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Six-monthly medical examination (6ME) for MDWs

During your migrant domestic worker's (MDW) employment, you must send her for a medical screening every 6 months. This medical examination screens for pregnancy and infectious diseases such as syphilis, HIV and tuberculosis.

Requirements

The 6ME test results must be certified by a Singapore-registered doctor. You must pay for the 6ME and any medical expenses arising from it.


	Details
Tests conducted during 6ME Our 6ME letters will state the tests your helper needs to do.	<ul style="list-style-type: none"> • Pregnancy and VDRL- every 6 months • HIV- every 2 years • TB- Once, upon 2 years of stay in Singapore • Checks on Body Mass Index (BMI) and visible signs of abuse
Which 6ME results must be submitted to MOM?	All 6ME results must be submitted to MOM. This is regardless of the tests helpers need to take.
Who can submit 6ME results?	All results must be submitted by clinics. Employers can use our FDW eService to check if clinics have submitted their helpers' results and view the results.
Where can 6ME be conducted?	All 6MEs must be conducted in clinics. Employers or their representatives should not be present during the examination.

For more details, please refer to [our FAQs](#) .

When to send your MDW for 6ME

You will receive a **notification letter and 6ME form by post** when your helper's 6ME is due. She must complete her 6ME by the due date.

Tip

You can also log in to our  [FDW eService](#) to check her previous 6ME date. You can then know when her next one is due, and also reprint the 6ME form.

If your MDW is 50 years old or above

If your helper is 50 years old or above, she doesn't need to go for 6ME.

She only needs to go for a medical examination upon renewal of her Work Permit.

If your MDW is on overseas leave

If your helper is due for her 6ME while she is away on overseas leave, you can request to postpone it until she returns.

If your MDW's employment is ending soon

If you are sending your helper home within 1 month from her 6ME due date, you can choose not to send her for the 6ME.

When to apply for waiver

If you intend to keep her for **more than 1 month** from her 6ME due date, you need to apply for a waiver.

If your MDW fails the 6ME

If your helper did not pass her 6ME, you must cancel her Work Permit and send her home immediately.



Related questions

What should I do if I've lost or did not receive my MDW's 6-monthly medical examination (6ME) notification letter?

How do I check my MDW's medical examination date?

What if my MDW misses her 6-monthly medical examination (6ME)?

How to submit 6ME results for helpers?

My migrant domestic worker (MDW) is 50 years old or above. Does she need to go for 6-monthly medical examination (6ME)?

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