# **CHOPPED SHAKER SALADS**

#### ORDER GUIDE

#### Order Guide for **50** Servings

>	Dry Goods								
	☐ Minor's® shelf-stable Ready-to-Use (RTU) sauces to create premium dressings (see House-made								
	Dressings or Signature Dressing Matrix for recipes and ingredient lists)								
	☐ 1 lb each dried fruit and/or nuts and seeds								
	☐ 1.5 lbs dry ancient grains (see ancient grains cooking table)*								
	☐ 1 qt Minor's House-made Toppings (see recipes for ingredient lists)								
	☐ 50 shaker salad containers								
	*Additional grain ideas: amaranth, barley, farro, kamut, millet, quinoa, rice, wheat berries, wild rice, and many other grain options may all be added to increase guest customization.								
>	Produce								
	Be sure to ask your distributor about local seasonal produce.								
	☐ 3 lbs local seasonal produce ☐ 3 lbs local seasonal produce								
	☐ 3 lbs local seasonal produce ☐ 3 lbs local seasonal produce								
	☐ 3 lbs local seasonal produce ☐ 3 lbs local seasonal produce								
	☐ 3 lbs local seasonal greens^								
	^Additional ideas for salad greens: arugula, baby beet, bibb or boston lettuce, cabbage, chard, dandelion greens, endive, escarole, frisee, kale, iceberg, little gem lettuce, leaf lettuce varieties, mesclun, mizuna, radicchio, romaine, spinach, shaved brussels sprouts, baby tat soi, and watercress all work well on this station. For increased guest customization, offer a variety of items and let your guests decide which options they would like.								
>	Protein								
	☐ 5-8 lbs protein <sup>&gt;</sup>								
	Additional protein ideas: bacon, beef, chicken, fish, ham, pork, sausage, shellfish, tempeh, and tofu marinated in Minor's Flavor Concentrates all work well on this station. For increased guest customization, use a combination of meats and let your guests decide which options they would like.								
>	Dairy								
	☐ 3 lbs cheese (optional) <sup>+</sup>								
	<sup>†</sup> Additional cheese ideas: blue cheeses, cheeses with inclusions like peppers or herbs, cojita, feta, fresh mozzarella, goat cheese, halloumi, paneer, parmesan, queso fresco, smoked cheeses, and many other options may all be added to increase guest customization.								
>	Refrigerated								
	<ul> <li>1 tub Minor's Roasted Mirepoix Flavor Concentrate (Gluten Free) or Low Sodium Chicken Base (Gluten Free) for cooking grains</li> </ul>								
	<ul> <li>Minor's Flavor Concentrates (see House-made Dressings or Signature Dressing Matrix for premium recipes and ingredient lists)</li> </ul>								
	☐ 1 tub Minor's Culinary Cream (see Signature Dressing Matrix for recipes and ingredient lists)								

PROFESSIONAL

### **SEASONAL PRODUCE**

#### **ORDER GUIDE**

Seasonal produce availability varies by region. Be sure to ask your distributor about local seasonal produce. For increased guest customization, use a combination of vegetables and fruits and let your guests decide.

>	Spring	9							
			Artichokes Belgian endive Chives Jicama Red leaf lettuce Vidalia onions		Arugula Bibb lettuce Fennel Mushrooms Spring snow peas Watercress		Asparagus Broccoli Fiddlehead ferns Peas Spinach		Baby greens Cauliflower Green beans Radicchio Sugar snap peas
> Summer									
	Vegetak	oles	Artichokes Cucumbers Hot peppers Sugar snap peas Zucchini		Beets Eggplant Radish Summer squashes		Bibb lettuce Endive Red leaf lettuce Swiss chard		Broccoli Green beans Snow peas Tomatoes
	Fruits		Apricots Cherries Peaches Strawberries		Asian pears Figs Pineapples Watermelon		Berry varieties Grapes Plums		Cantaloupes Honeydew melons Raspberries
>	Fall								
	Vegetab	oles							
			Acorn squash Broccoli Daikon radish Kale Radicchio Swiss chard		Arugula Brussels sprouts Endive Kohlrabi Sunchokes Winter squash		Belgian endive Butternut squash Hot peppers Mushrooms Sweet potatoes Zucchini		Bibb lettuce Cauliflower Jicama Pumpkin
	Fruit								
			Apples Pears		Cranberries Pomegranate		Grapes		Kumquats
>	> Winter								
	Vegetak	oles	Acorn squash Cauliflower Sweet potatoes		Belgian endive Collard greens Winter squash		Brussels sprouts Jicama		Butternut squash Kale
	Fruit		Citrus Kiwi Pineapples		Dates Oranges Pomegranate		Grapefruit Pear		Cleet



# **CHOPPED SHAKER SALADS**

PREP GUIDE

Serves: **50** 

All preparation and set-ups must be in accordance with the health department regulations and follow standard operator procedures and policies.

>	Day Before Service
	☐ Cook 1.5 lbs of ancient grains (see ancient grains cooking table)
	☐ Crumble/grate 3 lbs cheese
	☐ Prepare 5-8 lbs Minor's® marinated proteins (and/or signature vegetable recipes)
	<ul> <li>Prepare 3 Minor's premium dressings (using House-made Dressing recipes or Signature Dressing matrix)</li> </ul>
	☐ Prepare 1 qt Minor's House-made topping(s)
	☐ Secure and prepare 18 lbs local seasonal produce (3 lbs each of 6 varieties)
	☐ Secure and prepare 5-10 lbs local seasonal greens
	☐ Secure and prepare 1 lb each dried fruit and/or nuts and seeds
	☐ Secure shaker containers (50)
>	Day of Service
	☐ Chop fresh herbs and/or highly perishable vegetables for station
	☐ Heat (optional) and chop protein and/or signature vegetable
>	Station Set Up
	☐ Portable burner (optional)
	☐ Check the burner's function, power and/or fuel
	☐ Appropriately sized non-stick sauté pans or griddle pan (optional)
	☐ Heat proof spatula
	☐ Tongs for serving marinated proteins
	☐ Containers for holding ingredients cold (13)
	☐ Serving utensils for cold ingredients (13)
	☐ Containers for holding dressings cold (3)
	☐ Ladles for dressings (3)
	☐ Large bowls for tossing salads (3)
	☐ Tongs for serving salads (3)
	☐ Risers, point-of-sale materials, and station decorations
	☐ Clean uniform
	Gloves
	☐ Sanitation bucket with towel
	☐ Additional towels (3)
	☐ Refuse container

