

Southwest Benedict with Green Chile Hollandaise

Average user rating: $\bigstar \bigstar \bigstar \bigstar$ (from 1 user(s))



Eggs benedict topped with green chile hollandaise for a Latin flair!

Yield 107 oz benedict + 2 cups sauce (16/7-3/4oz servings)

Serves 16

Preparation time 10 minutes

Cooking time 10 minutes

Recipe details

Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
16	oz		2 cups	Minor's® Hollandaise Sauce Gluten Free 12x24oz (Pouch)	prepared
2	oz		1/4 cup	Minor's® Fire Roasted Poblano Flavor Concentrate Gluten Free (6x13.6oz)US	
35	oz		32 each	Eggs	
40	oz		16 each	English Muffin	split, toasted
32	oz		2 lbs	Chorizo sausage, raw	grilled, hot

Preparation Steps

- 1. Whisk together Hollandaise and Fire Roasted Poblano Flavor Concentrate. Reserve.
- 2. Bring a heavy bottomed pot of water to a boil; reduce to a simmer. Crack eggs into individual ramekins, and add one at a time to the simmering water. Peach for 7-9 minutes or until desired doneness is
- 3. While the eggs are cooking, arrange the grilled chorizo on the English muffins. Remove the poached eggs from the pot with a slotted spoon. Be sure to remove any excess moisture. Place egg on top of the chorizo.
- 4. Top with green chile hollandaise.

Chef's tip

Serve with a side of fruit and whole grain biscuits for a balanced meal.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	533.7				
Energy (Kj)	2282.2				
Protein (g)	25.8				
Carbohydrate, total (g)	20.8				
Fats, total (g)	37.8				
Sugars, total (g)	1.5				
Fats, saturated (g)	15				
Fiber, total dietary (g)	0.9				
Sodium (mg)	1109.2				
Calcium (mg)	44				
Cholesterol (mg)	348.9				
Iron (mg)	3.4				
Vitamin A (μg_RAE)	188.4				
Vitamin C (mg)	5.2				

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The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.