Date: September 14, 2023

Subject: Bell Schedule

A bell schedule specifies the start time and duration of one or more instructional periods on each day of a day pattern. A consistent daily schedule and step-by-step routines give children a predictable day. A Bell Schedule helps children:

- Feel in control of their environment
- Feel safe, secure, and comfortable
- Know what is happening now and what comes next
- Know how to do an activity or task
- Engage in learning

Just like adults, children feel more confident and secure when their daily activities are predictable and familiar.

Description/ Period	Start Time	End Time	Length
1	08:00 AM	08:45 AM	45 minutes
2	08:45 AM	09:30 AM	45 minutes
3	09:30 AM	10:15 AM	45 minutes
4	10:15 AM	11:05 AM	50 minutes
5	11:05 AM	11:55 PM	50 minutes
6	11:55 PM	12:40 PM	45 minutes
7	12:40 PM	01:30 PM	50 minutes
8	01:30 PM	02:15 PM	45 minutes





