



Green Chile Crema



A fresh and flavorful Latin crema enhanced with smoky poblano, onions, garlic, cilantro and lime juice.

 Yield
 2-1/4 cups

 Serves
 108

 Preparation time
 5 minutes

Recipe details					
Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
12.5	oz		1-1/2 cups	Sour Cream, reduced fat, cultured	or Fat free
4	oz		1/2 cup	Mayonnaise, fat free	
1	oz		2 tbsp	MINOR'S® Fire Roasted Poblano Flavor Concentrate Gluten Free (6x13.6oz)US	
1	fl oz		2 tbsp	Lime juice, fresh	

Preparation Steps

1. Whisk together sour cream, mayonnaise, lime juice and Fire Roasted Poblano Flavor Concentrate.

Chef's tip

For additional flavored crema concepts, refer to the Signature Sauce Matrix.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	5.8				
Energy (Kj)	25.6				
Protein (g)	0.1				
Carbohydrate, total (g)	0.4				
Fats, total (g)	0.4				
Sugars, total (g)	0.1				
Fats, saturated (g)	0.3				
Fiber, total dietary (g)	0				
Sodium (mg)	15.6				
Cholesterol (mg)	1.4				
Iron (mg)	0				
Vitamin A (µg_RAE)	4.3				
Vitamin D (μg)	0.3				





Jalapeño Avocado Pulp



Avocado, fresh lime juice and Minor's Fire Roasted Jalapeño Flavor Concentrate create a flavorful base for customizable guacamole.

Yield 38 oz.

Serves 19

Preparation time 3 minutes

Recipe details Qty Unit Alt Qty Alt Unit Ingredient Preparation 2 Ib 1 qt Avocado pulp 2 If oz 1/4 cup Lime juice, fresh 4 oz 1/2 cup MINOR'S® Fire Roasted Jalapeño Flavor Concentrate Gluten Free (6x13.6oz)US

Preparation Steps

1. On the day of service, thoroughly combine the avocado, Fire Roasted Jalapeno Flavor Concentrate and lime juice.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	85.8				
Energy (Kj)	361.4				
Protein (g)	1.1				
Carbohydrate, total (g)	5.1				
Fats, total (g)	7.6				
Sugars, total (g)	0.6				
Fats, saturated (g)	1.1				
Fiber, total dietary (g)	3.3				
Sodium (mg)	104.5				
Calcium (mg)	7.6				
Cholesterol (mg)	0				
Iron (mg)	0.4				
Fats, monounsaturated (g)	5				
Fats, polyunsaturated (g)	1.1				
Vitamin A (µg_RAE)	4.2				
Vitamin C (mg)	14.6				
Vitamin D (µg)	0				

 $\label{thm:condition} \textit{The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.}$





Jalapeño Corn Salsa



A versatile speed scratch salsa featuring sweet corn, fresh tomatoes, scallions, cilantro and a little heat from *Minor's*® Jalapeño Flavor Concentrate. Serve as a side dish or fresh topping.

 Yield
 6-1/4 lbs.

 Serves
 50

 Preparation time
 5 minutes

Recipe details

Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
40	oz		1-1/2 qts	Corn	roasted kernels
6.25	oz		3 cups	Scallions	chopped
53	oz		1-1/2 qts	Jalapeño Pico De Gallo - prepared	(see recipe)

Preparation Steps

1. Combine com, scallions, and Minor's flavored Jalapeño Pico de Gallo.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	27.6				
Energy (Kj)	115.7				
Protein (g)	1.1				
Carbohydrate, total (g)	6				
Fats, total (g)	0.4				
Sugars, total (g)	1.7				
Fats, saturated (g)	0.1				
Fiber, total dietary (g)	1.1				
Sodium (mg)	18.5				
Calcium (mg)	6.9				
Cholesterol (mg)	0				
Iron (mg)	0.3				
Fats, monounsaturated (g)	0.1				
Fats, polyunsaturated (g)	0.2				
Vitamin A (μg_RAE)	17				
Vitamin C (mg)	6.8				
Vitamin D (μg)	0				



Jalapeño Pico De Gallo



A spicy salsa fresca made from ripe tomatoes, sweet red onion, fresh cilantro with notes of onion, lime juice and smokiness from Minor's® Fire Roasted Jalapeño Flavor Concentrate.

Yield 9 lbs.
Serves 144
Preparation time 15 minutes

Recipe details					
Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
99	oz		4-1/2 qts	Tomatoes	seeded, diced
1	lb		1 qt	Red onions	small diced
3	oz		1/2 cup	MINOR'S® Fire Roasted Jalapeño Flavor Concentrate Gluten Free (6x13.6oz)US	
3	OZ		1 cup	Cilantro	chopped

Preparation Steps

1. Add tomatoes, onions, Fire Roasted Jalapeno Flavor Concentrate and cilantro to a bowl. Fold together until thoroughly combined.

Chef's tip

For a milder Pico De Gallo, substitute Fire Roasted Poblano Flavor concentrate.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	5.5				
Energy (Kj)	23.2				
Protein (g)	0.2				
Carbohydrate, total (g)	1.1				
Fats, total (g)	0.1				
Sugars, total (g)	0.7				
Fats, saturated (g)	0				
Fiber, total dietary (g)	0.3				
Sodium (mg)	11.5				
Calcium (mg)	3.1				
Cholesterol (mg)	0				
Iron (mg)	0.1				
Fats, monounsaturated (g)	0				
Fats, polyunsaturated (g)	0				
Vitamin A (µg_RAE)	10.3				
Vitamin C (mg)	3.7				
Vitamin D (μg)	0				





Poblano Avocado Pulp



Mix together poblano avocado pulp with jalapeño corn salsa, ripe mango and black beans for an authentic addition to any meal.

 Yield
 38 oz.

 Serves
 19

 Preparation time
 3 minutes

Recipe	detai	ls			
Qt	/ U	Init Alt Qty	Alt Unit	Ingredient	Preparation
:	2 lb)	1 qt	Avocado	pulp
	4 0	Z	1/2 cup	MINOR'S® Fire Roasted Poblano Flavor Concentrate Gluten Free (6x13.6oz)US	
	2 fl	OZ	1/4 cup	Lime juice, fresh	

Preparation Steps

1. On the day of service, thoroughly combine the avocado, Fire Roasted Poblano Flavor Concentrate and lime juice.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	86.2				
Energy (Kj)	363.3				
Protein (g)	1.1				
Carbohydrate, total (g)	5.2				
Fats, total (g)	7.6				
Sugars, total (g)	0.6				
Fats, saturated (g)	1.1				
Fiber, total dietary (g)	3.3				
Sodium (mg)	104.4				
Calcium (mg)	7.7				
Cholesterol (mg)	0				
Iron (mg)	0.4				
Fats, monounsaturated (g)	5				
Fats, polyunsaturated (g)	1				
Vitamin A (µg_RAE)	78.5				
Vitamin C (mg)	14				
Vitamin D (µg)	0				

 $\label{thm:condition} \textit{The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.}$





Red Chile Adobo Crema



Cool cream balances the mild heat of dried Ancho peppers and is enhanced by layers of tomato, garlic and Latin spices from Minor's® Red Chile Adobo Flavor Concentrate.

 Yield
 2-1/4 cups

 Serves
 108

 Preparation time
 5 minutes

Recipe de	Recipe details				
Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
12.5	oz		1-1/2 cups	Sour cream, fat-free	
4	oz		1/2 cup	Mayonnaise, fat-free	
1	fl oz		2 tbsp	Lime juice, fresh	
1/2	OZ		1 tbsp	MINOR'S® Red Chile Adobo Flavor Concentrate Gluten Free (6x13.6oz)US	

Preparation Steps

1. Whisk together sour cream, mayonnaise, lime juice and Red Chile Adobo Flavor Concentrate.

Chef's tip

For additional flavored crema concepts, refer to the Signature Sauce Matrix.

Nutrition

Nutritional analysis per serving					
Energy (Kcal)	3.6				
Energy (Kj)	15.2				
Protein (g)	0.1				
Carbohydrate, total (g)	0.7				
Fats, total (g)	0				
Sugars, total (g)	0.1				
Fats, saturated (g)	0				
Fiber, total dietary (g)	0				
Sodium (mg)	13.9				
Cholesterol (mg)	0.4				
Iron (mg)	0				
Vitamin A (µg_RAE)	3.6				