

## Shrimp Taco



Serve street tacos inspired by the sea with shrimp, cabbage, jalapeño corn salsa and Red Chile Adobo crema.

Yield	3 oz.
Serves	1
Preparation time	1 minute

### Recipe details

Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
1	oz	1 each		Tortilla, flour, 6" 98% fat free	
1.5	oz			Shrimp, peeled and cooked	
1/2	oz	1/4 cup		Cabbage, white	
1/2	oz	1 tbsp		Jalapeno Corn Salsa - prepared	(see recipe)
1	tsp			Red Chile Adobo Crema - prepared	(see recipe)

### Preparation Steps

1. Top tortilla with shrimp and chosen vegetables.
2. Add chosen toppings, salsas, and/or sauces.

### Nutrition

Nutritional analysis per serving	
Energy (Kcal)	133
Energy (KJ)	576.6
Protein (g)	12
Carbohydrate, total (g)	18.4
Fats, total (g)	1.5
Sugars, total (g)	1.9
Fats, saturated (g)	0.5
Fiber, total dietary (g)	1.5
Sodium (mg)	294.7
Calcium (mg)	53.6
Cholesterol (mg)	83.3
Iron (mg)	2.1
Vitamin A (µg_RAE)	37.7
Vitamin C (mg)	7.7

The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.