

## Sleep Disc Enjoy A Good Night's Sleep

- Fall asleep more quickly
- Sleep soundly all night
- Wake up feeling refreshed
- Experience the best sleep you've ever had



SLEEP  
version 2

## The Sleep Disc is the no-drugs solution to getting a great night's sleep.

- Non-addictive
- Non-habit forming
- No morning grogginess
- Quiets a restless mind
- Reduces anxiety
- Encourages a deeper sleep



## Relax and Refresh

The Sleep Disc helps you get the sleep that's so important for your overall health and wellness. Insufficient sleep is a major problem in our hustle and bustle culture, and it's a root cause of many health issues... health issues you want to avoid.

The Sleep Disc can help ensure you get the sleep you need without the dangers associated with prescription and over the counter medications. Benefits associated with good sleep include improved memory, reduced inflammation, increased creativity, improved athletic performance, healthy weight, better moods, lower stress, a longer life and more.

### What Our Customers Say

"I want to say the sleep disc works amazing. I was on sleeping pills for years. I had to get off them, but I was still not sleeping well. It got so bad that my doctor put on an anti-depressant. Once the Sleep Discs kicked in, I was able to be 100% drug free." -Meredith

"I have had problems sleeping. I wake up to go to the bathroom and can't go back to sleep right away... I just put the Sleep Disc on the inside of my wrist and sleep like a baby now." -Jim Carter

