

Problem 3730: Maximum Calories Burnt from Jumps

Problem Information

Difficulty: **Medium**

Acceptance Rate: 0.00%

Paid Only: No

Problem Description

You are given an integer array

`heights`

of size

`n`

, where

`heights[i]`

represents the height of the

`i`

th

block in an exercise routine.

You start on the ground (height 0) and

must

jump onto each block

exactly once

in any order.

The

calories burned

for a jump from a block of height

a

to a block of height

b

is

$(a - b)$

2

.

The

calories burned

for the first jump from the ground to the chosen first block

$\text{heights}[i]$

is

$(0 - \text{heights}[i])$

2

.

Return the

maximum

total calories you can burn by selecting an optimal jumping sequence.

Note:

Once you jump onto the first block, you cannot return to the ground.

Example 1:

Input:

heights = [1,7,9]

Output:

181

Explanation:

The optimal sequence is

[9, 1, 7]

.

Initial jump from the ground to

heights[2] = 9

:

(0 - 9)

2

= 81

.

Next jump to

heights[0] = 1

:

(9 - 1)

2

= 64

.

Final jump to

heights[1] = 7

:

(1 - 7)

2

= 36

.

Total calories burned =

81 + 64 + 36 = 181

.

Example 2:

Input:

heights = [5,2,4]

Output:

38

Explanation:

The optimal sequence is

[5, 2, 4]

.

Initial jump from the ground to

heights[0] = 5

:

(0 - 5)

2

= 25

.

Next jump to

heights[1] = 2

:

$$(5 - 2)$$

$$2$$

$$= 9$$

.

Final jump to

$$\text{heights}[2] = 4$$

:

$$(2 - 4)$$

$$2$$

$$= 4$$

.

Total calories burned =

$$25 + 9 + 4 = 38$$

.

Example 3:

Input:

$$\text{heights} = [3,3]$$

Output:

$$9$$

Explanation:

The optimal sequence is

[3, 3]

.

Initial jump from the ground to

$\text{heights}[0] = 3$

:

$(0 - 3)$

2

$= 9$

.

Next jump to

$\text{heights}[1] = 3$

:

$(3 - 3)$

2

$= 0$

.

Total calories burned =

$9 + 0 = 9$

.

Constraints:

$1 \leq n == \text{heights.length} \leq 10$

5

$1 \leq \text{heights}[i] \leq 10$

5

Code Snippets

C++:

```
class Solution {
public:
    long long maxCaloriesBurnt(vector<int>& heights) {

    }
};
```

Java:

```
class Solution {
    public long maxCaloriesBurnt(int[] heights) {

    }
}
```

Python3:

```
class Solution:
    def maxCaloriesBurnt(self, heights: List[int]) -> int:
```

Python:

```
class Solution(object):
    def maxCaloriesBurnt(self, heights):
```



```
"""
:type heights: List[int]
:rtype: int
"""
```

JavaScript:

```
/**
 * @param {number[]} heights
 * @return {number}
 */
var maxCaloriesBurnt = function(heights) {

};
```

TypeScript:

```
function maxCaloriesBurnt(heights: number[]): number {

};
```

C#:

```
public class Solution {
    public long MaxCaloriesBurnt(int[] heights) {

    }
}
```

C:

```
long long maxCaloriesBurnt(int* heights, int heightsSize) {

}
```

Go:

```
func maxCaloriesBurnt(heights []int) int64 {

}
```

Kotlin:

```

class Solution {
    fun maxCaloriesBurnt(heights: IntArray): Long {

    }
}

```

Swift:

```

class Solution {
    func maxCaloriesBurnt(_ heights: [Int]) -> Int {

    }
}

```

Rust:

```

impl Solution {
    pub fn max_calories_burnt(heights: Vec<i32>) -> i64 {

    }
}

```

Ruby:

```

# @param {Integer[]} heights
# @return {Integer}
def max_calories_burnt(heights)

end

```

PHP:

```

class Solution {

    /**
     * @param Integer[] $heights
     * @return Integer
     */
    function maxCaloriesBurnt($heights) {

    }
}

```

Dart:

```
class Solution {  
  int maxCaloriesBurnt(List<int> heights) {  
  
  }  
}
```

Scala:

```
object Solution {  
  def maxCaloriesBurnt(heights: Array[Int]): Long = {  
  
  }  
}
```

Elixir:

```
defmodule Solution do  
  @spec max_calories_burnt(heights :: [integer]) :: integer  
  def max_calories_burnt(heights) do  
  
  end  
end
```

Erlang:

```
-spec max_calories_burnt(Heights :: [integer()]) -> integer().  
max_calories_burnt(Heights) ->  
.
```

Racket:

```
(define/contract (max-calories-burnt heights)  
  (-> (listof exact-integer?) exact-integer?)  
  )
```

Solutions

C++ Solution:

```

/*
 * Problem: Maximum Calories Burnt from Jumps
 * Difficulty: Medium
 * Tags: array, greedy, sort
 *
 * Approach: Use two pointers or sliding window technique
 * Time Complexity: O(n) or O(n log n)
 * Space Complexity: O(1) to O(n) depending on approach
 */

class Solution {
public:
    long long maxCaloriesBurnt(vector<int>& heights) {

    }
};

```

Java Solution:

```

/**
 * Problem: Maximum Calories Burnt from Jumps
 * Difficulty: Medium
 * Tags: array, greedy, sort
 *
 * Approach: Use two pointers or sliding window technique
 * Time Complexity: O(n) or O(n log n)
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 */

class Solution {
    public long maxCaloriesBurnt(int[] heights) {

    }
}

```

Python3 Solution:

```

"""
Problem: Maximum Calories Burnt from Jumps
Difficulty: Medium
Tags: array, greedy, sort

```

```

Approach: Use two pointers or sliding window technique
Time Complexity: O(n) or O(n log n)
Space Complexity: O(1) to O(n) depending on approach
"""

class Solution:
    def maxCaloriesBurnt(self, heights: List[int]) -> int:
        # TODO: Implement optimized solution
        pass

```

Python Solution:

```

class Solution(object):
    def maxCaloriesBurnt(self, heights):
        """
        :type heights: List[int]
        :rtype: int
        """

```

JavaScript Solution:

```

/**
 * Problem: Maximum Calories Burnt from Jumps
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/**
 * @param {number[]} heights
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var maxCaloriesBurnt = function(heights) {

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```

TypeScript Solution:

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 */

function maxCaloriesBurnt(heights: number[]): number {

};

```

C# Solution:

```

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 */

public class Solution {
    public long MaxCaloriesBurnt(int[] heights) {

    }
}

```

C Solution:

```

/*
 * Problem: Maximum Calories Burnt from Jumps
 * Difficulty: Medium
 * Tags: array, greedy, sort
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```

```

*/

long long maxCaloriesBurnt(int* heights, int heightsSize) {

}

```

Go Solution:

```

// Problem: Maximum Calories Burnt from Jumps
// Difficulty: Medium
// Tags: array, greedy, sort
//
// Approach: Use two pointers or sliding window technique
// Time Complexity: O(n) or O(n log n)
// Space Complexity: O(1) to O(n) depending on approach

func maxCaloriesBurnt(heights []int) int64 {

}

```

Kotlin Solution:

```

class Solution {
    fun maxCaloriesBurnt(heights: IntArray): Long {

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Swift Solution:

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class Solution {
    func maxCaloriesBurnt(_ heights: [Int]) -> Int {

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//
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impl Solution {
    pub fn max_calories_burnt(heights: Vec<i32>) -> i64 {

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Ruby Solution:

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# @param {Integer[]} heights
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def max_calories_burnt(heights)

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PHP Solution:

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class Solution {

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    function maxCaloriesBurnt($heights) {

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```

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