

## **Book Recommendations for Children and Parents/Caretakers**

### **Building Emotional Intelligence for Children**

#### Divorce

Brown, L.K. & Brown, M. (1988). Dinosaurs Divorce. New York, NY: Little, Brown & Company.

#### Diversity

Parr, T. (2010). The Family Book. New York, NY: Little, Brown & Company

#### Feeling/Emotion Identification

Bany, M. (2004). When Sophie Gets Angry – Really, Really Angry. New York, NY: Scholastic Books.

Berger, L & Miller, G. (2014). F is for Feelings. Minneapolis, MN: Free Spirit Publishing.

Butterfield, M. (2016). Everybody Feels Angry. Irvine, CA: QEB Publishing.

Curtis, J. L. (2007). Today I Feel Silly and other Moods that make my Day. New York, NY: Harper Collins Publishers.

Parr, T. (2010) Feelings Flashcards. San Francisco, CA: Chronicle Books.

Witek, Jo (2013). In my heart: A book of feelings. New York, NY: Abrams Appleseed.

#### Inclusion and Kindness:

Alber, D. (2017). I'm not just a scribble... USA: Diane Alber Art LLC.

#### Self-Esteem

Davoll, B (1996). The Problem with Prickles. Chicago, IL: Moody Publishers.

#### Social Skills

Zolotow, C. (1989). The Hating Book. New York, NY: Harper Collins Publishers.

### **Parenting and Discipline Books**

Cline, F. & Fay, J. (2006). Parenting with Love & Logic: Teaching Children Responsibility. Carol Stream, IL: Tyndale House Publishers.

Phelan, T. W. (2016). 1-2-3 Magic, Effective Discipline for Children, Sixth Ed. Naperville, IL: Sourcebooks, Inc.

Siegel, D. J. & Hartzell, M. (2013). Parenting from the Inside Out; How a deeper self-understanding can help you raise children who thrive. New York, NY: Penguin Random House LLC.