

Supplement Facts

Serving Size: 2 tablespoons (1 fl oz)

Servings Per Container: 32

	Amount Per Serving	% Daily Value
Calories	15	1%
Total Carbohydrates	3.5 g	1%
Sugars	1g	*
Dietary Fiber	2g	8%
Vitamin A (as beta carotene and with D.salina algae)	2500 IU	50%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D-3 (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate)	15 IU	50%
Thiamin (as thiamin mononitrate)	.75 mg	50%
Riboflavin (as riboflavin and riboflavin 5-phosphate)	.85 mg	50%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	9 mcg	150%
Biotin	150 mcg	50%
Pantothenic acid (as D-Calcium pantothenate)	5 mcg	50%
Selenium (as sodium selenate)	35 mcg	50%
MultiFiber Complex:	2,200mg	*
Fibersol-2 (soluble fiber glucose polymer complex), apple pectin, beet fiber, carrot fiber, oat fiber, soy fiber		
Herbal Complex:	200 mg	*
Aloe Vera leaf gel, alfalfa leaf, American ginseng root extract, Bioperine standardized black pepper extract, buchu leaf, citrus bioflavonoids, corn silk stylus, cranberry, dong quai root, eleuthero root, goldenrod leaf, grape seed extract, juniper berry, kelp, pau d' arco bark, parsley, shavegrass (aerial parts), uva ursi leaf, watermelon		
Fruit and Vegetable Phytonutrient Enzyme:	200 mg	*
Plant Enzyme concentrate: (bromelain, papain, amylase, cellulase, lactase, lipase, protease) pineapple, broccoli, carrots, tomato, apple, orange, brussels sprouts, cauliflower, beet, blueberry, celery, grape, grapefruit, kale, plum, raspberry, spinach, strawberry, radish, watermelon, lemon, lime, leek or yellow pepper, cantaloupe, cherry, onion, papaya, peach, pear		
Fatty Acid Blend:	200 mg	*
Borage seed oil (GLA), evening primrose oil (GLA), flaxseed, omega-III fish body oil complex (7.5% EPA/DHA)		
Ionic Trace Mineral Blend from Natural Organic Sea Vegetation:	200mg	*
Antimony, barium, beryllium, bismuth, boron, bromine, cadmium, calcium, cerium, cesium, chloride, chromium, cobalt, copper, dysprosium, erbium, europium, gadolinium, gallium, germanium, gold, hafnium, holmium, indium, iodine, iridium, iron, lanthanum, lithium, lutetium, magnesium, manganese, molybdenum, neodymium, nickel, niobium, osmium, palladium, phosphorus, platinum, potassium, praseodymium, rhenium, rhodium, rubidium, ruthenium, samarium, scandium, selenium, silicon, silver, sodium, strontium, sulfur, tellurium, terbium, thallium, thulium, tin, titanium, tungsten, vanadium, and zinc		
Whole Food Greens Complex:	200 mg	*
Barley greens, buckwheat, kamut, red beet, wheat grass, chlorella, Phenalgin, dulse, kombu, wakame nori, Dunaliella salina algae, barley malt, mung bean, soybean, wheat berry, apple pectin, carrot fiber, bee pollen, acerola 4:1 extract, licorice root extract, astragalus root, bilberry 50:1 extract		
Liquid Protein Amino Acid Complex:	200 mg	*
L-alanine, L-arginine, L-aspartic acid, L-cystine, L-glutamic acid, L-glycine, L-histidine, L-hydroxylysine, L-hydroxyproline, L-isoleucine, L-leucine, L-lysine, L-methionine, L-phenylalanine, L-proline, L-serine, L-tyrosine, L-valine		

Other ingredients: Purified Water, Sucralose; Natural flavor, cochineal Extract, citric acid, sodium benzoate, xanthan gum, potassium sorbate and cellulose gum.