

## SUPPLEMENTARY TABLES

Table S1: Temporal context impact on model performance in validation partition ( $n = 426$ ).

|                        | Overall accuracy |       |        |               | Cohen's kappa |       |        |               |
|------------------------|------------------|-------|--------|---------------|---------------|-------|--------|---------------|
|                        | Mean             | SD    | Median | 95% CI, mean  | Mean          | SD    | Median | 95% CI, mean  |
| <b>Hidden units</b>    |                  |       |        |               |               |       |        |               |
| 0                      | 0.779            | 0.083 | 0.794  | [0.771-0.787] | 0.645         | 0.126 | 0.660  | [0.633-0.657] |
| 64                     | 0.818            | 0.079 | 0.837  | [0.810-0.825] | 0.720         | 0.120 | 0.745  | [0.709-0.731] |
| 128                    | 0.821            | 0.080 | 0.841  | [0.813-0.829] | 0.724         | 0.121 | 0.745  | [0.713-0.736] |
| 256                    | 0.820            | 0.082 | 0.843  | [0.812-0.828] | 0.725         | 0.124 | 0.751  | [0.713-0.736] |
| 512                    | 0.822            | 0.079 | 0.841  | [0.815-0.830] | 0.727         | 0.119 | 0.752  | [0.716-0.739] |
| 1024                   | 0.828            | 0.072 | 0.845  | [0.821-0.835] | 0.734         | 0.111 | 0.758  | [0.723-0.744] |
| 2048                   | 0.823            | 0.080 | 0.843  | [0.816-0.831] | 0.729         | 0.122 | 0.757  | [0.717-0.740] |
| <b>Sequence length</b> |                  |       |        |               |               |       |        |               |
| 2 min                  | 0.821            | 0.075 | 0.840  | [0.814-0.828] | 0.726         | 0.114 | 0.754  | [0.715-0.737] |
| 3 min                  | 0.826            | 0.080 | 0.845  | [0.818-0.833] | 0.733         | 0.123 | 0.762  | [0.721-0.744] |
| 4 min                  | 0.828            | 0.079 | 0.849  | [0.820-0.835] | 0.734         | 0.122 | 0.762  | [0.722-0.745] |
| 5 min                  | 0.828            | 0.072 | 0.845  | [0.821-0.835] | 0.734         | 0.111 | 0.758  | [0.723-0.744] |
| 10 min                 | 0.829            | 0.075 | 0.848  | [0.822-0.836] | 0.734         | 0.113 | 0.759  | [0.723-0.745] |
| <b>Window length</b>   |                  |       |        |               |               |       |        |               |
| 1 s                    | 0.824            | 0.074 | 0.843  | [0.817-0.831] | 0.728         | 0.113 | 0.752  | [0.717-0.738] |
| 3 s                    | 0.824            | 0.074 | 0.845  | [0.817-0.832] | 0.728         | 0.113 | 0.752  | [0.717-0.739] |
| 5 s                    | 0.825            | 0.074 | 0.843  | [0.818-0.832] | 0.728         | 0.113 | 0.752  | [0.717-0.739] |
| 10 s                   | 0.825            | 0.074 | 0.844  | [0.818-0.832] | 0.729         | 0.113 | 0.753  | [0.718-0.739] |
| 15 s                   | 0.826            | 0.074 | 0.845  | [0.818-0.833] | 0.729         | 0.113 | 0.755  | [0.719-0.740] |
| 30 s                   | 0.829            | 0.075 | 0.848  | [0.822-0.836] | 0.734         | 0.113 | 0.759  | [0.723-0.745] |

The **Hidden units** variable corresponds to varying the complexity in the recurrent module by increasing the number of hidden units. **Sequence length** indicate the length of the sequence of 30 epochs, while **Window length** correspond to varying the evaluation frequency.

Table S2: Performance characteristics for LOCI and LOCO training configurations.

|         | <i>N</i> PSGs | Overall accuracy |       |        |               | Cohen's kappa |       |        |               |
|---------|---------------|------------------|-------|--------|---------------|---------------|-------|--------|---------------|
|         |               | Mean             | SD    | Median | 95% CI, mean  | Mean          | SD    | Median | 95% CI, mean  |
| LOCI-wd |               |                  |       |        |               |               |       |        |               |
| ISRUC   | 1584          | 0.679            | 0.123 | 0.701  | [0.673-0.685] | 0.542         | 0.169 | 0.574  | [0.533-0.550] |
| MrOS    | 1584          | 0.821            | 0.077 | 0.835  | [0.817-0.825] | 0.727         | 0.114 | 0.745  | [0.721-0.733] |
| SHHS    | 1584          | 0.834            | 0.088 | 0.858  | [0.830-0.839] | 0.750         | 0.132 | 0.786  | [0.744-0.757] |
| SSC     | 1584          | 0.762            | 0.094 | 0.774  | [0.757-0.767] | 0.639         | 0.129 | 0.654  | [0.633-0.646] |
| WSC     | 1584          | 0.758            | 0.105 | 0.773  | [0.753-0.764] | 0.633         | 0.145 | 0.653  | [0.626-0.640] |
| LOCI    |               |                  |       |        |               |               |       |        |               |
| ISRUC   | 1584          | 0.676            | 0.124 | 0.700  | [0.670-0.682] | 0.539         | 0.170 | 0.574  | [0.531-0.547] |
| MrOS    | 1584          | 0.826            | 0.074 | 0.839  | [0.822-0.829] | 0.732         | 0.111 | 0.748  | [0.726-0.737] |
| SHHS‡   | 1584          | 0.837            | 0.084 | 0.858  | [0.833-0.841] | 0.754         | 0.127 | 0.786  | [0.748-0.761] |
| SSC     | 1584          | 0.773            | 0.088 | 0.785  | [0.769-0.777] | 0.657         | 0.125 | 0.671  | [0.651-0.663] |
| WSC     | 1584          | 0.763            | 0.101 | 0.776  | [0.758-0.768] | 0.641         | 0.140 | 0.659  | [0.635-0.648] |
| LOCO    |               |                  |       |        |               |               |       |        |               |
| ISRUC†  | 52            | 0.749            | 0.081 | 0.764  | [0.727-0.771] | 0.648         | 0.119 | 0.682  | [0.616-0.680] |
|         | 126           | 0.757            | 0.071 | 0.766  | [0.744-0.769] | 0.661         | 0.101 | 0.682  | [0.643-0.678] |
| MrOS†   | 371           | 0.843            | 0.066 | 0.851  | [0.836-0.849] | 0.757         | 0.104 | 0.776  | [0.746-0.767] |
|         | 3932          | 0.841            | 0.069 | 0.854  | [0.838-0.843] | 0.752         | 0.107 | 0.775  | [0.749-0.755] |
| SHHS    | 846           | 0.805            | 0.076 | 0.815  | [0.800-0.810] | 0.705         | 0.109 | 0.722  | [0.698-0.712] |
|         | 8444          | 0.800            | 0.081 | 0.811  | [0.798-0.801] | 0.697         | 0.115 | 0.713  | [0.694-0.699] |
| SSC     | 76            | 0.793            | 0.086 | 0.809  | [0.744-0.812] | 0.680         | 0.120 | 0.700  | [0.653-0.707] |
|         | 766           | 0.798            | 0.086 | 0.815  | [0.792-0.805] | 0.690         | 0.123 | 0.711  | [0.681-0.699] |
| WSC†    | 239           | 0.826            | 0.065 | 0.835  | [0.818-0.834] | 0.720         | 0.096 | 0.736  | [0.708-0.732] |
|         | 2411          | 0.824            | 0.068 | 0.837  | [0.821-0.827] | 0.718         | 0.100 | 0.736  | [0.714-0.722] |

Metrics are aggregated across all subjects for each cohort in test partition ( $N = 1,584$  PSGs). Statistics in italics correspond to evaluating performance on entire cohort. PSG: polysomnography; LOCI-wd: leave-one-cohort-in with weight decay; LOCO: leave-one-cohort-out; ISRUC: Institute of Systems and Robotics, University of Coimbra Sleep Cohort; MrOS: The Osteoporotic Fractures in Men Sleep Study; SHHS: Sleep Heart Health Study; SSC: Stanford Sleep Cohort; WSC: Wisconsin Sleep Cohort; †: significantly better than corresponding LOCI; ‡: significantly better than corresponding LOCO.

Table S3: Model performance of test partition with varying fractions of training data.

|                     | Overall accuracy |       |        |               | Cohen's kappa |       |        |               |
|---------------------|------------------|-------|--------|---------------|---------------|-------|--------|---------------|
|                     | Mean             | SD    | Median | 95% CI, mean  | Mean          | SD    | Median | 95% CI, mean  |
| <b>Fraction (%)</b> |                  |       |        |               |               |       |        |               |
| 0.25                | 0.782            | 0.097 | 0.801  | [0.777-0.787] | 0.671         | 0.141 | 0.696  | [0.664-0.678] |
| 0.50                | 0.804            | 0.086 | 0.824  | [0.800-0.808] | 0.696         | 0.131 | 0.724  | [0.689-0.702] |
| 1                   | 0.824            | 0.079 | 0.840  | [0.820-0.828] | 0.730         | 0.118 | 0.753  | [0.724-0.736] |
| 5                   | 0.841            | 0.074 | 0.856  | [0.837-0.844] | 0.757         | 0.113 | 0.780  | [0.751-0.763] |
| 10                  | 0.850            | 0.069 | 0.864  | [0.847-0.853] | 0.770         | 0.108 | 0.791  | [0.765-0.775] |
| 25                  | 0.858            | 0.066 | 0.873  | [0.854-0.861] | 0.782         | 0.102 | 0.804  | [0.777-0.787] |
| 50                  | 0.860            | 0.063 | 0.874  | [0.856-0.863] | 0.787         | 0.097 | 0.809  | [0.782-0.792] |
| 75                  | 0.867            | 0.062 | 0.882  | [0.864-0.870] | 0.797         | 0.096 | 0.818  | [0.792-0.802] |
| 100                 | 0.869            | 0.064 | 0.883  | [0.865-0.872] | 0.799         | 0.098 | 0.820  | [0.794-0.804] |

Increasing the available training data increased performance on the test partition ( $N = 1,584$ ) shown here as aggregated metrics across all subjects. No statistical difference was found by comparing confidence intervals (CI) between models trained with 75% and 100% of available training data, which indicates a saturation in training.

Table S4: Model performance on test partition ( $N = 1,584$ ) with varying number of cohorts in training partition.

| Training cohorts    | Overall accuracy |       |        |               | Kappa |       |        |               |
|---------------------|------------------|-------|--------|---------------|-------|-------|--------|---------------|
|                     | Mean             | SD    | Median | 95% CI, mean  | Mean  | SD    | Median | 95% CI, mean  |
| <b>2</b>            |                  |       |        |               |       |       |        |               |
| <b>Overall</b>      | 0.788            | 0.102 | 0.811  | [0.787-0.790] | 0.683 | 0.143 | 0.710  | [0.681-0.685] |
| ISRUC-MrOS          | 0.781            | 0.102 | 0.804  | [0.776-0.786] | 0.675 | 0.143 | 0.703  | [0.668-0.682] |
| ISRUC-SHHS          | 0.808            | 0.097 | 0.835  | [0.804-0.813] | 0.717 | 0.142 | 0.756  | [0.710-0.724] |
| ISRUC-SSC           | 0.735            | 0.103 | 0.753  | [0.729-0.740] | 0.613 | 0.140 | 0.638  | [0.606-0.620] |
| ISRUC-WSC           | 0.745            | 0.107 | 0.758  | [0.740-0.750] | 0.628 | 0.140 | 0.642  | [0.621-0.635] |
| MrOS-SHHS           | 0.829            | 0.081 | 0.849  | [0.825-0.833] | 0.740 | 0.124 | 0.769  | [0.734-0.746] |
| MrOS-SSC            | 0.796            | 0.090 | 0.816  | [0.791-0.800] | 0.683 | 0.133 | 0.708  | [0.677-0.690] |
| MrOS-WSC            | 0.805            | 0.087 | 0.822  | [0.801-0.809] | 0.699 | 0.126 | 0.722  | [0.693-0.705] |
| SHHS-SSC            | 0.816            | 0.090 | 0.839  | [0.812-0.821] | 0.722 | 0.129 | 0.755  | [0.716-0.729] |
| SHHS-WSC            | 0.824            | 0.089 | 0.846  | [0.820-0.828] | 0.733 | 0.128 | 0.762  | [0.727-0.739] |
| SSC-WSC             | 0.742            | 0.110 | 0.755  | [0.737-0.748] | 0.620 | 0.145 | 0.634  | [0.613-0.627] |
| <b>3</b>            |                  |       |        |               |       |       |        |               |
| <b>Overall</b>      | 0.808            | 0.092 | 0.830  | [0.807-0.810] | 0.711 | 0.131 | 0.739  | [0.709-0.713] |
| ISRUC-MrOS-SHHS     | 0.820            | 0.092 | 0.844  | [0.815-0.825] | 0.732 | 0.134 | 0.766  | [0.725-0.738] |
| ISRUC-MrOS-SSC      | 0.798            | 0.088 | 0.816  | [0.794-0.802] | 0.694 | 0.129 | 0.720  | [0.688-0.700] |
| ISRUC-MrOS-WSC      | 0.811            | 0.083 | 0.828  | [0.807-0.815] | 0.711 | 0.119 | 0.735  | [0.705-0.717] |
| ISRUC-SHHS-SSC      | 0.807            | 0.090 | 0.828  | [0.803-0.812] | 0.714 | 0.126 | 0.739  | [0.708-0.721] |
| ISRUC-SHHS-WSC      | 0.817            | 0.091 | 0.842  | [0.813-0.822] | 0.728 | 0.128 | 0.759  | [0.722-0.735] |
| ISRUC-SSC-WSC       | 0.755            | 0.109 | 0.775  | [0.750-0.760] | 0.639 | 0.150 | 0.670  | [0.631-0.646] |
| MrOS-SHHS-SSC       | 0.833            | 0.071 | 0.848  | [0.829-0.837] | 0.744 | 0.109 | 0.766  | [0.739-0.750] |
| MrOS-SHHS-WSC       | 0.840            | 0.073 | 0.854  | [0.836-0.843] | 0.753 | 0.109 | 0.774  | [0.748-0.759] |
| MrOS-SSC-WSC        | 0.795            | 0.088 | 0.811  | [0.791-0.800] | 0.687 | 0.123 | 0.706  | [0.681-0.693] |
| SHHS-SSC-WSC        | 0.807            | 0.101 | 0.833  | [0.802-0.812] | 0.710 | 0.142 | 0.744  | [0.703-0.717] |
| <b>4</b>            |                  |       |        |               |       |       |        |               |
| <b>Overall</b>      | 0.821            | 0.085 | 0.840  | [0.819-0.823] | 0.728 | 0.124 | 0.755  | [0.726-0.731] |
| ISRUC-MrOS-SHHS-SSC | 0.827            | 0.078 | 0.843  | [0.823-0.831] | 0.739 | 0.115 | 0.764  | [0.733-0.744] |
| ISRUC-MrOS-SHHS-WSC | 0.835            | 0.075 | 0.850  | [0.831-0.838] | 0.747 | 0.112 | 0.768  | [0.742-0.753] |
| ISRUC-MrOS-SSC-WSC  | 0.794            | 0.097 | 0.817  | [0.789-0.799] | 0.687 | 0.139 | 0.716  | [0.680-0.694] |
| ISRUC-SHHS-SSC-WSC  | 0.819            | 0.091 | 0.843  | [0.814-0.823] | 0.728 | 0.131 | 0.759  | [0.721-0.734] |
| MrOS-SHHS-SSC-WSC   | 0.830            | 0.076 | 0.846  | [0.826-0.834] | 0.741 | 0.112 | 0.763  | [0.736-0.747] |

The total number of training records were fixed at  $N = 500$  for all configurations. ISRUC: Institute of Systems and Robotics, University of Coimbra Sleep Cohort; MrOS: The Osteoporotic Fractures in Men Sleep Study; SHHS: Sleep Heart Health Study; SSC: Stanford Sleep Cohort; WSC: Wisconsin Sleep Cohort.