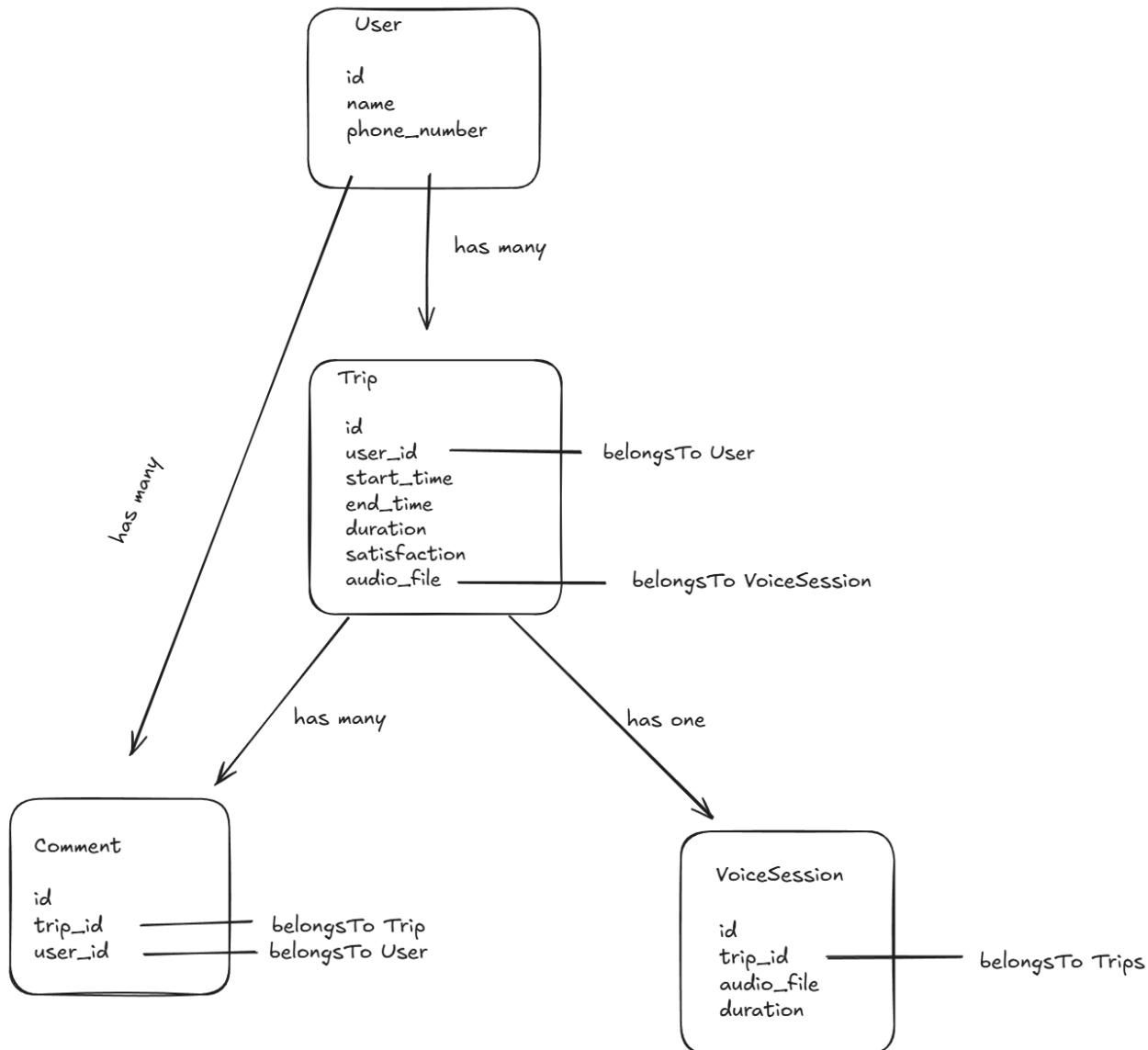


Forest app

My app is a digital forest therapy guide where users log in with their phone number, start a trip and follow 10-minute voice session of guided meditation. After completing the session, users can leave comment and the rate of their satisfaction, tracking their experience over time.



Models & Relations:

User (id, name, phone_number)
→ hasMany Trips, hasMany Comments.

Trip (id, user_id, start_time, end_time, duration, satisfaction, audio file)
→ belongsTo User, hasOne VoiceSession, hasMany comments.

VoiceSession (id, trip_id, audio_file, duration)
→ belongsTo Trip.

Comment (id, session_id, user_id)
→ belongsTo User, belongsTo VoiceSession.