

# Divya R. Robin

New York, NY, 10019

## Professional Qualifications

Crisis management; mentorship; diverse research experience; phenomenological and empirical multicultural sensitivity; strong interpersonal communication skills; social equity advocacy; active listening; and passion for the field of mental health.

## Academic History

### **Teachers College, Columbia University**

**New York, NY**

Master of Arts, Master of Education in Psychological Counseling

*May 2020*

- Mental Health Specialization
- 3.90

### **University of Illinois at Urbana-Champaign**

**Champaign, IL**

Bachelor of Science in Psychology

*May 2017*

- Minor: Communications
- 3.60

## Research/Teaching Experience

### ***Graduate Teaching Assistant***

**New York, NY**

Barnard College

January 2019-Present

- Assist Dr. Scott Barry Kaufman in teaching-related duties for the *Science of Living Well* Course
- Lead recitation session that consists of class discussion, overviewing lecture material, and experiential exercises
- Grade weekly reflection papers, course assignments and midterm/final exams and return assignments to students in accordance with established deadlines
- Attend training sessions or professional meetings to develop or maintain professional knowledge

### ***Graduate Research Assistant, Inc. Lab***

**New York, NY**

Teachers College, Columbia University

September 2018-Present

- Research on topics of community collaborations and advocacy through quantitative and qualitative projects
- Participate in weekly meetings with Dr. Laura Smith, team coordinators, and other graduate research assistants
- Analyze data on social inclusion and social justice from projects conducted in the Lab.
- Present research at academic conferences such as Winter Roundtable 2019 at Columbia University

### ***Undergraduate Research Assistant***

**Champaign, IL**

University of Illinois Psychology Department

January 2016-May 2017

- Presented lab's research on LGBTQ inequality among graduate students in psychology graduate programs at the LGBTQ research symposium and created PowerPoint slides for a conference
- Assisted in the creation of a Qualtrics survey on LGBTQ inequality among graduate students for nationwide data collection
- Participated in bi-weekly lab meetings
- Professionally contacted Doctoral Program Coordinators at 50 + Universities.

- Observed and revised Institutional Review Board (IRB) submission documentation for nationwide data collection

### ***Undergraduate Research Assistant***

**Champaign, IL**

University of Illinois Psychology Department

September 2015-December 2015

- Assisted in the literature review process regarding articles focusing on subjects of racial disparities and juvenile delinquency
- Professionally consulted with the Champaign County Juvenile Detention Center (JDC), Champaign County Jail, Illinois Department of Juvenile Justice (IDJJ) facilities, Illinois Department of Corrections (IDOC) facilities and selected Alternative Schools to enquire on their research protocol restrictions
- Presented studies relevant to the topic of juvenile delinquency and racial disparities at bi-weekly research meetings

### ***Undergraduate Research Assistant***

**Bloomington, IL**

Illinois Wesleyan University

August 2013-May 2014

- Assisted with thesis research focusing on women's body issues for Kaitlyn Eichinger and Antonia Jurkovic under Dr. Nebel-Schwalm
- Assisted with questionnaire and survey data collection with students on campus 2-3 times per week
- Entered the collected data into spreadsheets for analysis
- Presented studies relevant to the topic of body issues to the research group

## **Professional Experience**

### ***Administrative Assistant***

**Downers Grove, IL**

Irving and Associates in Behavioral Health

November 2017- May 2018

- Assist new patients through therapy intake process by taking note of their insurance, personal information and connecting the patient with a clinician
- Coordinate the scheduling of appointments and client insurance information
- Ensure that claims are successfully being submitted to insurance, follow up on problem claims, prepare statements, explain billing details to patients, process records requests and verify insurance eligibility

### ***Shadow Experience***

**Chicago, IL**

Dura LLC

November 2017- February 2018

- Assist new patients through therapy intake process by taking note of their insurance, personal information and connecting the patient with a clinician
- Coordinate the scheduling of appointments and client insurance information
- Ensure that claims are successfully being submitted to insurance, follow up on problem claims, prepare statements, explain billing details to patients, process records requests and verify insurance eligibility

### ***Applied Behavior Analysis Therapist***

**Naperville, IL**

Total Spectrum, LLC

September 2017-June 2018

- Implement applied behavior analysis therapy based on treatment plans
- Provide home-based services to clients on the autism spectrum by implementing all programs developed/approved by Board Certified Behavior Analyst

- Collect and record data during each therapy session
- Compile case notes and complete billing procedures per HIPPA and insurance purposes
- Work toward completing state certification as Registered Behavior Technician as issued by the Board Analyst Certification Board

***Social Media Consultant***

Irving & Associates in Behavioral Health

**Downers Grove, IL**

May 2017-May 2018

- Create and develop marketing strategies and designs to promote brand awareness and online reputation along with attempting to diminish mental health stigma
- Promote client engaging content to display on clinic's website (to be released February 2018) and social media platform
- Launch content with the goal to reduce mental health stigma and promote diversity through social media posts

***Personal Support Worker***

Center for Independent Living

**Downers Grove, IL**

July 2017-December 2017

- Implemented reinforced techniques from client's physical therapy, occupational therapy, and speech therapy into client's everyday life
- Assimilated skills of social interaction, personal hygiene, and self-care into client's life
- Assisted client with Cerebral Palsy in everyday activities such as clothing, changing, feeding and school work
- Worked with client on given learning and behavioral goals 2-3 times per week

***Counseling Pre-Practicum Student***

University of Illinois Counseling Department

**Champaign, IL**

January 2017-May 2017

- Accepted into graduate-level Counseling Pre-Practicum course through the University of Illinois Counseling Psychology department
- Met with a volunteer client for six weekly sessions to perform 45-minute counseling sessions.
- Met weekly with assigned supervisor to discuss video recorded sessions with the client
- Discussed various issues of cultural competence, ethical issues, legal issues, interventions, and treatment planning in the psychotherapy process
- Discussed, observed, and demonstrated effective counseling/helping techniques
- Wrote transcriptions of counseling sessions and analyzed the sessions

***Medical/Legal Advocate***

YWCA

**Addison, IL**

April 2016-May 2017

- Volunteered and provided crisis intervention over the 24-hour crisis hotline and in-person at all DuPage County hospitals and police departments
- Offered skills of crisis management, empathy, advocacy and problem-solving
- Participated in a 40-hour Sexual Assault Crisis Intervention training
- Provided appropriate community resource(s) pertinent to each person's own crisis

***Communications Intern***

SamaraCare Counseling Center

**Naperville, IL**

May 2016-August 2016

- Content managed clinician's blog posts about Mental Health/Wellness Issues before being posted publicly on the website
- Managed digital communication accounts on Facebook, LinkedIn, and Twitter
- Worked on the printed communication of reports, newsletters and annual appeals

- Launched content with the goal to reduce mental health stigma through social media posts

### ***Psychology Intern***

**Champaign, IL**

Family Advocacy of Champaign County

January 2016-May 2016

- Assisted families in need with problem relationships and other aspects of social functioning affecting the unity of the family and the community
- Facilitated monthly conferences to educate parents and caregivers on techniques for positive parenting
- Collaborated with community agencies with a goal to support safe and positive transitions and relationships
- Advocated for family visitation between parents and children
- Provided families emotional and moral support by accompanying them to court
- Observed weekly meetings with parents and caseworkers during client discussions

### ***Crisis Hotline Volunteer***

**Champaign, IL**

Community Elements

September 2015-May 2016

- Participated in 40-hour Crisis Intervention training
- Responded to community crisis calls to help people cope with a crisis
- Provided appropriate resources to aid crisis need

## **Leadership Experience**

### ***Senior Recruitment Leader***

**Champaign, IL**

Alpha Delta Pi Sorority

August 2017-May 2017

- Collaborated with a team of 10 seniors selected by the formal recruitment chair to facilitate recruitment workshops on topics such as: learning to network with new people, share personal values and glean values of others through conversation
- Organized daily activities of formal recruitment and ensured smooth transitions of events
- Mentored 180+ members through the formal and informal recruitment process

### ***Liberal Arts & Sciences Transfer Intern/Teaching Assistant***

**Champaign, IL**

College of Liberal Arts and Sciences

August 2016-December 2016

- Led instruction of LAS 102: Transfer Advantage, which is a course designed to assist new transfer students in their transition to the University of Illinois College of LAS
- Mentored a class of about 20 students through their transition to the University of Illinois Campus by meeting with them one-on-one outside of class time to conduct check-ins
- Collaborated with a team of 15 students selected by the College of Liberal Arts & Sciences to create lesson plans for weekly class
- Pitched new, creative, and innovative ways to engage students during class

## **Presentations**

Brown, D., **Robin, D.**, Herrera, M., Hund, A. (2017, May). *LGBTQ psychology graduate students: Is our space affirming?* Presentation at the LGBTQ research symposium: An interdisciplinary symposium on LGBTQ research in the social sciences, Champaign-Urbana, IL.

May 2017

## **Honors & Awards**

Illinois Wesleyan University Merit Scholar

*Fall 2013, Spring 2014*

University of Illinois Dean's List

*Spring 2014, Spring 2015*

Teachers College Scholarship

*Fall 2018, Spring 2019*

## **Skills & Certifications**

Internet-Based Research, *Collaborative Institute Training Initiative (CITI Program)*

Registered Behavior Technician - Curriculum (40 hours), *Relias Learning (RLMS)*

40-hour Sexual Assault Crisis Intervention Trained, *Illinois Coalition Against Sexual Assault*

SPSS Statistics Software

Qualtrics Software

## **Professional Affiliations**

American Counseling Association

New York Mental Health Counseling Association