

# KAISER PERMANENTE APP

Research Plan – Notes / User 02

STATUS: DRAFT

### Participant:

• Elfos is Mozambican with 27 years old, he holds Bachelors in Mechanical Engineer, and he currently is a Business Maker. Elfos exercises on the daily basis by using YouTube videos to search for the proper way of exercising and also he aims to shape his muscles;

#### What Worked Well

- Elfos understood the core features of the app;
- Elfos understood the objective of the Interview and provide a lot of useful recommendations & feedback;

## Where Participant Got Stuck

- Elfos didn't understood the basic setup of an account;
- Elfos got stuck on the Fitness Level Assessment;

#### Other Observations

- Elfos suggested to put an mentor that helps users achieve their goals by showing how far or close there are from their Goal;
- Elfos recommended that put the username on the corner of every relevant UI after the user Sign In;
- Elfos recommended to put the target on the Fitness Level Assessment in order to advise or notify the users how far or close their from their goals to exercise on the daily, weekly or monthly basis;