

# Additive Structure in Sumsets (An Introduction & Easy Results)

Many familiar theorems in mathematics have the following common feature:

"The set of differences from a suff. large set contains non-trivial structure."

(Infinite) examples that "taking differences is a smoothing operation":

1. (Steinhaus) If  $A \subseteq \mathbb{R}$  and  $m(A) > 0$ , then  $A-A$  contains interval centred at origin

2. (Bourgain) If  $A \subseteq \mathbb{R}^n$  ( $n \geq 2$ ) measurable with positive upper density,

i.e.  $\lim_{R \rightarrow \infty} \frac{m(A \cap B_R(0))}{R^n} \neq 0$ , then (centred at origin)

$A-A$  intersects all sufficiently large spheres.  $\leftarrow$

3. (Sárközy) If  $A \subseteq \mathbb{N}$  with positive upper density, i.e.  $\lim_{N \rightarrow \infty} \frac{|A \cap \{1, \dots, N\}|}{N} \neq 0$

then  $A-A$  contains infinitely many integers of the form  $n^2$  &  $p$ -  
prime.

Exercise 1: Show that if  $A \subseteq \mathbb{N}$  with positive upper density, then  $A-A$  is syndetic (i.e. has bounded gaps).

• Central theme in arithmetic combinatorics:

"If  $A, B \subseteq G$  (finite subsets of group  $G$ ) are large, what can one say about the structure of  $A+B$ ?"

In this lecture we focus on  $A, B \subseteq \mathbb{Z}_N$ , or  $\{1, \dots, N\}$ .  $\longrightarrow$

## A simple structure theorem for $A-A$ when $A \subseteq \mathbb{Z}_N$

Ruzsa's covering lemma

Theorem 1: If  $A \subseteq \mathbb{Z}_N$  with  $|A| = \delta N$ , then if  $\delta \geq \frac{1}{m}$  we can cover  $\mathbb{Z}_N$  with no more than  $m$  translates of  $A-A$ .

\* Note that we are covering  $\mathbb{Z}_N$  with  $A-A$  (not  $A$ ). This reflects the fact that  $A-A$  is smoother than  $A$  and tends to contain less "holes" which would render it unsuitable for covering  $\mathbb{Z}_N$ .

Proof: Consider the family

$$A_t = \{A + t : t \in \mathbb{Z}_N\}.$$

of translates of  $A$  by elements in  $\mathbb{Z}_N$ . Note that  $|A_t| = |A|$  for all  $t \in \mathbb{Z}_N$ .

Let  $T$  be the largest collection of shifts such that

$$\{A + t : t \in T\} \text{ are pairwise disjoint.}$$

Since

$$|T||A| = \left| \bigcup_{t \in T} A_t \right| \leq N$$

it follows that  $|T| \leq 1/\delta$ . We now show that  $\mathbb{Z}_N \subseteq T + (A-A)$ :

Let  $x \in \mathbb{Z}_N$ ,  $\exists t \in T$  such that  $(t+A) \cap (x+A) \neq \emptyset$  (by maximality assumption.)

$$\Rightarrow x - t \in A - A. \Leftrightarrow x \in t + (A - A)$$

as required.  $\square$

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We note that a simple averaging argument allows us to deduce from Theorem 1 the following structural result for  $A+B$  with  $A, B \subseteq \mathbb{Z}_N$ .

Corollary 1: Let  $A, B \subseteq \mathbb{Z}_N$  &  $m \in \mathbb{N}$ .

If  $\frac{|A||B|}{N^2} \geq \frac{1}{m}$ , then  $\mathbb{Z}_N$  can be covered by  $m$  translates of  $A+B$ .

Proof: Since

$$\sum_{t \in \mathbb{Z}_N} |B \cap (t-A)| = |A||B|$$

it follows  $\exists t \in \mathbb{Z}_N$  such that if we set  $D = B \cap (t-A)$ , then

$$|D| \geq \frac{|A||B|}{N}.$$

The result follows from Theorem 1 since  $D-D \subseteq (A+B) - t$ .  $\square$

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### Arithmetic Progressions in Sumsets

A good measure of the amount of additive structure in a given subset of  $\{1, \dots, N\}$  (or  $\mathbb{Z}_N$ ) is provided by the size of the longest arithmetic progression that the set contains.

Using only simple combinatorial arguments, Gao, Ruzsa & Schoen establish the following result along these lines for  $A+B$  with  $A, B \subseteq \{1, \dots, N\}$ .

## Theorem 2 (Croot, Ruzsa, Schoen)

Let  $A, B \subseteq \{1, \dots, N\}$  with densities  $\alpha$  &  $\beta$  and  $\ell \in \mathbb{N}$ , then

$A+B$  contains arith. prog. of length  $2\ell+1$ , provided  $\alpha\beta \geq \frac{C}{N^{1/\ell}}$ .

Proof As with Corollary 1, it suffices to show that if  $A \subseteq \{1, \dots, N\}$  with density  $\alpha$  and  $\ell \in \mathbb{N}$ , then  $A-A$  will contain an arith. prog. of length  $2\ell+1$  provided  $\alpha \geq CN^{-1/\ell}$ .

For each  $w = (w_1, \dots, w_\ell) \in \mathbb{Z}^\ell$  we define

$$R_w = \{r \in \{1, \dots, N/\ell\} : \underbrace{jr + w_j}_{2j} \in A \ (1 \leq j \leq \ell)\}$$

and note that if, for some  $w \in \mathbb{Z}^\ell$ ,  $\exists r', r'' \in R_w$  with  $r' \neq r''$ , then it will follow immediately that

$$\underbrace{j r'}_{2j}, \underbrace{j r''}_{2j} \in A - w_j \iff \underbrace{j(r' - r'')}_{2j} \in A - A$$

for all  $1 \leq j \leq \ell$  and hence, utilizing fact that  $A-A$  is symmetric, that  $A-A$  will contain an arith. prog. of length  $2\ell+1$ .

In order to show that  $|R_w| \geq 2$  for some  $w \in \mathbb{Z}^\ell$  we will naturally restrict our attention to those  $w$  for which  $R_w$  has at least a chance of being non-empty, namely  $\rightarrow$  Could just do  $1-N$ !

$$W = \{w \in \mathbb{Z}^\ell : 1 - \frac{jN}{\ell} \leq w_j \leq N-1 \ (1 \leq j \leq \ell)\}.$$

Note:  $|W| \leq N^\ell \prod_{j=1}^{\ell} (1 + j/\ell) \leq 2^\ell N^\ell.$

Since 
$$\frac{1}{|W|} \sum_{w \in W} |R_w| = \frac{1}{|W|} \sum_{w \in W} \sum_{r=1}^{N/\ell} \prod_{j=1}^{\ell} 1_A(jr + w_j) = \frac{1}{|W|} |A|^\ell \frac{N}{\ell}$$

it follows that  $\exists w \in W$  s.t.

$$|R_w| \geq \left(\frac{|A|}{N}\right)^\ell \frac{N}{\ell 2^\ell}$$

and consequently, for this choice of  $w$ , the set  $R_w$  will satisfy  $|R_w| \geq 2$  provided

$$\frac{|A|}{N} \geq c_\ell \frac{1}{N^{1/\ell}}$$

where  $c_\ell = 2(2\ell)^{1/\ell}$ . [Note  $2 \leq c_\ell \leq 4$ ]

□.

Remark: Same argument as given above shows:

If  $A \subseteq \{1, \dots, N\}$  with density  $\alpha$  &  $\ell \in \mathbb{N}$ , then

$$A - A \supseteq \pm \{r, 2r, 4r, \dots, 2^{\ell-1}r\} \text{ for some } r \neq 0.$$

Consequently, using the fact that  $\ell T - \ell T \supseteq r \cdot \{-2^\ell, \dots, 2^\ell\}$ , it follows that

$$\ell T - \ell T \supseteq P$$

where  $P$  is some arithmetic progression with  $|P| \geq 2^{\ell+1}$ .

## Further Remarks

If  $\alpha\beta \geq (\log N)^{-1+\varepsilon}$ , for any  $\varepsilon > 0$ , then the conclusion of Theorem 2 can be strengthened significantly. Using Fourier analytic techniques Green, improving on earlier work of Bourgain, prove the following

Theorem 3 (Green, 2002) If  $A, B \subseteq \{1, \dots, N\}$  with densities  $\alpha$  &  $\beta$ , then  $A+B$  contains an arith. prog. of length at least

$$\exp(c(\alpha\beta \log N)^{1/2} - \log \log N).$$

\* In the next set of notes we give a simple new proof of this result, using random sampling in frequency space (but, surprisingly, very little Fourier analysis) due to Croot, Laba & Sisask.

\* In the same paper, Croot, Laba & Sisask, prove the following strengthening of Theorem 3.

Theorem 4 (Croot, Laba, Sisask, 2011) If  $A, B \subseteq \{1, \dots, N\}$  with densities  $\alpha$  &  $\beta$ , then  $A+B$  contains an arith. prog. of length at least

$$\exp\left(c\left(\frac{\alpha \log N}{(\log(2\beta^{-1}))^3}\right)^{1/2} - \log(\beta^{-1} \log N)\right).$$

The improvement of Theorem 4 over Theorem 3 enters when one of the sets has density decreasing with  $N$ .

\* Theorem 3 only yields non-trivial results if at least one of the sets has density at least  $\frac{\log \log N}{\sqrt{\log N}}$  and both sets have density at least  $\frac{(\log \log N)^2}{\log N}$ .

\* Theorem 4 allows for both sets to have density about  $\frac{(\log \log N)^c}{\log N}$

and allows one of the sets to have density as low as  $\exp(-(\log N)^c)$ .

