

NUTRITION FACTS

Serving Size : 49 g (1 Packet)

Serving Per Container: 14

	Amount Per Serving	% Daily Value
Calories	180	9%
Calories from Fat	32	2%
Total Fat	3.5 g	5%
Saturated Fat	1 g	*
Unsaturated Fat	2.5 g	*
Trans Fat	0 g	*
Carbohydrate	13 g	4%
Dietary Fiber	5 g	*
Sugar	2 g	*
Protein	25 g	50%
Vitamin A (retinyl palmitate CWS)	1000 IU	20%
Vitamin C (ascorbic acid)	12 mg	20%
Vitamin D3(cholecalciferol)	80 IU	20%
Vitamin E (d-alpha tocopheryl succinate)	6 IU	20%
Vitamin B1 (Thiamine HCL)	300 mcg	21%
Vitamin B2 (Riboflavin)	340 mcg	21%
Vitamin B3 (as nicotinamide riboside)	4 mg	20%
Vitamin B6 (pyridoxine HCL)	400 mcg	20%
Vitamin B12 (cyanocobalamin)	1.2mcg	20%
Folate (folate acid)	80mcg	20%
Biotin	60mcg	170%
Pantothenic Acid (d-calcium pantothenate)	2mg	33%
Calcium (tricalcium phosphate)	400 mg	40%
Iron (chelate)	4.5 mg	25%
Phosphorus (Tricalcium phosphate)	300 mg	30%
Magnesium (magnesium oxide)	100 mg	25%
Iodine (potassium iodide)	30 mcg	20%
Zinc (zinc oxide)	3 mg	20%
Copper (copper oxide)	400 mcg	20%
Chloride (potassium chloride)	136 mg	4%
Potassium (potassium chloride)	270 mg	8%
Proprietary Blend:	4.5 g	*

Papain, Fungal Lactase, Amylase, L-Glutamine

Other Ingredients: Whey protein (Isolated, Concentrate and Hydrolyzed), Fibersol™, Cane Extract, Guar gum, Acacia Gum, Sweet Potato powder, Sunflower oil powder (nutrisperse™), Palm Oil powder (crystalock™), Lecithin powder, Vanilla Flavor, Maltodextrin (derived from corn), Stevia leaf extract.

* Daily Value not established

% Percent Daily Values are base in a 2,000 calories diet