## 7 Ways to Improve the Virtual Experience -Exploring the Hidden Obstacles of Mainstream Virtual Reality

Andrey Krekhov

October 4, 2015 Version: My First Draft

#### Clean Thesis Style University

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October 4, 2015

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#### **Abstract**

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

## Abstract (different language)

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### Acknowledgement

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Introduction

Annti tweeted: VR bad. is it true? Fin: VR isnt good, but research makes it better. Does it fix it? No. BUT: curiosity is human nature, and everyone in the studies loved trying vr. So, even if it is only an intermediate solution, we should keep it, because we are humans, after all.

Locomotion in VR

Curiosity and the thirst for exploration are an important part of human nature. It is not surprising how easy we tend to lose ourselves in large, open game worlds, spending countless hours on roaming around unknown terrain. Hence, locomotion ever since had an important role in game design. And while this challenge is solved to a large extent in common digital games, locomotion techniques in virtual reality (VR) remain a large obstacle to this day.

This chapter discusses the challenges of VR locomotion and outlines a number of available solutions that allow the exploration of fictional worlds. We begin by looking at two important components of VR that one might also call the curse and blessing of such immersive setups: cybersickness and presence. In particular, we explain why common locomotion approaches, such as mouse and keyboard, are not viable in VR, and how the high degree of immersion allows the players to experience a feeling of being in the virtual world.

The main part of the chapter focuses on classifying the past and ongoing research on VR locomotion. We discuss a broad spectrum of possibilities to move in VR, ranging from stationary approaches relying on gamepads to advanced redirected walking techniques that trick our perception to enable unrestricted natural walking in a limited space. Finally, we propose a set of design guidelines to simplify the implementation of player locomotion in future VR games.

#### 2.1 Motivation

Exploration is awesome. (see paper of Sebastian/Outstanding for formulations) Examples: Witcher, Skyrim.

Exploration became more awesome in VR. The setups are available and more and more devs target that audience. The HW helps to immerse, feel present in the world, thus, explo should be even cooler.

BUT: one of the show stoppers is navigation/locomotion. How to explore the world? M/KBD dont work. (First, reduce immersion, second, lead to cybersickness. Briefly explain cybersickness.) Therefore, the goal of the chapter is to examine possible locomotions and discuss their pros and cons.

Outline: we introduce the most natural locomotion, state why it is best and yet not possible. Second, to stay in the "natural" area, we look at hardware-based substitutions. Finally, we explore current advances in locomotion alternatives implemented in SW and based on, e.g., perceptual phenomena like redirected walking.

## 2.2 The Nature of VR: Presence and Cybersickness

Briefly explain why VR is different and needs a separate chapter on locomotion.

#### 2.3 VR Locomotion Landscape

We will start by static (non-walking) locomotion mechanics known from traditional games: Gamepads. Then transition to more "immersive" input, yet same mechanics: gestures, head movement, gaze. Finally, we explore VR-specific approaches: teleport as state of the art in games. Natural walking as non-plus-ultra, in combi with WiM as alternative for MSVE.

#### 2.3.1 Stationary Approaches

Similar to non-VR games, some VR HW does not support player movement, and game devs need to work around it. This section focuses on such techniques.

#### Traditional I/O Approaches

Mouse and kbd and gamepad and joystick, look at STAR.

#### **Gestures**

Head motion, arm swinging, (maybe human joystick - look it up), all sorts of climbing games. No knowledge here - maybe it does not exist and should be assimilated by "physical walking".

#### **Teleportation**

Arc-based teleport as state of the art. Also dashes/NODES. Mention that it seldom used on its own but often in combi with walking.

#### 2.3.2 Walking-Centered Techniques

Approaches that include or resemble our most intuitive locomotion: walking.

**Natural Walking** 

**Physical Treadmills** 

Walking in Place

**Redirected Walking** 

#### **Multiscale Navigation**

(example) GulliVR changes the size ratio between the virtual body and the virtual world. Hence, in the broader sense, our approach can be classified as a multiscale virtual environment (MSVE) navigation. In that context, the technique that most resembles GulliVR is *GiAnt* by Argelaguet et al. [AM16], but with the focus on automated speed and scale factor adjustments to account for negative effects such as diplopia [Lam+09]. Similar to our findings, the authors emphasize the advantages of providing a navigation speed that is perceived to be constant by users.

#### 2.4 Design Implications

Put all charts here! (realism vs difficulty, physical effort, ...) Consider audience and goal of the game. Should players get physically active? Or rather relaxed? How fast-paced is the game? Design around cybersickness and presence, keep in mind that natural walking is superior to most other things.

## Bibliography

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- [Lam+09] Marc Lambooij, Marten Fortuin, Ingrid Heynderickx, and Wijnand IJsselsteijn. "Visual discomfort and visual fatigue of stereoscopic displays: A review". In: *Journal of Imaging Science and Technology* 53.3 (2009), pp. 30201–1 (cit. on p. 5).

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## **Declaration**

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solely and only with the help of the references you mentioned.
City, October 4, 2015

Andrey Krekhov