

Enjoy daily workshops in an encouraging and relaxing atmosphere. There will also be ample time to unwind and discover the nearby medieval market towns and chateaux...



Your home will be a 14th-Century French farmhouse, with a heated pool and peaceful orchards. Courses this year include Wine Tasting, Art, and Zen Meditation and Yoga. They are open to people of all ages and abilities



Inspiring retreats in the heart of the French Loire, coming this summer...



Retreat to The Farm

Art for creatives
Zen Meditation and Yoga
Wine Tasting



Spaces are limited to just 10 guests. Prices start at £550pp if sharing, or £600 for a single room.

This includes all accommodation, workshops, and lovingly prepared food during your stay, excludes travel. 20% of the proceeds will be donated to the non-profit charity African Vision Malawi.



For more information about the retreats and how to book, please visit...

www.retreattothefarm.co.uk