

Subject: High Risk Medications (HRM Long List) PA with Age Policy 698-B UDR 02-2024

Drug

HIGH RISK MEDICATIONS (HRM) CRITERIA

ANTIARRHYTHMIC

disopyramide

disopyramide extended release

ANTIDEPRESSANT

amitriptyline

clomipramine

doxepin capsules, tablets, solution (applies to greater than 6mg daily)

imipramine hydrochloride

imipramine pamoate

trimipramine

ANTIEMETIC

scopolamine patch

ANTI HISTAMINE

carbinoxamine maleate

clemastine fumarate

cyproheptadine hydrochloride

dexchlorpheniramine maleate

diphenhydramine oral

hydroxyzine hydrochloride

hydroxyzine pamoate

promethazine hydrochloride

promethazine/phenylephrine

ANTI-INFECTIVE

nitrofurantoin

ANTINEOPLASTIC

megestrol acetate tab

megestrol acetate suspension

ANTIPARKINSON

benztropine mesylate (oral dosage form only)

trihexyphenidyl hydrochloride

ANTIPSYCHOTIC-ANTIDEPRESSANT COMBINATION

perphenazine-amitriptyline

ANTISPASMODIC

methscopolamine

BARBITURATE

phenobarbital

BARBITURATE-ANALGESIC

butalbital-apap

butalbital-apap-caffeine

butalbital-asa-caffeine

butalbital-apap-caffeine w/codeine

butalbital-asa-caffeine w/codeine

CARDIOVASCULAR

digoxin tablets, oral solution (applies to greater than 0.125mg daily)

guanfacine

methyldopa, methyldopa/hctz

CNS/ADHD

guanfacine extended release

ESTROGEN (ORAL) (includes combination drugs)

conjugated estrogens

conjugated estrogen synthetic A and B

conjugated estrogen-medroxyprogesterone acetate

esterified estrogens

estradiol

estradiol-drospirenone, estradiol- norethindrone,

estradiol-estradiol norgestimate, estropipate, conjugated

estradiol-progesterone cap (Bijuva)

estrogens/bazedoxifene (Duavee)

ESTROGEN (TOPICAL)

estradiol, estradiol-levonorgestrel, estradiol-norethindrone

HYPOGLYCEMIC (ORAL)

glyburide, glyburide-metformin, glyburide micronized

HYPOGLYCEMIC (ORAL)

glyburide, glyburide-metformin, glyburide micronized

NON-BENZODIAZEPINE SEDATIVE - HYPNOTIC

eszopiclone

zaleplon

zolpidem immediate-release

zolpidem extended-release

zolpidem sublingual

zolpidem spray

NON-STEROIDAL ANTI-INFLAMMATORY

ketorolac tromethamine tablets

SKELETAL MUSCLE RELAXANT (includes combination drugs)

carisoprodol

carisoprodol/asa/codeine

chlorzoxazone

cyclobenzaprine hydrochloride

metaxalone

methocarbamol

orphenadrine citrate extended release

orphenadrine/asa/caffeine

VASODILATOR

dipyridamole (oral dosage form only)

Note: Prior Authorization applies only to patients 70 years of age or older.

Policy:

COVERAGE CRITERIA

Authorization may be granted for the requested drug when the following criteria is met:

- The American Geriatrics Society identifies the use of this medication as potentially inappropriate in older adults, meaning it is best avoided, prescribed at reduced dosage, or used with caution or carefully monitored. The prescriber must acknowledge that the benefit of therapy with this prescribed medication outweighs the potential risks for this patient

DURATION OF APPROVAL (DOA)

- 698-B: DOA: 12 months

Place of Service:

Outpatient

The above policy is based on the following references:

1. Barclay, L. New Criteria Define Inappropriate Meds in Older Inpatients. Medscape Medical News (online). June 2011; <http://www.medscape.com/viewarticle/744559>. Accessed January 12, 2023.
2. NCQA.2019. (online) <https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/>. Accessed January 12, 2023.
3. Steven, A., Colombi, A., et al. Potentially Inappropriate Medications and Risk of Hospitalization in Retirees. *Drugs Aging* 2010 May; 27(5):407-415.
4. Patient Safety Analysis: HRM Measures – Report User Guide. August 2018. Acumen LLC.

5. The American Geriatrics Society 2019 Beers Criteria Update Expert Panel. American Geriatrics Society Updated Beers Criteria for Potentially Inappropriate Medication Use in Older Adults. American Geriatrics Society. 2019.
6. Hanlon, Joseph T, PharmD, MS, Semla, Todd P. MS, PharmD and Schmader, Kenneth E. MD. Alternative Medications for Medications in the Use of High-Risk Medications in the Elderly and Potentially Harmful Drug–Disease Interactions in the Elderly Quality Measures. Journal of American Geriatrics Society.2015.
7. Pharmacy Quality Alliance. 2022 PQA Measure Manual. Pharmacy Quality Alliance. April 2022.
8. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Waltham, MA: UpToDate, Inc.; 2023. <https://online.lexi.com>. Accessed January 12, 2024.
9. Micromedex (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: <https://www.micromedexsolutions.com/> (cited: 01/12/2024).

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