

let us move to the second phase of our  
and uh introduce you to the basic  
concepts in pharmacokinetics and its  
clinical applications  
we will talk uh about the apparent  
volume of distribution and the clearance  
parameters these are two parameters that  
we call primary pharmacokinetic  
parameters then we will address first  
order kinetics the vast majority of  
drugs that we use in clinical medicine  
follow the pattern of first order  
kinetics of drug elimination but there  
are exceptions and that would lead us to  
discuss  
Michaelis mental kinetics for drug  
elimination  
so pharmacokinetics the quantitative  
analysis of the time course of drug  
absorption  
drug distribution  
drug metabolism and excretion or  
elimination from the body  
schematically here  
we prescribe a dose or administer a dose

of medication to a human subject  
then we need to wait for the process of  
absorption to take place so that the  
drug can be carried typically from the  
gastrointestinal tract to the systemic  
circulation the drug in plasma May  
circulate as the free drug but also May  
bind to plasma proteins like albumin and  
and again you have this reversible  
equilibrium between drug that is free in  
plasma and drug that is protein bound  
the extent of protein binding varies  
tremendously depending on the drug in  
question

then drug elimination will take place  
but of course drug distribution from the  
plasma compartment  
will take place

the drug may actually distribute to most  
tissues and you may find uh nonspecific  
binding of drugs to tissues but what  
were really interested is in the  
distribution of the drug to its site of  
pharmacological action what we call the  
biophase and of course the study of  
receptor binding and ultimately the

effect of the drug that were looking  
for  
now again uh drug metabolism May  
contribute to elimination and renal  
excretion is a pathway for elimination  
of drug metabolites but also a  
significant pathway for elimination of  
the parent drug itself if  
the biotransformation is incomplete or  
actually does not take place and finally  
here we want to measure the element of  
adherence

Physicians prescribe medications to  
patients  
ultimately patients decide whether or  
not they will take the prescribed  
medication  
monitoring for adherence is critical in  
the process of drug development  
if you are evaluating the efficacy of  
the drug you want to know that patients  
are actually taking the medication as  
prescribed before you make a statement  
like the drug does not work well we need  
to have rigorous control for adherence  
in the context of clinical drug

development

so what are the uses of pharmacokinetics

pharmacokinetics provides the basis for

rational dose selection in Therapeutics

it is essential for development and

evaluation of new drugs we need to know

how drugs are absorbed to what extent

they are absorbed if given orally

where does the drug distribute and again

how is the drug eliminated and what is

the rate of drug elimination

uh pharmacokinetics is also very

important in basic studies of drug

distribution in animals and humans with

the use of pet scanning positron positron

positron

emission tomography

where you can actually visualize The

Binding of drugs to its side of action

now a central tenant of pharmacology is

the dose response relationship

we

carefully study drug exposure response

relationships in order to find the right

dose for a given therapeutic indication

now exposure response of course applies

to both drug efficacy  
and toxicity it is important to  
understand  
the range of doses that are useful  
therapeutically  
and the range of Doses and resulting  
plasma concentrations that may lead to  
toxicity with the use of this drug  
now there are a number of  
pharmacokinetic pharmacodynamic modeling  
approaches that have been used to define  
this drug exposure response  
relationships and you will deal with  
that in subsequent sessions of the  
course  
now linked to this notion of the dose  
response relationship is the target  
concentration strategy that has been  
very useful clinically for a number of  
drugs  
we already address the concern with  
individual variation in drug exposure  
when drugs are used in standard doses as  
we saw with bioglidison or metformin  
so this approach the target  
concentration strategy attempts to

individualize therapy when therapeutic  
and toxic ranges of drug concentrations  
in plasma have been established this is

important

to define a useful therapeutic range and  
then to target therapy to that range of  
therapeutic concentrations the ultimate  
goal is to optimize efficacy and

minimize toxicity

now the first description of therapeutic  
drug monitoring that we have on record

is that of Dr Wuth

using bromides

and

establishing ranges of therapeutic  
concentrations of bromide

as a selective

uh of course

this approach is now used for a number  
of drugs and for example

lithium carbonate

in bipolar disorder is administered with  
very strict attention to the resulting  
plasma levels of lithium so that you  
maintain efficacy and avoid some  
potentially serious toxicities with the

use of this agent

uh now what drugs are candidates for  
therapeutic drug monitoring generally  
drugs with low therapeutic index meaning

that we can quickly move from  
concentrations that are therapeutic uh  
into ranges of concentrations that can  
cause toxicity the example of lithium is  
a very good example of a drug with a low  
therapeutic index but there are many  
others like digoxin and some antibiotics  
but in any event that category of drugs

is a good category of agents for  
therapeutic drug monitoring you may also  
be dealing with a clinical situation

where you dont have  
if you will physiologic endpoints that  
you can observe on an ongoing basis or  
biomarkers to guide the dosage you may  
be dealing with patients with a seizure  
disorder epilepsy where the seizures are  
infrequent and of course undesirable

so you use  
the range of therapeutic concentrations  
if you will as your biomarker to guide  
dosage and hope that that would lead to

a significant reduction in the frequency  
of seizures

uh we already stated that  
pharmacokinetics vary widely between  
individuals so if you have a Target  
concentration then you can adjust doses  
on an individual basis  
occasionally we may

use a measurement of plasma drug  
concentration to monitor adherence but  
there are some issues with this approach  
as well

so lets see schematically then what  
happens when using the target  
concentration  
strategy

we have  
an estimated initial dose  
uh that we administer with a Target  
level in mind some drugs need a loading  
dose to establish a therapeutic  
concentration quickly  
followed by maintenance those other  
drugs We Begin simply with a maintenance  
dose therapies initiated and then we  
have to evaluate the patient we need to



see the response in the patient and we  
may also measure a drug level and based  
on this assessment then we may refine  
the dose estimate adjust the dose and  
then continue on an iterative basis  
to optimize  
the range of concentrations that we want  
to maintain  
throughout therapy

now how do we choose a Target level well  
this is an empirical process in terms of  
defining what ranges of concentrations  
are therapeutic and where you have  
minimal or no toxicity  
so

we will have  
the example of digoxin to address this  
topic of how do you define a therapeutic  
range of concentrations uh this was a  
study conducted uh  
in Boston by Dr Smith and Haber  
in patients that were being treated with  
digoxin  
because they had either  
congestive heart failure or atrial  
fibrillation requiring rate control and

what they saw

looking at a group of patients that were

classified as being toxic or nontoxic

based on clinical characteristics and

electrocardiographic characteristics

without knowledge of the resulting

digoxin levels and this is a histogram

of the distribution of

concentrations of digoxin

in the patients that were nontoxic and

then higher concentrations of the deoxin

being measured in patients that were

clinically early toxic

so on the basis of this empirical

observations then a therapeutic target

range is proposed

in this instance 0 to nanograms

per mL of plasma

it was considered that levels in the

range of to nanograms per ml were

possibly toxic

and patients that had levels of three

nanograms per amount or greater were

probably already having

dejoxing toxicity

but once again

based on

further evaluation of the effects of  
digoxin not only on function in patients  
with congestive heart failure but now in  
terms of survival

after longterm treatment with digoxin  
this study that was published in the  
early 000s

looking at Patients on therapy for  
congestive heart failure

and

receiving digoxin throughout this period  
of observation that lasted months and  
then looking at Survival on the basis of

The observed

levels of digoxin now there was a  
placebo group here

that you see with the continuous line  
these patients were receiving treatment  
for congestive heart failure but were  
not receiving the joking as part of the  
regimen and then patients that were  
receiving digoxin but now stratified  
based on their digoxin levels low levels

of 0 to 0

intermediate levels of 09 to and

high levels greater than nanograms  
per ml  
now  
you see that survival  
change  
based on the digoxin levels and the  
range of digoxin levels that were  
measure actually at one month into the  
trial one month into the trial uh the  
better survival is actually in patients  
that have low digoxin levels in plasma  
and there is a disadvantage in terms of  
survival for patients that continue  
digoxing and maintain a level or at  
least had a level at one month after  
beginning the trial that exceeded at  
nanograms per ml  
so of course the question is what were  
the digoxins levels  
well into the trial  
we dont have that data but based on  
this survival analysis  
for the use of the jokes in patients  
with congestive heart failure there is a  
new therapeutic range that has been  
proposed namely 0 to 09 nanograms per

ml much lower than what was usual in in  
clinical practice and the benefits may  
result from inhibition of sympathetic  
nervous system rather than improve  
inotropy or improve contractility of the  
myocardial

there are limitations for the study we  
already pointed that out that no digoxin  
levels were done after one month in the  
study

and considering that the observations  
lasted for months

so

thats how we estimate  
a Target level and then in the case of  
drugs that require a loading dose and  
that was the practice actually with  
digoxin

we need to estimate the loading dose  
based on the concept of distribution  
volume

distribution volume or apparent volume  
of distribution a primary  
pharmacokinetic parameter so let us use  
the example of digoxin

once again

here were plotting the concentrations  
of the direction in plasma this is a  
logarithmic scale versus time in a  
linear scale and were showing the  
plasma concentration versus time curve  
for detoxing after intravenous  
administration  
of three quarters of a milligram  
single dose this is a loading dose  
and now we see that the plasma  
concentration versus time plotted semi  
logarithmically declines in a  
biexponential fashion  
we refer to this as the distribution  
phase  
and then this terminal phase we call the  
elimination phase  
now the modeling here is plotting the  
tissue concentrations of digoxin over  
time  
and we see that those tissue  
concentrations of the joking rise as the  
plasma concentrations of digoxin are  
declining  
now in order to estimate the apparent  
volume of distribution for digoxin

one approach is that of the  
extrapolation method namely  
extrapolating from the terminal phase of  
this curve back to time zero and  
estimated this  $C_{\text{Sub Zero}}$  or initial  
concentration of the drug

now

that is again one approach to estimating  
the appearing volume of distribution  
and we are using what we call a single  
compartmental model of drug distribution  
and elimination we administered those in

our example we gave this dose  
intravenously then we have this single  
body compartment a hypothetical  
compartment where the drug  
is distributed and then we are showing  
here the parameter of elimination  
clearance

and basically what were doing in this  
example the volume of distribution by  
extrapolation

is estimated as the ratio of the dose  
over that extrapolated initial  
concentration the Assumption of course  
is that instantaneous distribution

occurs we saw that that is not the case  
but once again this is one approach that  
has been useful in terms of estimating  
the apparent volume of distribution  
there are other approaches that you will  
discuss later in the course the volume  
of distribution by area  
and the volume of distribution at steady  
state

so the example of the joking initial  
digitalization this is a term referring  
to the loading dose of digoxin a  
quarter of a milligram being  
administered and that Distributing into  
a single compartment resulting in that  
initial concentration of  
nanograms per ml you see here we are  
doing our proper dimensional analysis in  
terms of the  
dose that was administered the measure  
concentration in plasma in terms of  
nanograms per ML and then applying that  
principle the dilution principle if you  
will we have now our dose  
are concentration in nanograms per ML  
and we have this rather large volume



apparent volume of distribution of  
liters for digoxin uh of course this  
does not  
agree with the reality of physiological  
body fluid compartments but nevertheless  
the apparent volume of distribution is a  
critical and very important  
pharmacokinetic parameter to determine  
now lets go back to the process of drug  
distribution  
uh we saw that distribution in fact was  
not instantaneous and that has an impact  
on the action of the drug in this case  
the chronotropic action of digoxin in  
that digoxin slows the heart rate here  
were looking at ventricular rate in a  
group of patients with atrial  
fibrillation with rapid ventricular  
response and we have both oral and  
intravenous administration this is from  
the classic work of Harry gold and his  
coworkers in the early 90s  
and what were seeing here is a  
significant reduction in heart rate  
after the intravenous administration of  
digoxin but you see that the effect is

not instantaneous the maximal effect in fact requires six hours before we can observe uh that uh significant slowing of the heart rate in patients with atrial fibrillation so drug distribution May in fact impact the onset of drug action that is the rate of drug distribution may impact the onset of drug action so

now if we want to continue treatment we have to select the maintenance dose so what is the principles that applies here now in order to estimate the maintenance those we need to understand the concept of elimination HalfLife and elimination clearance clearance being the other primary pharmacokinetic parameter will refer to a moment ago

so

simple definition elimination of Life the time required for the plasma concentration or the total body stores of the drug to fall to half of the concentration or amount present at some previous time so very straight form forward definition but again halflife

uh apply strictly to drugs that follow  
first order or exponential kinetics of  
elimination and we will come back to  
this uh in a moment so lets look at  
some simple uh equations here uh  
referring to the halflife again  
assuming first order kinetics of  
elimination and the halflife can be  
estimated then  
as the product of the natural logarithm  
of times the apparent volume of  
distribution divided by the clearance of  
elimination for that drug  
the first order elimination rate  
constant can be estimated as the ratio  
of the natural logarithm of over the  
observed halflife  
and finally the elimination clearance  
can be calculated as the product of K  
times their Prime volume of distribution  
but in fact a k does not determine  
clearance this is one way to estimate  
the clearance of elimination  
but in fact clearance determines both  
the halflife and the first order  
rate constant

now maintenance therapy in the case of digoxin now how much do we need to give in order to maintain that therapeutic level that we were looking for in this case nanograms per ml what we need to estimate how much drug is lost over time in this case it was estimated that one third of the total body stores of the drug is lost daily in the case of digoxin the drug is eliminated primarily via the kidneys so one third of the total body stores at Time Zero are namely a quarter or rather three quarters of a milligram uh one third of that is a quarter of a milligram so that is the daily loss and that is the loss that has to be replaced on a regular basis so that's how you establish what your maintenance dose should be now you may start treatment without giving a loading dose and this is a Brute Force demonstration of the fact that drug accumulation will take place will take place over time until you reach or approach a plateau

after seven doses in this example you're pretty close to that total body storage of 0 milligrams that was established by giving and loading dose so drug accumulation will take place exponentially when you have a constant dosing rate for maintenance and you have first order kinetics of elimination for the drug now there is uh another approach of course to estimate the extent of drug accumulation using this accumulation factor that is shown here this parameter  $\tau$  is the dosing interval the dosing interval I mean in the case of our example it was hours or one day and then of course you need to know or have an estimation of the elimination rate constant the first order elimination rate constant for that drug now you can find the derivation of this and other equations in your textbook and once again the elimination rate constant that we showed as in the

equation for the accumulation Factor  
estimated as a natural logarithm of two  
divided by the  
elimination halflife

now lets see graphically what happens  
in three different situations here

the first one is that no digitalizing  
those no loading those was administered  
and the drug is accumulating  
exponentially until it reaches a plateau  
the solid line here is would be a  
situation where a loading dose was  
administered to establish a therapeutic  
level quickly and then the optimal  
maintenance dose was administered over a  
period of time actually the maintenance  
dose here is the same as the maintenance  
those here

now lets say that you gave a higher  
loading dose twice the loading those you  
gave before but then administer  
the same maintenance dose that was used  
here and here  
over a period of time  
the concentration that will be achieved  
at the plateau or when steady state is

achieved is the same

so this illustrates the fact that the

loading dose does not determine

what the concentration is going to be at

steady state and now we're illustrating

another useful estimation namely that

90% of the steady state level with

continuous Drug Administration will be

achieved in approximately 4.5 half-lives

for that particular drug

now practically

think about an individual with normal

renal function that is receiving a

quarter of a milligram of digoxin for

maintenance

and approaches the plateau concentration

in approximately seven days as we saw in

our example now think of an individual

with uremia

impaired renal function

and consequently impaired elimination of

digoxin the drug will accumulate again

using the same maintenance dose

and you will anticipate that the plateau

concentration is going to be double if

the clearance of elimination is

reduced by 0 percent but the other  
thing that is important is to recognize  
that you will not reach the plateau in  
the patient with impaired renal function

until later

this is

normal renal function normal half-life  
for digoxin this is impaired function  
and a prolonged half-life for the drug  
consequently you will not achieve that  
steady state concentration until later  
in this case in this example until  
days or weeks have taken place  
so now let's discuss clearance as a  
primary parameter in pharmacokinetics

and of course we

need to understand clearance in the  
context of drug evaluation and use in a  
clinical medicine

now this is a traditional creatinine  
clearance equation that you learn in  
your physiology courses

that describes the clearance of  
creatinine

this is an endogenous product that can  
be measured in plasma



and the clearance of creatinine being

used as an index of renal function

and we have this relationship here that

says that  $U \text{ times } V \text{ over } P$

determines what the clearance and

clearance is in that context so  $U$  refers

to the urine concentration of the drug

or rather of creatinine in this case

$V$  is the urine volume

produced over a period of time typically

the creatinine clearance requires a

hour urine collection

so this is really

a urine

formation rate

and then  $P$  standing for plasma

concentration of creatinine now let's

look at this again

and think about the appearance of

creatinine in the urine the rate of

appearance of creatinine in the urine

the  $E$  think about excretion or

creatinine  $dE$  over  $DT$

and now this is equal to the clearance

for creatinine and the plasma

concentration at that time

so again

that equation that we had before is

really a differential equation in

Disguise

now lets think about the rate of change

of creatinine in the body  $X$  being the

amount of creatinine in the body so we

have  $DX$  over  $DT$

now being equal to  $I$   $I$  being the rate of

creatinine synthesis this is an

endogenous product minus

the clearance of creatinine times the

plasma concentration this would be the

creatinine

excretion rate

at steady state

we can of course discard this term the

actuality

such that the plasma concentration now

is equal to the rate of creatinine

synthesis or is directly proportional to

the rate of creatinine synthesis and

inversely proportional to the rate of

creatinine clearance

uh and lets look at these steady state

equations because these are truly uh

some of the most useful equations you're going to use in pharmacokinetics so if we look at continuous synthesis of creatinine the steady state plasma concentration of creatinine equals the endogenous rate of production of creatinine over the clearance and if you think about a drug that is being given continuously Say by intravenous infusion the steady state concentration is going to be equal to the infusion rate over the elimination clearance for that drug so again one of the most useful equations for you to keep in mind uh in addressing uh what are the determinants of the steady state concentration of the drug

now we don't

often do creatinine clearance determinations and collect urine for hours and a number of equations have been developed over the years to estimate the clearance of creatinine in the case of the cockcroft and gold equation that has been in use since the 90s and you have these parameters here

that consider age that consider weight  
of the individual and of course the  
serum creatinine concentration in  
milligrams per deciliter now this  
estimates based on the cockcroft and  
gold equation has to be reduced by  
percent for women because generally they  
have a smaller body mass  
specifically skeletal muscle mass and  
that leads to a reduced uh  
estimate for women when using this  
approach now in this equation or rather  
in this slide what you see is that the  
terms that are shown in red  
are actually estimating the creatinine  
synthesis rate that we had in our basic  
equation previously  
an example of the importance of relying  
on the estimated clearance of creatinine  
as opposed to Simply measuring a serum  
concentration of creatine is Illustrated  
in this work by purges and colleagues in  
the early 90s they had a group of  
individuals that were clinically toxic  
due to uh  
the use of of digoxin and what they were

trying to see is what was the uh  
clearance of creatinine in these  
patients as opposed to the serum uh  
concentration of creatine and they group  
their patients into  
individuals that had creatinines in  
serum of milligrams per deciliter or  
less or individuals that had  
greater than milligrams per  
deciliter of creatinine and these are  
their estimated clearances of creatinine  
using the cockcroft and gold equation  
what you see here is that in the group  
of individuals with uh low serum  
creatinine concentration relatively low  
serum creatinine concentration 9  
individuals 9 individuals out of  
actually had an estimated clearance of  
creatinine there was less than 0 on  
the other hand  
the uh  
majority of individuals  
with creatinine  
in serum greater than had a  
clearance or creatinine less than 0 so  
once again it is important to estimate

the clearance  
of creatinine now another approach to  
estimating renal function is based on  
this equation the mdrd equation many  
versions that actually estimate the  
glomerular filtration rate not the  
creatinine clearance but the glomerular  
filtration rate  
normalized to body surface area  
now you're going to have more  
discussions of this equation  
in electric addressing pharmacokinetics  
alterations in patients with renal  
disease  
a more modern equation is the CKD Epi  
collaboration equation  
that is more accurate than the mdrd  
equation in estimator in estimating the  
glomerular filtration rate and actually  
has less bias if the GFR is greater than  
0 milliliters per meter per minute  
rather once again normalize to body  
surface area so back to our steady state  
equations if you have a continuous drug  
infusion the steady state concentration  
is a function of the infusion rate and

the clearance of elimination for the  
drug if you're using intermittent dosing  
say given the drug once a day or twice a  
day or whatever the case may be  
this is the estimated mean serum  
concentration over that dosing interval  
now being equal to the dose over the  
dosing interval and again over the  
clearance of elimination for the drug  
so the steady state concentration

let us emphasize it is not determined by  
the loading dose

now once again some drugs require the  
administration of a loading dose to  
establish a therapeutic concentration

rapidly

but the loading dose does not determine  
what the steady state concentration will  
be with continuous administration of the  
drug

now

the means steady state concentration  
with intermittent Drug Administration  
is not determined by the volume of  
distribution

but on the other hand we need to pay

attention to pick and trough levels  
because they will be affected by the  
apparent volume of distribution  
and this is shown in this example where  
the volume of distribution is either  
large or small  
and the same  
dose being administered administered  
over a dosing interval and you see the  
variations in Peaks and trough  
but the mean estimated  
concentration over the dosing interval  
is the same and corresponds of course to  
that dosing rate and the elimination  
clearance  
and uh  
an important element to highlight is  
that changes in maintenance dose  
for most drugs when were dealing with  
first order kinetics of elimination  
result in directly proportional changes  
in the steady state concentration  
once again for most drugs that follow  
first order kinetics of elimination  
and we are reemphasizing our steady  
state equations because truly these are



equations you should remember because of

their conceptual and practical use

but some drugs are not eliminated by

first order kinetics and I'm giving you

three examples here

phenytoin

ethyl alcohol and aspirin acetyl

salicylic acid these are drugs that

deviate from the general pattern of

first order kinetics of elimination

and let's focus on phenytoin

phenytoin undergoes metabolism in the

liver via this main pathway of

cytochrome P-450 and we have this para

hydroxylated

metabolite

that is generated through this pathway

and here we have an example uh actually

from Dr Arthur Jade Atkinson Jr who had

the opportunity to study a patient with

phenytoin toxicity

very high levels of any Trough of

drawn this patient upon admission

and with signs of toxicity just to give

you a reference the therapeutic range

for phenytoin is typically 10 to 20

0 to 0 micrograms per ml were near 0  
micrograms per ml when this patient was  
admitted with signs of toxicity  
and what they did in this very elegant  
study is they followed the plasma  
concentrations of the drug over time  
and at the same time they started  
collecting urine  
to measure the appearance of this para  
hydroxylated metabolite of any time  
and you see here day after day after day  
that the amount of  
this metabolite of any Towing that was  
recovering the urine remain relatively  
constant the plasma concentrations are  
falling as you see here over time  
but for a period of time the amount of  
the metabolite that appears in the urine  
is constant and then we reach a point  
when the plasma concentrations begin to  
decline more rapidly  
and also we see that the amount of  
metabolite recovering the urine also  
diminishes  
what this is indicating and of course  
they're they're measuring urine

creatinine to validate their urine  
collections if you will over time  
and over here they started  
readministering phenytoin once again  
and they see the increase in the level  
and then the subsequent decline of the  
level what this indicates is that the  
metabolic pathway

cc9 that generates this hydroxylated  
metabolite orphaniton is saturated is  
saturated over a significant period of  
time because of this very high  
concentrations of anytoin that that  
metabolic pathway cannot handle

uh if you will uh

felitoing kinetics actually follow the  
pattern of Michaelis mental kinetics  
again a concentration over time in this  
case given the drug intravenously this  
is the rate of change of any time plasma  
concentration which does not follow  
first order kinetics

represented here or rather determined by  
the  $V_{max}$  that is the maximum capacity of  
the metabolic pathway

the Michaelis constant and here again

the  
phenytoin concentration terms so this is  
a deviation from uh first order kinetics  
of elimination so lets look again our  
our steady state equations were given  
the drug a drug if you will  
add intervals orally and this is the  
equation we described before for drugs  
that follow first order kinetics  
clearance of elimination times the mean  
steady state concentration  
uh in the case of drugs that follow  
Michael is meant in kinetics like  
phenytoin and ethyl alcohol and aspirin  
you need to apply this equation and this  
term if you will uh in lieu of these  
clearance of elimination term a very  
important issue because when you follow  
this type of kinetics you lose the  
element of those proportionality  
here  
the patient receiving 00 milligrams per  
day of any Towing as a concentration of  
0 micrograms per ml in plasma  
again the means steady state  
concentration

we go up to 100 milligrams  
and the concentration already doubles  
we go to 100 milligrams per day we have  
triple the concentration of any time so  
we do not have those proportionality  
with drugs that follow

Michaelis-Menten kinetics of  
elimination

and and again this is another example of  
a patient that became toxic on a  
phenytoin dose of 100 milligrams per day  
uh a typical dose if you will but  
excessive in the case of this individual  
with slower rate of metabolism  
that defining the therapeutic dose then  
for these patient should really be 100  
milligrams per day

and uh one thing of course that arises  
as a question is well there is a large  
number of drugs that  
are metabolized in the liver

so an enzymatic pathway is involved and  
yet we do not see  
Michaelis-Menten kinetics for those  
drugs so we have apparent first order  
kinetics of elimination

and what we can see here is that in situations where the  $k_m$  the Michaelis meant and constant for that particular drug and that enzyme is much greater than the plasma concentrations that we will need or observe in a therapeutic context in the clinic

if the  $k_m$  is much greater than  $C$  then we can neglect this term here in the denominator such that now we have  $V_{Max}$  over  $k_m$  becoming a pseudo first order uh rate constant of elimination so the ratio of two constants of course is a constant so now this becomes the equivalent term if you will and their conditions in which the  $k_m$  for that drug and that enzymatic pathway is much greater than the concentrations that we need to obtain for a therapeutic response

so I will refer you to the practice problems that are provided at the end of chapter in our textbook with answers provided in appendix so that you can practice and become comfortable with these Concepts all the equations that I

have shown are derived again in the  
relevant chapters in the textbook  
and that will conclude our discussion  
today after doing your practice problems  
and reviewing the lecture material  
if you have questions  
please contact our course coordinator  
who will in turn uh Implement a  
consultation mechanism with the  
lecturers in the course so that you can  
get an answer that will be posted I hope  
I have provided you with an overview of  
our discipline a critical discipline in  
the context of drug development and in  
the context of therapeutic drug  
utilization thank you very much