

Boiled Water

Ingredients

- Water (any amount desired)

Equipment

- Pot or kettle
- Stove or heat source
- Optional: thermometer

Instructions

1. Fill the pot: Add the desired amount of water to a clean pot or kettle.
2. Place on heat: Put the pot on the stove and turn the heat to high.
3. Wait for bubbles: Watch for small bubbles to form on the bottom of the pot (around 160-180°F).
4. Rolling boil: Continue heating until you see large bubbles rapidly breaking the surface (212°F at sea level).
5. Use immediately: The water is now ready for cooking, making tea, coffee, or other purposes.

Tips

- At higher altitudes, water boils at lower temperatures
- Adding salt slightly increases the boiling point
- Use filtered water for best taste in beverages
- Never leave boiling water unattended

Safety Notes

- Handle hot water with care
- Use pot holders when moving hot pots
- Keep pot handles turned inward to prevent accidents
- Be aware of steam when removing lids

Preparation Time: 3-10 minutes

Difficulty: Beginner

Serves: Variable