

## A Phenomenal Product



- Coax Toxins From Organs
- Gently Eliminate Toxins
- Improve Kidney Function
- Improve Liver Function

### Recharge, Rejuvenate And Renew

The Purify Disc lets you cleanse yourself from a lifetime of toxic foods, bad habits and pollutants in the environment. It's helps dislodge those negative substances from the organs they have become stored in. Combined with drinking pure water, it coaxes the body to flush out impurities. That gives the body the chance to actually eliminate the toxins instead of storing them somewhere else. Benefits associated with detoxification include increased energy, better blood circulation, a stronger immune system, clearer skin, improved digestion, reduced aches and pains, weight management, a stronger libido and many more.

If you want to feel better overall by getting rid of toxic chemicals your body has stored, the Purify Disc is the easiest way you can do it.



## What Customers Say

### Bruce Smith

I began using the Purify disc as a matter of testing all of the Body Align products. First, I used it on my foot, then the other foot. Interestingly, it seemed to help with the discomfort that had been in my legs. I am so thrilled with the results so far and I have tremendous hope for the future. Heartily, I say "thank you" to all the folks at BodyAlign for this disc that we call PURIFY.

### Solange and Lamar Dunn

After a day sprucing up the yard Lamar's leg was seriously itching. It was a patch of poison ivy just above the ankle area on the front of his leg. It was very red, some blistering had started and it was itching. He had put cortisone cream on it but the cream hadn't phased it. Thinking poison ivy is a toxic reaction, I got a Purify disc. He didn't want it directly on the patch so I put it just below it and he went to sleep.

The next morning we couldn't believe how it looked: no redness, the blistering was dry and peeling, and no itching. In fact he said the itching stopped almost immediately when we put on the disc. It looked like 4-5 days of treatment had taken place over night.

Lamar is very sensitive to poison ivy and it has required cortisone by shot and pill in the past. Now the Purify disc has removed that threat and we are very happy to share this with everyone.

### Money Back Guarantee

Body Align offers a 30 day money back guarantee. Contact Customer Service to return your unused product within 30 days and you will receive a refund.



Body Align Products are intended for healthy men and women, age 18 and over. The guidelines for using our products are strictly for informational purposes and are intended solely to educate our customers. Body Align Products and information are not in any way intended to diagnose, treat or prevent any medical condition. If you have health concerns contact a healthcare professional. We also recommend you consult with your healthcare professional before starting any new diet, nutrition or exercise program. You may not experience the same results as individuals quoted or shown in videos on our website.

[www.BodyAlign.com](http://www.BodyAlign.com)



# PURIFY



## Detoxification Made Simple

The Purify Disc is natural detoxification technology you can wear 24 hours a day to make detoxifying your body safe and simple.

Clean Your Body From The Inside

Feel More Energetic

Break Bad Habits

**BODY ALIGN**



phone 800.655.9855  
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[www.BodyAlign.com](http://www.BodyAlign.com)

## How To Use Purify

### When To Apply The Purify Discs

Purify Discs are designed to be worn for longer periods of time. The Disc should be applied for 3 consecutive days to one of the recommended locations. After 3 days remove the Disc and discontinue its use for 24 hours. Then move it to the next recommended location and wear it for 3 days. Again, remove it for 24 hours. Continue cycling through all the recommended points. Detox will take some time.

Detoxification can have unpleasant effects in your body, particularly if you are very toxic or if you have never done a detoxification before. If you experience any unpleasant effects, simply remove the Disc, wait at least 24 hours and then reapply it.

### Where To Apply The Purify Discs

The acupuncture points listed to the right are generally effective for effective detoxification. Use them in the order shown. You may also place the Discs at any site of toxic buildup.

### How To Use The Discs

Body Align Products are not negatively impacted by heat or cold, and water won't damage them. Intense exercise that makes you sweat may cause the adhesive to not stick. If you plan to be doing any kind of strenuous physical exertion, consider putting an adhesive bandage or surgical tape over the disc after you place it on your skin. If a rash develops from extended use, remove the Disc.

### Hydration

Proper hydration is extremely important for the body. It will also make Body Align Products work much more effectively. Body Align suggests hydrating by drinking at least eight glasses of water every single day. The water you drink should be highly filtered or spring water, and never tap water.

Eating a gentle detoxification diet will dramatically increase the effectiveness of the Purify Discs. BodyAlign suggests using Purify Discs simultaneously with the WeightAlign Program.

## Suggested Acupuncture Points To Use



### Lung 1 CLU-11

This point is very useful for detoxification of the Lungs. Refer to the picture to see the location image of the point. It is located 6 finger widths from the center line of the body level with the first intercostal space. It can also be located in the depression under the collar bone roughly 4 finger widths down.



### Liver 3 CLV-3

This point is very useful for improving the functioning of the liver. That is important for detoxification and blood. It's located on the top of your foot.

Use your finger to follow the depression between the big toe and the toe next to it. As you move your finger toward the ankle, you will feel a point where the bones from these two toes come together. That's the proper location.



### Kidney 3 CKI-3

This point is very powerful for improving elimination through the urinary tract. It is located on the inside of the ankle, directly behind the ankle bone.

### Additional Recommended Points

Additional suggested acupuncture points may be found by scanning the QR code at the right or by visiting the website:  
[www.BodyAlign.com](http://www.BodyAlign.com)



### Stomach 36 (ST-36)

Your digestion must be optimum to extract the most energy from food. Detoxification of the digestive system improves digestion. This point is extremely useful for that. It is located on the outside of the leg, about 1 finger width from the shin bone. Measure down three finger widths from the bottom of the knee cap and you'll be at the right point.



### Spleen 6 (SP-6)

This is an important point for enhancing energy in the Liver and Kidney meridians and improving the functioning of those organs. Both organs are essential for detoxification. It is located on the inside of the leg, 4 finger widths directly above the ankle bone.



### Conception Vessel 22 (CCV-22)

This is another very useful point for detoxification, particularly of the lungs. It is located on the midline in the front of the neck just above the collar bone.