

# Glucose Test Strips Prior Authorization with Quantity Limit Program Summary

Prior authorization is set up to target non-formulary test strips. Ascensia and LifeScan are the Preferred manufacturers for all Formularies. Quantity limit applies to preferred and non-preferred products.

## POLICY REVIEW CYCLE

**Effective Date**  
 07-01-2024

**Date of Origin**

## FDA LABELED INDICATIONS AND DOSAGE

Agent(s)	FDA Indication(s)	Notes	Ref#
Accu-Chek® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Advocate® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
CareSens® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Choice® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Contour® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1

Agent(s)	FDA Indication(s)	Notes	Ref#
CVS® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Diathrive® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
EasyGluco® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Easymax® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Embrace® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Fifty50® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Fora® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1

Agent(s)	FDA Indication(s)	Notes	Ref#
FortisCare® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Freestyle® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
GHT® Blood Glucose products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Glucocard® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
iGlucose® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	
Infinity® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
MyGlucoHealth® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1

Agent(s)	FDA Indication(s)	Notes	Ref#
Nova Max® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
OneTouch® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
POGO Automatic® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Precision® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Prodigy® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
ReliOn® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Sidekick® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Smart® Gluco-		NOTE: This table is not inclusive of all	1

Agent(s)	FDA Indication(s)	Notes	Ref#
Monitoring products  (Blood glucose test strip, Blood glucose test meter)		available diabetic test strips	
Telcare® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1
Verasens® products  (Blood glucose test strip, Blood glucose test meter)		NOTE: This table is not inclusive of all available diabetic test strips	1

See package insert for FDA prescribing information: <https://dailymed.nlm.nih.gov/dailymed/index.cfm>

## CLINICAL RATIONALE

Glucose Test Strips and Meters	<p>Glucose Test Strips and appropriate meters are indicated to be used for quantitatively measuring glucose in indicated blood samples. Strips and associated meters are intended for use outside the body by people with diabetes for self-monitoring of blood glucose at home and healthcare professionals in the clinical setting, as an aid to monitor the effectiveness of diabetes control.(1) There are many choices of meters and test strips to choose from. Individuals should choose the device based on ease of use, cost and insurance coverage, information retrieval, flexibility.(1)</p> <p>The evidence is insufficient regarding when to prescribe blood glucose monitors (BGM) and how often testing is needed for insulin-treated people with diabetes who do not use intensive insulin regimens, such as those with type 2 diabetes using basal insulin with or without oral agents and/or non-insulin injectables. In people with type 2 diabetes not using insulin, routine glucose monitoring may be of limited additional clinical benefit. For some individuals, glucose monitoring can provide insight into the impact of nutrition, physical activity, and medication management on glucose levels. Glucose monitoring may also be useful in assessing hypoglycemia, glucose levels during intercurrent illness, or discrepancies between measured A1C and glucose levels when there is concern an A1C result may not be reliable in specific individuals. For patients using basal insulin, assessing fasting glucose with blood glucose monitoring to inform dose adjustments to achieve blood glucose targets results in lower A1C. For many individuals on intensive insulin regimens using BGM, this requires checking up to 6-10 times daily.(2)</p>
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## REFERENCES

Number	Reference
1	American Diabetes Association Consumer Guide. Meters. <a href="https://consumerguide.diabetes.org/collections/meters">https://consumerguide.diabetes.org/collections/meters</a> .

Number	Reference
2	American Diabetes Association Professional Practice Committee; 7. Diabetes Technology: Standards of Care in Diabetes—2024. Diabetes Care 1 January 2024; 47 (Supplement_1): S126–S144. <a href="https://doi.org/10.2337/dc24-S007">https://doi.org/10.2337/dc24-S007</a> .

## POLICY AGENT SUMMARY PRIOR AUTHORIZATION

Target Brand Agent(s)	Target Generic Agent(s)	Strength	Targeted MSC	Available MSC	Final Age Limit	Preferred Status
Relion all-in-one compact	*blood glucose meter disposable device with test strips***		M ; N ; O ; Y	N		
Pogo automatic test cartr	glucose blood test automatic cartridge		M ; N ; O ; Y	N		
Glucose Blood Test Strip	Glucose Blood Test Strip		M ; N ; O ; Y	N		

## POLICY AGENT SUMMARY QUANTITY LIMIT

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	QL Amount	Dose Form	Day Supply	Duration	Addtl QL Info	Allowed Exceptions	Targeted NDCs When Exclusions Exist
Glucose Blood Test Strip	Glucose Blood Test Strip		204	Strips	30	DAYS			
Pogo automatic test cartr	glucose blood test automatic cartridge		200	Strips	30	DAYS			
Relion all-in-one compact	*blood glucose meter disposable device with test strips***		4	Kits	30	DAYS			

## CLIENT SUMMARY – PRIOR AUTHORIZATION

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	Client Formulary
Glucose Blood Test Strip	Glucose Blood Test Strip		Commercial ; HIM 5 and 6 Tiers ; HIM 7 Tiers
Pogo automatic test cartr	glucose blood test automatic cartridge		Commercial ; HIM 5 and 6 Tiers ; HIM 7 Tiers
Relion all-in-one compact	*blood glucose meter disposable device with test strips***		Commercial ; HIM 5 and 6 Tiers ; HIM 7 Tiers

## CLIENT SUMMARY – QUANTITY LIMITS

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	Client Formulary
Glucose Blood Test Strip	Glucose Blood Test Strip		Commercial ; HIM 5 and 6 Tiers ; HIM 7 Tiers
Pogo automatic test cartr	glucose blood test automatic cartridge		Commercial ; HIM 5 and 6 Tiers ; HIM 7 Tiers
Relion all-in-one compact	*blood glucose meter disposable device with test strips***		Commercial ; HIM 5 and 6 Tiers ; HIM 7 Tiers

## PRIOR AUTHORIZATION CLINICAL CRITERIA FOR APPROVAL

Module	Clinical Criteria for Approval												
	<p><b>A nonpreferred glucose test strip product</b> (all except Ascensia and LifeScan products) will be approved when ONE of the following is met:</p> <ol style="list-style-type: none"> <li>1. The patient uses an insulin pump or continuous glucose monitor that is incompatible with the preferred test strip products: Ascensia products (e.g., Contour test strips) and LifeScan products (e.g., OneTouch test strips) <b>OR</b></li> <li>2. Patient has a severe visual impairment with an inability to use a standard meter <b>OR</b></li> <li>3. Patient is legally blind and meeting the following: <ol style="list-style-type: none"> <li>A. Vision in the better eye is 20/200 or worse after best correction with glasses or contact lenses</li> </ol> </li> </ol> <p><b>Length of approval:</b> 12 months</p> <table border="1"> <thead> <tr> <th colspan="2">Insulin Pump and Test Strip Compatibility*</th></tr> <tr> <th>Pump</th><th>Test Strip</th></tr> </thead> <tbody> <tr> <td>Animas Corp One Touch Ping</td><td>OneTouch Ultra</td></tr> <tr> <td>Insulet Corp OmniPod</td><td>FreeStyle</td></tr> <tr> <td>Medtronic Diabetes MiniMed 670G, 630G, 530 G</td><td>Contour Next Link</td></tr> <tr> <td>Roche Insulin Delivery System Accu-Chek Combo</td><td>Accu-Check Aviva Plus</td></tr> </tbody> </table> <p>*Pump compatibility listed for reference only. This list is not exhaustive and more updated information may be available. Check with insulin pump manufacturer resources as needed for the most updated insulin and insulin pump compatibility.</p>	Insulin Pump and Test Strip Compatibility*		Pump	Test Strip	Animas Corp One Touch Ping	OneTouch Ultra	Insulet Corp OmniPod	FreeStyle	Medtronic Diabetes MiniMed 670G, 630G, 530 G	Contour Next Link	Roche Insulin Delivery System Accu-Chek Combo	Accu-Check Aviva Plus
Insulin Pump and Test Strip Compatibility*													
Pump	Test Strip												
Animas Corp One Touch Ping	OneTouch Ultra												
Insulet Corp OmniPod	FreeStyle												
Medtronic Diabetes MiniMed 670G, 630G, 530 G	Contour Next Link												
Roche Insulin Delivery System Accu-Chek Combo	Accu-Check Aviva Plus												

## QUANTITY LIMIT CLINICAL CRITERIA FOR APPROVAL

Module	Clinical Criteria for Approval
	<p><b>Quantity limit for the Test Strips</b> will be approved when ONE of the following is met:</p> <ol style="list-style-type: none"> <li>1. The quantity requested is less than or equal to the program quantity limit <b>OR</b></li> <li>2. The quantity requested is above the program limit and meeting one of the following: <ol style="list-style-type: none"> <li>A. The patient is prescribed insulin administered by multiple daily injections or infusion pump that would put patient above the program quantity limit <b>OR</b></li> <li>B. Prescriber has submitted documentation in support of higher quantity AND has been reviewed and approved by a clinical pharmacist</li> </ol> </li> </ol> <p><b>Length of approval:</b> 12 months</p>