# B518 | Week 4 | Group Project | Submission 1

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# 1 Project Idea One - Covid 19 (2021 ONLY - USA, UK, China, Belgium)

```
## [1] "https://docs.owid.io/projects/covid/en/latest/dataset.html"
## n_rows n_cols
## 530292
##
    [1] "country"
                                           "date"
    [3] "total cases"
                                           "new cases"
    [5] "new_cases_smoothed"
                                           "total_cases_per_million"
##
    [7] "new_cases_per_million"
                                           "new_cases_smoothed_per_million"
    [9] "total_deaths"
                                           "new_deaths"
##
## [11] "new_deaths_smoothed"
                                           "total_deaths_per_million"
## [1] "Ukraine"
                                       "United Arab Emirates"
                                       "United States"
## [3] "United Kingdom"
## [5] "United States Virgin Islands"
```

#### 2 Introduction

This project uses Covid 19 data from 'Our world in data'. We use this to primarily compare how daily new cases per million varied across four countries in 2021. We focus on 2021 to keep our comparisons on a common phase of the pandemic. The dataset itself does cover many more countries and years and also includes data on total cases and total deaths. We used the fields that have the suffix 'per\_million'as any comparisons scale by population size.

# 3 Dataset justification

#### 4 Selection Criteria:

The data (see above) does meet the criteria of the assignment. In that it is relevant to health, publically accessible, sizable (61 columns and 530,292 rows), includes both categorical (e.g. country)

and continuous variables (e.g. new\_cases\_per\_million, total\_deaths\_per\_million) and finally has been ethically sourced and de-identified.

**Relevance:** Directly biomedical/public-health, reflecting real-world cases and death metrics during COVID-19.

Size/structure: The file far exceeds the minimum requirements (61 columns and 530k rows) and includes both categorical (e.g. Country) and continuous fields (total\_deaths\_per\_million, new\_cases\_per\_million)

Source Location: https://docs.owid.io/projects/covid/en/latest/dataset.html Raw data Location: https://catalog.ourworldindata.org/garden/covid/latest/compact/compact.csv

Accessibility/ethics: Publicly accessible aggregated, de-identified counts suitable for academic use.

Analytical potential: Feasible for tables, histograms, boxplots, time trends. Using the fields with the suffix "per\_million" allows better scaling for cross country comparisons and summaries.

**Ethical use.** The dataset consists of aggregated, de-identified counts without PII; no patient-level identifiers are present, aligning with course requirements for ethical, public data.

## 5 Variables and structure

This analysis focuses on a few key variables from the dataset. The primary categorical variable is 'country', which we have filtered to four specific nations. The main continuous variable is 'new\_cases\_per\_million', which allows for a fair comparison of infection rates by account for population differences. Finally, the 'date' variable was used to filter the data to the 2021 calendar year.

A list of all the fields: - "country" - "date" - "total\_cases", "total\_cases\_per\_million" - "new\_cases", "new\_cases\_smoothed", "new\_cases\_per\_million", "new\_cases\_smoothed\_per\_million" - "total\_deaths", "new\_deaths", "new\_deaths\_smoothed", "total\_deaths\_per\_million"

# 6 Research questions

- 1. What share of days exceed a threshold (to simulated a government policy threshold to "flatten the curve") e.g 50 cases per million in each country
- 2. Which of the selected countries had the highest typical daily new cases per million in 2021
- 3. How did the monthly mean of new cases per million over 2021 for each country

# 7 Data clean up & Processing plan

We parsed the date field and derived a 'year' variable, then restricted the dataset to 2021 to keep figures more legible and comparable. We fixed our analysis to a small set of countries (United States, United Kingdom, China, Belgium) and then verified each has sufficient non missing values for 'new\_cases\_per\_million' in 2021. this processing prepares the data for descriptive statistics and many visualisations.

## 8 Descriptive statistics (figures in Appendix)

Our descriptive analysis for 2021 reveals starkly different pandemic experiences among the four selected countries. The most significant finding is the extreme contrast between China, which reported virtually no community spread, and the western nations all experienced substantial waves of the Covid virus.

Answering our first research question, the two way frequency shows that China had reported zero days exceeding a 50 new cases per million threshold. In contrast this threshold was crossed 94.% of days in Belgium, 89.9% in the USA and 84.9% in the UK.

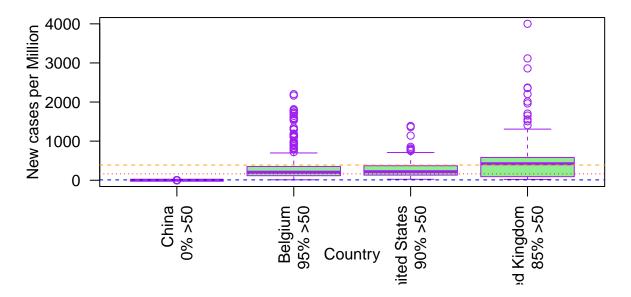
For our second question, the summary statistics table identified the UK as having the highesy typical daily caseload, with a median of 421.6 new cases per million, nearly double that of the USA at 218.4. The overall distribution o cases is heavily right skewed, a pattern confirmed visually by the histogram and the numerous high end outliers visible in the boxplot.

Lastly, for our third research question. the time trend plot is sustrates how these case rates evolved monthly. China's rate remained flat, the US, UK and Belgium all experienced a summer drop followed by a big surge in Q4 of 2021.

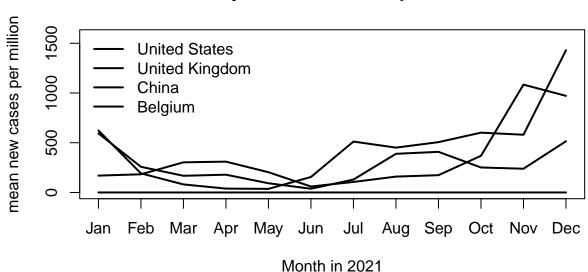
### 8.1 Boxplot (numeric by category)

Boxplot (Mortality rate by category)

# Daily new cases per million, by country in 2021



#### 8.2 Time trend (average by year)



## Monthly mean new cases per million

### 9 Planned statistical methods

To formally test for differences in the median daily new cases between the four countries, we plan to use a non-parametric test such as the Kruskal-Wallis test, given the skewed nature of the data. Further analysis could involve using correlation to explore the relationship between vaccination rates and new cases over time for each country.

#### 10 Limitations

- Measurement differences countries have different reporting rules, testing cadence & breadth.
- Scope Only 2021 was analysed. Other years or waves of the disease may show other patterns.
- per million rates do not adjust for demographics of each country, which may show other patterns.
- China has several near zero analysis This may reflect reporting practices of this specific country

# 11 Appendix - Project One

## 11.1 One-Way frequency table (categorical)

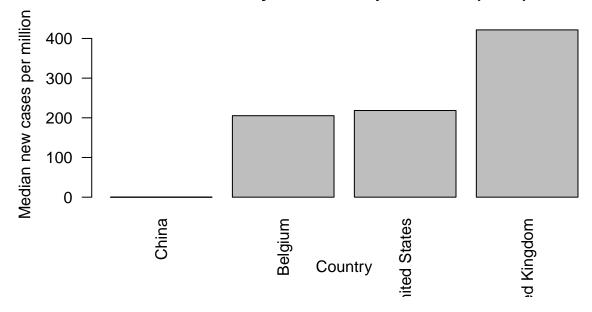
Counts and proportions for a categorical variable

##				
##	China	Belgium	United States	United Kingdom
##	365	365	365	365
##				
##	China	Belgium	United States	United Kingdom
##	0.25	0.25	0.25	0.25

## 11.2 Bar Chart of Disease.Category (counts)

Bar chart / Bar plot of disease category by count

# Median daily new cases per million (2021)



## 11.3 Two way table (category by category)

##			
##		FALSE	TRUE
##	China	365	0
##	Belgium	20	345
##	United States	37	328
##	United Kingdom	55	310
##			
##		FALSE	TRUE
##	China	1.000	0.000
##	Belgium	0.055	0.945
##	United States	0.101	0.899
##	United Kingdom	0.151	0.849

```
##
##
                    FALSE TRUE
##
                    0.765 0.000
     China
##
     Belgium
                    0.042 0.351
     United States 0.078 0.334
##
##
     United Kingdom 0.115 0.315
##
##
                    FALSE TRUE Sum
                                365
##
     China
                      365
                             0
##
     Belgium
                       20
                           345
                                365
##
     United States
                       37
                           328
                                365
##
     United Kingdom
                       55
                           310 365
##
     Sum
                      477
                           983 1460
##
            China
                         Belgium United States United Kingdom
##
            0.000
                           0.945
                                           0.899
                                                          0.849
```

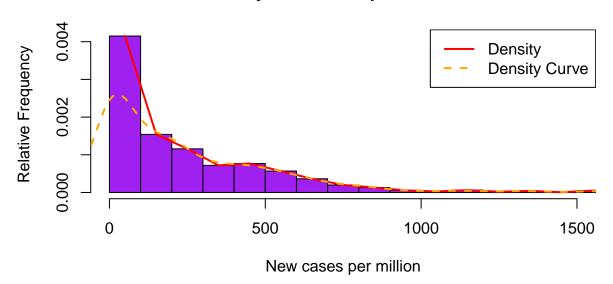
## 11.4 Center & Spread (overall, selected countries, 2021)

```
## median IQR sd
## 162.9 379.7 357.4
```

```
## country median IQR sd
## 1 China 0.0 0.1 0.1
## 2 Belgium 205.4 235.4 396.2
## 3 United States 218.4 240.7 201.6
## 4 United Kingdom 421.6 491.1 456.4
```

# 11.5 Histogram (shape of the distrubution)

# Daily new cases per million



## 12 Project Idea Two - Covid 19 Hospitalizations in France

#### 13 Link to the dataset

Kaggle - Coronavirusdataset France (file: chiffres-cles.csv)
Actual URL: https://www.kaggle.com/datasets/mclikmb4/coronavirusdataset-france?select= chiffres-cles.csv Google drive URL: https://drive.google.com/file/d/1rXHdGEDWFAMaitmkNSgehAt\_e2FaC PZ/view?usp=sharing

### 14 Introduction to the dataset

This dataset provides daily COVID-19 surveillance indicators for France at multiple geographic granularities (country, region, department, overseas collectivities). Each record includes a calendar date, a location code, and a location name, enabling comparisons across space and time. Indicators cover hospitalized patients, ICU occupancy, cumulative deaths, cumulative recoveries, and daily flows of new admissions (hospital and ICU). Source/provenance fields support auditability. The structure suits descriptive analyses and visualizations, with optional regional comparisons to high-light spatial heterogeneity. These indicators and their definitions are documented on the Kaggle dataset page (mclikmb4, 2020-2021).

## 15 Dataset justification

**Relevance:** Directly biomedical/public-health, reflecting real-world hospital and ICU loads during COVID-19.

**Size/structure:** The file far exceeds the minimum requirements (well over 100 rows and more than 20 columns) and includes both categorical (granularity, location IDs, sources) and continuous (counts) variables.

Accessibility/ethics: Publicly accessible aggregated, de-identified counts suitable for academic use.

Analytical potential: Enables trend estimation, wave identification, geographic comparison, and lead-lag analysis between admissions ("flow") and occupancy ("stock").

**Ethical use.** The dataset consists of aggregated, de-identified counts without PII; no patient-level identifiers are present, aligning with course requirements for ethical, public data.

# 16 Variables description

#### **Key columns:**

date (daily), granularity (country, region, department), location\_code (location code), location\_name (location name).

#### **Indicators:**

- hospitalized - current hospitalized patients

- icu\_patients current ICU patients
- deaths cumulative deaths
- recovered cumulative recoveries
- new\_hospitalizations new daily hospital admissions
- new\_icu\_admissions new daily ICU admissions

#### Additional fields:

confirmed\_cases and tested may be present with different levels of completeness.

**Note:** Due to several missing/invalid values (NaN/Inf), the tested column is largely unusable for analysis and is excluded from primary summaries and plots.

#### Source metadata:

source\_name, source\_url, source\_archive, source\_type.

Table 1: Row counts by geographic granularity

granularity	n
department	40715
region	7708
country	817
overseas_collectivity	131
world	83

Table 2: Summary statistics for key numeric indicators

variable	n	mean	$\operatorname{sd}$	median	min	max
confirmed_cases	3081	121010.685	508142.429	27.0	0	3560764
deaths	47928	920.086	4150.452	135.0	0	70574
hospitalized	46826	578.225	2597.057	91.0	0	33497
icu_patients	46743	80.489	387.667	10.0	0	7148
new_hospitalizations	46095	32.664	166.648	4.0	0	4281
$new\_icu\_admissions$	46095	5.421	28.033	0.0	0	771
recovered	46712	3949.800	17835.138	645.5	0	299624
tested	0	NaN	NA	NA	$\operatorname{Inf}$	-Inf

# 17 Research question(s)

- 1. **National waves:** How did France's national hospitalization and ICU occupancy evolve across early pandemic waves (2020-2021)?
- 2. Flow-stock timing: Do peaks in new hospital admissions precede peaks in current hospitalizations, and by roughly how many days?

## 18 Data cleanup and processing plan

- Parsing and types: Ensure the date field is properly parsed as a date variable and convert indicator fields into numeric types for consistency.
- Subsetting: For national trends, include only rows classified as country with location\_code = "FRA". For geographic comparisons, restrict the dataset to rows where granularity is region.
- Missingness: Quantify missing values for each column and handle them transparently by applying listwise deletion for plotted series (no imputation).
- **Duplicates:** Identify and remove duplicate entries defined by the combination of date and location\_code.
- **Provenance:** Retain all source metadata fields, and include them in the appendix when relevant for transparency.

## 19 Descriptive statistics (figures in Appendix)

France's national indicators exhibit multi-wave patterns during 2020-2021. Hospital occupancy and ICU burden rise and fall in tandem with case surges, while cumulative deaths increase monotonically. The timing relationship between new admissions (flow) and current occupancy (stock) suggests admissions lead occupancy by several days. For visuals supporting these statements, see Appendix Figures A1-A3. Tables above summarize structure and central tendencies.

Across all rows, the median current hospitalizations was 91, with an IQR of 25-285; ICU occupancy had a much lower median, which is expected since ICU is a subset of the total hospital (median 10), consistent with ICU being a subset of total hospital burden.

#### 20 Planned statistical methods

- Lagged cross-correlation between new\_hospitalizations (flow) and hospitalized (stock) to estimate lead time from admissions to occupancy.
- Regional comparison of ICU vs hospital burden by wave period (medians, IQRs).
- Simple time-series decomposition on national hospitalizations to separate trend/seasonal/residual components (if applicable).

#### 21 Limitations

Several fields like tested and early confirmed\_cases have bad coverage over time, and indicators are hospital-centric rather than community-representative. Counts are aggregated and de-identified, so patient-level cannot be controlled. Because the dataset mixes granularities (national, regional, departmental), comparing across levels requires careful subsetting (granularity == "country"

for national trends). These constraints limit causal interpretation, so we have to focus more on descriptive trends and clearly labeled comparisons.

# 22 Appendix - Project Two

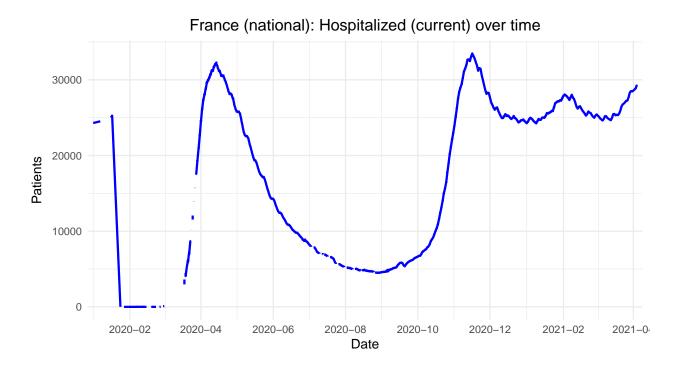


Figure 1: France (national): Hospitalized (current) over time.

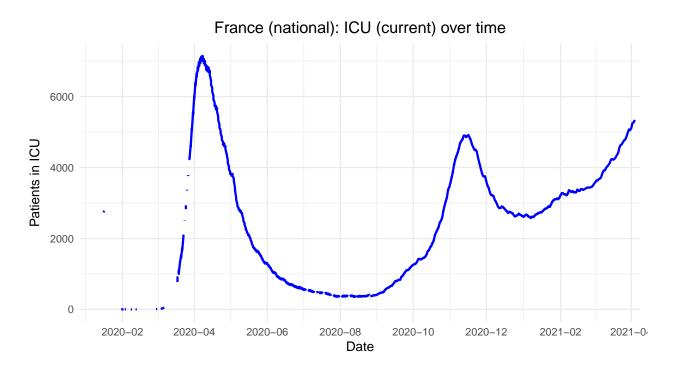


Figure 2: France (national): ICU (current) over time.

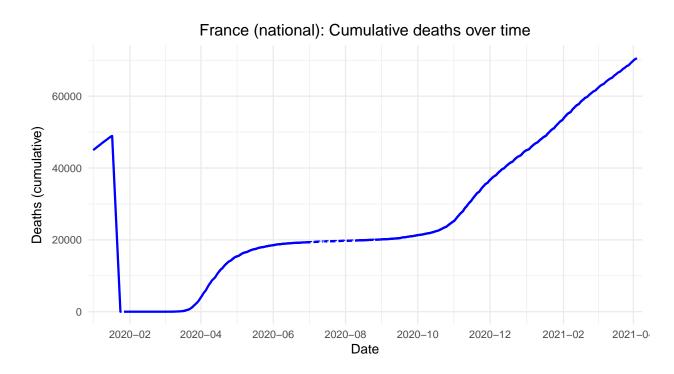


Figure 3: France (national): Cumulative deaths over time.

## 23 Project Idea Three - Heart attack

#### 24 Link to the dataset

https://www.kaggle.com/datasets/iamsouravbanerjee/heart-attack-prediction-dataset

#### 25 Introduction to dataset

The Heart Attack Prediction Dataset, available on Kaggle, is a comprehensive resource for studying the clinical, lifestyle, and demographic factors associated with cardiovascular risk. It consists of 8,763 de-identified patient records, including continuous variables such as age, cholesterol, blood pressure, and heart rate, as well as categorical features like sex, chest pain type, smoking habits, diabetes status, and dietary patterns. Socioeconomic and geographic attributes, including income and region, further enrich the dataset by adding broader context to heart health predictors. The primary outcome variable indicates whether a patient is at risk of a heart attack, making the dataset well-suited for statistical analysis, visualization, and classification tasks. Its diverse mix of variables supports exploration of correlations, risk factors, and group comparisons, while also providing an ethical and accessible foundation for predictive modeling in cardiovascular health research.

## 26 Dataset justification

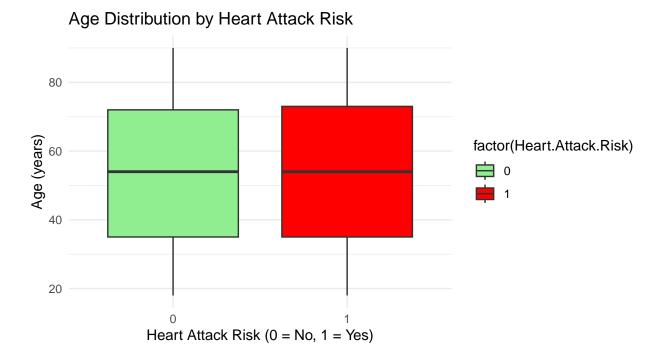
I chose the Heart Attack Prediction Dataset because it directly addresses a critical biomedical challenge cardiovascular disease which remains one of the leading causes of mortality worldwide. The dataset integrates clinical, lifestyle, and demographic variables, making it highly relevant for exploring the multifactorial nature of heart health. With its balanced mix of categorical and continuous features, it offers strong potential for applying a variety of statistical methods, visualizations, and predictive modeling techniques. Its size and diversity of attributes make it complex enough to yield meaningful insights, yet still manageable for academic analysis. Overall, this dataset provides both real-world relevance and analytical richness, making it an excellent candidate for this project.

# 27 Variables description

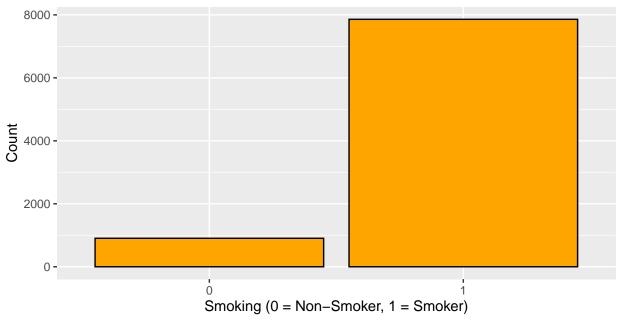
Key columns include Patient ID (unique identifier for each record), Age (in years), Sex (male or female), Cholesterol (cholesterol levels in mg/dL), Blood Pressure (systolic/diastolic in mmHg), Heart Rate (beats per minute), and BMI (body mass index,  $kg/m^2$ ). Clinical indicators capture Diabetes status (Yes/No), Family History of heart problems (1 = Yes, 0 = No), Previous Heart Problems (1 = Yes, 0 = No), Medication Use (1 = Yes, 0 = No), and Triglyceride levels (mg/dL). Lifestyle-related attributes include Smoking (1 = Smoker, 0 = Non-smoker), Obesity (1 = Obese, 0 = Not obese), Alcohol Consumption (None, Light, Moderate, Heavy), Diet (Healthy, Average, Unhealthy), Exercise Hours Per Week, Physical Activity Days Per Week, Stress Level (1–10 scale), Sedentary Hours Per Day, and Sleep Hours Per Day. Socioeconomic and demographic fields consist of Income, Country, Continent, and Hemisphere. The target variable, Heart Attack Risk, is a binary indicator (1 = Yes, 0 = No) denoting whether the patient is at risk of a heart attack.

```
8763 obs. of 26 variables:
## 'data.frame':
                                             "BMW7812" "CZE1114" "BNI9906" "JLN3497" ...
   $ Patient.ID
                                      : chr
##
                                             67 21 21 84 66 54 90 84 20 43 ...
   $ Age
                                      : int
                                             "Male" "Male" "Female" "Male" ...
##
   $ Sex
                                      : chr
##
   $ Cholesterol
                                        int
                                             208 389 324 383 318 297 358 220 145 248 ...
                                             "158/88" "165/93" "174/99" "163/100" ...
##
   $ Blood.Pressure
                                        chr
##
   $ Heart.Rate
                                             72 98 72 73 93 48 84 107 68 55 ...
    $ Diabetes
                                      : int
                                             0 1 1 1 1 1 0 0 1 0 ...
   $ Family.History
                                      : int
                                             0 1 0 1 1 1 0 0 0 1 ...
##
   $ Smoking
                                      : int
                                             1 1 0 1 1 1 1 1 1 1 ...
                                             0 1 0 0 1 0 0 1 1 1 ...
##
   $ Obesity
                                      : int
                                             0 1 0 1 0 1 1 1 0 1 ...
##
   $ Alcohol.Consumption
                                      : int
   $ Exercise.Hours.Per.Week
                                             4.17 1.81 2.08 9.83 5.8 ...
                                        num
                                             "Average" "Unhealthy" "Healthy" "Average" ...
##
                                       chr
##
   $ Previous.Heart.Problems
                                      : int
                                             0 1 1 1 1 1 0 0 0 0 ...
   $ Medication.Use
                                             0 0 1 0 0 1 0 1 0 0 ...
                                      : int
##
   $ Stress.Level
                                       int
                                             9 1 9 9 6 2 7 4 5 4 ...
                                             6.62 4.96 9.46 7.65 1.51 ...
##
   $ Sedentary.Hours.Per.Day
                                      : num
   $ Income
                                             261404 285768 235282 125640 160555 241339 190450 1
##
                                      : int
##
   $ BMI
                                             31.3 27.2 28.2 36.5 21.8 ...
                                        num
                                             286 235 587 378 231 795 284 370 790 232 ...
##
   $ Triglycerides
                                      : int
   $ Physical.Activity.Days.Per.Week: int
                                             0 1 4 3 1 5 4 6 7 7 ...
   $ Sleep.Hours.Per.Day
                                      : int
                                             6 7 4 4 5 10 10 7 4 7 ...
                                             "Argentina" "Canada" "France" "Canada" ...
##
   $ Country
                                      : chr
## $ Continent
                                             "South America" "North America" "Europe" "North America"
                                      : chr
                                             "Southern Hemisphere" "Northern Hemisphere" "Northern
   $ Hemisphere
##
                                      : chr
## $ Heart.Attack.Risk
                                             0 0 0 0 0 1 1 1 0 0 ...
                                      : int
##
     Patient.ID
                                                             Cholesterol
                             Age
                                            Sex
  Length:8763
##
                       Min.
                              :18.00
                                        Length:8763
                                                           Min.
                                                                 :120.0
                       1st Qu.:35.00
   Class : character
                                        Class : character
                                                            1st Qu.:192.0
   Mode :character
                       Median :54.00
                                                           Median :259.0
##
                                        Mode :character
##
                       Mean
                              :53.71
                                                            Mean
                                                                   :259.9
##
                       3rd Qu.:72.00
                                                            3rd Qu.:330.0
##
                       Max.
                              :90.00
                                                            Max.
                                                                   :400.0
##
   Blood.Pressure
                         Heart.Rate
                                            Diabetes
                                                           Family. History
   Length:8763
                              : 40.00
                                                :0.0000
##
                       Min.
                                         Min.
                                                           Min.
                                                                  :0.000
                       1st Qu.: 57.00
                                                           1st Qu.:0.000
##
   Class : character
                                         1st Qu.:0.0000
##
   Mode :character
                       Median : 75.00
                                         Median :1.0000
                                                           Median :0.000
##
                              : 75.02
                       Mean
                                         Mean
                                                :0.6523
                                                           Mean
                                                                  :0.493
##
                       3rd Qu.: 93.00
                                         3rd Qu.:1.0000
                                                           3rd Qu.:1.000
##
                               :110.00
                                                :1.0000
                                                           Max.
                                                                  :1.000
                       Max.
                                         Max.
##
       Smoking
                        Obesity
                                       Alcohol.Consumption Exercise.Hours.Per.Week
   Min.
           :0.0000
                     Min.
                             :0.0000
                                              :0.0000
                                                            Min. : 0.002442
   1st Qu.:1.0000
                     1st Qu.:0.0000
                                       1st Qu.:0.0000
                                                            1st Qu.: 4.981579
##
   Median :1.0000
                     Median :1.0000
                                       Median :1.0000
                                                            Median: 10.069559
##
   Mean
           :0.8968
                             :0.5014
                                              :0.5981
                                                            Mean :10.014284
                     Mean
                                       Mean
   3rd Qu.:1.0000
                     3rd Qu.:1.0000
                                       3rd Qu.:1.0000
                                                            3rd Qu.:15.050018
```

```
:1.0000
                                              :1.0000
##
   Max.
                     Max.
                             :1.0000
                                       Max.
                                                            Max.
                                                                   :19.998709
##
        Diet
                       Previous.Heart.Problems Medication.Use
                                                                   Stress.Level
   Length:8763
                               :0.0000
                                                        :0.0000
                                                                         : 1.00
##
                       Min.
                                                Min.
                                                                  Min.
##
   Class : character
                       1st Qu.:0.0000
                                                1st Qu.:0.0000
                                                                  1st Qu.: 3.00
    Mode : character
                       Median :0.0000
                                                Median :0.0000
                                                                  Median: 5.00
##
##
                       Mean
                               :0.4958
                                                Mean
                                                        :0.4983
                                                                  Mean
                                                                         : 5.47
##
                       3rd Qu.:1.0000
                                                3rd Qu.:1.0000
                                                                  3rd Qu.: 8.00
##
                       Max.
                                                Max.
                                                        :1.0000
                                                                  Max.
                                                                         :10.00
                               :1.0000
    Sedentary.Hours.Per.Day
                                 Income
                                                   BMI
                                                               Triglycerides
                                              Min.
   Min.
           : 0.001263
                            Min.
                                    : 20062
                                                      :18.00
                                                               Min. : 30.0
##
    1st Qu.: 2.998794
                                              1st Qu.:23.42
##
                             1st Qu.: 88310
                                                               1st Qu.:225.5
##
   Median: 5.933622
                            Median :157866
                                              Median :28.77
                                                               Median :417.0
   Mean
           : 5.993690
                            Mean
                                    :158263
                                              Mean
                                                      :28.89
                                                                      :417.7
##
                                                               Mean
    3rd Qu.: 9.019125
                             3rd Qu.:227749
                                              3rd Qu.:34.32
##
                                                               3rd Qu.:612.0
    Max.
           :11.999313
                                    :299954
                                              Max.
                                                      :40.00
                                                               Max.
                                                                      :800.0
##
                            Max.
   Physical.Activity.Days.Per.Week Sleep.Hours.Per.Day
                                                            Country
##
   Min.
           :0.00
                                     Min.
                                            : 4.000
                                                          Length:8763
    1st Qu.:2.00
                                     1st Qu.: 5.000
##
                                                          Class : character
##
   Median:3.00
                                     Median : 7.000
                                                          Mode :character
##
           :3.49
   Mean
                                     Mean
                                            : 7.024
    3rd Qu.:5.00
                                     3rd Qu.: 9.000
##
##
   Max.
           :7.00
                                     Max.
                                            :10.000
     Continent
##
                        Hemisphere
                                           Heart.Attack.Risk
##
   Length:8763
                       Length:8763
                                           Min.
                                                  :0.0000
##
   Class : character
                       Class : character
                                           1st Qu.:0.0000
##
   Mode :character
                       Mode :character
                                           Median :0.0000
##
                                                  :0.3582
                                           Mean
##
                                           3rd Qu.:1.0000
                                                  :1.0000
##
                                           Max.
```







# 28 Research questions

- 1. Which clinical, lifestyle, and demographic factors are most strongly associated with the risk of heart attack in patients?
- 2. Which features contribute most to a machine learning model's decision boundary for predicting heart attack risk?

## 29 Data cleanup and processing plan

- Check for missing values: Identify NAs using colSums(is.na(hd)); if very few, remove those rows; if moderate, impute using mean/median for continuous variables (e.g., Cholesterol, BMI) and mode for categorical variables (e.g., Diet, Alcohol Consumption).
- Remove duplicate entries: Drop exact duplicates or repeated Patient IDs to avoid over-representation using hd <- hd[!duplicated(hd), ].
- Fix inconsistent formats: Split Blood Pressure into two numeric columns (Systolic and Diastolic) and convert binary indicators (0/1) like Diabetes, Smoking, and Heart Attack Risk into categorical factors.
- Validate ranges & handle outliers: Review continuous variables (e.g., Cholesterol, Triglycerides, BMI, Sleep Hours) for biologically implausible values; correct, cap, or remove extreme outliers as appropriate.
- Standardize categorical variables: Ensure consistent levels for Sex (Male/Female), Diet (Healthy/Average/Unhealthy), and Alcohol Consumption (None/Light/Moderate/Heavy).
- Create derived variables: Add new groupings such as Age Groups (e.g., 18–30, 31–50, 51–70, 71–90) and BMI Categories (Underweight, Normal, Overweight, Obese) to facilitate group comparisons in descriptive statistics and visualization.

## 30 Descriptive statistics and data visualizations

```
##
## Variable: Age
## Mean: 53.70798
## Median: 54
## Range: 72
## Standard Deviation: 21.24951
##
## Variable: Cholesterol
## Mean: 259.8772
## Median: 259
## Range: 280
## Standard Deviation: 80.86328
##
## Variable: Heart.Rate
## Mean: 75.02168
## Median: 75
## Range: 70
## Standard Deviation: 20.55095
##
## Variable: BMI
## Mean: 28.89145
## Median: 28.769
```

```
## Range: 21.99487
## Standard Deviation: 6.319181
## Variable: Triglycerides
## Mean: 417.6771
## Median: 417
## Range: 770
## Standard Deviation: 223.7481
## Variable: Exercise.Hours.Per.Week
## Mean: 10.01428
## Median: 10.06956
## Range: 19.99627
## Standard Deviation: 5.783745
## Variable: Stress.Level
## Mean: 5.469702
## Median: 5
## Range: 9
## Standard Deviation: 2.859622
## Variable: Sedentary.Hours.Per.Day
## Mean: 5.99369
## Median: 5.933622
## Range: 11.99805
## Standard Deviation: 3.466359
##
## Variable: Income
## Mean: 158263.2
## Median: 157866
## Range: 279892
## Standard Deviation: 80575.19
## Variable: Physical.Activity.Days.Per.Week
## Mean: 3.489672
## Median: 3
## Range: 7
## Standard Deviation: 2.282687
## Variable: Sleep.Hours.Per.Day
## Mean: 7.023508
## Median: 7
## Range: 6
## Standard Deviation: 1.988473
## Variable: Sex
```

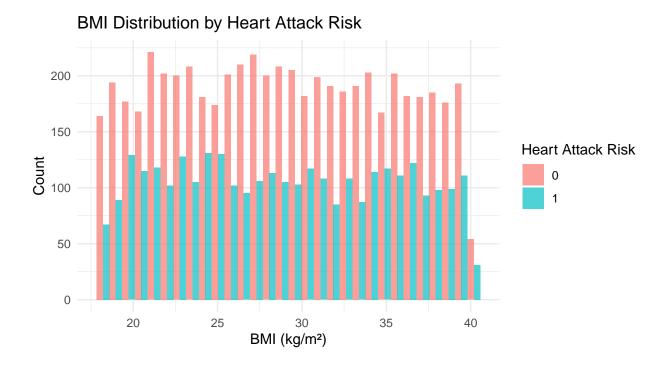
##

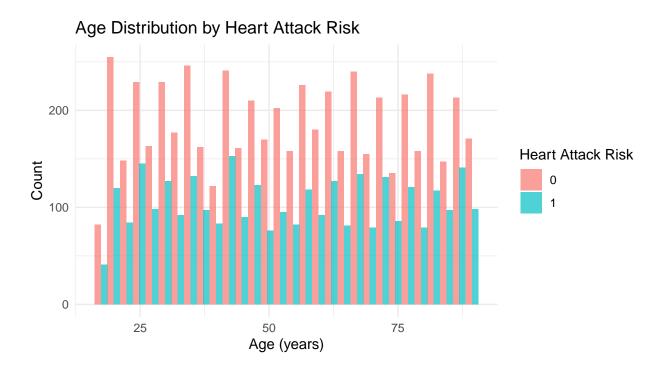
18

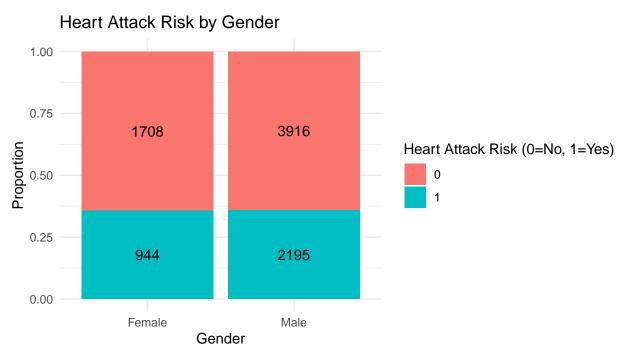
```
## Female
          Male
##
     2652
           6111
##
## Variable: Diabetes
##
##
     0 1
## 3047 5716
## Variable: Family.History
## 0 1
## 4443 4320
## Variable: Smoking
##
##
     0 1
## 904 7859
##
## Variable: Obesity
##
     0 1
##
## 4369 4394
## Variable: Alcohol.Consumption
##
     0
##
          1
## 3522 5241
##
## Variable: Diet
##
    Average Healthy Unhealthy
##
##
       2912
                 2960
                           2891
##
## Variable: Previous.Heart.Problems
## 0 1
## 4418 4345
## Variable: Medication.Use
##
##
     0 1
## 4396 4367
##
## Variable: Country
##
                                        Brazil
                                                      Canada
##
       Argentina
                      Australia
                                                                      China
                                           462
##
             471
                            449
                                                          440
                                                                        436
##
       Colombia
                        France
                                       Germany
                                                       India
                                                                      Italy
```

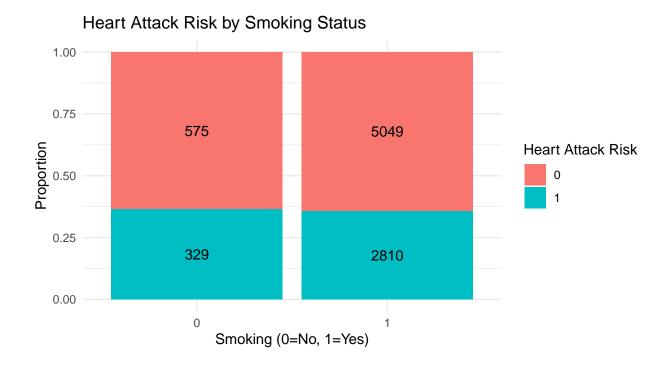
##	429	446	477	412	431		
##	Japan	New Zealand	Nigeria	South Africa	South Korea		
##	433	435	448	425	409		
##	Spain	Thailand	United Kingdom	United States	Vietnam		
##	430	428	457	420	425		
##							
##	Variable: Conti	nent					
##							
##	Africa	Asia	Australia	Europe North	America		
##	873	2543	884	2241	860		
##	South America						
##	1362						
##							
##	## Variable: Hemisphere						
##	##						
##	## Northern Hemisphere Southern Hemisphere						
##		5660	3103				
##							
##	## Variable: Heart.Attack.Risk						
##							
##	0 1						
##	5624 3139						

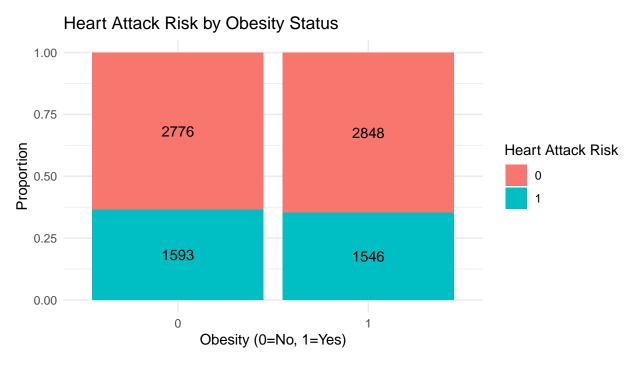
# 31 Distribution of Heart Attack Risk Across Demographic and Lifestyle Factors

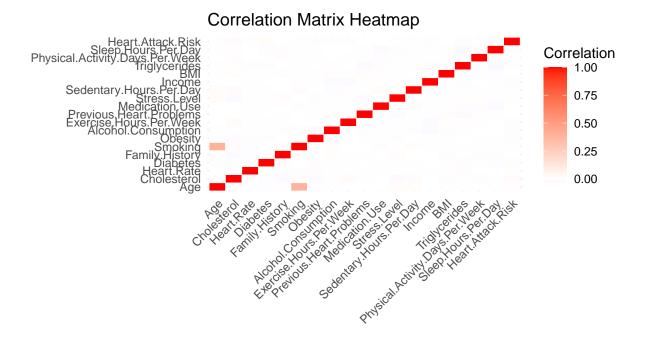












#### 32 Planned statistical methods

As the project progresses, I plan to use chi-square tests to assess associations between categorical factors (e.g., smoking, diabetes) and heart attack risk, and t-tests/ANOVA to compare continuous measures (e.g., cholesterol, BMI) across groups. To build predictive insight, I will apply logistic regression and may explore machine learning models such as decision trees or random forests. These methods will help identify key risk factors and evaluate their predictive power.

#### 33 Limitations

While descriptive statistics provide valuable insights into the dataset, they also have some limitations. Measures like mean and standard deviation can be influenced by outliers, which may distort the true central tendency and variability of the data. Categorical variables summarized with frequency counts may oversimplify complex health behaviors, such as smoking or alcohol consumption, without capturing intensity or duration. The dataset itself may contain missing values, inconsistencies, or biases due to self-reported measures (e.g., diet, stress level, or exercise). Additionally, descriptive statistics do not establish causal relationships; they only describe patterns. Therefore, more advanced statistical methods and inferential analyses are needed to draw meaningful conclusions about risk factors for heart attacks.

# 34 Appendix - Project Three

# 35 ) JOINT PROJECTS - References

- Project 1 Our World in Data. (2024). Coronvirus Pandemic (COVID-19) dataset. https://docs.owid.io/projects/covid/en/latest/dataset.html
- Project 2 mclikmb4, (2021, April 4), Coronavirus-dataset France, Kaggle, https://www.kaggle.com/datasets/mclikmb4/coronavirusdataset-france?select=chiffres-cles.csv
- Project 3 Banerjee, S. (2021). Heart Attack Prediction Dataset. Kaggle. https://www.kaggle.com/datasets/iamsouravbanerjee/heart-attack-prediction-dataset