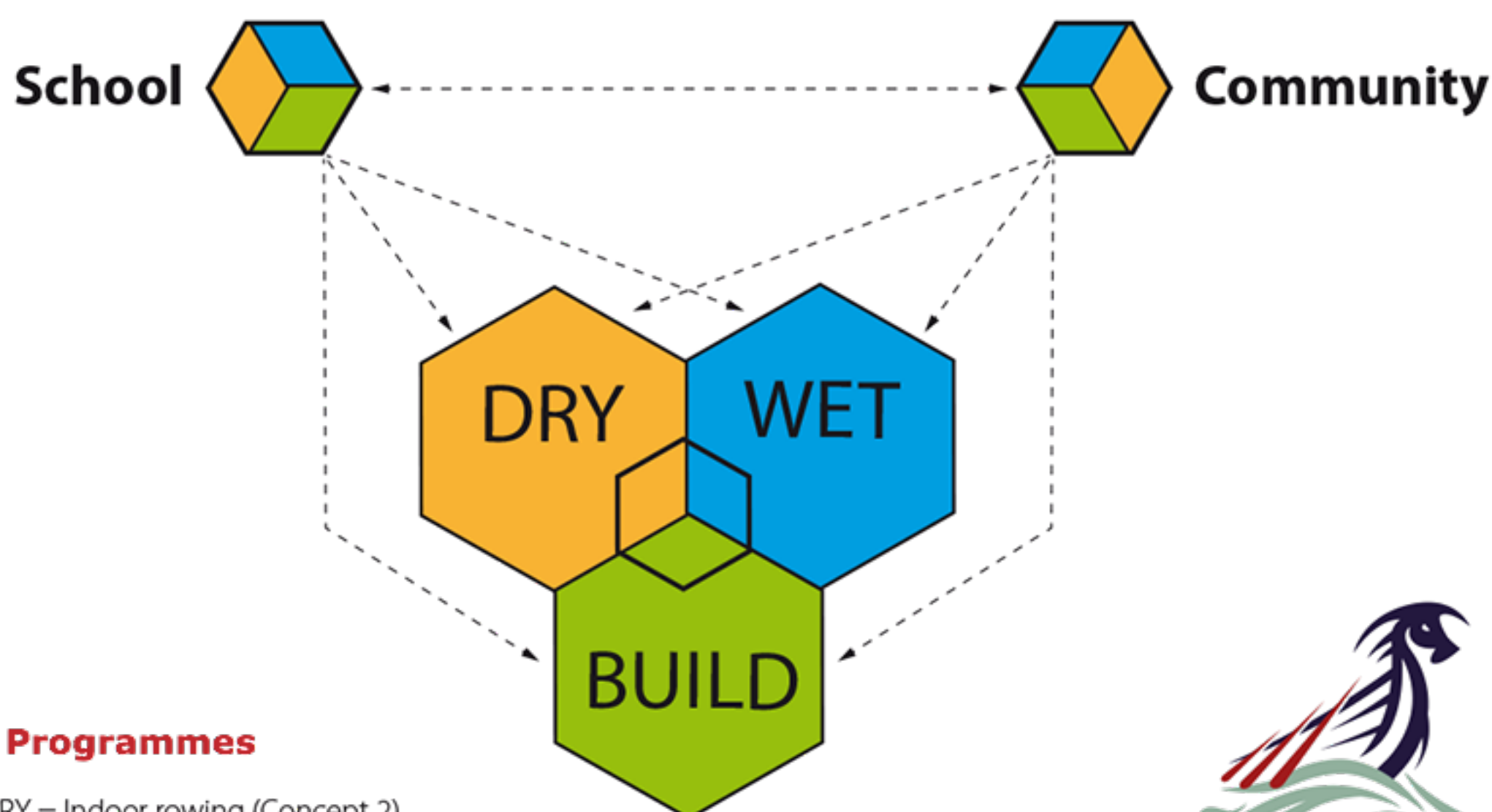





The Concept



The Programmes

-  DRY = Indoor rowing (Concept 2)
-  WET = On the water rowing
-  BUILD = Skiff boat build



Programme Aims

To seed and nurture school and community projects to build and use coastal Skiffs to provide an inexpensive inclusive and accessible sporting activity.

Programme Goals

By investing in schools, youth and community projects we aim to provide for all ages, backgrounds and abilities the chance to create, manage and participate in a successful Skiff Rowing Club. Helping to create a "pathway to opportunity" for disadvantaged 11-22 year olds and to create access for all to experience build, dry and wet rowing programmes to improve health, fitness, well-being, self confidence, social inclusion, vocational skills and employability prospects.

Delivery Method

Stage 1: Sow the seed...

Secondary Schools Coastal Rowing programme

Ergo Machine Rowing

Oarsome-Chance and its partners will provide for use in secondary schools and in community facilities Ergo rowing machines to develop an indoor rowing club programme. Dry indoor rowing is an accessible inclusive cardio vascular sporting activity that offers an alternative to mainstream hand/eye coordinated ball sports. A developed national and international competitive scene exists offering a performance development path for all users.

Coastal Skiff Rowing

Schools will be linked to a Hub community rowing club. Operating at an all states usable water location within an appropriate catchment area local school groups can participate in "have a go" sessions and courses. Training guidance and expert coaching help will assist and deliver the on the water experiences. Tailor made short duration programmes to experience the sport of coastal skiff rowing out on the water.

Stage 2: Nurture the growth...

Oarsome-Chance will help to create and nurture new community and school coastal rowing clubs to add to the existing and growing Skiff coastal rowing scene developing throughout UK. These clubs will facilitate school and community users who wish to progress their participation in the sport of coastal rowing. Oarsome-Chance and its sponsorship partners will offer bursary financial and management support to help individual communities create and successfully manage a Rowing Club.

Oarsome Chance Rowing Project Benefits Table

Benefits Table 1(subject subtitle expanded)

M	1	2	3	4	5	6	7	8	9	10
	SUBJECT DEPARTMENTS				SCHOOL	COMMUNITY	SCHOOL	COMMUNITY	SCHOOL	COMMUNITY
		BUILD	DRY	WET	BOAT BUILD	BOAT BUILD	INDOOR ROWING	INDOOR ROWING	ON WATER ROWING	ON WATER ROWING
	☐ PHYSICAL EDUCATION									
	☐ DESIGN TECHNOLOGY									
	☐ IT									
	☐ SCIENCES									
	☐ MATHS									
	☐ MARINE SCIENCE									
	MATERIALS									
	☐ CHEMISTRY									
	☐ PHYSICS									
	GENERAL SUBJECTS									
	☐ GEOGRAPHY									
	SOCIAL HISTORY									
	☐ ART AND TEXTILES									
	☐ BUSINESS SKILLS									
	☐ PERSONAL DEVELOPMENT									
KEY										

The skills developed within the projects touch on many subjects within the school curriculum as can be seen in this table.

Stage 3: Kit boat building aiding the route to employability...

Oarsome-Chance build programmes will provide project based vocational learning enhancing employability and life skill prospects. Selected regional centres will provide through community outreach and vocational training build projects . Complete kit solutions will be provided to these centres for construction of Skiffs and the building of trailers. Projects co-ordinated by Oarsome-Chance will support young people. Mentoring and work experience links to local business will help young people compete in the job market especially those who are not in education, employment or training, or deemed ‘at risk’ or ‘hard to reach’, as well as those from deprived backgrounds

Communities build boats boats build communities!

All types of community and school groups can be encouraged to come together to build, row and regatta participate in the growing national and international coastal rowing scene. In schools coastal rowing can offer an alternative physical activity and club interest outside the normal mainstream sports .The benefits of cardio-vascular exercise and physical activity and team spirit are all obvious. All our projects offer a range of beneficial activities for school and community groups over a wide age range. Clubs will become a beacon of school and community pride and achievement.