

# Problem 3676: Count Bowl Subarrays

## Problem Information

**Difficulty:** Medium

**Acceptance Rate:** 43.91%

**Paid Only:** No

**Tags:** Array, Stack, Monotonic Stack

## Problem Description

You are given an integer array `nums` with **distinct** elements.

A subarray `nums[l...r]` of `nums` is called a **bowl** if:

- \* The subarray has length at least 3. That is, `r - l + 1 >= 3`.
- \* The **minimum** of its two ends is **strictly greater** than the **maximum** of all elements in between. That is, `min(nums[l], nums[r]) > max(nums[l + 1], ..., nums[r - 1])`.

Return the number of **bowl** subarrays in `nums`.

**Example 1:**

**Input:** nums = [2,5,3,1,4]

**Output:** 2

**Explanation:**

The bowl subarrays are `[3, 1, 4]` and `[5, 3, 1, 4]`.

\* `[3, 1, 4]` is a bowl because `min(3, 4) = 3 > max(1) = 1`.  
\* `[5, 3, 1, 4]` is a bowl because `min(5, 4) = 4 > max(3, 1) = 3`.

**Example 2:**

**\*\*Input:\*\*** nums = [5,1,2,3,4]

**\*\*Output:\*\*** 3

**\*\*Explanation:\*\***

The bowl subarrays are `[5, 1, 2]` , `[5, 1, 2, 3]` and `[5, 1, 2, 3, 4]` .

**\*\*Example 3:\*\***

**\*\*Input:\*\*** nums = [1000000000,999999999,999999998]

**\*\*Output:\*\*** 0

**\*\*Explanation:\*\***

No subarray is a bowl.

**\*\*Constraints:\*\***

\* `3 <= nums.length <= 105` \* `1 <= nums[i] <= 109` \* `nums` consists of distinct elements.

## Code Snippets

**C++:**

```
class Solution {
public:
    long long bowlSubarrays(vector<int>& nums) {
        }
};
```

**Java:**

```
class Solution {
public long bowlSubarrays(int[] nums) {
    }
```

```
}
```

### Python3:

```
class Solution:  
    def bowlSubarrays(self, nums: List[int]) -> int:
```