

# PLANTS AND PEOPLE


Which of these could people use?

Be careful - some you could use, but some are poisonous!




 Bittersweet



 Nettle




 Yellow water lily




 Crowberry




 Hemp nettle



 Birch




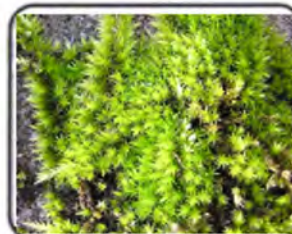
 Tinder fungus



 Rowan




 Black nightshade



 Moss



 Pine




 Meadowsweet




 Horsetail



 St John's wort



 Knotgrass



 Ragwort



 Reed



 Sorrel