

# Preventive Medications Drug List

As of July 1, 2025

Preventive medications help keep you from getting certain health conditions or to keep them from coming back.

## About this drug list

This is a list of preventive generic and brand-name medications that health care providers usually write prescriptions for.

- Medications are listed in alphabetical order (A-Z) by condition.
- Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.
- This drug list doesn't show the preventive medications that are covered at no cost-share (\$0) under the Patient Protection and Affordable Care Act (PPACA)'s preventive services coverage requirement.
- **The drug list is updated on a regular basis;** so, this document may not show all of the preventive generic and brand-name medications your plan covers. Also, your plan may not cover every medication on this list.

Log in to the myCigna® App<sup>1</sup> or **myCigna.com**® to see the most up-to-date list of medications your plan covers.

## Your cost-share for preventive generic and brand-name medications

Not all plans have the same cost-share for preventive medications. For example, some plans may have you pay a copay, coinsurance and/or deductible; other plans may not.

Log in to the myCigna App or **myCigna.com** and use the Price a Medication tool to see how much your medication costs.<sup>2</sup>



### Go generic and save

Ask your doctor if a generic preventive medication may be right for you. Generics work in the same way and provide the same clinical benefit as their brand-name versions, but often cost much less.<sup>3</sup>

## Preventive Medications Drug List

Your plan may not cover all of the generic and brand-name medications and/or conditions in this list. Log in to the myCigna App or **myCigna.com**, or check your plan materials, to see which medications your plan covers and how much they cost to fill.

### Anxiety/Depression/ Bipolar Disorder

citalopram oral solution, tablet  
escitalopram  
fluoxetine  
fluoxetine dr  
fluvoxamine  
fluvoxamine er  
paroxetine oral suspension, tablet  
paroxetine cr  
paroxetine er  
sertraline oral concentrate, tablet

### Asthma Related

ADVAIR HFA  
AIRDUO DIGIHALER  
AIRSUPRA  
albuterol inhalation solution  
albuterol hfa  
ANORO ELLIPTA  
arformoterol  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
BREO ELLIPTA  
breyna  
budesonide inhalation suspension  
budesonide-formoterol  
caffeine citrate oral solution  
DULERA  
fluticasone-salmeterol 100-50, 250-  
50, 500-50  
formoterol  
INCRUSE ELLIPTA  
ipratropium inhalation solution  
ipratropium-albuterol  
levalbuterol inhalation concentrate,  
solution

montelukast  
QVAR REDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
tiotropium  
wixela inhub  
zafirlukast

### Blood Pressure Related

acebutolol  
aliskiren  
amiloride  
amiloride-hctz  
amlodipine  
amlodipine-benazepril  
amlodipine-olmesartan  
amlodipine-valsartan  
amlodipine-valsartan-hctz  
atenolol  
atenolol-chlorthalidone  
benazepril  
benazepril-hctz  
betaxolol tablet  
bisoprolol  
bisoprolol-hctz  
bumetanide tablet  
candesartan  
candesartan-hctz  
captopril  
captopril-hctz  
cartia xt  
carvedilol  
carvedilol er  
chlorthalidone  
clonidine patch, tablet  
dilt  
diltiazem tablet

diltiazem 12hr er  
diltiazem 24hr er  
diltiazem 24hr er (cd)  
diltiazem 24hr er (la)  
diltiazem 24hr er (xr)  
DIURIL  
doxazosin  
enalapril  
enalapril-hctz  
eplerenone  
eprosartan  
felodipine er  
fosinopril  
fosinopril-hctz  
furosemide oral solution, tablet  
guanfacine  
hydralazine tablet  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan-hctz  
isradipine  
labetalol tablet  
lisinopril  
lisinopril-hctz  
losartan  
losartan-hctz  
matzim la  
methyldopa  
methyldopa-hctz  
metolazone  
metoprolol tablet  
metoprolol er  
metoprolol-hctz  
minoxidil tablet  
moexipril  
nadolol  
nebivolol

## Preventive Medications Drug List

### Blood Pressure Related *(Cont.)*

nicardipine capsule  
nifedipine  
nifedipine er  
nimodipine  
nisoldipine  
NORLIQVA  
NYMALIZE  
olmesartan  
olmesartan-amlodipine-hctz  
olmesartan-hctz  
perindopril  
pindolol  
prazosin  
PRESTALIA  
propranolol oral solution, tablet  
propranolol er  
propranolol-hctz  
quinapril  
quinapril-hctz  
ramipril  
SOTYLIZE  
spironolactone  
spironolactone-hctz  
taztia xt  
telmisartan  
telmisartan-amlodipine  
telmisartan-hctz  
terazosin  
tiadylt er  
timolol tablet  
torsemide  
trandolapril  
trandolapril-verapamil er  
triamterene  
triamterene-hctz  
valsartan tablet  
valsartan-hctz  
VECAMYL  
verapamil tablet

verapamil er  
verapamil er pm  
verapamil sr

### Blood Thinner Related

aspirin-dipyridamole er  
BRILINTA  
clopidogrel  
dabigatran  
dipyridamole tablet  
ELIQUIS  
jantoven  
prasugrel  
rivaroxaban  
warfarin  
XARELTO  
ZONTIVITY

### Cholesterol Related

ALTOPREV  
amlodipine-atorvastatin  
atorvastatin  
cholestyramine  
cholestyramine light  
colesevelam  
COLESTID GRANULES  
colestipol  
ezetimibe  
ezetimibe-simvastatin  
fenofibrate 43 mg, 50 mg, 67 mg,  
130 mg, 134 mg, 150 mg, 200 mg  
capsule; tablet  
fenofibric acid  
fluvastatin  
fluvastatin er  
gemfibrozil  
icosapent ethyl  
LIPOFEN 50 MG CAPSULE  
lovastatin  
niacin er  
omega-3 acid ethyl esters

pitavastatin  
pravastatin  
prevalite  
rosuvastatin  
ROSZET  
simvastatin

### Diabetes Related

Log in to the myCigna App or  
[myCigna.com](https://mycigna.com), or check your plan  
materials, to learn more about how  
your plan covers diabetes-related  
preventive medications.

acarbose  
ACCU-CHEK FASTCLIX LANCING  
DEVICE  
BD LUER-LOK SYRINGE 1 ML  
BYDUREON BCISE  
BYETTA  
DEXCOM G6 RECEIVER, SENSOR,  
TRANSMITTER  
DEXCOM G7 RECEIVER, SENSOR  
diabetic needle  
diabetic syringe  
DROPLET LANCET  
e-z ject lancet  
FARXIGA  
FREESTYLE LIBRE 2 READER, SENSOR  
FREESTYLE LIBRE 2 PLUS SENSOR  
FREESTYLE LIBRE 3 READER, SENSOR  
FREESTYLE LIBRE 3 PLUS SENSOR  
FREESTYLE LIBRE 14 DAY READER,  
SENSOR  
glimepiride 1 mg, 2 mg, 4 mg tablet  
glipizide 5 mg, 10 mg tablet  
glipizide er  
glipizide xl  
glipizide-metformin  
glucose monitoring kit, meter, system  
glyburide  
glyburide micronized

## Preventive Medications Drug List

### Diabetes Related (Cont.)

glyburide-metformin  
HUMALOG  
HUMULIN N  
HUMULIN R  
HUMULIN 70-30  
INPEN (FOR HUMALOG, NOVOLOG  
OR FIASP)  
insulin administrative supplies  
INSULIN GLARGINE-YFGN  
INSULIN LISPRO  
insulin pump syringe  
JANUVIA  
JARDIANCE  
lancet, lancing device  
liraglutide  
LYUMJEV  
medlance plus lancet  
metformin er\*  
metformin oral solution; 500 mg, 850  
mg, 1,000 mg tablet  
miglitol  
MOUNJARO

nateglinide  
ONETOUCH LANCET  
OZEMPIC  
pen needle  
pioglitazone  
pioglitazone-glimepiride  
pioglitazone-metformin  
repaglinide  
RYBELSUS  
saxagliptin  
saxagliptin-metformin er  
SEMGLEE (YFGN)  
TEST STRIP  
TRESIBA  
TRIJARDY XR  
TRULICITY  
urine diabetic test strip

\* Only certain forms of metformin er  
500 mg are “preventive.” Log in to the  
myCigna App or myCigna.com to see  
which ones are available at your plan’s  
preventive cost-share.

### Osteoporosis Related

alendronate  
calcitonin-salmon vial  
FOSAMAX PLUS D  
ibandronate tablet  
raloxifene  
risedronate  
risedronate dr  
teriparatide 560 mcg/2.24 ml pen

### Prenatal Vitamins

Under your plan, all prescription-  
strength generic prenatal vitamins  
are preventive.

Log in to the myCigna App or  
**myCigna.com**, or check your plan’s  
drug list, to see which tier your vitamin  
is covered on and how much it costs  
to fill.



1. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.
2. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.
3. U.S. Food and Drug Administration (FDA) website, "Generic Drugs: Questions and Answers." Last updated 03/16/21. [fda.gov/drugs/questions-answers/generic-drugs-questions-answers](https://www.fda.gov/drugs/questions-answers/generic-drugs-questions-answers).

**Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.**

Cigna Healthcare reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna Healthcare does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna Healthcare may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna Healthcare. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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# Discrimination is against the law.

## Medical coverage

Cigna Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna Healthcare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

### Cigna Healthcare:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to **ACAGrievance@Cigna.com** or by writing to the following address:

### Cigna Healthcare

Nondiscrimination Complaint Coordinator  
P.O. Box 188016  
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to **ACAGrievance@Cigna.com**. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

### U.S. Department of Health and Human Services

200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, DC 20201  
**1.800.368.1019, 800.537.7697 (TDD)**

Complaint forms are available at  
<http://www.hhs.gov/ocr/office/file/index.html>



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## Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

**Vietnamese** – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

**Korean** – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시시오.

**Tagalog** – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

**Arabic** – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

**French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

**Japanese** – 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

**Persian (Farsi)** – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).