


Nathan Deisler

Personal Trainer and Healthy Habbits Advocate

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 : Nathan Deisler

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Personal Profile

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Fitness Experience

Weight Lifting Coordinator at Indiana Wesleyan University

July 2017 - Present

Coordinating with coaching staff to help program, demonstrate, and monitor pre-season and in-season workouts.

Work Experience

Maintenance Technician at Indiana Wesleyan University- Facility Services

April 2011 - Present

Diagnose and perform routine carpentry repairs to campus facility

Assist in ordering supplies and equipment

Demonstrate leadership/mentoring/training to students and fellow Facility members

Provide planning and input on campus related projects

Moving Crew Lead at Indiana Wesleyan University

April 2009 - February 2011

Managed event planning, set-up and tear down

Assist General Maintenance crews with daily task

Receive, Transport, and Deliver needed materials

Foodtown Pharmacy

June 2006 - August 2008

Provided prescriptions to the public and retirement communities
Supervised intake orders and delivered medication

Key Skills

HTML
CSS
JavaScript
Photoshop

Hardworker
Problem Solver
Grit and Determination

Education

American Council on Exercise

Personal Trainer Certification

March 2017 - September 2017

Comprehensive training education included exercise physiology, nutrition, functional movement, resistance training, program design, injury prevention, and business strategies.

Indiana Wesleyan University

Bachelor of Science in Criminal Justice

August 2008 - December 2010

Education based in Criminology, Crisis intervention, Youth and Crime, Corrections, Criminal Law, and Forensics, preparing students to work in law enforcement, probation, corrections and other court services.