



## Chipotle Marinated Pork Loin



Slow roasted pork tenderloin marinated with a smoky Chipotle rub for an ultra tender, savory result with hints of garlic, grilled onions and latin spices. The marinade owes its firepower to chipotle chiles, which are smoked and quickly grilled for an amazing flavor and a touch of heat.

 Yield
 9 lbs

 Serves
 50

 Preparation time
 2 minutes

 Cooking time
 30 - 60 minutes

## Recipe details

Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
10	lb			Pork loin	
6	oz		3/4 cup	MINOR'S® Chipotle Flavor Concentrate Gluten Free 6x14.4 oz.	

## Preparation Steps

- 1. Rub pork loin with Chipotle Flavor Concentrate. Marinate, refrigerated, for at least 4 hours.
- 2. On the day of service, roast at 350°F until doneness is achieved. Allow roast to rest for 10-12 minutes before slicing.

#### Chef's tip

Rub with marinade the day before service, and marinate overnight.

# Nutrition

Nutritional analysis per serving					
Energy (Kcal)	138.9				
Energy (Kj)	583.4				
Protein (g)	19.5				
Carbohydrate, total (g)	1.2				
Fats, total (g)	5.6				
Sugars, total (g)	0.3				
Fats, saturated (g)	1.9				
Fiber, total dietary (g)	0.1				
Sodium (mg)	130.3				
Calcium (mg)	18.1				
Cholesterol (mg)	53.5				
Iron (mg)	0.8				
Vitamin A (µg_RAE)	16.6				
Vitamin C (mg)	0.6				

The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.





## Grilled Marinated Zucchini



Tender zucchini slices marinated in a blend of Minor's Roasted Garlic and Chipotle Flavor Concentrates offer a filling vegetarian, gluten-free option packed with bold flavor.

Yield 8 oz

Preparation time 5 minutes

Cooking time 8 minutes

## Recipe details

Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
.5	fl oz		1 tbsp	Olive oil	
.5	oz		1 tbsp	MINOR'S® Roasted Garlic Flavor Concentrate Gluten Free 6x1 lb.	
1	tsp			MINOR'S® Chipotle Flavor Concentrate 6x14.4 oz.	
8	oz		8 each	Zucchini	sliced into 1" rounds

# Preparation Steps

- 1. Whisk together the olive oil, Roasted Garlic and Chipotle Flavor Concentrates.
- 2. Toss zucchini rounds with marinade. Marinate for at least 4 hours.
- 3. Grill zucchini until tender and lightly charred.

## Chef's tip

Rub with marinade the day before service and marinate overnight.

## Nutrition

Nutritional analysis per serving				
Energy (Kcal)	24.5			
Energy (Kj)	104.2			
Protein (g)	0.4			
Carbohydrate, total (g)	1.7			
Fats, total (g)	1.9			
Sugars, total (g)	0.8			
Fats, saturated (g)	0.3			
Fiber, total dietary (g)	0.4			
Sodium (mg)	77.1			
Calcium (mg)	5.1			
Cholesterol (mg)	0			
Iron (mg)	0.1			
Vitamin A (μg_RAE)	7			
Vitamin C (mg)	4.8			

The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.





## Poblano Marinated Chicken



A gentle toss in savory Fire Roasted Poblano-oil infuses lean chicken with rich flavor while tenderizing the meat. The mellow heat of the roasted chiles is accented by hints of tangy lime, onions, garlic, and a punch of cilantro that drives home the authentic latin taste.

 Yield
 15 lbs.

 Serves
 50

 Preparation time
 2 minutes

#### Recipe details

Qty	Unit	Alt Qty	Alt Unit	Ingredient	Preparation
16	fl oz		2 cups	Canola oil	
1	lb		2 cups	MINOR'S® Fire Roasted Poblano Flavor Concentrate Gluten Free (6x13.6oz)US	
15	lb		50 each	Chicken	thighs

#### **Preparation Steps**

- 1. Whisk together the oil and Fire Roasted Poblano Flavor Concentrate.
- 2. Add chicken thighs and toss until all pieces are evenly coated.
- 3. Marinate, refrigerated, for a minimum of 4 hours.

## Chef's tip

Rub with Marinade the day before service and marinate overnight.

# Nutrition

Nutritional analysis per serving	
Energy (Kcal)	386.6
Energy (Kj)	1621.6
Protein (g)	25.6
Carbohydrate, total (g)	1.3
Fats, total (g)	30.5
Sugars, total (g)	0.4
Fats, saturated (g)	6.6
Fiber, total dietary (g)	0.2
Sodium (mg)	248.8
Calcium (mg)	17.4
Cholesterol (mg)	102.1
Iron (mg)	1.4
Fats, monounsaturated (g)	14.4
Fats, polyunsaturated (g)	7.4
Vitamin A (µg_RAE)	170
Vitamin C (mg)	14.8
Vitamin D (μg)	0.3

The nutritional analysis is based on a theoretical computation, not on a laboratory analysis.