

Little Italy Broth

The base for a true Italian-style family meal.

Yield: 1 gallon

Serving Size: 16 (8 oz) servings
Prep time: 10 minutes
Cook time: 30 minutes



Recipe Details

Ingredients	Weight/M	etric	Measure
Water	128 fl oz	-	1 gal
Tomatoes, petite diced, canned	3 lb 8 oz	1587 g	1-3/4 qt
Minor's® Natural Gluten Free Chicken Base	2.5 oz	72 g	1/4 cup
Minor's Roasted Garlic Flavor Concentrate	2.5 oz	72 g	1/4 cup
Basil, fresh, chopped	.25 oz	9 g	1/4 cup
Oregano, fresh, chopped	-	5 g	2 Tbsp
Pepper, black, ground	-	4 g	1/2 Tbsp

Preparation Steps

- 1. In a 2–3 gallon stockpot, heat the water, tomatoes, Chicken Base, and Roasted Garlic Flavor Concentrate. Simmer for 10–15 minutes to bring out and mellow flavors.
- 2. Remove from heat. Add basil, oregano and pepper. Check seasonings. Hold on soup station.

LITTLE ITALY BROTHS

ORDER GUIDE

>	Dry	7 Goods
	€	☐ 3.5 lbs Tomatoes in juice, petite diced
	€	☐ Black pepper
	€	☐ 1 lb rown rice
	€	☐ 1 lb cannolini beans, optional
	€	\square 1 lb lentils, optional
>	Pro	duce
	**be s	sure to ask your distributor about local seasonal produce
	€	☐ 2 oz basil
	€	☐ 2 oz oregano
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable*
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	* Mu	shrooms, eggplant, olives, kale, chard, tomatoes, fennel, green beans, carrots, onions, celery, artichoke,
	spi	nach, broccoli, zucchini, yellow squash, and bell peppers are all vegetables that work well on this station
>	Pro	tein
	€	☐ 6 lbs boneless skinless chicken thighs
>	Ref	rigerated
	€	☐ MINOR'S® Roasted Garlic Flavor Concentrate 1 tub



LITTLE ITALY BROTHS

PREP GUIDE

Serves: 50

>	Day	y Before Service
	€	☐ Prepare little Italy broth recipe
	€	$\ \square$ Poach, chill, and dice for soup 6 lbs chicken thighs
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	\square Cook 1 lb (dry weight) brown rice
	€	\square Secure 1 lb cannolini beans (optional item)
	€	\square Cook 1 lb (dry weight) lentils (optional item)
>		y of Service E□ Reheat broth to a minimum of 180°F
>	Sta	tion Set Up
	€	☐ Clean uniform
	€	□ Gloves
	€	☐ Sanitizer solution with kitchen towel
	€	\square 3 additional kitchen towels
	€	☐ Refuse container
	€	☐ Soup kettle
	€	☐ 6 oz ladle for soup
	€	$\hfill\Box$ Containers for holding vegetables and other garnishes cold (10)
	€	\square Risers and station decorations
	€	☐ Serving tongs (10)





Spicy Dill Seafood Broth

This broth is a base great for just about any seafood soup application.

Yield: 1 gallon

Serving Size: 16 (8 oz) servings
Prep time: 10 minutes
Cook time: 30 minutes



Recipe Details

Ingredients	Weight/M	letric	Measure
Water	128 fl. oz	_	1 gal
Minor's® Shrimp Base	4.5 oz	126 g	1/3 cup
Minor's Roasted Garlic Flavor Concentrate	3 oz	90 g	5 Tbsp
Minor's Fire Roasted Jalapeño Flavor Concentrate	2 oz	60 g	1/4 cup
Lemon juice	2 fl oz	_	1/4 cup
Garlic, fresh, slivered	2 oz	50 g	3 Tbsp
Old Bay® Seasoning	-	4 g	2 tsp
Paprika, ground	_	2 g	1 tsp
Pepper, white	_	.5 g	1/4 tsp
Dill, fresh, chopped	_	4 g	3 Tbsp

Preparation Steps

- 1. In a 2–3 gallon stockpot, add the water, Shrimp Base, Roasted Garlic Flavor Concentrate, Fire Roasted Jalapeño Flavor Concentrate, lemon juice, garlic, Old Bay Seasoning, paprika, and pepper. Mix well and bring to a simmer for 5–8 minutes.
- 2. Remove from heat and add the dill.
- 3. Season to taste. Hold until service.

Serving Suggestions

If large garnishes such as lemon slices or large herb stems are present in soup stock, ladle around these garnishes when serving broth to customers, leaving them in during service.

SPICY DILL SEAFOOD

ORDER GUIDE

>	Dry	7 Goods
	€	☐ Old Bay seasoning
	€	□ Paprika
	€	☐ White pepper
	€	☐ 1 lb rown rice
	€	\square 1 lb cannolini beans, optional
	€	\square 1 lb lentils, optional
>	Pro	duce
	**be s	ure to ask your distributor about local seasonal produce
	€	\square 2 oz dill
	€	□ 2 lemons
	€	☐ 4 oz garlic
	€	\square 3 lbs local seasonal vegetable*
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
		shrooms, eggplant, olives, kale, chard, tomatoes, fennel, green beans, carrots, onions, celery, artichoke,
	spii	nach, broccoli, zucchini, yellow squash, and bell peppers are all vegetables that work well on this station
>	Pro	tein
		\square 6 lbs 55–60 shrimp (bay scallops, tilapia, or other seafood) works well
>	Ref	rigerated
		☐ MINOR'S® No Added MSG Shrimp Base 1 tub
	€	\square MINOR'S Roasted Garlic Flavor Concentrate 1 tub
	€	\square MINOR'S Fire Roasted Jalapeno Flavor Concentrate 1tub



SPICY DILL SEAFOOD

PREP GUIDE

Serves: 50

>	Day	Before Service
	€	☐ Prepare spicy dill seafood broth recipe
	€	☐ Secure 6 lbs 55–60 shrimp
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	\square Cook 1 lb (dry weight) brown rice
	€	\square Secure 1 lb cannolini beans (optional item)
	€	\square Cook 1 lb (dry weight) lentils (optional item)
>		of Service Reheat broth to a minimum of 180°F
>	Sta	tion Set Up
>	Sta [°]	tion Set Up □ Clean uniform
>		•
>	€	☐ Clean uniform
>	€	☐ Clean uniform ☐ Gloves
>	€ €	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel
>	€ € €	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels
>	€ € €	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container
>	\in \in \in \in	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container ☐ Soup kettle
>	\in \in \in \in \in	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container ☐ Soup kettle ☐ 6 oz ladle for soup
>	$\in \ \in \ \in \ \in \ \in \ \in \ \in \ \in$	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container ☐ Soup kettle ☐ 6 oz ladle for soup ☐ Containers for holding vegetables and other garnishes cold (10)





Sun-Dried Tomato, Basil and Roasted Garlic Broth

A broth with big sun-dried tomato and roasted garlic flavors.

Yield: 1 gallon

Serving Size: 16 (8 oz) servings
Prep time: 10 minutes
Cook time: 30 minutes



Recipe Details

Ingredients	Weight/M	etric	Measure
Water	128 fl oz	-	1 gal
Minor's® Natural Gluten Free Vegetable Base	2.5 oz	72 g	1/4 cup
Minor's Sun Dried Tomato Pesto Flavor Concentrate	2 oz	60 g	1/4 cup
Minor's Roasted Garlic Flavor Concentrate	2 oz	54 g	3 Tbsp
Basil, fresh, chopped	-	2 g	1 tsp
Basil, fresh, large sprig with stems	-	6 g	1 each

Preparation Steps

- 1. In a 2–3 gallon stockpot, add the water, Vegetable Base, Sun Dried Tomato Pesto and Garlic Flavor Concentrates. Mix well and bring to a simmer for 5–8 minutes.
- 2. Remove from heat and add chopped and whole basil.
- 3. Check seasonings and hold until service.

Serving Suggestions

If large garnishes such as lemon slices or large herb stems are present in soup stock, ladle around these garnishes when serving broth to customers, leaving them in during service.

SUNDRIED TOMATO AND BASIL

ORDER GUIDE

>	Dry	Goods
	€	☐ 1 lb brown rice
	€	☐ 1 lb cannolini beans, optional
	€	☐ 1 lb lentils, optional
>	Pro	duce
	**be s	ure to ask your distributor about local seasonal produce
	€	☐ 4 oz basil
	€	☐ 3 lbs local seasonal vegetable*
	€	☐ 3 lbs local seasonal vegetable*
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	€	\square 3 lbs local seasonal vegetable *
	* Mu	shrooms, eggplant, olives, kale, chard, tomatoes, fennel, green beans, carrots, onions, celery, artichoke,
	spii	nach, broccoli, zucchini, yellow squash, and bell peppers are all vegetables that work well on this station
	€	
>	Pro	tein
		☐ 6 lbs boneless skinless chicken thighs
>	Ref	rigerated
		☐ MINOR'S® Natural Gluten Free Vegetable Base 1 tub
	€	☐ MINOR'S Sundried Tomato Pesto Flavor Concentrate 1 tub
	€	☐ MINOR'S Roasted Garlic Flavor Concentrate 1 tub



SUNDRIED TOMATO AND BASIL

PREP GUIDE

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Serves: 50

>	Day	y Before Service
	€	☐ Prepare Sundried Tomato broth recipe
	€	$\ \square$ Poach, chill, and dice for soup 6 lbs chicken thighs
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	☐ Cook 1 lb (dry weight) brown rice
	€	\square Secure 1 lb cannolini beans (optional item)
	€	\square Cook 1 lb (dry weight) lentils (optional item)
	€€€	y of Service E□ Reheat broth to a minimum of 180°F
>	Sta	tion Set Up
	€	☐ Clean uniform
	€	Gloves
	€	☐ Sanitizer solution with kitchen towel
	€	☐ 3 additional kitchen towels
	€	☐ Refuse container
	€	☐ Soup kettle
	€	☐ 6 oz ladle for soup
	€	☐ Containers for holding vegetables and other garnishes cold (10)
	€	☐ Risers and station decorations
	€	☐ Serving tongs (10)





Tuscan Rosemary Lemon Chicken Broth

Bright lemon flavor highlights this chicken broth with herbs.

Yield: 1 gallon

Serving Size: 16 (8 oz) servings
Prep time: 10 minutes
Cook time: 15 minutes



Recipe Details

Ingredients	Weight/M	letric	Measure
Water	128 fl. oz	_	1 gal
Minor's® Natural Gluten Free Chicken Base	3 oz	90 g	5 Tbsp
Lemon juice	2.66 fl oz	_	1/3 cup
Lemon zest	.5 oz	17 g	2 Tbsp
Rosemary, fresh, chopped	-	2 g	1 tsp
Oregano, fresh, chopped	-	2 g	1 tsp
Rosemary, fresh	.5 oz	14 g	2 sprigs
Oregano, fresh	.5 oz	14 g	2 sprigs
Lemon, fresh, sliced thin, no ends	3 oz	85 g	1 each

Preparation Steps

- 1. In a 2–3 gallon stockpot, add the water, Chicken Base, lemon juice, lemon zest, and both chopped and sprigs of rosemary and oregano. Mix well and bring to a simmer for 5–8 minutes.
- 2. Remove from heat and add the sliced lemons.
- 3. Check seasonings and hold until service.

Serving Suggestions

If large garnishes such as lemon slices or large herb stems are present in soup stock, ladle around these garnishes when serving broth to customers, leaving them in during service.

TUSCAN LEMON CHICKEN

ORDER GUIDE

>	Dry	7 Goods
	€	☐ 1 lb brown rice
	€	☐ 1 lb cannolini beans, optional
	€	☐ 1 lb lentils, optional
>	Pro	duce
	**be s	sure to ask your distributor about local seasonal produce
	€	☐ 7 lemons
	€	☐ 4 oz rosemary
	€	☐ 4 oz oregano
	€	☐ 3 lbs local seasonal vegetable*
	€	☐ 3 lbs local seasonal vegetable*
	€	☐ 3 lbs local seasonal vegetable*
	€	\square 3 lbs local seasonal vegetable*
	€	☐ 3 lbs local seasonal vegetable*
	€	☐ 3 lbs local seasonal vegetable*
	* Mu	shrooms, eggplant, olives, kale, chard, tomatoes, fennel, green beans, carrots, onions, celery, artichoke,
	spi	nach, broccoli, zucchini, yellow squash, and bell peppers are all vegetables that work well on this station
	€	
>	Pro	tein
		☐ 6 lbs boneless skinless chicken thighs
>	Ref	rigerated
	€	☐ MINOR'S® Natural Gluten Free Chicken Base 1 tub



TUSCAN LEMON CHICKEN

PREP GUIDE

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Serves: 50

>	Day	7 Before Service
	€	$\ \square$ Prepare Tuscan lemon chicken broth recipe
	€	$\ \square$ Poach, chill, and dice for soup 6 lbs chicken thighs
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill\square$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	$\hfill \Box$ Cut for soup, blanch and shock 3 lbs local seasonal vegetables
	€	☐ Cook 1 lb (dry weight) brown rice
	€	\square Secure 1 lb cannolini beans (optional item)
	€	\square Cook 1 lb (dry weight) lentils (optional item)
>		of Service ☐ Reheat broth to a minimum of 180°F
>		
	Sta	tion Set Up
	Sta €	tion Set Up □ Clean uniform
		•
	€	☐ Clean uniform
	€	☐ Clean uniform ☐ Gloves
	€ €	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel
	€ € €	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels
	€ € €	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container
	$\in \in \in \in $	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container ☐ Soup kettle
	\in \in \in \in \in	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container ☐ Soup kettle ☐ 6 oz ladle for soup
	$\in \ \in \ \in \ \in \ \in \ \in \ \in$	☐ Clean uniform ☐ Gloves ☐ Sanitizer solution with kitchen towel ☐ 3 additional kitchen towels ☐ Refuse container ☐ Soup kettle ☐ 6 oz ladle for soup ☐ Containers for holding vegetables and other garnishes cold (10)

