

Roasted Garlic and Sun Dried Tomato Minestrone

Yield:	1 gallon			
Servings/Size:	21 (6 oz) servings			
Prep Time:	5 minutes	Cook Time:	35 minutes	
Cost:	Cheap	Difficulty:	Easy	



Description: Twist on a popular soup featuring MINOR'S® Bases.

Ingredients	Weight	/ Metric	Measure
Olive oil	1 fl oz		2 Tbsp
Onions, small dice	6 oz	170 g	1-1/2 cups
Celery, small dice	3 oz	85 g	3/4 cup
Carrots, small dice	3 oz	85 g	3/4 cup
Water	80 fl oz		2-1/2 qt
MINOR'S Natural Gluten Free Vegetable Base	1.5 oz	42 g	2 Tbsp
MINOR'S Natural Gluten Free Beef Base	1.5 oz	42 g	2 Tbsp
MINOR'S Sun Dried Tomato Pesto Flavor Concentrate	2 oz	64 g	4 Tbsp
MINOR'S Roasted Garlic Flavor Concentrate	1 oz	36 g	2 Tbsp
Zucchini, small dice	6 oz	170 g	1-1/2 cups
Green beans, 1"-2" pieces	5 oz	141 g	1-1/2 cups
Cabbage, shredded	3 oz	85 g	2 cups
Tomatoes, seeded, small dice	6 oz	85 g	1-1/2 cups
Macaroni, cooked	1 lb 4 oz	566 g	1 qt
Basil, fresh, chiffonade	.5 oz	14 g	1/2 cup
Oregano, fresh, chopped		3 g	2 Tbsp
Red wine vinegar	1 oz	28 g	2 Tbsp

Procedure

1.	Heat oil over medium high heat. Sauté onions, carrots, and celery.
2.	Add water to sautéed vegetables. Whisk in MINOR'S Gluten Free Vegetable and MINOR'S Beef Bases and Sun Dried Tomato Pesto and Roasted Garlic Flavor Concentrates. Bring to a simmer.
3.	Add zucchini, green beans, cabbage and tomatoes, and simmer until all of the vegetables are tender.
4,	Add macaroni, basil, oregano, vinegar, and serve.

At a minimum, the cooking and handling instructions set forth in the Food Code of the U.S. Public Health Service of the Food and Drug Administration, Department of Health and Human Services, Should be reviewed and followed with respect to your preparation of this recipe.



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