Lists and For vs. While

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Lists

Creating a list of numbers

```
numbers = [1, 2, 3, 4, 5]
```

Iterating over a list

```
numbers = [1, 2, 3, 4, 5]
for number in numbers:
    print(number)
```

```
numbers = [1, 2, 3, 4, 5]
i = 0
while i < len(numbers):
    print(numbers[i])
    i += 1</pre>
```

Notables:

- ▶ for ... in ...
- ▶ len

Looping over a range of numbers

Notables:
range

```
for i in range(1, 6):
    print(i)
    i = 1
    while i <= 5:
    print(i)
    i += 1</pre>
```

Looping over a range of numbers with stepping

```
for i in range(1, 11, 2):
    print(i)
    i = 1
    while i < 11:
    print(i)
    i += 2</pre>
```

Notables:

range with a positive stepping value

Looping over a range of numbers with stepping

```
for i in range(10, 0, -2):
    print(i)
    i = 10
    while i > 0:
    print(i)
    i -= 2
```

Notables:

► range with a negative stepping value

Lists of things other than numbers

```
Creating a list
  fruits = ['apple', 'banana', 'orange', 'grape', 'kiwi']
Iterating over a list
                                     Modifying a list
for fruit in fruits:
                                     fruits[1] = 'pear'
                                     print(fruits)
    print(fruit)
Accessing elements in a list
                                    Adding an element to a list
print(fruits[0])
                                     fruits.append('nectarine')
print(fruits[1])
                                     print(fruits)
print(fruits[2])
                                     Removing an element from a list
Slicing a list
                                     fruits.remove('banana')
print(fruits[1:3])
                                     print(fruits)
```