

Nicole Bernardi

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GOAL

Experienced psychology researcher seeking position in UX research and design.

EDUCATION

Master of Sciences Candidate, Human Centered Design and Engineering

University of Washington, Seattle, WA

Coursework start date: fall 2015. Expected graduation: 2017

Bachelor of Sciences, Psychology

University of Washington, Seattle, WA

Graduated 2013 cum laude. GPA: 3.85

Coursework: Cognitive psychology, Health psychology, Developmental psychology, Biopsychology, Neurobehavioral lab, Clinical psychology, Statistics

WORK EXPERIENCE

Department of Veterans Affairs, VA Puget Sound Health Care System, Seattle, WA

Research Coordinator. *Evaluation of Web-Based CBT for Women Veterans with PTSD.* PI: K. Lehavot, PhD. Oct. 2014 – present

Coordinated qualitative study of a web-based PTSD intervention. Recruited subjects and conducted user interviews. Analyzed data and made concrete changes to website content and design based on user feedback. Collaborated with web programmers and designers.

Research Coordinator. *A Trial of Loving-Kindness Meditation and Cognitive Processing Therapy for PTSD.* PI: D. Kearney, MD, T. Simpson, PhD. Feb. 2014 – April 2015

Coordinated quantitative study. Recruited subjects and collected data.

Research Assistant. *Qualitative Assessment of the Veteran Experience of MBSR.* PI: D. Kearney, MD, T. Simpson, PhD. Feb. 2014 - Sept. 2014

Coded and analyzed user interviews. Drove creation of veteran-specific MBSR teacher resource. Implemented modifications in participant workbook.

PUBLICATIONS

Challenges to Enrollment and Participation in Mindfulness-Based Stress Reduction Among Veterans: A Qualitative Study. Martinez, M.E., Kearney, D.J., Simpson, T.S., Felleman, B.I., Bernardi, N.E., and Sayre, G.. *The Journal of Alternative and Complementary Medicine.* July 2015, 21(7): 409-421. [Article abstract](#)

Teaching Mindfulness to Veterans: A Resource. By David Kearney, Michelle Martinez, Benjamin Felleman, Nicole Bernardi, George Sayre, et al.. VA Office of Patient Centered Care and Cultural Transformation. June 2015. [Amazon Kindle Edition](#)

ACTIVITIES

Vehicle Infotainment UX

Part of University of Washington team for national EcoCAR3 competition to convert Chevrolet Camaro into advanced hybrid electric vehicle. Sep. 2015 – present

Front-End Web Development

In-person course through General Assembly. Completion: August 2015

Design Kit: Human Centered Design for Social Innovation

Online course through +Acumen/IDEO. Statement of Accomplishment: Dec. 2014

Introduction to the Design of Everyday Things

Online course through Udacity. Certificate of Completion: Sept. 2014