

MCRT

CONTRA COSTA MOBILE CRISIS RESPONSE TEAM

The Mobile Crisis Response Team (MCRT) provides professional, same-day intervention for adults who are experiencing mental health crises.

MCRT includes licensed mental health clinicians, community support workers, and a family nurse practitioner employed by Contra Costa Behavioral Health Services (BHS).

The team visits clients, families and/or significant support persons to prevent acute psychiatric crises resulting in involuntary hospitalizations.

The goal is to de-escalate the crisis and connect the client to mental health resources.

CONTACT US

1-833-443-2672 (adults)

1-877-441-1089 (17 and younger)

Licensed Clinicians and Community Support Workers available for community crisis intervention

Current Coverage - Monday to Friday 7a.m. – 11:30p.m.

MCRT is NOT an emergency service

CALL 911 IF

- Someone is in immediate danger
- In the act of committing suicide
- Physically assaulting someone else
- Threatening with a weapon
- Appears to have a medical emergency

CALL MCRT IF

- Behavior is escalating, but no immediate danger
- Threatening suicide or severely depressed
- Verbally threatening someone else
- Throwing objects or hitting furniture or walls
- Could become a danger to themselves or others

Visit cchealth.org/mentalhealth/mcrt.php for more information

Mental health
crisis intervention
at your location