

Shruti Gamal

Cook

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Address Broadmeadow , VIC 3047

Hard-working professional with experience in ingredient pairings, plating, food presentation, and nutrition. Frequently praised as adaptable by peers, I can be relied upon to help your team achieve its goals.

EXPERIENCE

Cook

Wayside Inn , South Melbourne , VIC

Jul 2023 - Present

Cook

Little sister cafe, Vic

Feb 2023 - Present

Cooked food according to recipes set by establishment.

- Monitored food items, maintaining minimum guidelines for temperature, taste, and quality.
- Stored and rotated food products properly, maintaining freshness.
- Assisted with food prep tasks, maximizing downtime during off-peak periods.
- Prepared variety of dishes using industrial kitchen equipment
- Washed and sanitized hands throughout shift, promoting food safety and health requirements.
- Portioned food before cooking according to standard portion sizes and recipe specifications.
- Labeled and dated food, keeping industrial refrigerators and freezers neat and orderly.

EDUCATION

Kitchen management certificate IV

Brighton college , Flagstaff , VIC

SKILLS

- High-Volume Production Capabilities
- Strong Butchery Skills
- Safe Food Handling Procedures
- Food Spoilage Prevention
- New Hire Training
- Menu Planning
- Culinary Arts
- Order Delivery Practices
- Cleaning and Organization
- Kitchen Sanitization

LANGUAGES

English

Advanced

Nepali

Native