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# Predicting the requirement for renal replacement therapy in intensive care patients with sepsis

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Sepsis is one of the most frequent causes of acute kidney injury (AKI) in critically ill patients, with initial organ impairment often followed by dysfunction in other systems [1]. Renal dysfunction may therefore represent one facet in the evolution towards multiple organ dysfunction syndrome (MODS) or, alternatively, may be indicative of system-wide endothelial damage caused by hyperinflammation and a positive fluid balance. Whilst numerous biomarkers have been investigated to predict renal replacement therapy (RRT) requirement, including NGAL, TIMP-2 and IGFBP-7 [2], mid-regional proadrenomedullin (MR-proADM) may also be of interest due to its involvement in capillary leakage, endothelial dysfunction and the initial stages of multiple organ failure development [3, 4].

In a secondary analysis of 1089 severe sepsis and septic shock patients enrolled in the SISPCT trial [5], RRT was initiated in 322 (29.9%) patients within the first 21 days of treatment, including 178 (55.5%; 52.2% mortality) patients at baseline and 118 (36.6%; 55.1% mortality) additional patients between days 1-7. Continuous veno-venous haemodialysis (CVVHD: N = 88; 49.4%) and haemodiafiltration (CVVHDF: N = 54; 30.3%) were the most common modes of RRT at baseline.

Biomarker (PCT, MR-proADM, CRP and lactate) and standard clinical and laboratory parameters (creatinine,

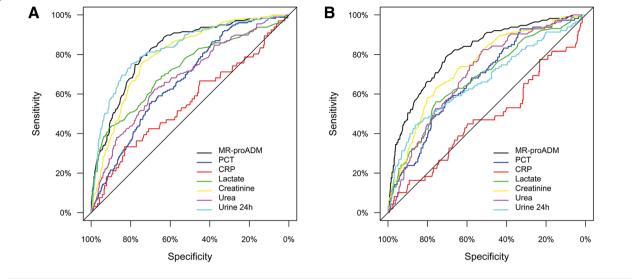
urea and 24-h urine output) were subsequently compared to identify RRT requirement at baseline (day 0), and predict requirement between days 1 and 7 in patients where no RRT was previously initiated. AUROC and logistic regression analysis found that urine output, MR-proADM and creatinine performed similarly in identifying RRT requirement at baseline, whereas MR-proADM more accurately predicted requirement between days 1 and 7 (Fig. 1). Previously established [3] MR-proADM cut-offs for predicting 28-day mortality found that increasing (e.g. moderate to high: N = 19; 47.5%; OR [95% CI]: 67.6 [18.5 - 247.2]) or continuously elevated (N = 35; 64.8%; OR [95% CI]: 137.5 [38.7 - 489.1]) concentrations over the first 24 h in patients where no RRT was initiated at baseline resulted in a high likelihood of subsequent RRT requirement. Conversely, few cases of RRT over the first 21 days of ICU therapy were initiated in patients with continuously low (N = 3; 1.3%) or decreasing (moderate to low: N = 1; 1.3%) MR-proADM concentrations.

Results suggest that increasing or continuously elevated MR-proADM concentrations, indicative of increased capillary leak, may be a useful predictor of RRT requirement during ICU therapy. Further studies are required to investigate the relationship between MR-proADM, positive fluid balance and renal replacement therapy in critically ill patients with sepsis.

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						Univariate logistic regression			Multivariate logistic regression		
	Biomarker or lab parameter	Patients (N)	RRT (N)	AUROC	LR χ²	OR IQR [95% CI]	p-value	LR χ²	OR IQR [95% CI]	p-value	
RRT requirement at baseline (day 0)	MR-proADM	1030	176	0.82 [0.79 - 0.86]	202.9	8.7 [6.1 - 12.5]	<0.001	239.4	8.0 [5.5 - 11.7]	<0.001	
	PCT	1031	176	0.67 [0.63 - 0.71]	54.3	2.7 [2.1 - 3.6]	<0.001	125.3	2.7 [2.0 - 3.7]	<0.001	
	CRP	403	66	0.55 [0.47 - 0.64]	2.6	0.8 [0.7 - 1.0]	0.107	22.7	0.8 [0.6 - 1.0]	<0.001	
	Lactate	1051	177	0.72 [0.68 - 0.77]	107.1	2.9 [2.3 - 3.5]	<0.001	176.7	3.0 [2.4 - 3.7]	<0.001	
	Creatinine	1058	177	0.80 [0.76 - 0.83]	163.4	5.0 [3.8 - 6.7]	<0.001	192.8	4.4 [3.2 - 5.8]	<0.001	
	Urea	1050	176	0.68 [0.64 - 0.73]	60.7	2.6 [2.0 - 3.3]	<0.001	122.5	2.3 [1.8 - 3.1]	<0.001	
	Urine output	1031	171	0.83 [0.80 - 0.87]	189.7	2.2 [1.9 - 2.4]	<0.001	229.8	2.1 [1.9 - 2.4]	<0.001	
RRT requirement days 1 - 7	MR-proADM	854	113	0.81 [0.77 - 0.85]	131.8	9.3 [5.9 - 14.6]	<0.001	136.9	8.8 [5.5 - 14.0]	<0.001	
	PCT	855	113	0.68 [0.63 - 0.73]	40.4	2.9 [2.0 - 4.0]	<0.001	65.3	3.0 [2.1 - 4.3]	<0.001	
	CRP	337	49	0.53 [0.43 - 0.62]	0.0	1.0 [0.7 - 1.3]	0.872	7.8	1.0 [0.7 - 1.4]	0.101	
	Lactate	874	116	0.68 [0.63 - 0.73]	39.8	2.3 [1.8 - 3.0]	<0.001	56.4	2.2 [1.7 - 2.9]	<0.001	
	Creatinine	881	115	0.74 [0.69 - 0.79]	75.9	3.7 [2.7 - 5.1]	<0.001	92.6	3.7 [2.7 - 5.0]	<0.001	
	Urea	874	114	0.70 [0.65 - 0.75]	45.6	2.7 [2.0 - 3.7]	<0.001	61.2	2.6 [1.9 - 3.6]	<0.001	
	Urine output	860	115	0.67 [0.61 - 0.73]	38.7	1.7 [1.4 - 1.9]	<0.001	55.4	1.6 [1.4 - 1.9]	<0.001	

**Fig. 1** Identification of patients requiring renal replacement therapy (RRT) upon sepsis diagnosis and over the first week of ICU treatment. Logistic regression and AUROC analysis for the requirement of RRT in all patients at baseline (a) and during the first 7 days of ICU therapy in patients with no prior RRT (b). Multivariate Cox regression analysis was corrected for age and the presence of comorbidities. *AUROC* area under the receiver operating characteristic curve, *CI* confidence interval, *CRP* C-reactive protein, *IQR* interquartile range, *LR* likelihood ratio, *MR-proADM* mid-regional proadrenomedullin, *N* number, *OR* odds ratio, *PCT* procalcitonin, *RRT* renal replacement therapy

#### Abbreviations

AKI: Acute kidney injury; AUROC: Area under the receiver operating characteristic curve; CI: Confidence interval; CRP: C-reactive protein; CWHD: Continuous veno-venous haemodiaflysis; CWHDF: Continuous veno-venous haemodiaflitration; ICU: Intensive care unit; IGFBP-7: Insulin-like growth factor-binding protein 7; MODS: Multiple organ dysfunction syndrome; MR-proADM: Mid-regional proadrenomedullin; N: Number; NGAL: Neutrophil gelatinase-associated lipocalin; OR: Odds ratio; PCT: Procalcitonin; RRT: Renal replacement therapy; SISPCT: Placebo-controlled trial of sodium selenite and procalcitonin guided antimicrobial therapy in severe sepsis; TIMP-2: Tissue inhibitor of metalloproteinases 2

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### Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

# Authors' contributions

AN was the primary author and editor of the manuscript. FB was the principal investigator for the SISPCT trial. AN, FB, DCW, GE and PM collected the study data and contributed to the evaluation and interpretation of data as well as the writing and editing of the manuscript. AN, FB, DCW, GE and PM performed the statistical analysis of data. All authors critically reviewed and approved the final manuscript.

#### Ethics approval and consent to participate

The study protocol of the SISPCT trial was approved by the ethics board of Jena University Hospital (internal file number 2242–03/08). Written informed consent was obtained from all patients or their legal representatives.

# Consent for publication

No individual participant data are reported that would require consent to publish from the participant (or legal parent or quardian for children).

### Competing interests

All authors have provided information on potential conflicts of interests directly or indirectly related to the work submitted in the journal's disclosure forms. AN reported receiving lecture honoraria from Thermo Fisher Scientific. FB reported receiving lecture honoraria from biosyn, Gilead and CSL Behring and public funding for the SISPCT trial to his department by the German Federal Ministry of Education and Research, as well as unrestricted research grants for the SISPCT trial by biosyn and Thermo Fisher Scientific. DCW is an employee of BRAHMS GmbH. The authors declare that they have no competing interests.

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