Figure 1: This caption will not be counted.
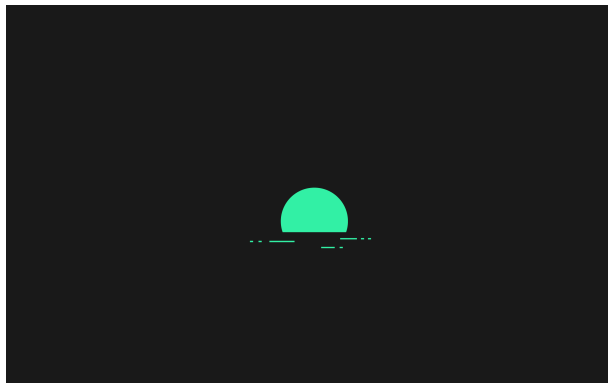
This text will be counted.

Figure 2: This caption will also not be counted.

This text will be counted.

This text is counted.

This sentence is counted. This part is ignored .