

### 1. Grow up — trưởng thành hơn

The phrase is used for telling someone to stop behaving like a kid.

Jennifer always tells me that I need to grow up. But what can I do, if I prefer acting like this?

### 2. Hold on — Chờ xíu

This phrase has various meanings. You can use it to tell someone to stop or wait for a minute. Besides, it means to continue to do something in a challenging situation.

Hold on! That's not what I'm trying to say.

You just need to hold on until the doctor arrived.

### 3. Hold back — kìm nén, kìm chế

To decide not to do something as well as not to show your feelings, often because of fear.

She held back, remembering her last failure.

Brian held back his anger.

### 4. Put sth away — cất, để đi chỗ khác

To put something in the place where it's usually kept.

Please put your clothes away; it's all over the floor.

### 5. Put on — Mang mặc

To wear clothes, shoes, or jewelry.

It was freezing, so I put on my coat.

### 6. Turn on/Turn off — Bật, tắt

To make something start working or stop it working by pushing a button or moving a switch.

The show is on; please turn on the TV.

It's time for bed, turn off the TV.

Throw

### 7. Throw away — Ném cái gì đó đi

To get rid of something that you no longer need. This phrase can also be used to say that someone is wasting a skill or opportunity.

Let's throw away all broken toys to clear a space for new ones.

You've spent several years improving your music skills, don't throw it all away.

### 8. Call up = phone - gọi

Gọi điện

She's out for lunch. Please call up later.

### 9. Call on = visit - Thăm viếng

Thăm

My mother's friends call upon her every Wednesday.

### 10. Think over = consider - Xem xét

Xem xét, cân nhắc

Let me think over your request for a day or so.

### 11. Talk over = discuss - Thảo luận

Thảo luận

They talked over the proposal and decided to give it their approval.

### 12. Move on - chuyển đi, sang

Can we move on to the next item on the agenda?

### 13. Go over = examine - kiểm tra

Xem xét

Go over your work before you hand it in.

### 14. Put sth down = write sth, make a note of sth - viết xuống

The meeting's on the 22nd. Put it down in your diary.

### 15. Clean up = tidy - dọn dẹp

Dọn dẹp

I'm fed up with clearing up after you!

### 16. Carry out = execute - Tiến hành

Extensive tests have been carried out on the patient.

