Lemma 1. Take any $v \in V$. If there exists a node s that lies on a shortest path between u and v and $s \notin D$. Then $v \notin D$.

Proof. Suppose s lies on a shortest path between u and v and $s \notin D$. Then d(u,v)=d(u,s)+d(s,v). Since $d(v,s)+d(s,M)\geq d(v,M)$, we have $d(u,v)\geq d(u,s)+d(v,M)-d(s,M)$. Since $s\notin D$, $d(u,s)\geq d(s,M)$. Thus $d(u,v)\geq d(v,M)$ and $v\notin D$.