

# **Kobudo Wiki**

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2024-04-05

# Table of contents

<b>Preface</b>	<b>3</b>
<b>1 Trainingsschema</b>	<b>4</b>
1.1 Bo . . . . .	6
1.2 Sai . . . . .	6
1.3 Tonfa . . . . .	6
1.4 Kama . . . . .	6
<b>2 Bo</b>	<b>7</b>
2.1 Kumite . . . . .	7
2.1.1 15 basis kumite (doorlopende) . . . . .	7
2.1.2 Bunkai . . . . .	7
2.1.3 Comprehensive Kumite . . . . .	7
2.2 Kata . . . . .	7
2.2.1 Shuji no kon Sho . . . . .	7
2.2.2 Shuji no kon Dai . . . . .	7
<b>3 Sai</b>	<b>8</b>
3.1 Kumite . . . . .	8
3.1.1 Renzoku kumite . . . . .	8
3.1.2 Sai Bo kumite . . . . .	8
3.2 Kata . . . . .	8
3.2.1 Tsukenshitahaku no Sai . . . . .	8
<b>4 Tonfa</b>	<b>9</b>
4.1 Kata . . . . .	9
4.1.1 Hamahiga no Tonfa . . . . .	9
<b>5 Kama</b>	<b>10</b>
<b>6 Resources</b>	<b>11</b>
6.1 YouTube . . . . .	11
<b>7 References</b>	<b>12</b>

# Preface

This is a Quarto book.

To learn more about Quarto books visit <https://quarto.org/docs/books>.



# 1 Trainingsschema



## Trainingsschema Kobujutsu:

### Bo

- Kata's: konchiki, shushi no kon sho & dai
- 5 Comprehensive kumites
- 15 basics (voorheen doorlopende kumite)
- 3 basis kihon: kamai, uke en seme (met en zonder partner)
- 10 basis kumite

### Sai

- Kata: Tsukenshitahaku
- 4 Comprehensive kumites
- Renzoku waza kumite
- 10 basis kumite

### Tonfa

- Kata: Tonfa no hamahiga
- Renzoku waza kumite
- 10 basis kumite

### Kama

- Kata: Tozan
- Renzoku waza kumite (Hebben we nog niet gedaan!)
- 10 basis kumite

### Sanyaku bo

- Nog geen programma: improvisatie

#### Note:

Tik de naam van de kata in op Youtube en kijk vervolgens naar Maarten de Bloois.  
Hij brengt de kata's duidelijk in beeld.

## 1.1 Bo

- Kata's: konchiki, shushi no kon sho, dai
- 5 Comprehensive kumites
- 15 basics (voorheen doorlopende kumite)
- 3 basis kihon: kamae, uke, seme (met en zonder partner)
- 10 basis kumite

## 1.2 Sai

- Kata: Tsukenshitahaku
- 4 Comprehensive kumites
- Renzoku waza kumite
- 10 basis kumite

## 1.3 Tonfa

- Kata: Tonfa no hamahiga
- Renzoku waza kumite
- 10 basis kumite

## 1.4 Kama

- Kata: Tozan
- Renzoku waza kumite
- 10 basis kumite

## **2 Bo**

### **2.1 Kumite**

#### **2.1.1 15 basis kumite (doorlopende)**

#### **2.1.2 Bunkai**

#### **2.1.3 Comprehensive Kumite**

##### **2.1.3.1 1**

##### **2.1.3.2 2**

##### **2.1.3.3 3**

##### **2.1.3.4 4**

##### **2.1.3.5 5**

### **2.2 Kata**

#### **2.2.1 Shuji no kon Sho**

#### **2.2.2 Shuji no kon Dai**

## **3 Sai**

### **3.1 Kumite**

#### **3.1.1 Renzoku kumite**

#### **3.1.2 Sai Bo kumite**

### **3.2 Kata**

#### **3.2.1 Tsukenshitahaku no Sai**



## **4 Tonfa**

### **4.1 Kata**

#### **4.1.1 Hamahiga no Tonfa**

## 5 Kama

coming soon?

## 6 Resources

### 6.1 YouTube

- [Ryukyu Kobujutsu](#)
- [Wim van de Leur](#)
- [Maarten Van Bloois](#)
- [annetraam](#)
- [DojoSuhari](#)

## 7 References

- [Kobujutsu Studiemateriaal](#): pdf with overview of YouTube channels and links to videos embedded in this wiki.