

R Notebook

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Load libraries

```
library(tidyverse)
```

```
## Warning: package 'ggplot2' was built under R version 3.6.3
## Warning: package 'tibble' was built under R version 3.6.3
## Warning: package 'tidyr' was built under R version 3.6.3
## Warning: package 'dplyr' was built under R version 3.6.3
## Warning: package 'forcats' was built under R version 3.6.3
```

```
library(psych)
library(car)
```

```
## Warning: package 'car' was built under R version 3.6.3
```

```
library(lsr)
library(MBESS)
```

Import Data

```
slp <- read_csv("slpdata.csv")
```

Factor grouping variables

```
slp <- mutate(slp,
  female = ifelse(sex == 1, 0, 1),
  female.f = factor(female, levels = c(0,1), labels = c("male", "female")))

slp <- mutate(slp, cond.f = factor(cond, levels = c(1,2,3),
  labels = c("self help", "group-based", "group + partner")))
```

Calculate descriptives

For whole dataset

```
describe(slp)
```

```
##           vars    n  mean    sd median trimmed   mad   min   max range
```

```
## cond      1 600    2.00    0.82    2.00    2.00    1.48    1.00    3.00    2.00
## prior     2 600    0.72    0.45    1.00    0.78    0.00    0.00    1.00    1.00
## age       3 600   44.94   12.87   45.20   45.12   16.46   20.00   67.80   47.80
## anxiety   4 600    3.88    0.90    3.86    3.89    0.93    1.05    6.84    5.79
## hygiene   5 600    5.99    1.57    6.05    6.04    1.57    1.68    9.74    8.06
## support   6 600    3.04    0.68    2.96    3.02    0.73    1.09    4.91    3.82
## sleep     7 600   68.88   12.14   69.00   69.09   11.86   34.00   99.00   65.00
## lifesat    8 600    4.06    0.92    4.05    4.04    0.96    1.68    6.61    4.93
## sex       9 600    1.41    0.49    1.00    1.39    0.00    1.00    2.00    1.00
## id      10 600  300.50  173.35  300.50  300.50  222.39    1.00  600.00  599.00
## female   11 600    0.41    0.49    0.00    0.39    0.00    0.00    1.00    1.00
## female.f* 12 600    1.41    0.49    1.00    1.39    0.00    1.00    2.00    1.00
## cond.f*   13 600    2.00    0.82    2.00    2.00    1.48    1.00    3.00    2.00
##           skew kurtosis  se
## cond      0.00    -1.50 0.03
## prior     -1.00    -1.01 0.02
## age       -0.10    -1.14 0.53
## anxiety   -0.07    -0.06 0.04
## hygiene   -0.23    -0.29 0.06
## support    0.21    -0.51 0.03
## sleep     -0.16    -0.17 0.50
## lifesat    0.13    -0.23 0.04
## sex        0.36    -1.87 0.02
## id         0.00    -1.21 7.08
## female     0.36    -1.87 0.02
## female.f*  0.36    -1.87 0.02
## cond.f*    0.00    -1.50 0.03
```

Summarize descriptives grouping variables

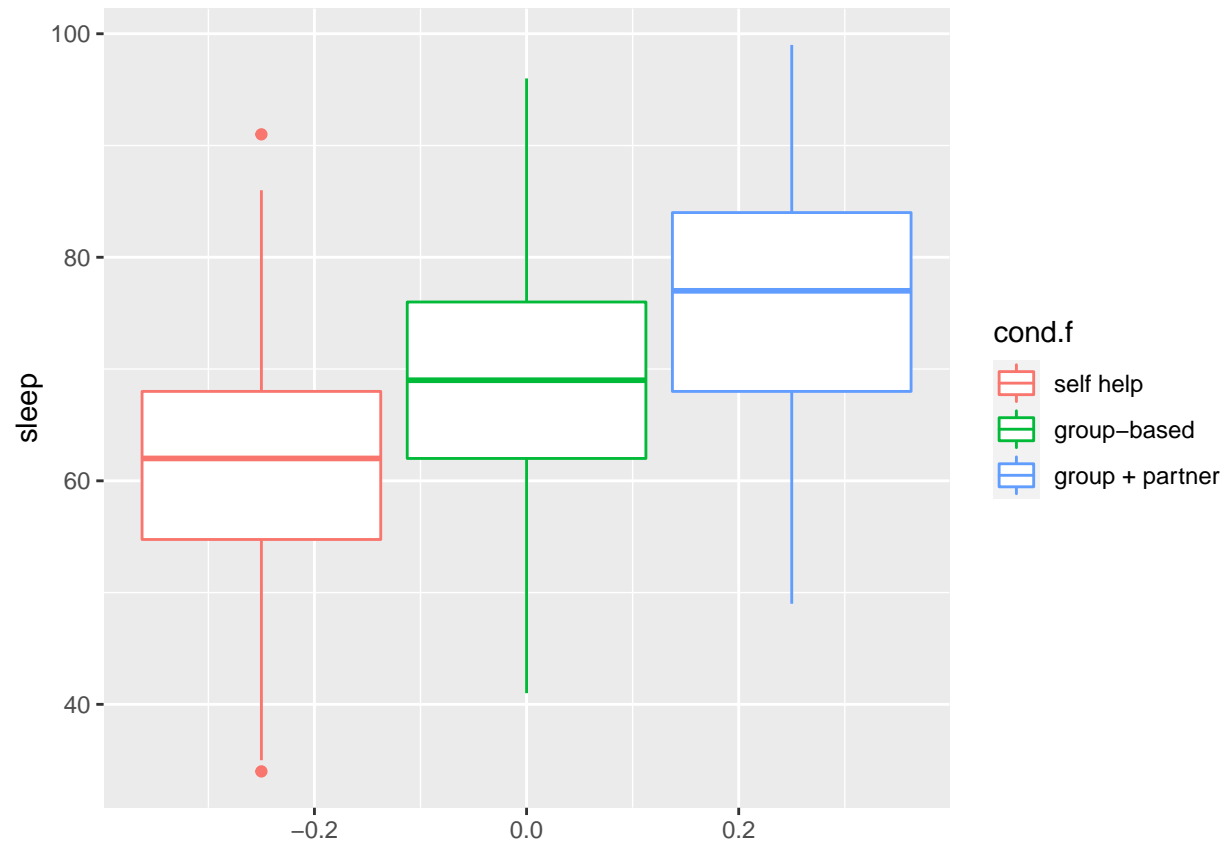
```
aggregate(x=slp$sleep, by=list(slp$female.f, slp$cond.f), FUN=mean)
```

```
##   Group.1      Group.2      x
## 1   male      self help 54.86792
## 2  female      self help 68.34043
## 3   male  group-based 65.01538
## 4  female  group-based 76.70000
## 5   male group + partner 72.75214
## 6  female group + partner 81.36145
```

Visualize the data

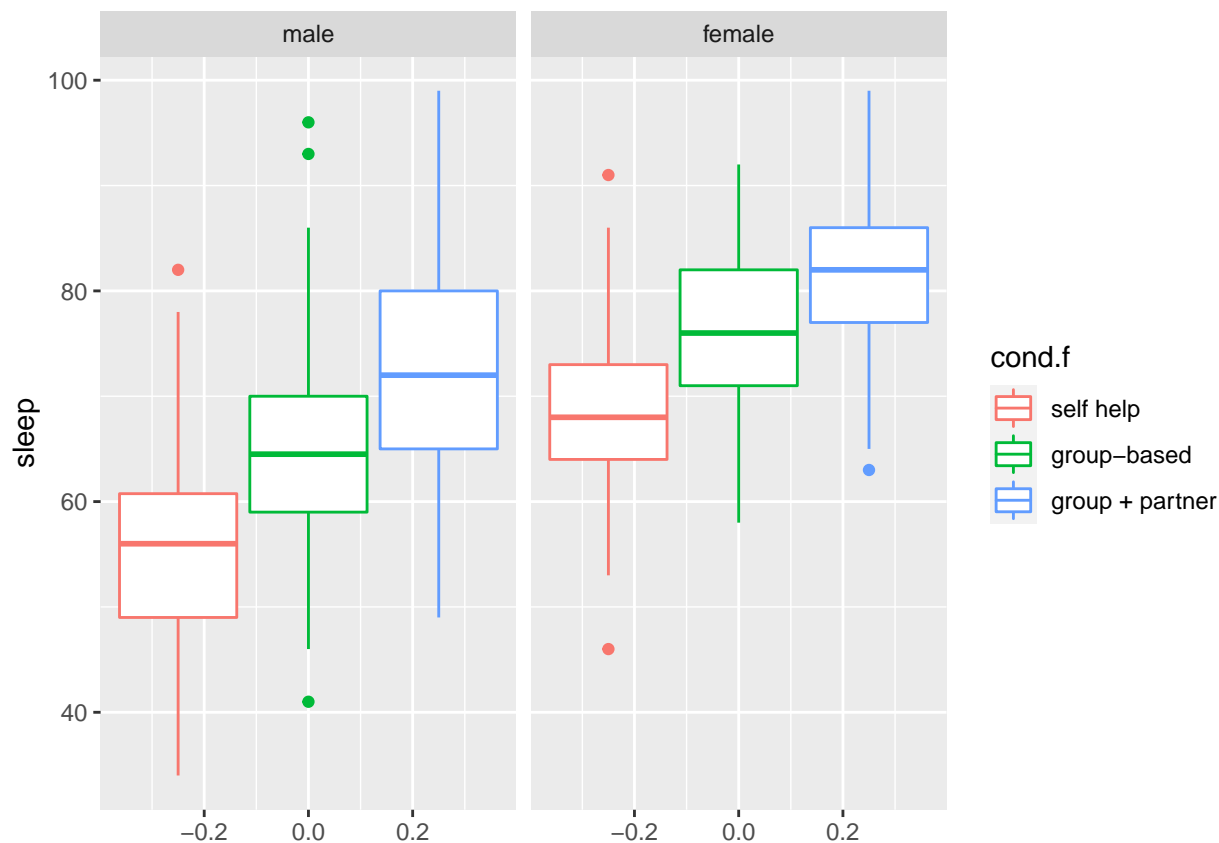
Create boxplots of sleep efficiency across treatment groups

```
ggplot(slp, aes(y = sleep, color = cond.f)) +
  geom_boxplot()
```



Create boxplots of sleep efficiency across treatment groups and sex

```
ggplot(slp, aes(y = sleep, color = cond.f)) +  
  geom_boxplot() +  
  facet_wrap(~female.f)
```



Conduct a factorial ANOVA

```
model <- lm(sleep ~ female.f + cond.f + female.f*cond.f, data = slp)
Anova(model, type = 3)
```

```
## Anova Table (Type III tests)
##
## Response: sleep
##          Sum Sq Df  F value    Pr(>F)
## (Intercept) 319112  1 4073.6899 < 2e-16 ***
## female.f      9043  1  115.4370 < 2e-16 ***
## cond.f       17836  2  113.8443 < 2e-16 ***
## female.f:cond.f    593  2    3.7865 0.02322 *
## Residuals    46531 594
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Calculate effect sizes

```
etaSquared(model, type = 3, anova = FALSE)
```

```
##          eta.sq eta.sq.part
## female.f    0.102436146 0.16271641
## cond.f      0.202045480 0.27709833
## female.f:cond.f 0.006720116 0.01258869
```

```
ci.pvaf(F.value = 115.4370, df.1 =1, df.2 = 594, N = 600, conf.level = .95)
```

```
## $Lower.Limit.Proportion.of.Variance.Accounted.for
## [1] 0.1117234
##
## $Probability.Less.Lower.Limit
## [1] 0.025
##
## $Upper.Limit.Proportion.of.Variance.Accounted.for
## [1] 0.2143099
##
## $Probability.Greater.Upper.Limit
## [1] 0.025
##
## $Actual.Coverage
## [1] 0.95
```

```
ci.pvaf(F.value = 113.8443, df.1 =2, df.2 = 594, N = 600, conf.level = .95)
```

```
## $Lower.Limit.Proportion.of.Variance.Accounted.for
## [1] 0.2173461
##
## $Probability.Less.Lower.Limit
## [1] 0.025
##
## $Upper.Limit.Proportion.of.Variance.Accounted.for
## [1] 0.330051
##
## $Probability.Greater.Upper.Limit
## [1] 0.025
##
## $Actual.Coverage
## [1] 0.95
```

```
ci.pvaf(F.value = 3.7865, df.1 =2, df.2 = 594, N = 600, conf.level = .95)
```

```
## $Lower.Limit.Proportion.of.Variance.Accounted.for
## [1] 6.757303e-05
##
## $Probability.Less.Lower.Limit
## [1] 0.025
##
## $Upper.Limit.Proportion.of.Variance.Accounted.for
## [1] 0.03371934
##
## $Probability.Greater.Upper.Limit
## [1] 0.025
##
## $Actual.Coverage
## [1] 0.95
```