Cigna

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Shop for Plans

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Shop for Plans

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Home Knowledge Center Coronavirus (COVID-19) Resource Center

COVID-19 Resources, Vaccines, and At-Home Tests

Our COVID-19 resources and frequently asked questions help you find answers about your care and coverage, vaccinations, testing options, and more.

COVID-19 Coverage Changes

The Public Health Emergency (PHE) for COVID-19 ended on May 11, 2023, changing federal rules for testing, vaccinations, and treatment. You can log in to myCigna® or the mobile app to see any updates to your plan's coverage information.[1]

Getting Vaccinated

Getting your COVID-19 vaccine helps protect you, your family, and your community. The Centers for Disease Control and Prevention (CDC) recommends everyone stay up to date with vaccines recommended for their age group. Speak with your doctor for individual guidance.

For the most up-to-date information about vaccines, visit the CDC website.

Our state-by-state resource tool can help you find where to get your vaccine.

Select your state Select... Alabama Alaska Arizona Arkansas California Colorado Connecticut Delaware Florida Georgia Hawaii Idaho Illinois Indiana Iowa Kansas Kentucky Louisiana Maine Maryland Massachsetts Michigan Minnesota Mississippi Missouri Montana Nebraska Nevada New Hampshire New Jersey New Mexico New York North Carolina North Dakota Ohio Oklahoma Oregon Pennsylvania Rhode Island South Carolina South Dakota Tennessee Texas Utah Vermont Virginia Washington Washington, DC West Virginia Wisconsin Wyoming US Virgin Islands Puerto Rico
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For most plans, COVID-19 vaccines will be covered at 100% under preventive care when you go to an in-network provider.[2]

Mental and Emotional Health Resources

If you're struggling with anxiety, depression, or other issues, we're here for you.
Find Resources

What vaccines are available?

The CDC recommends several COVID-19 vaccines. Learn more about available COVID-19 vaccines.

Who is eligible to get a COVID-19 vaccine?

Everyone six months and older is eligible for a COVID-19 vaccine. If you become infected with COVID-19, being vaccinated helps prevent serious illness, hospitalization, and death. Getting the vaccine is a more reliable way to gain protection against COVID-19 than getting sick.

How do I know the COVID-19 vaccine is both safe and effective?

We look to the U.S. Food and Drug Administration (FDA), the CDC, and the CDC's Advisory Committee on Immunization Practices (ACIP) to determine the safety and effectiveness of the COVID-19 vaccine.

Should I get both a COVID-19 and an influenza (flu) shot?

The best way to protect against COVID-19 and the flu is to get vaccinated. COVID-19 and the flu are contagious respiratory diseases that can lead to serious illness, hospitalization, or even death.

Talk with your health care provider about getting the COVID-19 vaccine and the flu shot. You can get both at the same time. Visit the CDC to learn more

How can I find a vaccination location?

In addition to using our state-by-state resource tool, you can find a vaccination location the following ways:

- Text your zip code to 438829 or call .
- Check your local pharmacy's website for appointments.
- Learn more at Vaccines.gov.

If I already had COVID-19 but have not been vaccinated, do I still need to get vaccinated?

Yes, you should get vaccinated regardless of whether you had COVID-19. Vaccination adds further protection against COVID-19.

Do I need a booster shot?

Your booster shot helps protect you from serious illness. Studies show protection decreases over time after the initial vaccination. In addition, new variants continue to cause illness, such as the Omicron variant that emerged in late 2021. By getting your booster shot, you can prepare for possible COVID-19 case surges.

For the latest recommendations on eligibility for booster shots, refer to CDC information about booster shots or talk to your health care provider.

Testing

You should get tested for COVID-19 immediately if you are experiencing symptoms. Testing may also be indicated for other reasons.

Over-the-counter (OTC) COVID-19 tests are generally available at a local pharmacy or other location. You can use funds from your health savings account (HSA) or flexible spending account (FSA) to pay for tests at these locations.

To find out how to get low- or no-cost COVID-19 tests from the federal government, visit the COVID-19 Testing page on COVID.gov.

Has the FDA updated expiration dates for COVID-19 at-home tests?

Yes. The FDA has a list of extended expiration dates on its website.

Are OTC COVID-19 tests covered by Cigna Healthcare?

Insurance coverage for the tests changed after the PHE ended May 11, 2023. Following this date, Cigna Healthcare no longer covers OTC COVID-19 tests. You can still use your health savings account (HSA) or flexible spending account (FSA) funds to cover the cost of the test.[1]

How can I get COVID-19 test kits if I am enrolled in a Cigna + Oscar plan?

Cigna + Oscar customers can visit the Oscar website for more information about obtaining COVID-19 test kits.

Treatment

Your health care provider can advise you on getting treatment for COVID-19, if necessary. The CDC has a COVID-19 self-checker tool you can use to understand the symptoms of COVID-19 and when to seek emergency medical attention.

Are treatments and medications available for COVID-19?

If you have COVID-19, you can get medications to help you manage your symptoms. In addition, you can get treatments to reduce your chances of hospitalization or death, should you develop serious illness. For a treatment to be effective, you must start it within days of when you first develop symptoms. Learn more about treatments and medications for COVID-19

Are treatments and medications available through my plan?

Log in to myCigna for details about your coverage.[1]

What follow-up care is needed after I recover from COVID-19?

After you recover from COVID-19, your health care provider can determine the best treatment plan, including any follow-up care needed. Continue to stay up to date with preventive care screenings.

Where can I find out more about my coverage under my Medicare Advantage Plan?

Log in to myCigna for details about your coverage.[1]

Additional Resources from the Centers for Disease Control (CDC)

- Symptoms of COVID-19
- COVID-19 FAQ
- How to Protect Yourself and Others

[1] California members: Please refer to your plan coverage information. This may not be applicable to your plan.

[2] For customers in the United States who are covered under Cigna Healthcare[SM] employer/union sponsored insured group health plans, insured plans for US based globally mobile individuals, Medicare Advantage and Individual and Family Plans (IFP). Cigna Healthcare will also administer this policy for self-insured employer-sponsored or group health plans, unless your employer or plan sponsor has elected to opt out of this policy. Out-of-pocket costs include any applicable copayments, coinsurance, and deductible payments due under the terms of your plan. The treatments that Cigna Healthcare will cover for COVID-19 are those covered under Medicare or other applicable state regulations.

Cigna Healthcare employed 7,000 clinicians, including pharmacists, medical and behavioral physicians, nurses, coaches, and advisors, based on internal HR data as of March 31, 2020.

This content is offered for informational purposes only. It does not constitute medical advice. Always consult your doctor for appropriate medical advice and care recommendations tailored to your specific medical condition.

I want to...

- Get an ID card
- File a claim
- View my claims and EOBs
- Check coverage under my plan
- See prescription drug list
- Find an in-network doctor, dentist, or facility
- Find a form
- Find 1095-B tax form information
- View the Cigna Healthcare Glossary
- Contact Cigna Healthcare

Audiences

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