Coverage as of July 1, 2025

## About this drug list

This is a list of some of the most commonly prescribed medications covered on the Cigna Healthcare® National Preferred 3-Tier Prescription Drug List as of July I, 2025.

## Here's some helpful information about this drug list:

- Medications are listed in alphabetical order (A-Z) by condition.
- Generic medications are in all lowercase letters and brand-name medications are listed in all CAPITAL letters.
- This isn't a full list of covered medications. Log in to the myCigna® App¹ or myCigna.com® to see which medications your plan covers.

# Letters (acronyms) next to medication names<sup>2</sup> In this drug list, some medications have letters (acronyms) next to them. Here's what they mean.

 Prior Authorization (PA): This medication needs approval from Cigna Healthcare before your plan will cover it. Your doctor's office will have to send us information to review to make sure you meet coverage requirements.

- Quantity Limit (QL): Your plan will only cover so much of this medication at one time. If your doctor wants you to fill more than what's allowed, your doctor's office can ask us to cover more.
- Step Therapy (ST): This is a high-cost medication that has a lower-cost alternative(s) that treats the same condition. Your plan won't cover it until you try at least one preferred medication first (usually a generic or preferred brand) and can show that it didn't work for you. If your doctor feels a preferred medication isn't right for you, your doctor's office can ask us to cover the higher-cost medication.
- Age Requirement (AGE): Your plan will only cover this
  medication if you're a certain age or within a certain
  age range. If you're not within the allowed age range
  and your doctor wants you to use the medication,
  your doctor's office can ask us to cover it.



#### AIDS/HIV

**APRETUDE** 

**BIKTARVY** 

**CIMDUO** 

**DESCOVY** 

DOVATO

**GENVOYA** 

**JULUCA** 

**ODEFSEY** 

PREZISTA ORAL SUSPENSION, 75 MG, 150 MG TABLET

**SYMFI** 

**SYMFILO** 

**SYMTUZA** 

**TRIUMEQ** 

TRIUMEQ PD

## **Allergy/Nasal Sprays**

AUVI-Q (QL)

azelastine 0.1% 137 mcg spray (QL) epinephrine auto-injector (QL) (by MYLAN SPECIALTY, TEVA USA)

EPIPEN (PA, QL)

EPIPEN JR (PA, QL)

fluticasone spray (QL)

GRASTEK (PA)

hydroxyzine capsule, oral solution,

syrup, tablet

mometasone spray (QL, ST)

NEFFY (QL)

ODACTRA (PA)

ORALAIR (PA)

**RAGWITEK (PA)** 

XHANCE (QL, ST)

#### **Alzheimer's Disease**

NAMZARIC (ST)

## View your drug list online, 24/7

This document was last updated on 04/01/2025. Go online to see the most up-to-date information about the medications your plan covers.

- Cigna.com/druglist. Choose National Preferred
   3 Tier from the dropdown list. Then type in your medication name.
- myCigna App or myCigna.com. Log into your account and use the Price a Medication tool to see how your medication is covered.

### **Questions?**

- By phone: Call the toll-free number on your Cigna Healthcare ID card. We're here 24/7/365.
- myCigna.com: Click to Chat Monday-Friday,
   9:00 am-8:00 pm EST.

## Anxiety/Depression/ Bipolar Disorder

alprazolam

amitriptyline

buspirone

citalopram oral solution, tablet (QL)

desvenlafaxine succinate er (QL, ST)

escitalopram (QL, ST)

FETZIMA (QL, ST)

fluoxetine (QL, ST)

lorazepam oral concentrate, tablet

mirtazapine

mirtazapine odt

paroxetine oral suspension (ST)

paroxetine tablet (QL) sertraline oral concentrate, tablet (QL) trazodone

venlafaxine er tablet (QL, ST)

ZURZUVAE (QL)

## Asthma/COPD/Respiratory

ADEMPAS (PA, QL)

ADVAIR HFA (PA, QL)

**AIRSUPRA** 

albuterol

albuterol hfa (QL)

ANORO ELLIPTA (QL)

ARNUITY ELLIPTA (QL)

## Asthma/COPD/Respiratory

(Cont.)

ASMANEX HFA (QL)

ASMANEX TWISTHALER (QL)

BREO ELLIPTA (PA, QL)

breyna (PA, QL)

BREZTRI AEROSPHERE (QL)

COMBIVENT RESPIMAT (QL)

DULERA (PA, QL)

FASENRA PEN (PA, QL)

**INCRUSE ELLIPTA (QL)** 

montelukast

NUCALA AUTO-INJECTOR, SYRINGE

(PA, QL)

OFEV (PA, QL)

OPSUMIT (PA, QL)

OPSYNVI (PA, QL)

QVAR REDIHALER (QL)

SPIRIVA RESPIMAT (QL)

STIOLTO RESPIMAT (QL)

STRIVERDI RESPIMAT (QL)

TEZSPIRE (PA, QL)

TRACLEER 32 MG TABLET FOR

SUSPENSION (PA, QL)

TRELEGY ELLIPTA (QL)

TYVASO DPI (PA)

UPTRAVI TABLET, TITRATION PACK

(PA, QL)

XOLAIR (PA, QL)

YUPELRI (QL)

## **Attention Deficit Hyperactivity Disorder**

atomoxetine

AZSTARYS (ST)

dexmethylphenidate er

dextroamphetamine-amphetamine

dextroamphetamine-amphetamine

er

quanfacine er

methylphenidate (ST)

methylphenidate er capsule (ST)

## **Blood Modifiers/ Bleeding Disorders**

DOPTELET (PA, QL)

EMPAVELI (PA)

FABHALTA (PA)

FULPHILA (PA, QL)

NIVESTYM (PA)

PROMACTA (PA)

TAVALISSE (PA, QL)

VOYDEYA (PA)

ZIEXTENZO (PA, QL)

## **Blood Pressure/ Heart Medications**

amlodipine

amlodipine-benazepril

atenolol

carvedilol

clonidine patch, tablet (QL)

ENTRESTO (QL)

ENTRESTO SPRINKLE (QL)

HEMANGEOL (PA)

lisinopril-hctz

losartan-hctz

metoprolol tablet

metoprolol er

**MULTAQ** 

nifedipine er

propranolol oral solution, tablet

TAKHZYRO (PA, QL)

**TEKTURNA HCT** 

valsartan-hctz

**VERQUVO (QL)** 

## **Blood Thinners/Anti-Clotting**

**BRILINTA** 

**ELIQUIS** 

**FRAGMIN** 

warfarin

**XARELTO** 

#### Cancer

ALECENSA (PA, QL)

ALUNBRIG (PA, QL)

BOSULIF (PA, QL)

BRAFTOVI (PA, QL)

BRUKINSA (PA)

CABOMETYX (PA, QL)

CALQUENCE (PA, QL)

COTELLIC (PA, QL)

ERIVEDGE (PA, QL)

ERLEADA (PA, QL)

FRUZAQLA (PA)

GAVRETO (PA, QL)

IBRANCE (PA, QL)

IMBRUVICA (PA, QL)

INLYTA (PA, QL)

JAKAFI (PA, QL)

KISQALI (PA, QL)

KISQALI FEMARA CO-PACK (PA, QL)

LENVIMA (PA, QL)

LORBRENA (PA, QL)

LYNPARZA (PA, QL)

MEKINIST (PA, QL)

MEKTOVI (PA, QL) methotrexate 25 mg/ml, 50 mg/2

ml, 250 mg/IO ml, I gm/40 ml vial;

tablet

NINLARO (PA, QL)

NUBEQA (PA, QL)

ODOMZO (PA, QL)

PIQRAY (PA)

POMALYST (PA)

REVLIMID (PA, QL)

ROZLYTREK (PA, QL)

RYDAPT (PA, QL)

### Cancer (Cont.)

SCEMBLIX (PA, QL)

STIVARGA (PA, QL)

TABRECTA (PA)

TAFINLAR (PA, QL)

TALZENNA (PA, QL)

tamoxifen

TASIGNA (PA, QL)

TRUQAP (PA)

VERZENIO (PA, QL)

VITRAKVI (PA, QL)

VIZIMPRO (PA, QL)

XALKORI (PA, QL)

XTANDI (PA, QL)

YONSA (PA, QL)

ZELBORAF (PA, QL)

ZYKADIA (PA, QL)

#### **Cholesterol Medications**

atorvastatin (QL)

fenofibrate tablet (ST)

NEXLETOL (PA)

**NEXLIZET (PA)** 

pravastatin (QL)

REPATHA PUSHTRONEX, SURECLICK,

SYRINGE (PA)

rosuvastatin (QL)

simvastatin (QL)

VASCEPA (PA)

## **Contraception Products**

blisovi fe

drospirenone-ethinyl estradiol

junel fe

**KYLEENA** 

**MIRENA** 

**SKYLA** 

sprintec

tri-sprintec

## **Cold/Cough Medications**

benzonatate

brompheniramine-

pseudoephedrine-dm

#### **Dental Products**

chlorhexidine mouthwash

doxycycline hyclate 20 mg tablet

triamcinolone 0.1% paste

#### **Diabetes**

ACCU-CHEK FASTCLIX LANCING

**DEVICE** 

ACCU-CHEK SOFTCLIX LANCET KIT

BAQSIMI (QL)

**BD INSULIN SYRINGE U-500** 

BD NANO 2ND GEN PEN NEEDLE

BD SAFETYGLIDE INSULIN SYRINGE

ULTRA-FINE PEN NEEDLE

BYDUREON BCISE (PA, QL)

CEQUR SIMPLICITY

CEQUR SIMPLICITY INSERTER

DEXCOM G6 RECEIVER, SENSOR.

TRANSMITTER (PA, QL)

DEXCOM G7 RECEIVER, SENSOR (PA,

QL)

DROPLET GENTEEL LANCING

**DEVICE** 

FARXIGA (QL, ST)

FREESTYLE INSULINX TEST STRIP

FREESTYLE LIBRE 2 PLUS SENSOR

FREESTYLE LIBRE 2 READER, SENSOR

(PA, QL)

FREESTYLE LIBRE 3 PLUS SENSOR

(PA, QL)

FREESTYLE LIBRE 3 READER. SENSOR

(PA, QL)

FREESTYLE LIBRE 14 DAY READER,

SENSOR (PA, QL)

FREESTYLE LITE TEST STRIP

FREESTYLE PRECISION NEO TEST

**STRIP** 

FREESTYLE TEST STRIP

glimepiride I mg, 2 mg, 4 mg tablet

glipizide 5 mg, 10 mg tablet

GLYXAMBI (QL, ST)

GVOKE (QL)

HUMALOG CARTRIDGE, KWIKPEN

**HUMULIN N** 

**HUMULIN R** 

**HUMULIN 70-30** 

ILET INFUSION-CONTACT DETACH,

KIT-INSET

**INSULIN GLARGINE-YFGN** 

**INSULIN LISPRO** 

JANUMET (QL, ST)

JANUMET XR (QL, ST)

JANUVIA (QL, ST)

JARDIANCE (QL, ST)

**LYUMJEV** 

MEDTRONIC EXTENDED INFUSION

SET

metformin oral solution (ST)

metformin er (QL)

MICROLET 2 LANCING DEVICE

MICROLET NEXT LANCING DEVICE

MINIMED INFUSION SET

MINIMED MIO ADVANCE

MINIMED QUICK SET

MINIMED SILHOUETTE

MINIMED SURE T

MOUNJARO (PA, QL)

OMNIPOD 5 (G6-LIBRE 2 PLUS)

OMNIPOD 5 G6-G7 PODS (GEN 5)

OMNIPOD DASH PODS (GEN 4) (QL)

ONETOUCH ULTRA TEST STRIP

ONETOUCH VERIO TEST STRIP

Diabetes (Cont.)

OZEMPIC (PA, QL)

PARADIGM RESERVOIR

PRECISION XTRA TEST STRIP

RYBELSUS (PA, QL)

SEMGLEE (YFGN)

**SILHOUETTE** 

**SOLIQUA 100-33 (QL)** 

SYMLINPEN (PA, QL)

SYNJARDY (QL, ST)

SYNJARDY XR (QL, ST)

TANDEM MOBI AUTOSOFT KIT

TANDEM MOBI CARTRIDGE

TANDEM MOBI TRUSTEEL KIT

TOUJEO MAX SOLOSTAR

**TOUJEO SOLOSTAR** 

**TRESIBA** 

TRIJARDY XR (ST)

TRULICITY (PA, QL)

TWIIST REFILL, REFILL KIT, STARTER

KIT

V-GO

XIGDUO XR (QL, ST)

### **Diuretics**

chlorthalidone

furosemide oral solution, tablet

hydrochlorothiazide

spironolactone

triamterene-hctz

#### **Ear Medications**

ofloxacin ear drops

### **Eye Conditions**

**AZASITE** 

bromfenac drops

ciprofloxacin eye drops

EYSUVIS (PA, QL)

latanoprost (PA)

MIEBO (PA, QL)

ofloxacin eye drops

RESTASIS MULTIDOSE (PA, QL)

XDEMVY (QL)

XIIDRA (PA, QL)

#### Gastrointestinal/Heartburn

**CREON** 

dicyclomine capsule, oral solution,

tablet

esomeprazole dr packet (QL, ST)

famotidine oral suspension, 40 mg

tablet

IQIRVO (PA)

lansoprazole dr 30 mg capsule

lansoprazole dr odt (QL, ST)

LINZESS (QL)

LIVDELZI (PA)

MOVANTIK (QL)

omeprazole capsule (QL)

ondansetron (QL)

ondansetron odt 4 mg, 8 mg tablet

(QL)

**PANCREAZE** 

pantoprazole dr suspension packet,

tablet (ST)

PENTASA 250 MG CAPSULE

PHEBURANE (PA)

**RECTIV** 

**RELISTOR SYRINGE, VIAL (ST)** 

**SYMPROIC** 

TALICIA (QL)

**TRULANCE** 

VARUBI (QL)

**VIBERZI** 

VIOKACE

**7FNPFP** 

## **Hormonal Agents**

ARMOUR THYROID

COMBIPATCH

dexamethasone elixir, liquid, tablet

dexamethasone 6, IO, I3 day I.5 mg

tablet (PA)

**DUAVEE** 

estradiol cream, gel, gel packet,

tablet, vaginal insert

estradiol patch (QL)

GENOTROPIN (PA)

levothyroxine tablet

levoxyl

liothyronine tablet

medroxyprogesterone tablet

methylprednisolone dosepack,

tablet

MYFEMBREE (PA)

NGENLA (PA)

np thyroid

OMNITROPE (PA)

ORIAHNN (PA)

ORILISSA (PA, QL)

prednisone

PREMARIN VAGINAL CREAM

progesterone capsule

SOMAVERT (PA)

testosterone cypionate

XYOSTED (QL)

#### Infections

acyclovir capsule, oral suspension,

tablet

amoxicillin

amoxicillin-clavulanate

ARIKAYCE (PA)

azithromycin packet, oral

suspension, tablet

BARACLUDE ORAL SOLUTION

**Infections** (Cont.)

BAXDELA TABLET (QL)

cefdinir cephalexin

ciprofloxacin

clindamycin capsule

doxycycline hyclate capsule, tablet

(ST)

doxycycline monohydrate (ST)

EMVERM (QL) EPCLUSA (PA, QL) fluconazole (QL)

HARVONI (PA, QL)

hydroxychloroquine

KITABIS PAK (PA, QL)

LAGEVRIO (EUA) (QL)

levofloxacin oral solution, tablet metronidazole capsule, vaginal gel,

tablet

nitrofurantoin capsule, 25 mg/5 ml

oral suspension oseltamivir (QL)

PAXLOVID (QL)

SOLOSEC (QL)

sulfamethoxazole-tmp oral

suspension

sulfamethoxazole-tmp ds tablet sulfamethoxazole-tmp ss tablet

TOBI PODHALER (PA, QL)

valacyclovir (QL)

**VEMLIDY** 

VOSEVI (PA, QL)

XACIATO

XIFAXAN (QL)

ZEPATIER (PA, QL)

Miscellaneous

Miscellarieous

ACCU-CHEK FASTCLIX LANCET DRUM

ACCU-CHEK SOFTCLIX LANCET

AUSTEDO (PA, QL)

AUSTEDO XR (PA, QL)

CARBAGLU (PA)

CERDELGA (PA, QL)

DROPLET LANCET

HAEGARDA (PA, QL)

MICROLET LANCET

NITYR (PA)

NUEDEXTA (PA)

ONETOUCH DELICA PLUS LANCET

ONETOUCH ULTRASOFT LANCET

ONETOUCH ULTRASOFT 2 LANCET

PRECISION XTRA TEST STRIP

RADICAVA ORS (PA)

STRENSIQ (PA)

SURE-T INFUSION

TECHLITE LANCET

TEGSEDI (PA, QL)

VYNDAMAX (PA)

VYNDAQEL (PA)

**Multiple Sclerosis** 

AVONEX (PA, QL)

BAFIERTAM (PA, QL)

BETASERON (PA, QL)

FIRDAPSE (PA)

glatopa (PA, QL)

KESIMPTA PEN (PA, QL)

MAYZENT (PA, QL)

PLEGRIDY (PA, QL)

REBIF (PA, QL)

REBIF REBIDOSE (PA, QL)

VUMERITY (PA, QL)

**Nutritional/Dietary** 

LOKELMA (QL)

potassium chloride liquid, packet

potassium chloride er

VELTASSA (QL)

**Osteoporosis Products** 

TYMLOS (PA, QL)

Pain Relief and

Inflammatory Disease

acetaminophen-codeine (PA, QL)

ACTEMRA ACTPEN, 162 MG/0.9 ML

SYRINGE (PA, QL)

ADALIMUMAB-ADAZ(CF) (PA, QL)

ADALIMUMAB-ADBM(CF) (PA, QL)

AIMOVIG (PA, QL)

AJOVY (PA, QL)

allopurinol tablet

baclofen oral suspension, tablet

BELBUCA (PA, QL)

butalbital-acetaminophen-caffeine

celecoxib

cyclobenzaprine

CYLTEZO(CF) (PA, QL)

diclofenac I% gel, I.5%, 2% topical

solution (QL, ST)

DUPIXENT (PA, QL)

EMGALITY (PA, QL)

ENBREL (PA, QL)

FLECTOR (QL, ST)

hydrocodone-acetaminophen (PA,

QL)

HYSINGLA ER (PA, QL)

ibuprofen oral suspension, 400 mg,

600 mg, 800 mg tablet

LICART (QL, ST)

meloxicam capsule, tablet (QL)

methocarbamol tablet

MITIGARE (ST)

naproxen (ST)

NURTEC ODT (PA, QL)

OMVOH PEN, SYRINGE (PA, QL)

OTEZLA (PA, QL)

oxycodone concentrate, oral

solution (PA, QL)

## Pain Relief and Inflammatory Disease (Cont.)

oxycodone-acetaminophen (PA, QL) OXYCONTIN ER (PA, QL)

QULIPTA (PA, QL)

RASUVO (ST)

RINVOQ ER (PA, QL)

RINVOQ LQ (PA, QL)

rizatriptan (QL)

SAVELLA (QL, ST)

SELARSDI (PA)

SIMLANDI(CF) (PA, QL)

SIMPONI 100 MG/ML PEN INJECTOR,

SYRINGE (PA, QL)

SKYRIZI ON-BODY, PEN, SYRINGE (PA,

QL)

SOTYKTU (PA, QL)

STELARA SYRINGE, 45 MG/0.5 ML

VIAL (PA, QL)

sumatriptan (QL)

TALTZ (PA, QL)

tizanidine

tramadol 50 mg, IOO mg tablet (PA,

QL)

TREMFYA AUTO-INJECTOR, PEN,

SYRINGE (PA, QL)

TYENNE AUTOINJECTOR, SYRINGE

(PA, QL)

UBRELVY (PA, QL)

VELSIPITY (PA, QL)

XELJANZ (PA, QL)

XELJANZ XR (PA, QL)

ZEPOSIA (PA, QL)

ZOMIG 2.5 MG NASAL SPRAY (QL,

ST)

ZTLIDO (PA)

#### **Parkinson's Disease**

INBRIJA (PA, QL)

## Schizophrenia/Anti-Psychotics

aripiprazole (QL)

quetiapine 25 mg, 50 mg, 100 mg, 200 mg, 300 mg, 400 mg tablet

(QL)

#### **Seizure Disorders**

clonazepam

clonazepam odt

DILANTIN 30 MG CAPSULE

**EPIDIOLEX (PA)** 

**FYCOMPA** 

gabapentin

lamotrigine

NAYZILAM (PA, QL)

pregabalin

topiramate 15 mg, 25 mg sprinkle

capsule, tablet

topiramate er (ST)

VALTOCO (PA, QL)

#### **Skin Conditions**

ADBRY (PA, QL)

**CIBINQO** 

clindamycin 1% gel, foam (QL, ST)

clobetasol (QL, ST)

DROPSAFE PREP PAD

EBGLYSS (PA, QL)

ENSTILAR (QL, ST)

EUCRISA (QL, ST)

FINACEA 15% FOAM (ST)

halobetasol 0.05% foam (ST)

isotretinoin

ketoconazole (QL, ST)

metronidazole cream, gel, gel pump,

lotion

MIRVASO (PA)

mupirocin (QL, ST)

NEMLUVIO (PA, QL)

REGRANEX (QL)

SANTYL (QL)

tretinoin cream, gel

triamcinolone 0.147 mg/g spray (QL,

ST)

VTAMA (PA, QL)

## Sleep Disorders/Sedatives

eszopiclone (QL)

LUMRYZ ER (PA, QL)

SODIUM OXYBATE (by Hikma) (PA,

QL)

SUNOSI (PA, QL)

XYWAV (PA, QL)

zolpidem sublingual tablet, tablet

(QL)

## **Smoking Cessation**

bupropion sr 150 mg tablet (QL)

#### **Substance Abuse**

buprenorphine-naloxone

KLOXXADO (QL)

**ZUBSOLV** 

### **Transplant Medications**

LUPKYNIS (PA, QL)

**MYHIBBIN** 

### **Urinary Tract Conditions**

finasteride 5 mg tablet

MYRBETRIQ ER

tolterodine er



- 1. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/quardian) will not be able to register at myCigna.com.
- 2. **Not all plans have extra coverage requirements on medications.** Log in to the myCigna App or myCigna.com, or check your plan materials, to see if yours does.

#### Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Cigna Healthcare reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna Healthcare does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna Healthcare may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna Healthcare. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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## Discrimination is against the law.

Medical coverage

Cigna Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna Healthcare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna Healthcare:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to **ACAGrievance@Cigna.com** or by writing to the following address:

### Cigna Healthcare

Nondiscrimination Complaint Coordinator P.O. Box 188016 Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to **ACAGrievance@Cigna.com**. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf**, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 2020I I.800.368.I0I9, 800.537.7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>



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## **Proficiency of Language Assistance Services**

**English** - ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** - ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** - 注意:我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)。

**Vietnamese** – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

**Korean** - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

**Tagalog** - PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic - برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب TTY: اتصل ب 711).

**French Creole** - ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** - ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

**Italian** - ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه میشود. برای مشتریان فعلی Cigna، لطفاً با شمارهای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوایان: شماره 711 را شمارهگیری کنید).