**Curriculum Vitae**

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|  | **First name**  (Given name) | Hidenori | | | |
| **Last name**  (Family name) | Arai | | | |
| **Affiliation** | National Center for Geriatrics and Gerontology | | | |
| **Position & Title** | President, Dr. | | | |
| **Education and Training** | | | | | |
| **Completion date**  **(MM/YYYY)** | **Institution / Location** | | **Degree**  ***(if applicable)*** | | **Field of study** |
| 03/1984 | Kyoto University School of Medicine, Japan | | M.D | | Medicine |
| 03/1991 | Kyoto University Graduate School of Medicine, Japan | | Ph.D. | | Internal Medicine |
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| **Employment and Position** | | | | | |
| **Period** | **Affiliation** | | | **Position** | |
| 2003~2009 | Department of Geriatric Medicine, Kyoto University | | | Assistant Professor | |
| 2009~2014 | Department of Human Health Sciences, Kyoto University | | | Professor | |
| 2015~2018 | National Center for Geriatrics and Gerontology | | | Deputy Director | |
| 2018~2019 | National Center for Geriatrics and Gerontology | | | Director | |
| 2019~present | National Center for Geriatrics and Gerontology | | | President | |
| **Important Publications (Up to 5)** | | | | | |
| 1. Ouchi Y, Sasaki J, Arai H, et al. Ezetimibe Lipid-Lowering Trial on Prevention of Atherosclerotic Cardiovascular Disease in 75 or Older (EWTOPIA 75): A Randomized, Controlled Trial. Circulation. 2019;140:992-1003. | | | | | |
| 1. Yamashita S, Okazaki M, Okada T, Masuda D, Yokote K, Arai H, Araki E, Ishibashi S. Distinct Differences in Lipoprotein Particle Number Evaluation between GP-HPLC and NMR: Analysis in Dyslipidemic Patients Administered a Selective PPARα Modulator, Pemafibrate. J Atheroscler Thromb. 2021;28:974-996. | | | | | |
| 1. Arai H, Bujo H, Masuda D, et al. Integrated Analysis of Two Probucol Trials for the Secondary Prevention of Atherosclerotic Cardiovascular Events: PROSPECTIVE and IMPACT. J Atheroscler Thromb. 2021 in press. | | | | | |
| 1. Yamashita S, Masuda D, Harada-Shiba M, Arai H, et al; FAME Study Group. Effectiveness and Safety of Lipid-Lowering Drug Treatments in Japanese Patients with Familial Hypercholesterolemia: Familial Hypercholesterolemia Expert Forum (FAME) Study. J Atheroscler Thromb. 2021 in press | | | | | |
| 1. Hirashiki A, Shimizu A, Suzuki N, Nomoto K, Kokubo M, Sugimoto T, Hashimoto K, Sato K, Sakurai T, Murohara T, Washimi Y, Arai H. Exercise Capacity and Frailty Are Associated with Cerebral White Matter Hyperintensity in Older Adults with Cardiovascular Disease. Int Heart J. 2022;63:77-84. | | | | | |
| **Awards and Honors** | | | | | |
| John Morley Award: 2021  Journal of Atherosclerosis and Thrombosis Award: 2014 | | | | | |
| **Research Interests** | | | | | |
| Lipoprotein metabolism  Cardiometabolic risk management  ASCVD guideline | | | | | |