



$$I_x = \bar{I}_x + Ad_x^2 = \frac{1}{12}bh^3 + bh\left(\frac{h}{6}\right)^2$$

$$= \frac{1}{9}bh^3$$

$$I_y = \bar{I}_y + Ad_y^2 = \frac{1}{12}hb^3 + bh\left(\frac{b}{4}\right)^2$$

$$= \frac{7}{48}hb^3$$

$$I_z = I_x + I_y = bh\left(\frac{h^2}{9} + \frac{7b^2}{48}\right)$$

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