Cookies, Sessions and Authentication

Understanding the Basics

Cookies:

- Small pieces of data stored on the client's browser.

Sessions:

Server-side storage of user data during a visit.

Authentication:

Verifying the identity of users.

- A common method of user identification involves the use of cookies, which are small files that the server implants on the user's computer.
- When the same computer requests a page using a browser, it sends along the associated cookie with each request.

Definition:

Small pieces of data stored on the client's browser.

Purpose:

Tracking user activity, personalization, and authentication.

Types:

 Session cookies (expire when the session ends) and persistent cookies (stored for a specified duration).

Pros:

- Lightweight
- User personalization
- Persistent data storage

Cons:

- Security concerns (Cross-Site Scripting (XSS) and Cross-Site Request Forgery (CSRF) are both web security vulnerabilities.)
- Limited storage capacity

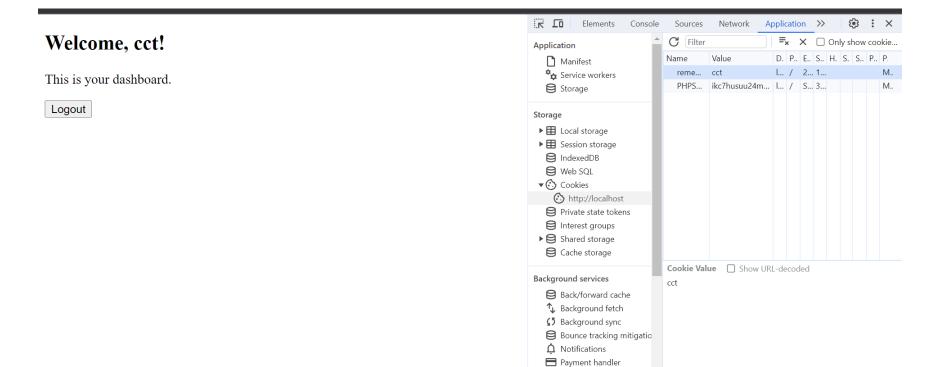
- Setting a Cookie in *login.php*
 - 1. // Set a cookie to remember the user for 1 day (86400 seconds)
 - setcookie('remember_me', \$username, time() + 86400, '/');
- Here's a breakdown of the parameters:
 - 'remember_me': The name of the cookie.
 - \$username: The value stored in the cookie, which is the username in this case.
 - time() + 86400: The expiration time of the cookie, calculated as the current time plus 86400 seconds (1 day).
 - '/': The path on the server for which the cookie is available. Using '/' makes the cookie available throughout the entire domain.

Reading and Refreshing the Cookie in dashboard.php

```
    if (isset($_COOKIE['remember_me'])) {
    $username = $_COOKIE['remember_me'];
    $_SESSION['username'] = $username;
    $_SESSION['last_activity'] = time();
    // Refresh the cookie expiration time
    setcookie('remember_me', $username, time() + 86400, '/');
    }
```

- In the dashboard.php file, when a user accesses the dashboard, the code checks if the 'remember_me' cookie is set.
- If it is, the username is retrieved from the cookie and used to automatically log in the user.
- Additionally, the session's last activity time is updated, and the cookie's expiration time is refreshed to extend its validity.

- Deleting the Cookie on Logout in logout.php
 - setcookie('remember_me', ", time() 3600, '/');
- In the logout.php file, when the user logs out, the 'remember_me' cookie is deleted by setting its expiration time to a past timestamp (time() 3600).
- This effectively removes the cookie from the user's browser.



O Periodic background sync

- Stateless Protocol (e.g., HTTP): Each request is independent; the server doesn't retain past interactions. Example: HTTP, where each request contains all necessary information.
- Stateful Protocol (e.g., FTP): Maintains a continuous state between client and server across multiple interactions. Example: FTP, which retains session state for file transfers.
- HTTP authentication is a mechanism used to control access to certain parts of a website or web application by requiring users to provide valid credentials.
- There are several types of HTTP authentication, and one common method is Basic Authentication.

```
Server side code snippet:
1.
      <?php
                       // Username and password for demonstration purposes
2.
      $valid_username = 'demo_user';
3.
      $valid_password = 'demo_password';
      // Check if the user has provided credentials
4.
5.
      if (!isset($ SERVER['PHP AUTH USER']) | | !isset($ SERVER['PHP AUTH PW'])) {
6.
        header('WWW-Authenticate: Basic realm="Restricted Area"');
        header('HTTP/1.0 401 Unauthorized');
7.
8.
        echo 'Authentication required.';
9.
        exit; }
10.
      // Validate the provided credentials
11.
      if ($_SERVER['PHP_AUTH_USER'] !== $valid_username || $_SERVER['PHP_AUTH_PW']
      $valid password) {
        header('HTTP/1.0 401 Unauthorized');
12.
13.
        echo 'Invalid credentials.';
14.
        exit; }
      // Successful authentication
15.
      echo 'Welcome, '. $ SERVER['PHP AUTH USER']. '!';
16.
17.
      ?>
```

- The server checks if the PHP_AUTH_USER and PHP_AUTH_PW variables are set in the incoming HTTP request headers.
- If not, it sends a 401 Unauthorized response along with a WWW-Authenticate header, prompting the browser to show an authentication dialog.
- If credentials are provided, the server validates them against the expected username and password.
- If the credentials are valid, it allows access; otherwise, it returns an Unauthorized response.

- Client-side Usage
- When a user tries to access a resource protected by Basic Authentication, the browser prompts them with a login dialog where they enter the username and password.
- The credentials are then included in the Authorization header of subsequent requests.
 - <!-- Example Request Header -->
 - GET /secure/resource HTTP/1.1
 - Host: example.com
 - Authorization: Basic ZGVtb191c2VyOmRlbW9fcGFzc3dvcmQ=
- In the Authorization header, the word 'Basic' is followed by a base64encoded string of the form username:password.

- Note: While Basic Authentication is simple, it's generally recommended to use it over HTTPS to encrypt the credentials during transmission, as the base64 encoding alone does not provide security.
- Additionally, more secure authentication methods like Token-based or OAuth are often preferred for production applications.

- Exploring Server-Side Storage
 - Functionality: Stores user data across multiple requests.
 - Implementation: Server generates a unique session identifier.
 - Security Measures: Timeout mechanisms and secure session handling.
- A session provides a means to retain information (stored in variables) for use across multiple pages.
- In contrast to a cookie, this information is not saved on the user's computer.

Definition:

Server-side storage of user data during a visit.

Functionality:

Maintains state across multiple requests.

• Pros:

- More secure than cookies
- Server controls data
- Session timeout for security

Cons:

- Server overhead
- Requires storage management

Session Concept:

- Resembles working with an application: open, make changes, and close.
- Similar to a computer knowing your activity, but web servers lack this awareness due to stateless HTTP.

Issue with HTTP:

 Web server doesn't recognize users or their actions due to the stateless nature of HTTP.

Solution: Session Variables:

- Store user information (e.g., username, preferences) for use across pages.
- Information lasts until the user closes the browser.

Functionality:

- Session variables are specific to one user.
- Accessible across all pages within an application.

- A session is started with the session_start() function.
- Session variables are set with the PHP global variable: \$_SESSION.
- Note: The session_start() function must be the very first thing in your document. Before any HTML tags.
- To remove all global session variables and destroy the session, we use
 - session_unset() and
 - session_destroy():

Cookies vs Session

- Choosing the Right Tool
 - Cookies:
 - Lightweight, client-side storage.
 - Sessions:
 - Server-side storage, more secure.
 - Decision Factors:
 - Security requirements, data size, and persistence.

Cookies vs Session

Demo file:

Cookie: https://github.com/neupaneprakash/webTech_II/blob/main/cookies.zip

Auth: https://github.com/neupaneprakash/webTech_II/blob/main/authentication.zip

Session: https://github.com/neupaneprakash/webTech_II/blob/main/session.zip