



THE *Emmaus* JOURNEY

*Honouring your personal story of ministry and transition
through reflection, retreat and debriefing*

The Emmaus Journey is a place for you to find understanding, healing, hope and purpose in the context of personal reflection, group activities and individual time with an experienced debriefer.

April 10-13 2018 | RESIDENTIAL
MOUNT ST FRANCIS RETREAT CENTRE
(30 KM NW OF CALGARY) COST \$575 PER PERSON.



For more information and to download a registration form: www.beracah.ca/the-emmaus-journey



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THIS RETREAT IS FOR YOU IF YOU ARE ...

- ... back in Canada from overseas, longing for people to ask you about your time away and to be really interested in your story – all of it – your joys, your successes, your disappointments, your struggles
- ... feeling that you have so much more to process even after your debriefing with your member care worker
- ... disappointed that you've never had the opportunity to debrief
- ... wondering if life in your passport country will ever feel normal
- ... confused by conflicting emotions of grief and joy, anger and relief, guilt and thankfulness, a sense of achievement and a sense of failure
- ... serving in the home office wishing for an opportunity to talk about your experiences of working 'behind the scenes'
- ... changing role within the organization or transitioning out for retirement or a different careers
- ... simply wanting to connect with other like-minded people and to spend some time reflecting on your experiences

WHAT TO EXPECT

At this debriefing retreat you will meet others who understand the unique stressors and joys of the missionary life. You will have the opportunity to reflect on your experiences, to consider the impact of events and relationships, to grieve the losses and disappointments, to celebrate the successes, and to explore the challenges of transition. This will be done in the context of personal reflection in prayer and meditation, small group activities, and private conversations with a trained debriefer.

You will leave with new perspectives and understanding that will give you hope and renewed vision.

RETREAT FACILITATORS

Retreat leaders are: **Hazel Mayhew**, Beracah Counselling, and previously a member of Wycliffe Bible Translators for 20 years; **Oi-Wah Whitbourne**, Crossroad Counselling, missionary and member care worker with Action International Ministries; **Ben Reed**, missionary, member care manager and spiritual director currently working with Urban Sanctuary, Edmonton; **Marion Dicke** who previously worked with the Mobile Member Care Team in West Africa and is currently a member care facilitator with CMA.

ADDITIONAL INFORMATION

If you would like to know more or to register, please email Hazel at hazel@beracah.ca. Or, visit our website, www.beracah.ca/the-emmaus-journey, for more details.