terminal on the right. You can adjust the size of the split though to your needs in the real exam.

If you use a laptop you could work with lid closed, external mouse+keyboard+monitor attached. Make sure you also have a webcam+microphone working.

You could also have both monitors, laptop screen and external, active. You might be asked that your webcam points straight into your face. So using an external screen and your laptop webcam could not be accepted. Just keep that in mind.

You have to be able to move your webcam around in the beginning to show your whole room and desktop. Have a clean desk with only the necessary on it. You can have a glass/cup with water without anything printed on.

In the end you should feel very comfortable with your setup.

CKS clusters

In the CKS exam you'll get access to as many clusters as you have questions, each will be solved in its own cluster. This is great because you cannot interfere with other tasks by breaking one. Every cluster will have one master and one worker node.

Browser Terminal Setup

It should be considered to spend ~1 minute in the beginning to setup your terminal. In the real exam the vast majority of questions will be done from the main terminal. For few you might need to ssh into another machine. Just be aware that configurations to your shell will not be transferred in this case.

Minimal Setup

Alias

The alias k for kubect1 will be configured together with autocompletion. In case not you can configure it using this link.

Vin

Create the file ~/.vimrc with the following content:

```
set tabstop=2
set expandtab
set shiftwidth=2
```

The expandtab make sure to use spaces for tabs. Memorize these and just type them down. You can't have any written notes with commands on your desktop etc.

Optional Setup

Fast dry-run output

```
export do="--dry-run=client -o yaml"
```

This way you can just run k run pod1 --image=nginx \$do. Short for "dry output", but use whatever name you like.

Fast pod delete

```
export now="--force --grace-period 0"
```

This way you can run k delete pod1 \$now and don't have to wait for ~30 seconds termination time.

Persist bash settings

You can store aliases and other setup in <a>-/.bashrc if you're planning on using different shells or tmux.

Be fast

Use the history command to reuse already entered commands or use even faster history search through Ctrl r.

If a command takes some time to execute, like sometimes kubectl delete pod x. You can put a task in the background using **Ctrl z** and pull

it back into foreground running command fg.

You can delete pods fast with:

```
k delete pod x --grace-period 0 --force
k delete pod x $now # if export from above is configured
```

Vim

Be great with vim.

Toggle vim line numbers

When in vim you can press **Esc** and type set number or set nonumber followed by **Enter** to toggle line numbers. This can be useful when finding syntax errors based on line - but can be bad when wanting to mark© by mouse. You can also just jump to a line number with **Esc** 22 + **Enter**.

Copy&paste

Get used to copy/paste/cut with vim:

```
Mark lines: Esc+V (then arrow keys)
Copy marked lines: y
Cut marked lines: d
Past lines: p or P
```

Indent multiple lines

In case not defined in [.vimrc], to indent multiple lines press **Esc** and type [:set] shiftwidth=2].

First mark multiple lines using $shift\ v$ and the up/down keys. Then to indent the marked lines press > or <. You can then press \cdot to repeat the action.

Split terminal screen

By default tmux is installed and can be used to split your one terminal into multiple. **But** just do this if you know your shit, because scrolling is different and copy&pasting might be weird.

https://www.hamvocke.com/blog/a-quick-and-easy-guide-to-tmux