

# Home Behavioral Healthcare Services

- Clinical Policy Bulletins
- Medical Clinical Policy Bulletins

Number: 0730

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## Policy

### Scope of Policy

This Clinical Policy Bulletin addresses home behavioral healthcare services.

#### 1. Medical Necessity

Subject to applicable benefit plan terms and limitations, Aetna considers provision of skilled behavioral health services in the home medically necessary when *all* of the following criteria are met:

- The services are ordered by a physician or independently licensed behavioral health professional (BHP) (e.g., psychiatrist, psychologist, and social worker or professional counselor licensed to practice without supervision in their State) and are directly related to an active treatment plan of care established by the physician or licensed BHP; *and*
- The skilled behavioral health care is appropriate for the active treatment of a condition, illness or disease; *and*
- The skilled behavioral health care is intermittent or hourly in nature\*; *and*
- The skilled behavioral health care is provided under the supervision of an independently licensed BHP; *and*
- The services are provided in lieu of a continued hospitalization, confinement in a residential treatment facility (RTF), or receiving outpatient services outside of the home; *and*
- The treatment provided is appropriate for the member's condition including the amount of time spent providing the service as well as the frequency, type and duration of the services; *and*
- The behavioral health services provided are not primarily for the comfort or convenience of the member or family or custodial in nature\*\*.

\* Intermittent or part-time skilled home behavioral health care is defined as a visit of up to 1 hour in duration.

\*\* Custodial care is defined as services and supplies furnished to a person mainly to help him or her with activities of daily living. Custodial care includes services and supplies:

- Furnished mainly to train or assist the insured family member in personal hygiene and other activities of daily living rather than to provide therapeutic treatment; *or*
- That can be safely and adequately provided by persons without the technical skills of a health care provider (e.g., nurse).

#### 2. Policy Limitations and Exclusions

**Note:** Skilled home behavioral healthcare services are covered under the member's behavioral healthcare benefit. Please check benefit plan descriptions.

#### 3. Related Policies

- CPB 0201 - Skilled Home Health Care Nursing Services
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## CPT Codes / HCPCS Codes / ICD-10 Codes

### Other CPT codes related to the CPB:

Code	Code Description
99341	Home visit for the evaluation and management of a new patient, which requires these three key components: - A problem focused history; - A problem focused examination; and - Straightforward medical decision making.
99342	Home visit for the evaluation and management of a new patient, which requires these three key components: - An expanded problem focused history; An expanded problem focused examination; and - Medical decision making of low complexity.
99344	Home visit for the evaluation and management of a new patient, which requires these three key components: - A comprehensive history; A comprehensive examination; and - Medical decision making of moderate complexity.
99345	Home visit for the evaluation and management of a new patient, which requires these three key components: - A comprehensive history; A comprehensive examination; and - Medical decision making of high complexity.
99347	Home visit for the evaluation and management of an established patient, which requires these three key components: - A problem focused interval history; - A problem focused examination; and - Straightforward medical decision making.
99348	Home visit for the evaluation and management of an established patient, which requires these three key components: - An expanded problem focused interval history; An expanded problem focused examination; and - Medical decision making of low complexity.
99349	Home visit for the evaluation and management of an established patient, which requires these three key components: - A detailed interval history; A detailed examination; and - Medical decision making of moderate complexity.
99350	Home visit for the evaluation and management of an established patient, which requires these three key components: - A detailed interval history; A detailed examination; and - Medical decision making of high complexity.

### Other HCPCS codes related to the CPB:

G0155	Services of clinical social worker in home health or hospice settings, each 15 minutes
G0177	Training and educational services related to the care and treatment of patients disabling mental health problems per session (45 minutes or more)
G0299	Direct skilled nursing services of a registered nurse (RN) in the home health or hospice setting, each 15 minutes
G0300	Direct skilled nursing services of a license practical nurse (LPN) in the home health or hospice setting, each 15 minutes
H0002	Behavioral health screening to determine eligibility for admission to treatment program
H0004	Behavioral health counseling and therapy, per 15 minutes
H0023	Behavioral health outreach service (planned approach to reach a targeted population)
H0031	Mental health assessment, by non-physician
H0032	Mental health service plan development by non-physician
H0036	Community psychiatric supportive treatment, face-to-face, per 15 minutes
H0037	Community psychiatric supportive treatment program, per diem
H0046	Mental health services, not otherwise specified
H2019	Therapeutic behavioral services, per 15 minutes
H2020	Therapeutic behavioral services, per diem
H2021	Community-based wrap-around services, per 15 minutes
H2022	Community-based wrap-around services, per diem
H2030	Mental health clubhouse services, per 15 minutes
H2031	Mental health clubhouse services, per diem
S0273	Physician visit at member's home, outside of a capitation arrangement
S0274	Nurse practitioner visit at member's home, outside of a capitation arrangement
S9127	Social work visit, in the home, per diem

Code	Code Description
S9482	Family stabilization services, per 15 minutes
S9484	Crisis intervention mental health services, per hour
S9485	Crisis intervention mental health services, per diem
<b>ICD-10 codes covered if selection criteria are met:</b>	
F01.50 - F99	Mental and behavioral disorders

## Background

Skilled home behavioral health care is the provision of intermittent skilled services for treatment of behavioral disorders in the home. These services are rendered in lieu of hospitalization, confinement in an extended care facility, or going outside of the home for the service.

## References

The above policy is based on the following references:

1. Bruce ML, Van Citters AD, Bartels SJ. Evidence-based mental health services for home and community. *Psychiatr Clin North Am.* 2005;28(4):1039-1060.
2. Burns T, Knapp M, Catty J, et al. Home treatment for mental health problems: A systematic review. *Health Technol Assess.* 2001;5(15):1-139.
3. Farran CJ, Horton-Deutsch SL, Fiedler R, Scott C. Psychiatric home care for the elderly. *Home Health Care Serv Q.* 1997;16(1-2):77-92.
4. Kohn R, Goldsmith E, Sedgwick TW. Treatment of homebound mentally ill elderly patients: The multidisciplinary psychiatric mobile team. *Am J Geriatr Psychiatry.* 2002;10(4):469-475.
5. Malaysian Health Technology Assessment Unit (MHTAU). Home care nursing. Systematic review. Kuala Lumpur, Malaysia: Malaysian Health Technology Assessment Unit (MHTAU); 2001.
6. Zeltzer BB, Kohn R. Mental health services for homebound elders from home health nursing agencies and home care agencies. *Psychiatr Serv.* 2006;57(4):567-569.

## Policy History

- Last Review 10/24/2024

Effective: 11/17/2006

Next Review: 08/14/2025

- Review History
- Definitions

## Additional Information

- Clinical Policy Bulletin Notes