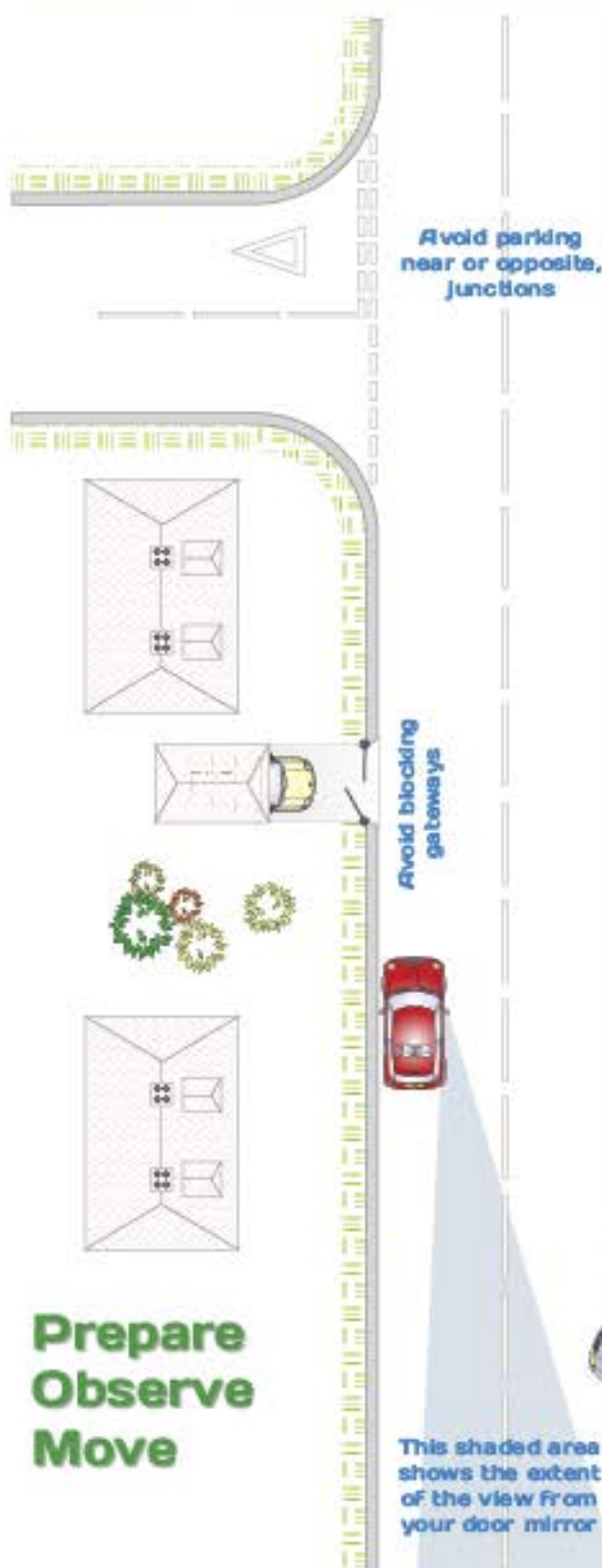


7. Moving off and stopping

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There are simple routines to help you with all aspects of driving. You have already learned about MSM. Moving off also has a simple routine.

This routine can help you to develop a safe moving off method...

'Prepare - Observe - Move'.

When **preparing** to move, your first job is to check that the handbrake is on and the gear lever is in the neutral position before starting the engine. Next, press the clutch pedal down and select first gear (keep the clutch pedal down at this point!) Set the gas by pressing the accelerator pedal to get a lively hum from the engine (this give the car enough power to move without stalling). Finally, find, and hold, the biting point.

Make all-round **observation** by completing a 'six-point-check' using all your mirrors, checking the road ahead and your blind spots. Consider a signal, and, if it is safe, release the handbrake; bring the clutch up gently and move away steering slightly to the right to take up a safe position in the road.

The routine for stopping begins with observation. Check your mirrors and consider a signal. When it is safe to stop, press the footbrake gently, steer towards the kerb (looking well ahead as you do so) and press the clutch down just before the car stops.

Ideally the car should feel as though it's stopping too soon, ease off the footbrake to make it to the stopping position. Finally, handbrake, neutral - and relax!

Lesson Notes: