

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	H 0.18																	He 0.02
2	Li 0.06	Be 0.22											B 0.29	C 0.30	N 0.11	O 0.15	F 0.19	Ne 0.16
3	Na 0.13	Mg 0.23											Al 0.38	Si 0.33	P 0.26	S 0.31	Cl 0.23	Ar 0.20
4	K 0.14	Ca 0.26	Sc 0.48	Ti 0.74	V 1.01	Cr 1.27	Mn 1.35	Fe 1.55	Co 1.80	Ni 1.98	Cu 2.00	Zn 1.69	Ga 1.43	Ge 1.35	As 1.53	Se 1.31	Br 0.91	Kr 0.74
5	Rb 0.49	Sr 0.90	Y 1.62	Zr 2.50	Nb 3.48	Mo 4.34	Tc 4.93	Ru 5.65	Rh 6.13	Pd 6.16	Ag 5.73	Cd 4.88	In 4.31	Sn 4.46	Sb 4.26	Te 4.06	I 3.45	Xe 2.13
6	Cs 1.47	Ba 2.84		Hf 19.76	Ta 25.25	W 30.69	Re 34.25	Os 38.00	Ir 39.33	Pt 38.64	Au 35.92	Hg 25.86	Tl 23.10	Pb 22.84	Bi 20.40	Po 20.21	At -	Rn 9.72
7	Fr -	Ra 11.72		Rf -	Ha -	Sg -	Hs -	Bh -										

Lanthanides	La 5.07	Ce 7.10	Pr 6.22	Nd 6.68	Pm 7.30	Sm 7.73	Eu 5.65	Gd 8.71	Tb 9.50	Dy 10.20	Ho 10.92	Er 11.71	Tm 12.56	Yb 9.56	Lu 14.19
Actinides	Ac 24.41	Th 28.82	Pa 39.43	U 51.17	Np -	Pu -	Am -	Cm -	Bk -	Cf -	Es -	Fm -	Md -	No -	Lr -