

Kobudo Wiki

Neha Moopen

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Welcome

Hello! This *wiki* contains resources related to the study of Ryukyu Kobujutsu (Okinawan Kobudo).

Kobudo is an armed martial art built on Karate foundations using weapons such as the bo (staff), sai (small tridents), and tonfa (baton) among others.

This book is built with Quarto and GitHub. To learn more about Quarto books visit <https://quarto.org/docs/books>.

Trainingsschema



Trainingsschema Kobujutsu:

Bo

- Kata's: konchiki, shushi no kon sho & dai
- 5 Comprehensive kumites
- 15 basics (voorheen doorlopende kumite)
- 3 basis kihon: kamaï, uke en seme (met en zonder partner)
- 10 basis kumite

Sai

- Kata: Tsukenshitahaku
- 4 Comprehensive kumites
- Renzoku waza kumite
- 10 basis kumite

Tonfa

- Kata: Tonfa no hamahiga
- Renzoku waza kumite
- 10 basis kumite

Kama

- Kata: Tozan
- Renzoku waza kumite (Hebben we nog niet gedaan!)
- 10 basis kumite

Sanyaku bo

- Nog geen programma: improvisatie

Note:
Tik de naam van de kata in op Youtube en kijk vervolgens naar Maarten de Bloois.
Hij brengt de kata's duidelijk in beeld.

Bo

- Kata's: konchiki, shushi no kon sho, dai
- 5 Comprehensive kumites
- 15 basics (voorheen doorlopende kumite)
- 3 basis kihon: kamaï, uke, seme (met en zonder partner)
- 10 basis kumite

Sai

- Kata: Tsukenshitahaku
- 4 Comprehensive kumites
- Renzoku waza kumite
- 10 basis kumite

Tonfa

- Kata: Tonfa no hamahiga
- Renzoku waza kumite
- 10 basis kumite

Kama

- Kata: Tozan
- Renzoku waza kumite
- 10 basis kumite

1 Bo

1.1 Kumite

1.1.1 15 basis kumite (doorlopende)

1.1.2 Bunkai

1.1.3 Comprehensive Kumite

1.1.3.1 1

1.1.3.2 2

1.1.3.3 3

1.1.3.4 4

1.1.3.5 5

1.2 Kata

1.2.1 Shuji no kon Sho

1.2.2 Shuji no kon Dai

2 Sai

2.1 Kumite

2.1.1 Renzoku kumite

2.1.2 Sai Bo kumite

2.2 Kata

2.2.1 Tsukenshitahaku no Sai

3 Tonfa

3.1 Kata

3.1.1 Hamahiga no Tonfa

4 Kama

coming soon?

Resources

YouTube

- [Ryukyu Kobujutsu](#)
- [Wim van de Leur](#)
- [Maarten Van Bloois](#)
- [annetraam](#)
- [DojoSuhari](#)

References

- [Kobujutsu Studiemateriaal](#): pdf with overview of YouTube channels and links to videos embedded in this wiki.