100-Days of code Syllabus: Day-by-Day Topics

Part 1: Python Basics & Core Concepts (Days 1-24)

Day 1: Medical History Snippet Generator

- The print() function
- String Manipulation & Concatenation
- The input() function
- Variables
- Debugging: Identifying SyntaxError
- PEP 8 & Semantic Naming Conventions
- String Formatting (f-strings)

Day 2: Simple BMI Calculator

- Data Types: Strings, Integers, Floats
- Type Checking (type() function)
- Type Conversion (int(), float(), str())
- Mathematical Operators (+, -, *, /, **)
- f-Strings & String Formatting
- Type Hinting (e.g., weight: float)

Day 3: Simple Symptom Triage Bot

- Conditional Statements: if, elif, else
- Comparison Operators (== , != , > , < , >= , <=)
- Logical Operators: and, or, not
- Nested if statements
- String Methods: .lower() and .upper()
- Guard Clauses (as an alternative to deep nesting)

Day 4: NEET Question Shuffler

- random Module: random.randint(), random.choice(), random.shuffle()
- · Python Lists: Creating, appending, and extending
- List Indexing: 0-based and negative indexing

Data Structures: Lists vs. Tuples

Day 5: Average Student Score Calculator

- for Loops
- Looping through Lists
- The range() function
- len() function
- sum() function
- String Methods: .split()
- Type Conversion within loops
- List Comprehensions (as an advanced alternative)

Day 6: A Simple "Hydration Reminder"

- Functions: Defining (def) and Calling
- while Loops
- Creating Exit Conditions & Avoiding Infinite Loops
- The DRY (Don't Repeat Yourself) Principle
- Variable Incrementors (+=)

Day 7: Simple Word Guessing Game (Code Breaker)

- Project Synthesis: Combining Loops, Conditionals, and Lists
- State Management: Using variables to track game state (e.g., display, game_over)
- for loops with range(len(list)) for index-based modification
- String/List Comparison
- The in keyword

Day 8: Prescription Dosage Calculator

- Functions with Inputs: Parameters and Arguments
- · Positional vs. Keyword Arguments
- Functions with Default Values
- Local Scope (variables inside functions)

Day 9: Patient Record Keeper

- Dictionaries: Key-Value Pairs
- Accessing and Modifying Dictionary items
- Looping through Dictionaries
- Nesting: Dictionaries in Dictionaries, Lists in Dictionaries

The .get() method for safe dictionary access

Day 10: Lab Result Formatter

- Functions with Outputs: The return keyword
- Functions with multiple return statements
- Python Tuples (for normal_range)
- Writing Docstrings (documenting functions)
- Command-Query Separation principle

Day 11: The Blackjack Capstone Project

- Problem Decomposition: Breaking a large project into small functions
- · Global vs. Local Scope
- Global Constants
- Using return values as inputs for other functions
- Handling complex logic with nested conditionals

Day 12: Health Score Calculator with Scope

- Local Scope (inside functions) vs. Global Scope (outside functions)
- Namespaces
- Why modifying global variables is bad practice
- The "Pass-in and Return" pattern for state modification
- Block Scope (and Python's lack of it)

Day 13: Debug the BMI Formula

- The Debugging Mindset: Code does what you tell it, not what you want it to do
- Reading Tracebacks (Error Messages)
- Common Error Types: TypeError, NameError
- Using print() statements to trace variable values
- Fixing Logical Errors (vs. Syntax Errors)
- Using an IDE's visual debugger (Breakpoints, Step Over, Step Into)

Day 14: Disease Prevalence Game

- Managing and updating game state in a loop
- Accessing data from a list of dictionaries
- random.choice()
- Function decomposition
- Clear User Feedback (f-strings)

Day 15: Pharmacy Inventory Manager

- Resource Management Simulation
- Using dictionaries as a data store (for inventory, prices)
- Decomposing logic into functions (e.g., check_resources, process_payment)
- · Looping with while True: and break
- Handling user input within a loop

Day 16: Define a MedicalTest Class

- Object-Oriented Programming (OOP) Concepts
- Creating a class
- The __init__() Constructor
- The self keyword
- Creating Attributes (Instance Variables)
- Creating Methods (Instance Functions)
- None keyword
- Creating and using Objects (Instantiation)

Day 17: Patient and Triage Classes

- OOP Architecture: Separation of Concerns
- Model (Data Class, e.g., Patient)
- Logic/Brain Class (e.g., TriageLogic)
- Main Controller file (main.py)
- · Importing classes from other files
- Using objects as attributes (e.g., self.current patient)

Day 18: Plot a Patient's Fever Chart

- The turtle module
- Coordinate Systems (X, Y axes)
- Turtle attributes and methods (.penup(), .pendown(), .goto(), .setworldcoordinates())
- Tuples (for RGB color data)
- Basics of Data Visualization (plotting data from a list)

Day 19: A Simple Reaction Time Game

- OOP: Multiple, independent instances of objects
- Event-Driven Programming
- Event Listeners (.onclick())

- Higher-Order Functions (passing a function as an argument)
- Callback Functions (distinguishing my_func from my_func())
- The time module: time.time()

Day 20: Cell Mitosis Simulator (Part 1)

- Composite Objects (objects built from other objects)
- Manual Game Loops (while True:)
- Controlling Animation Speed (time.sleep())
- Controlling Screen Refreshes (screen.tracer(0) , screen.update())
- OOP Abstraction (hiding logic inside a class)

Day 21: Specialized Medical Record Classes

- Class Inheritance (class Child(Parent):)
- The super() function
- Overriding and extending parent methods
- List Slicing (e.g., my_list[1:], my_list[-3:])
- The "is-a" vs. "has-a" relationship (Inheritance vs. Composition)

Day 22: Hospital Simulation Components

- OOP System Design: Object Interaction
- Mediator Class (e.g., AppointmentScheduler)
- Loose Coupling (objects not depending on each other's internal logic)
- Boolean attributes as flags (is waiting, is free)

Day 23: A "Virus Spreader" Simulation

- The "Manager" or "Factory" OOP Pattern
- Object Lifecycle Management (Creating, Updating, and Deleting objects)
- Collision Detection (using .distance())
- Managing lists of objects

Day 24: Patient Report Generator

- File I/O: Reading files (with open(...), .read(), .readlines())
- File I/O: Writing files (mode='w')
- File I/O: Appending to files (mode='a')
- String Methods: .replace(), .strip()
- File Paths: Relative vs. Absolute
- os and pathlib modules (for cross-platform path building)

Part 2: Data Science & Advanced Topics (Days 25-40)

Day 25: Analyze Patient Data

- The pandas library
- pd.read_csv()
- DataFrames and Series
- Selecting Columns: df['column_name']
- Filtering Rows (Boolean Masking): df[df['age'] > 50]
- Descriptive Statistics: .mean(), .max(), .idxmax(), .value counts()
- df.info() and df.describe() (Beyond Basics)

Day 26: Medical Abbreviation Mapper

- List Comprehension: [new_item for item in list if condition]
- Dictionary Comprehension: {new_key: new_value for item in list}
- Looping through nested lists

Day 27: Simple Medical Converter GUI

- tkinter GUI framework
- Widgets: Window, Label, Entry, Button
- Layout Managers: .grid() (preferred) vs. .pack() and .place()
- Widget Methods: .get() (from Entry) and .config() (for Label)
- Callback functions for buttons
- *args (unlimited positional arguments)
- **kwargs (unlimited keyword arguments)

Day 28: "Take Your Pills" Reminder App

- Event-Driven Programming in Tkinter
- Non-Blocking Delays: window.after()
- Blocking Delays: time.sleep() (and why it's bad for GUIs)
- Dynamic UI Updates
- Canceling after() jobs: window.after_cancel()
- tkinter.messagebox

Day 29: Medical Abbreviation Manager

- Integrating UI, Logic, and File I/O
- File I/O: Appending (mode='a')

- tkinter.messagebox (.showinfo, .showwarning, .askokcancel)
- Clearing Entry widgets
- User Input Validation (checking for empty strings)

Day 30: Refactor the Abbreviation Manager

- Exception Handling: try, except, else, finally
- Handling Specific Exceptions: FileNotFoundError, KeyError
- The json Module: json.load(), json.dump(), json.update()
- Refactoring code from .txt to .json

Day 31: Medical Terminology Flashcard App

- pandas.to_dict(orient='records')
- random.choice()
- Separation of Logic (the "brain") and Presentation (the "face")
- Reading and writing CSV files to manage state
- window.after() for timed state changes

Day 32: Medication Refill Reminder

- The datetime module: datetime.now(), .day, .month, .weekday()
- The smtplib module
- Connecting to SMTP servers (Gmail, etc.)
- connection.starttls()
- Security: App Passwords (vs. regular passwords)
- Security: Environment Variables (Beyond Basics)

Day 33: OpenFDA Drug Recall Checker

- APIs (Application Programming Interfaces)
- The requests module: requests.get()
- API Endpoints
- Parsing JSON responses: response.json()
- API Status Codes (200, 404, etc.)
- Error Handling: response.raise_for_status()

Day 34: A Medical Quiz GUI

- API Parameters: params dictionary in requests.get()
- Python Type Hinting: variable: str, def func(arg: int) -> bool:
- The html module: html.unescape()

- · Connecting an API to a GUI application
- OOP: Refactoring logic into a QuizBrain class

Day 35: "Sunscreen Alert" App

- API Authentication: API Keys
- Environment Variables: os.environ.get()
- Security: Hiding secret keys from code
- The .gitignore file
- Parsing complex nested JSON responses

Day 36: Drug Information & News Alert

- · Chained Logic: "If-Then" workflows
- Conditional API calls (to save resources/money)
- · Mocking data (using dictionaries and functions) for testing
- List Slicing (e.g., news_list[:3])

Day 37: Create a Mock Patient on a Test API

- HTTP Verbs: GET, POST, PUT, PATCH, DELETE
- RESTful API Principles
- requests.post(): Sending data with the json= parameter
- API Headers
- Reading API documentation (e.g., regres.in)
- Checking response.status_code (e.g., 201 Created)

Day 38: Patient Feedback Analyzer

- Natural Language Processing (NLP) (Conceptual)
- Integrating multiple specialized APIs (Service-oriented architecture)
- requests.post() with authentication headers
- · Authentication: Bearer Tokens
- Creating a structured log from unstructured data

Day 39 & 40: Architect Your Symptom2Specialist Bot

- System Architecture Design
- OOP: Single Responsibility Principle
- OOP: Abstraction (defining class "contracts")
- Creating placeholder "shell" classes and methods (pass keyword)
- Writing "Project Manager" logic (main.py) to coordinate components

Part 3: Web Development & Automation (Days 41-60)

Day 41 & 42: A Static Patient Profile Page

```
HTML: Boilerplate ( <!DOCTYPE html> , <html> , <head> , <body> )
HTML: Content Tags ( <h1>-<h6> ,  , <a> , <img> )
HTML: List Tags (  ,  , )
HTML: Table Tags (  ,  ,  , )
HTML: div and span
Semantic HTML: <nav> , <main> , <section> , <article> , <footer>
```

Day 43 & 44: Style the Patient Profile Page

```
    CSS: The Box Model (Margin, Border, Padding, Content)
```

- CSS Selectors: Tag, Class, ID
- CSS: External, Internal, and Inline styles
- Linking an external stylesheet
- Common CSS Properties: color, background-color, font-family, font-size, text-align, border, border-radius, margin, padding
- Using Google Fonts

Day 45: Scrape a Medical Wikipedia Page

- Web Scraping Concepts
- The requests library
- The BeautifulSoup library
- Parsing HTML: BeautifulSoup(html_content, "html.parser")
- Finding elements: soup.find(), soup.find_all()
- CSS Selectors: soup.select()
- Extracting data: .getText() and .get("attribute_name")
- Using Browser "Inspect" tool

Day 46: Search PubMed with Selenium

- The selenium library
- WebDriver (e.g., chromedriver)
- Automating a browser: driver.get(URL)
- Dynamic vs. Static Websites
- Finding elements: driver.find_element(By.NAME, ...)
- Interacting with elements: .send_keys()
- Using special keys: Keys.ENTER

• Closing the browser: driver.quit()

Day 47-50: Practo.com Pop-up Handler

- Advanced Selenium: WebDriverWait
- Advanced Selenium: expected_conditions (e.g., element_to_be_clickable)
- Handling TimeoutException With try...except
- Handling Pop-ups / Modals
- Interacting with complex forms (logging in, filling fields)

Day 51: "Website Down" Alerter

- System Monitoring Logic: "Sense -> Decide -> Act" loop
- Combining selenium With try...except TimeoutException as a "sensor"
- Abstracting automation into classes (Beyond Basics)
- Storing selectors in a separate config file (Beyond Basics)

Day 52: Scroll a Medical Forum Thread

- Handling Modals / Pop-ups (follower list example)
- Infinite Scrolling
- Executing JavaScript: driver.execute script()
- Scrolling to bottom: window.scrollTo(0, document.body.scrollHeight)
- Detecting end of scroll
- Randomizing time.sleep() to mimic human behavior (Beyond Basics)

Day 53: Scrape and Log Medical News

- Hybrid Scraping: requests + BeautifulSoup for speed, selenium for interaction
- Mimicking a browser: Setting User-Agent headers in requests
- Automating Google Forms
- · Looping through scraped data to fill a form

Day 54 & 55: Simple Symptom Checker API

- Web Frameworks: Flask
- Decorators: @app.route()
- Running a local web server
- Returning HTML from Python
- Dynamic URLs: @app.route('/<string:symptom>')
- URL Variable Converters (<int:id>, <string:name>)

Day 56 & 57: Dynamic Patient List Page

- Web Templates: Separating Logic from Presentation
- render_template() function
- Jinja Templating Engine
- Jinja Syntax: {{ variable }}
- Jinja Logic: {% for item in list %} and {% if condition %}
- Template Inheritance: {% extends "base.html" %} and {% block content %}
- Using the static folder and url_for()

Day 58, 59 & 60: A Simple Patient Intake Form

- CSS Frameworks: Bootstrap (adding via CDN)
- Using Bootstrap classes (container, btn, form-control)
- HTML Forms: <form action="..." method="POST">
- Input name attributes
- Handling POST requests in Flask: methods=["GET", "POST"]
- Accessing form data: request.form.get("name")
- redirect() function

Part 4: Full-Stack & Data Science (Days 61-80)

Day 61: A Secure Patient Intake Form

- Flask-WTF library
- CSRF Protection: form.hidden_tag()
- Defining forms as Python classes
- Form Fields: StringField, IntegerField, SubmitField
- Form Validators: DataRequired(), Email(), Length()
- Validating forms: form.validate_on_submit()
- Accessing data: form.field name.data

Day 62: Medical Clinic Locator

- Application Integration: Flask + Flask-Bootstrap + Flask-WTF + csv
- Python csv module: csv.reader, csv.writer
- Full CRUD with a CSV file (Read, Add)
- Redirecting after form submission

Day 63: Refactor the Clinic Locator

- Databases: SQLite
- ORM (Object Relational Mapper)
- Flask-SQLAlchemy library
- Defining Models: class MyTable(db.Model):
- Defining Columns: db.Column(), db.Integer, db.String, primary_key=True
- Creating the database: db.create_all()
- Creating records: db.session.add() & db.session.commit()
- Reading records: Model.query.all(), Model.query.get()

Day 64, 66-67: Build a Medication Tracker API

- CRUD Operations: Create, Read, Update, Delete
- Update: Model.query.get(), update fields, db.session.commit()
- Delete: db.session.delete(), db.session.commit()
- RESTful API Design Principles
- jsonify() for returning JSON responses
- HTTP Methods: GET, POST, PATCH, DELETE
- Testing APIs with Postman or Insomnia

Day 65: Redesign the Medication Tracker

- UI/UX Principles
- Color Theory & Palettes (e.g., Coolors.co)
- Typography & Readability (e.g., Google Fonts)
- Layout: Whitespace, Grids, "Card" design
- Favicons

Day 68-70: A Full-Stack Medication Tracker

- Authentication: Password Hashing (werkzeug.security)
- Flask-Login: LoginManager, UserMixin, login_user, logout_user, @login_required
- Database Relationships: One-to-Many
- db.ForeignKey
- db.relationship
- Filtering queries: .filter_by()
- Deployment Prep: requirements.txt (pip freeze > ...)
- Deployment Prep: .gitignore file
- Deployment Prep: Procfile and gunicorn
- Deployment Prep: Environment variables for database URI

Day 71: Explore Patient Demographics

- pandas.read_csv()
- df.head()
- df.columns
- Selecting columns (df['col']) and rows (df.loc[])
- Aggregations: .mean(), .max(), .idxmax()

Day 72: Clean Lab Results

- Identifying Missing Data: NaN values, df.isna().sum()
- Handling Missing Data: df.dropna()
- Handling Missing Data: df.fillna()
- Grouping Data: df.groupby('col')
- Chaining methods: df.groupby('col').mean()

Day 73: Consolidate Patient Visit Data

- Merging DataFrames: pd.merge(df1, df2, on='common_key')
- SQL JOIN types (Inner, Outer, Left, Right)
- Pivoting DataFrames: df.pivot_table(index=..., columns=..., values=..., aggfunc=...)

Day 74 & 75: Visualize Patient Vitals

- Data Visualization (EDA)
- matplotlib.pyplot: plt.scatter(), plt.title(), plt.xlabel(), plt.ylabel(), plt.show()
- seaborn: sns.regplot() (for linear regression lines)
- plotly.express: px.scatter() (for interactive plots)
- Choosing the right plot (scatter, line, bar, histogram)

Day 76-79: Predict Diabetes Risk

- numpy library: Arrays and Vectorization
- scikit-learn library
- Supervised Learning: Regression vs. Classification
- Features (X) vs. Target (y)
- train_test_split()
- Model 1: LogisticRegression
- Model 2: RandomForestClassifier
- Training: model.fit(X_train, y_train)
- Predicting: model.predict(X test)

Evaluation: accuracy_score(), confusion_matrix()

Day 80: Heart Disease Risk Analysis

- End-to-End Data Science Workflow
- i. Asking Questions
- ii. Data Wrangling (Cleaning)
- iii. Exploratory Data Analysis (EDA) & Visualization
- iv. Modeling & Prediction
- Presenting results (Jupyter Notebooks)

Part 5: Portfolio Projects (Days 81-100)

Day 81 & 82: A Medical Abbreviation Translator

- Dictionary as a mapping tool
- tkinter UI: Entry, Button, Label
- Exception Handling: try...except KeyError
- String methods: .upper()

Day 83 & 84: Command-Line Symptom Diagnosis Game

- State Management (game board, current player)
- Algorithmic Logic: Checking win conditions (rows, cols, diagonals)
- Pattern Recognition (matching board state to "diagnoses")
- Separating Game Logic from UI (Beyond Basics)

Day 85 & 86: "Confidential" Lab Report Stamper

- Pillow (PIL) library: Image.open(), Image.save()
- ImageDraw.Draw()
- ImageFont.truetype()
- draw.text()
- tkinter.filedialog.askopenfilename()
- RGBA Colors (for transparency)
- Advanced: Image rotation and merging (Beyond Basics)

Day 87 & 88: A Public Health Data Viewer

- Model-View-Controller (MVC) Pattern
- Python csv module: csv.reader
- Flask and render_template

- Jinja for loops
- Bootstrap for styling tables

Day 89 & 90: A "Smart" Medical Note Pad

- tkinter.Text widget
- Text widget tagging (.tag_add , .tag_config)
- Event Binding: <KeyPress>
- Event Loop: window.after cancel()
- Event Loop: window.after()
- The "Debouncing" UI Pattern

Day 91 & 92: X-Ray Feature Extractor

- Image Feature Extraction (Conceptual)
- Pillow: Image.open(), .size, .crop(), .getdata()
- Image coordinate systems (bounding boxes)
- Grayscale images and pixel intensity
- numpy (Beyond Basics, for faster array math)

Day 93 & 94: "Red Alert" Heart Rate Monitor Bot

- Screen Scraping: Pillow.ImageGrab.grab()
- Pixel-level analysis (getting average color)
- "See -> Analyze -> React" loop
- pyautogui or selenium for programmatic clicking (Beyond Basics)
- Building "brittle" bots and their limitations

Day 95 & 96: PubMed Scraper API

- "Scraper-as-a-Service" Architecture
- Wrapping a scraper (requests + BeautifulSoup) in a Flask server
- Flask dynamic routes (@app.route('/api/...'))
- Flask.jsonify
- Caching with Redis (Beyond Basics)

Day 97: Deploy Your Patient List App

- Deployment Concepts
- pip freeze > requirements.txt
- Cloud Hosting Platforms (e.g., PythonAnywhere, Render)
- WSGI Servers (gunicorn)

- Web App Configuration (WSGI file)
- Using Environment Variables in production

Day 98-100: Hospital Readmission Predictor

- End-to-End ML Workflow
- Data Cleaning & Wrangling (Handling NaN, pd.read csv)
- Feature Engineering: pd.get_dummies() (One-Hot Encoding)
- Feature Selection (X) vs. Target (y)
- scikit-learn: train_test_split()
- scikit-learn: LogisticRegression (for classification)
- Model Evaluation: accuracy_score(), confusion_matrix()
- Interpreting results (False Positives vs. False Negatives)