Fiona Häger

MTM_03-1 Software Development Basics

Nico Deblauwe

11th, September 2025

Assignment 1: Summary of app idea

Description:

I will create an app called first-project. It will be a blog with information on different macronutrients (short "macros"), recipes and their ingredients. The title is "Healthy recipes". Every recipe has tags to categorize it (e.g. high-protein or vegan).

Naming of the relations:

Macro-Recipe is an M-N relationship

- One macro belongs to many recipes
- One recipe has many macros (xy % of each macro in every recipe)

Recipe-Tag is an M-N relationship

- One recipe has many tags
- One tag belongs to many recipes

Recipe-Ingredient is a 1-N relationship

- One recipe has many ingredients
- One ingredient belongs to one recipe

Models and their properties:

Macros: (fats, carbs, protein, fibre)	
Idint	
Namevarchar	
Calories per grammvarchar	
Recommended amount per day in %varchar	
Recipe_idint	
Recipes: (chicken salade, salmo	n, quinoa Bowl, etc.)
Id	int
Name	varchar
Content	text
/ Macro_id	int
Tag_id	int
Ingredient_id	int
<u></u>	
	Ingredients: (salade, pepper, tomatoes, chicken, etc.)
	ldint
₹	Namevarchar
Tags: (healthy, low-carb, vegan, omega 3, etc.)	Recipe_idint
Idint	<u> </u>
Titlevarchar	
Recipe_idint	