

## Diet Recommendation System

### BREAKFAST SUGGESTIONS: LUNCH SUGGESTIONS:

- Kadhi
- Grapes
- Milk
- Cashew Nuts
- Pears
- Glucone'D
- Fruit and Nut chocolate
- Poha
- Tomato
- Dahi
- Cake
- Uttapam
- Bhaji Pav
- Almonds
- Mushrooms
- Egg Yolk
- Sweet Potatoes
- Masala Aloo
- Orange juice
- Sweet Dahi
- Cornflakes
- Laal Chai
- Pumpkin seeds
- Chocos
- Chai
- Apples
- Strawberries
- Kiwi
- Nachos
- King Fish
- Banana Chips
- Honey
- Chocolate milk

- Bread made in wheat
- Baati
- Cauliflower
- Paneer Tikka
- Aloo Matar
- Sitafal
- Gulab Jamun
- Chappati
- Chowmein
- Dal Makhani
- White Rice
- Butter Paneer
- Salmon
- Beans
- Dal Fry
- Red Sauce Pasta
- Mutton
- Boiled Chicken
- Kebab
- Tomato Rice
- Mixed Veg
- Chicken Popcorn
- Nalli Nihari
- Fish Eggs

### DINNER SUGGESTIONS:

- Bread made in wheat
- Baati
- Cauliflower
- Paneer Tikka
- Aloo Matar
- Sitafal
- Gulab Jamun
- Chappati
- Chowmein
- Dal Makhani
- White Rice
- Butter Paneer
- Salmon
- Beans
- Dal Fry
- Red Sauce Pasta
- Mutton
- Boiled Chicken
- Chicken Tandoori
- Kebab
- Tomato Rice
- Prawns
- Momos
- Mixed Veg
- Chicken sausage
- Malai Chicken
- Chicken Popcorn
- Nalli Nihari
- Fish Eggs
- Chocolate Icecream
- Vanilla Ice cream
- Strawberry Icecream
- Rasmalai
- Kheer