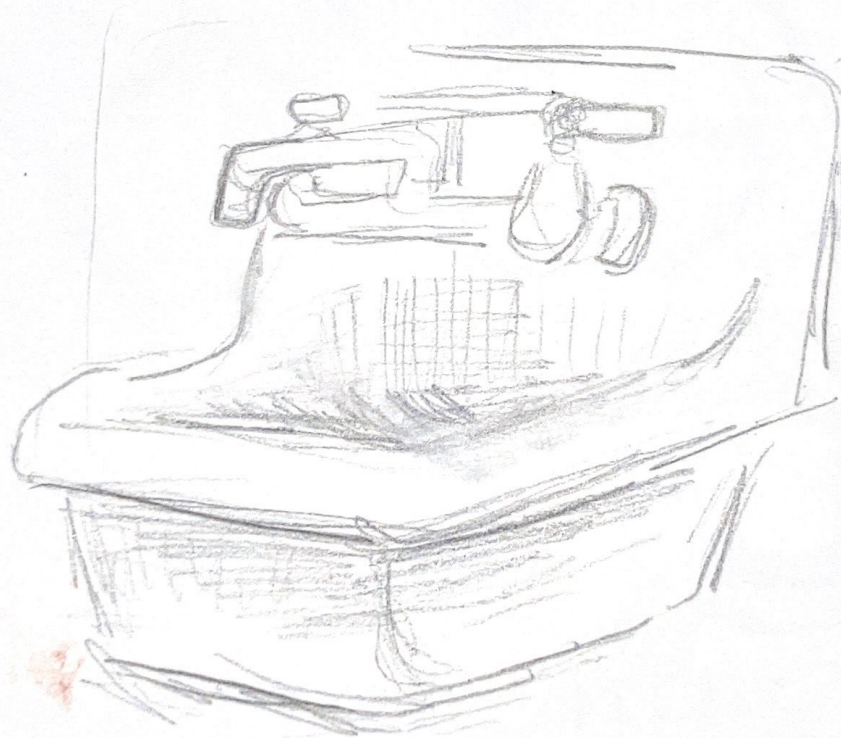


Warm-up
Sketches



HW 1 - DIAGNOSTIC BRAINSTORM

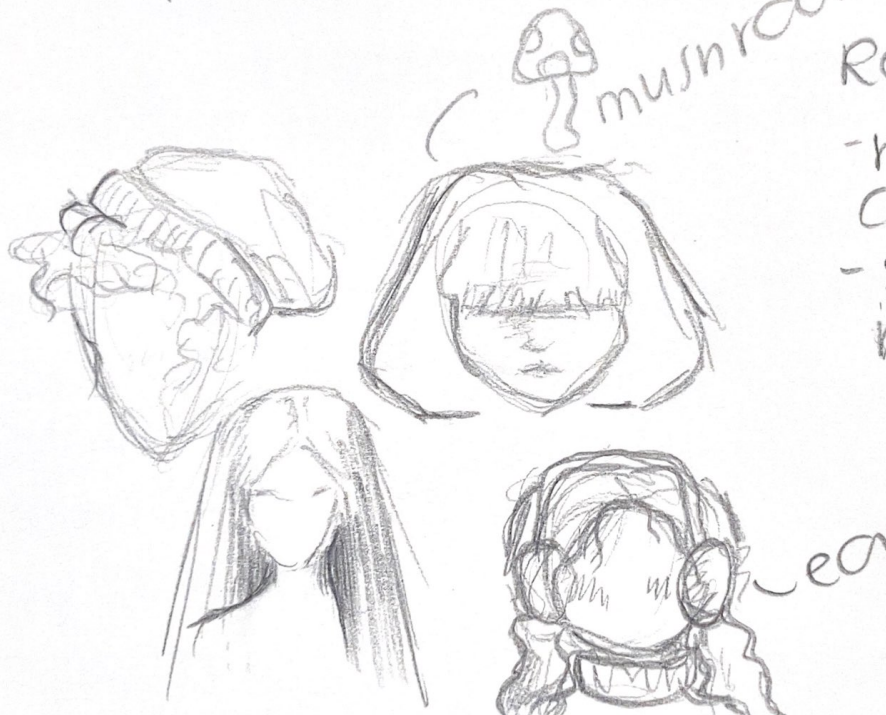
- Freckle smile
- Faint pink water



- Exit sign - dyslexia
- Fire extinguisher
- DO NOT PRESS REABUTTON.
- QR code
- Masculinity



Warm-up



Review:

- hyper(?) medi
- multi?)
- strong technical
- not conceptual

What to make art about?
What to make art with?

What to make art with?

FORM
choosing materials

} based on insti
tendency

What to make art about?
CONTENT

intention -

- practice my painting (allot time to force myself)

↓
I have an ongoing fear of forgetting how to paint & am consistently comparing myself to my own past paintings - but of course, no one in their peak knows they're in their peak. I went thru a personal thing/period & haven't thrown myself into painting in months - it scared me that I was giving up.

I think I am showing up for my intention.
↳ I believe in baby steps and reentering can often be hard, intimidating, frightening, so I'm proud that I'm even making this effort.

I'm mediocrely happy.

↳ I know it's not my best work, and that disappoints & disheartens me a little, but I'm also not surprised bc I understand that this is a normal outcome of lacking motivation, and therefore practice, recently.