**50 Days to Bedazzle Your Lover**

**Specific Intention/Action Guide**

*Enjoy the following list of Specific Intentions and Specific Actions. This collection will help you bedazzle your lover and transform your love life into the legendary. We filled in the intentions, your job is to come up with specific actions to match. We know you have fantastic ideas! We have faith in you, and look forward to you sharing your ingenious suggestions on www.divorced-guy.com.*

*Cheers,*

***The List:***

**1- Lighten Up**

Specific Intention for Today:

*I intend to share fun times with my to my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2- Woo each Other**

Specific Intention for Today:

*I intend to impress and surprise my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3- Laugh out Loud**

Specific Intention for Today:

*I intend to laugh loudly with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4- Leave the Kids Behind**

Specific Intention for Today:

*I intend to spend an evening - without the kids - with my lover*.

Specific Action for Today:

*I will \_*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**5- Bask in the Dating Romance**

Specific Intention for Today:

*I intend to bring back the early dating romance with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**6- Carpe diem your life**

Specific Intention for Today:

*I intend to seize the moment with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7- Engage Your Senses**

Specific Intention for Today:

*I intend to vividly touch, see, hear, smell, and taste my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**8- Share Some Secrets**

Specific Intention for Today:

*I intend to share something deep with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**9- Do the Right Thing**

Specific Intention for Today:

*I intend to behave with honor towards my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**10- Navigate a Two-Way Street**

Specific Intention for Today:

*I intend to consider both points of view with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**11- Appreciate Each Other**

Specific Intention for Today:

*I intend to have high regard towards my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**12- See the Big Picture**

Specific Intention for Today:

*I intend to rise to 30,000 feet with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**13- Lose the Argument to Win Big**

Specific Intention for Today:

*I intend to agree and not argue with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**14- Listen with Your Ears and with Your Heart**

Specific Intention for Today:

*I intend to open my heart while listening to my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**15- Raise the Volume of Your Character**

Specific Intention for Today:

*I intend to work on improving myself for my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**16- Protect and Provide**

Specific Intention for Today:

*I intend to protect and generously provide for my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**17- Forgive and Forget**

Specific Intention for Today:

*I intend to forgive and forget any wrongful actions of my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**18- Give More than you Take**

Specific Intention for Today:

*I intend to give with generosity to my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**19- Love and Respect**

Specific Intention for Today:

*I intend to show respect to my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**20- Win the Game of Love**

Specific Intention for Today:

*I intend to joyously play with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**21- Unlock the Mystery of One**

Specific Intention for Today:

*I intend to connect on all four levels with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**22- Look in the Mirror**

Specific Intention for Today:

*I intend to reflect upon my own actions towards my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**23- Speak the Language of Love**

Specific Intention for Today:

*I intend to work on the Five Love Languages with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**24- Complete Each other**

Specific Intention for Today:

*I intend to vehemently assist and lift up my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**25- Feel the Power of Positive Living**

Specific Intention for Today:

*I intend to create a positive environment with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**26- Figure your Dollars and Cents**

Specific Intention for Today:

*I intend to manage money fairly and generously with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**27- Dream Big Together**

Specific Intention for Today:

*I intend to accomplish our dreams with my lover.*

Specific Action for Today:

*I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**28- Delve deep into Intimacy**

Specific Intention for Today:

*I intend to be romantic with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**29- Light up your Chemistry Class**

Specific Intention for Today:

*I intend to understand our chemistry with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**30- Be Friends with Your Lover**

Specific Intention for Today:

*I intend to be friends and have fun with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**31- Embrace Time Apart**

Specific Intention for Today:

*I intend to dedicate alone time for both me and my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**32- Live the Wonderful Life**

Specific Intention for Today:

*I intend to enjoy this wonderful life with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**33- Inhale Adventure and Adrenaline**

Specific Intention for Today:

*I intend to pump up the activity level with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**34- Finesse your Honesty**

Specific Intention for Today:

*I intend to be truthful while considerate towards my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**35- Consider Mind and Heart**

Specific Intention for Today:

*I intend to connect emotionally and intellectually with to my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**36- Love Actually**

Specific Intention for Today:

*I intend to be aware of my love for my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**37- Learn about your different Brains**

Specific Intention for Today:

*I intend to study our unique intellects with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**38- Discover the Reality of your Love**

Specific Intention for Today:

*I intend to make love tangible with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**39- Find Love Despite the Difficulty**

Specific Intention for Today:

*I intend to embrace the illusive love with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**40- Cultivate Yourself**

Specific Intention for Today:

*I intend to enrich and educate myself for my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**41- Wear you Lover’s Shoe**

Specific Intention for Today:

*I intend to regard the feelings of my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**42- Drip with Confidence**

Specific Intention for Today:

*I intend to be sure and confidant with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**43- Give up Control**

Specific Intention for Today:

*I intend to be non-controlling with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**44- Go Against the Grain**

Specific Intention for Today:

*I intend to take the path less trodden with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**45- Smell Hot, not Average**

Specific Intention for Today:

*I intend to share attractive essence with my lover.*

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**46- Leave Spicy, Sweet, and Surprising Notes**

Specific Intention for Today:

*I intend to write various types of notes for my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**47- Think up Romantic Date Ideas**

Specific Intention for Today:

*I intend to plan unusual and romantic dates with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**48- Reinvent the Kiss . . . and the Rest!**

Specific Intention for Today:

*I intend to enhance and advance kissing, and the rest, with my lover*!

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**49- Treat others like . . .**

Specific Intention for Today:

*I intend to be conscious of how I ‘Treat’ my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**50- Choose Humility over Pride**

Specific Intention for Today:

*I intend to be selfless with my lover*.

Specific Action for Today:

*I will* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_