



Maine Hospital Association

Maine Hospital Association Patient Throughput Survey

MHA is launching this quarterly post-acute care throughput survey to assist in our collective efforts to address hospital throughput and the backlog of placement of patients to post-acute care services. The survey will be sent out on a Monday of each quarter, or on the first Tuesday in the case of a Monday holiday. Responses are due by 5 p.m. Friday of the same week.

Please provide the data requested in the survey as of the day that you are filling out the survey. The survey is meant to serve as a snapshot in time, so please answer the questions based upon the day that you completing the survey.

The survey has two sections. Section 1: Questions Related to Patients Awaiting Discharge to Skilled Nursing Facility (SNF), Long Term Care (LTC), Residential Care Facility (RCF), and Home Health (HH) (#1-20) and Section 2: Other Questions Pertaining to Discharge to Shelters, Hemodialysis, & Transport Issues (#21-31).

If you have any questions about this survey tool, please contact Sally Weiss at sweiss@themha.org. Thank you for your participation.

1. Contact Information

| | |
|---------------|----------------------|
| Hospital: | <input type="text"/> |
| Name: | <input type="text"/> |
| Title: | <input type="text"/> |
| E-mail: | <input type="text"/> |
| Phone Number: | <input type="text"/> |



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Section 1: Questions Related to Patients Awaiting Discharge to SNF, LTC, RCF, and

Home Health.

2. Total Number of patients awaiting discharge to the following settings

| | |
|-------------|----------------------|
| SNF | <input type="text"/> |
| LTC | <input type="text"/> |
| RCF | <input type="text"/> |
| Home Health | <input type="text"/> |

3. Of the total patients reported in Question 2, how many patients require 1 to 1 supervision?

| | |
|-------------|----------------------|
| SNF | <input type="text"/> |
| LTC | <input type="text"/> |
| RCF | <input type="text"/> |
| Home Health | <input type="text"/> |

4. Of the total patients reported in Question 2, how many patients are residents of other states that you are seeking to discharge them back to (aka, repatriating patients)?

| | |
|-------------|----------------------|
| SNF | <input type="text"/> |
| LTC | <input type="text"/> |
| RCF | <input type="text"/> |
| Home Health | <input type="text"/> |

5. Of the total patients reported in Question 2, how many patients have been awaiting discharge for 7-13 days?

| | |
|-------------|----------------------|
| SNF | <input type="text"/> |
| LTC | <input type="text"/> |
| RCF | <input type="text"/> |
| Home Health | <input type="text"/> |

6. Of the total patients reported in Question 2, how many patients have been awaiting discharge for 14-29 days?

| | |
|-------------|----------------------|
| SNF | <input type="text"/> |
| LTC | <input type="text"/> |
| RCF | <input type="text"/> |
| Home Health | <input type="text"/> |

7. Of the total patients reported in Question 2, how many patients have been awaiting discharge for more than 30 days but less than 6 months?

SNF

LTC

RCF

Home Health

8. Of the total patients reported in Question 2, how many patients have been awaiting discharge for more than 6 months?

SNF

LTC

RCF

Home Health

9. Of the total patients reported in Question 2, how many require short-term rehabilitation beds in SNFs?

10. Of the total patients reported in Question 2, how many require long-term care beds in SNFs?

11. Of the total number of patients reported in Question 2, please provide the number awaiting discharge to SNF beds with geri-psych capabilities:

12. Of the total number of patients reported in Question 2, please provide the number of patients awaiting discharge who require SNF care and tracheostomy and percutaneous endoscopic gastrostomy (ie. "trached & pegged"):

13. Of the total number of patients report in Question 2, please provide the number of patients awaiting discharge who require SNF care and long-term management of a vent.

14. Of the the total number of patients reported in Question 2, please provide the number of patients with bariatric concerns (>300lbs) awaiting discharge who require SNF care:

15. Of the total number of patients reported in Question 2, please provide the number of patients with dementia diagnoses awaiting discharge who require SNF care in a secure facility:

16. Of the total number of patients reported in Question 2, please provide the number awaiting discharge to facilities with Alcohol Use Disorder/Substance Use Disorder capabilities, which may include, but are not limited to, providing IV antibiotics and SUD/OD treatment:

SNF

LTC

RCF

HH

17. Of the total number of patients reported in Question 2, please provide the number of patients awaiting discharge with Substance Use Disorder (SUD) for the whom the barrier is the facility's ability to coordinate methadone/suboxone for the patient:

SNF

LTC

RCF

HH



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Section 1: Questions Related to Patients Awaiting Discharge to SNF, LTC, RCF, and Home Health

Definition:

Confirmed COVID-19: Patients who had a positive COVID-19 PCR test or antigen test. Please include both patients who were admitted with a primary COVID-19 diagnosis, as well as patients with an incidental COVID diagnosis (i.e., admitted for a

different reason but subsequently tested positive).

18. Of the number of patients awaiting **discharge to SNFs** reported in Question 2, what is the number of patients with confirmed COVID-19?

19. Of the number of patients awaiting **discharge to SNFs** reported in Question 2, what is the total number of patients who are COVID-19 recovered awaiting discharge to SNFs:



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Section 1: Questions Related to Patients Awaiting Discharge to SNF, LTC, RCF, and Home Health

20. We are interested in determining the primary challenges you experience in discharging patients from your acute care hospital to SNF and LTC/RCF. Please rank each of the factors below in order from most common reason for delays, with most common being 1 and least common being 14.

-   Denial of request for authorization from insurer
-   Delayed response from insurer
-   Inadequate post-acute network
-   Insurer does not provide post-acute coverage
-   COVID+ status
-   COVID recovered status
-   Unvaccinated status
-   Staffing/capacity constraints at post-acute care facilities
-   Need for specialized BH/SUD services
-   Transportation unavailable
-   Lack of access to necessary community services
-   Lack of guardianship/conservatorship/healthcare proxy
-   Lack of secondary insurance
-   Waiting for LTC Maine Care (Medicaid) approval
-   Patient has criminal history and/or is a registered sex offender



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Section 2: Other Questions Pertaining to Discharge to Shelters, Hemodialysis & Transport Issues

21. Please provide the number of homeless or housing unstable inpatients awaiting discharge to shelters:

22. Of the number of patients reported in Question 21 (homeless or housing unstable inpatients awaiting discharge to shelters), please provide the number of patients that have been awaiting discharge for more than 7 days:

23. Of the number of patients reported in Question 21 (homeless or housing unstable inpatients awaiting discharge to shelters), how many patients have behavioral health issues or substance use disorder (SUD)?

24. Please provide the number of patients who are medically cleared for discharge (to any setting) who remain in your facility SOLELY due to lack of transportation (i.e., bed available, transportation unavailable):

25. For patients who are medically cleared for discharge but awaiting transportation, what is the maximum time that a patient at your facility has waited for transportation in the past two weeks?

26. Of the total number of patients awaiting discharge to any setting, please provide the number of patients unable to find a bed due to lack of reimbursement for outpatient hemodialysis transportation and/or lack of available dialysis treatment chair:

27. What, if any, current strategies or workarounds does your organization have relative to securing transportation?

28. If you have sought assistance from the Maine Department of Health & Human Services (DHHS) with finding a placement for a patient, how helpful would you rate that assistance provided by DHHS? (scale of 1 - not helpful, to 5 - very helpful)

| | | |
|--|---|---|
| Not Helpful - Unresponsive to request/ no placement found | Mostly Helpful - Assistance provided and Placement secured, but process was slower than expected | Very Helpful - Immediate assistance provided and placement found |
| ★ | ★ | ★ |

Comments:

29. Have you sought assistance from the LTC Ombudsman with finding a placement for a patient? If Yes, what was the outcome?

- ☐ Yes
- ☐ No
- ☐ Unsure

Comment:

30. Is there anything else you would like to share regarding the process of discharging patients to post-acute care settings?